

The 12th Annual  
**WWU TWILITE TRACK & FIELD MEET**

Friday, May 4, 2012, at Civic Field Stadium, Bellingham, WA

The WWU Twilite Track & Field Meet returned to the schedule in 2004 after a several-year absence. It has been a great success on generally nice, balmy, spring evenings. This low-key meet was initially intended to fill the gap left on the schedule by shifting conference and regional dates, but was such a success on its own we have made it a permanent part of our home schedule. This year's meet returns to Friday after one year on a Saturday.

### **GENERAL INFORMATION**

- This is an open meet – send this information to anyone you think is interested! We are very supportive of club athletes!
- We are using electronic timing for all track events!

### **FACILITY INFORMATION**

- We have an Atlas track at Civic Field Stadium, which includes the high jump area, dual pole vault and long/triple jump runways, and the javelin approach. The throwing circles are brushed concrete.
- All events can be contested inside the facility. Except for the high jump, the field events are on the outside of the perimeter of the track on the north side of the stadium.
- The track is eight lanes; multiple heats will be required in most lane events.
- Scratch meeting at 2:00 p.m. at the multipurpose building at the west (scoreboard) end of the stadium.

### **YOUR ENTRIES**

- We are employing [Directathletics.com](http://Directathletics.com) for entries. All entries are due by Tuesday, May 1, by the close of business. Late entries at the meet site will be charged a \$5 late fee.
- The entry fee will be \$5 per person per event and \$5 per relay team. There will be a maximum rate of \$75 per men's team and \$75 per women's team. There will be a small admission charge for spectators.

### **OFFICIALS AND VOLUNTEERS**

- Western's PE classes in Track & Field Officiating and Track & Field Coaching will staff most events, with WWU alumni and Whatcom County's new chapter of PNTFOA providing lead roles. But – like most of you – we always need all the competent help we can get! We will page for volunteers if we need to keep the meet going!

### **FOR MORE INFORMATION**

- 360/650-3103 or [peewee.halsell@wwu.edu](mailto:peewee.halsell@wwu.edu) (Pee Wee) or
- 360/739-2105 or [tracknet@mac.com](mailto:tracknet@mac.com) or me.com (Bill)

The 12th Annual  
**WWU TWILITE TRACK & FIELD MEET**

**TIME SCHEDULE**

**FIELD EVENTS**

- 2:00 *Weigh-in at the multipurpose building at the west (scoreboard) end of the stadium*
- 2:45 **Women's High Jump**  
*Record: 1.72m (5-7 3/4) Teona Perkins, SPU, 2006*
- 2:45 **Men's Pole Vault**  
*Record: 5.25m (17-2 3/4) Ryan Brown, WWU, 2011*
- 2:45 **Women's Long Jump**  
*Record: 5.98m (19-7 1/2) Ali Worthen, SPU, 2011*
- 2:45 **Men's Shot Put**  
*Record: 16.26m (53-4 1/4) Sam Washington, SMU, 2008*
- 2:45 **Women's Hammer Throw**  
*Record: 54.67m (179-4) Torrie Self, CWU, 2010*
- 2:45 **Men's Javelin Throw**  
*Record: 62.87m (206-3) Cody Parker, Comox, 2011*
- 4:00 **Men's Long Jump**  
*Record: 6.98m (22-11) Justin Felt, SPU, 2009*
- 4:00 **Women's Shot Put**  
*Record: 15.59m (51-1 3/4) Meg Jones, UW, 1987*
- 4:00 **Men's Hammer Throw**  
*Record: 59.37m (194-9) M. Hoffman, WWU, 2010*
- 4:00 **Women's Javelin Throw**  
*Record: 47.65m (156-4) Jeeni Schantin, SPU, 2009*
- 5:00 **Men's High Jump**  
*Record: 2.09m (6-10 1/4) Kurt Hanson, WWU, 1984*
- 5:00 **Women's Pole Vault**  
*Record: 3.76m (12-4) Christy Miller, WWU, 2009*
- 5:15 **Women's Triple Jump**  
*Record: 11.70m (38-4 3/4) Daria Amiad-Pavlov, UW, 2008*
- 5:15 **Men's Discus Throw**  
*Record: 50.36m (165-3) Ben Elder, WWU, 2011*
- 6:30 **Men's Triple Jump**  
*Record: 14.87m (48-9 1/2) Justin Lawrence, CNW, 2007*
- 6:30 **Women's Discus Throw**  
*Record: 49.46m (162-3) Meg Jones, UW, 1987*

**TRACK EVENTS**

- 3:25 **Women's 5000-meter Run**  
*Record: 17:00.69 Sarah Porter, WWU, 2010*
- 3:50 **Men's 3000-meter Run**  
*Record: 8:24.61 Jordan Welling, WWU, 2010*
- 4:05 **Women's 3000-meter Steeplechase**  
*Record: 11:30.76 Phoebe Hartnett, WWU, 2011*
- 4:25 **Men's 3000-meter Steeplechase**  
*Record: 9:34.93 AJ Baker, SPU, 2011*
- 4:40 **Women's 4x100-meter Relay**  
*Record: 48.12h Seattle Pacific (Essien, Hinton, Sims, Walters), 2007*
- 4:50 **Men's 4x100-meter Relay**  
*Record: 41.72h Western Washington (Thomsen, Zackery, Gruger, Tilley), 2010*

- 5:00 **Women's 1500-meter Run**  
*Record: 4:33.87 Laura Carlyle, PAC, 4:33.87, 2009*
- 5:10 **Men's Mile Run (1500m times will be taken)**  
*1500m record: 3:50.6h Gary Gustafson, CNW, 1984*  
*Mile record: 4:02.29 Chris Carpenter, SMC, 2004*
- 5:20 **Women's 100-meter Hurdles**  
*Record: 14.69 Tanya Bjornsson, WWU, 2011*
- 5:30 **Men's 110-meter Hurdles**  
*Record: 14.48 Ant Brown, Una., 2009*
- 5:40 **Women's 400-meter Dash**  
*Record: 55.2h Rhonda Bell, Bellevue CC, 1981*
- 5:50 **Men's 400-meter Dash**  
*Record: 48.72 Michael Dean, WWU, 2007*
- 6:00 **Women's 100-meter Dash**  
*Record: 11.8h Lisa Whitehead, Coquitlam, 2006*
- 6:10 **Men's 100-meter Dash**  
*Record: 10.3h Marty Krulee, Una., 1983*
- 6:20 **Women's 800-meter Dash**  
*Record: 2:13.2h Laurie Bannink, SPU, 1981*
- 6:30 **Men's 800-meter Dash**  
*Record: 1:50.88 Nectaly Barbosa, Una., 2007*
- 6:40 **Women's 400-meter Hurdles**  
*Record: 61.4h Janell Massey, WWU, 1986*
- 6:50 **Men's 400-meter Hurdles**  
*Record: 53.3h John Kotsogeanis, FITC, 1981*
- 7:00 **Women's 200-meter Dash**  
*Record: 24.9h Hollie Watson, WWU, 1986*
- 7:10 **Men's 200-meter Dash**  
*Record: 20.9h Marty Krulee, Una., 1983*
- 7:20 **Women's 3000-meter Run**  
*Record: 9:35.75 Sarah Porter, WWU, 2011*
- 7:40 **Men's 5000-meter Run**  
*Record: 14:22.0h Ross Chilton, SFU, 1984*
- 8:00 **Women's 4x400-meter Relay**  
*Record: 3:53.98 Seattle Pacific (Essien, Hinton, Sims, Walters), 2007*
- 8:10 **Men's 4x400-meter Relay**  
*Record: 3:19.21 Simon Fraser (Perrins, Hurlen, Pelly, McClellan), 2000*
- 8:20 **Men's / Women's 4x800-meter Relay**  
*Women's record: 9:46.13 Northwest U (Prause, Harris, Wagner, DeLapp), 2009*  
*Men's record: 7:47.48 UBC (Kennedy, Bruchet, Langridge, Hole), 2010*
- 8:30 **Women's 4x200-meter Relay**  
*Record: new event*
- 6:30 **WWU Big Cheese Challenge 200-meter Dash**  
*Limited to runners who have finished an event earlier in the evening 800-meters and up.*