



Wright State University

Personal Information

Name: _____

Sport: _____

Sex: _____

Date of Birth: _____

Social Security: _____

Permanent Address: _____

Street

City

State

Zip Code

School Address: _____

Street

City

State

Zip Code

Home Phone: _____

School Phone: _____

Cell Phone: _____

Emergency Contact: _____

Relationship: _____

Phone Number: _____

Alternate Number: _____



Wright State University

Parent Information

Father/Guardian: _____

Date of Birth: _____

Social Security: _____

Address: _____
Street

City

State

Zip Code

Country

Phone Number: _____

Mother/Guardian: _____

Date of Birth: _____

Social Security: _____

Address: _____
Street

City

State

Zip Code

Country

Phone Number: _____

Instructions: We require you to complete this medical history form and return it to the Athletic Training Department prior to participation.

Please Print:

<i>Last Name</i>	<i>First</i>	<i>M.I.</i>	<i>Telephone Number</i>
<i>Local address/Street</i>	<i>City</i>	<i>State</i>	<i>Zip</i>
<i>Month/Day/Year of Birth</i>	<i>City</i>	<i>State</i>	<i>Zip</i>
<i>In an emergency, notify: Name/Relationship</i>	<i>City</i>	<i>State</i>	<i>Zip</i>
<i>Personal Physician</i>	<i>City</i>	<i>State</i>	<i>Zip</i>
<i>Hospital Preference (If a local Student-Athlete)</i>			

Insurance Company Name: _____

Group Name: _____ **Group Number:** _____

Name of Insured: _____ **SSN:** _____ **Relationship:** _____

Personal Health History

Please check if you have had any of the following. Give date of illness, operation or injury and date of last treatment.

Alcohol Abuse	Ear Trouble	Meningitis
Amnesia	Eating disorder	Menstrual problems
Appendicitis	Encephalitis	Migraine headaches
Asthma	Exercise Induced Asthma	Mumps
Birth Defects	Eye Trouble	Nervous/Mental Condition
Blood Clots	Fainting	Pneumonia
Bronchitis	Frequent headaches	Recurrent headaches
Cancer	Gall Bladder trouble	Rheumatic fever
Car or Air Sickness	Hearing defect/loss	Rubella
Chest Pain	Heart problem	Scarlet fever
Chicken Pox	Hemorrhoids	Seizure disorder
Chronic Cough	Hepatitis	Sexually transmitted disease
Concussion	Hernia	Sickle cell anemia
Convulsions	High Blood pressure	Sinus trouble
Diabetes	Hypoglycemia	Stomach/intestinal problems
Diphtheria	Kidney disease	Tuberculosis
Depression	Malaria	Ulcers
Drug abuse	Measles	

Head and Neck History: Check and write brief description

yes no

Have you ever been unconscious? (If yes, check which one) a. Knocked out _____ b. Blacked out after accident _____		
Have you ever had a concussion? (If yes): How many times? _____ How long to make a complete recovery? _____ Date of last concussion? _____		
Have you ever fractured a bone (includes stress fractures)? Which bones?		
Have you ever had a musculoskeletal surgery? Where?		
Have you ever had a pin, plate, or screw placed in joint? Where?		

General Musculoskeletal

yes no

Have you ever fractured a bone (includes stress fractures)? Which bones?		
Have you ever had a musculoskeletal surgery? Where?		
Have you ever had a pin, plate, or screw placed in joint? Where?		
Have you had a sprain or strain to a muscle or ligament within the last 2 years?		

Allergies (are you allergic to?)

Anti-Inflammatory	Hay Fever	Tetanus Antitoxin/serum
Aspirin	Insect Bites/Stings	Any food
Codeine	Penicillin	Any other drug
Cortisone	Sulfa	Other

Heat (have you ever experienced any of the following, list when and how long it took to recover)

Frequent dehydration/Heat syncope (fainting)	Heat Cramps
Heat Stroke	Heat Exhaustion

List any medications taken regularly: _____

Family History: (Have any of your relatives ever had any of the following?)

	Age	State of health	Age of Death	Cause of Death		yes	Relationship	Explain
Father					Tuberculosis			
Mother					Diabetes			
Brothers					High Blood Press			
					Heart Disease			
					Arthritis			
Sisters					Hay Fever			
					Asthma			
					Cancer			

Immunization Record: (List the date last completed)

Tetanus/Diphtheria		Measles, Mumps and Rubella	
Influenza		Hepatitis B Vaccine (Have you completed the series?)	

Foreign Travel Vaccines, Other

Tuberculin Skin Test

Immunization	Date	Date	Results
		<i>Chest</i>	<i>X-ray (if skin test positive)</i>
		<i>Date</i>	<i>Results</i>

List any other physical or mental concerns not already noted above: _____

Signature and Consent (if student is under 18, both parent/guardian and student must sign)

I certify that the medical facts stated above are true to the best of my knowledge.
 I agree to pay any charge for service not covered by university fees or by insurance.
 I hereby consent to the release of medical information to the appropriate university representatives.

Signature of student

Date

Signature of parent or guardian

Date

REQUIRED IMMUNIZATIONS

TETANUS-DIPHTHERIA

(Booster with TD in the last 10 years meets requirements)

Td Booster _____ / _____
Month Year

M.M.R. (Measles, Mumps, Rubella)

_____/_____
Month Year
Dose 1 given at age
12-15 months or later

_____/_____
Month Year
Dose 2 given at age 4-6 years or later
and at least one month after first dose

TUBERCULOSIS SCREENING

(Required within last 12 months, regardless
of prior BCG) (* If positive PPD see below)

Date Given
_____/_____/_____
M D Y

Date Given
_____/_____/_____
M D Y

Date Given
_____/_____/_____
M D Y

If positive PPD, Chest
X-ray is required:

Results:

Normal:

Abnormal:

Treated with anti-tuberculosis drug? Yes _____ No _____ How long?

RECOMMENDED IMMUNIZATIONS

HEPATITIS B (Three doses of vaccine #1
or positive Hep B Surface Antibody)

_____/_____
M Y

#2
_____/_____
M Y

#3
_____/_____
M Y

Hepatitis B Surface Antibody

Positive Negative

MENINGOCOCCAL

MENINGITIS A, C, Y, W-135

(Highly recommended by the ACHA, ACIP: One Dose-preferably
at entry into college for freshmen living in dormitories or residence
halls who wish to reduce their risk of meningococcal disease.)

Quadrivalent
polysaccharide
vaccine
_____/_____
M Y

Do you have assistive devices? Yes _____ No _____

Please list: _____

Do you smoke? Yes _____ No _____

Have you ever had a serious illness, injury or operation not listed above? Yes _____ No _____

If "yes" please explain: _____

Signature and Consent (if student is under 18, both parent/guardian and student must sign)

I certify that the medical facts stated above are true to the best of my knowledge. I hereby consent to the performance of diagnostic procedures, including x-ray and laboratory tests, pelvic examinations and the administration of treatments or medications that any physician or dentist associated with or consulted by Student Health Services deems necessary, and I agree to pay any charges for service not covered by university fees or by insurance.

I hereby consent to the release of medical information to the appropriate university representatives.

Signature of student

Date

Signature of parent or guardian

Date

TO: Wright State University Student-Athletes and Their Parents

FROM: Wright State Athletic Department

SUBJECT: Insurance Information

Wright State University provides accidental medical coverage for student-athletes for athletically-related injuries. However, coverage is subject to specific policy terms and conditions and includes certain restrictions and exclusions of which you should be aware. See attached form for further information or you may contact Adam Horseman at (937) 775-2776. Please note that Wright State University assumes no responsibility whatsoever for any uninsured medical expenses and we strongly recommend that the student-athlete have coverage through a primary health insurer to avoid possible, significant out-of-pocket expenses in the event of an injury.

Please also note that the NCAA's Catastrophic Injury Insurance Program covers student-athletes who are catastrophically injured while participating in a covered intercollegiate athletic activity (subject to all policy terms and conditions). The policy has a \$75,000 deductible and is supplemental coverage in the event of a catastrophic injury. More information on this program can be found on the NCAA's web-site at www.ncaa.org.

Listed below is a detailed summary of the provisions for our accidental insurance policy:

1. The athletes should first submit charges for medical treatment due to an athletic injury to any Group Insurance Company or plan that provides coverage of the athlete. Such a group insurance carrier is often the group health insurance plan at the place of employment of the athlete's parents.
2. The group insurance plan will pay benefits based on its contract of coverage. It is important to note that claims filed under a group medical insurance plan will not directly increase the premiums the parents of the athlete pay for the plan.
3. Any balance due for treatment of an athlete after payment by the group insurance plan will be considered for a benefit payment by our athletic insurance coverage, **provided the bills and explanation of benefits are received within a reasonable amount of time from the date of injury.**
4. If another insurance or medical plan does not cover the athlete, all expenses incurred **due to an athletic injury** are considered for a benefit.
5. The first \$75,000 of covered expenses incurred within one year of an athletic injury is eligible for 100% benefit payment under the University's basic athletics insurance coverage.
6. Should medical expenses exceed \$75,000 within two years from the date of a covered injury, additional benefits may be paid for the remainder of the athlete's life under the NCAA Lifetime Catastrophic Insurance Program.

7. **Our athletic accident insurance coverage does not cover personal illnesses.** We recommend that athletes purchase the university's student health insurance plan if they are not otherwise covered. The cost of the student insurance plan is currently \$216 per quarter or \$852 for the year. Benefits are payable for hospital charges, surgery charges, and for other covered medical expenses. A Certified Family Nurse Practitioner and Physician are available for primary health care in Student Health Services located on the first floor of the F. A. White Health Center for a fee. Should you have any questions regarding this coverage, please call Joyce Smith at (937) 775-2553. **THE STUDENT HEALTH INSURANCE COVERAGE DOES NOT COVER ATHLETIC INJURIES OR TRAUMAS.**
8. No benefits will be paid under this insurance plan for services, surgeries and/or physical therapy performed by other than the Wright State University designated team physicians group and therapy center unless prior approval for treatment is obtained through the athletic training office.
9. **NO BENEFITS WILL BE PAID UNDER OUR INSURANCE PLAN FOR EXPENSES INCURRED AS A RESULT OF A PRE-EXISTING CONDITION OR AN AGGRAVATION OF A PRE-EXISTING CONDITION.**
10. All injuries/illnesses (whether they are emergencies or not) must be reported to the athletic training room. All necessary care will be arranged through the athletic training room. Failure to follow this procedure will result in forfeiture of your athletic accident insurance benefits.
11. It is important for those athletes covered through Health Maintenance Organizations (HMO's) and Preferred Provider Organizations (PPO's) to realize that they must be treated by HMO or PPO physicians approved by the HMO or PPO before the university's coverage will pay any benefit. We will be glad to work with you in contacting your HMO or PPO for their approval to forestall any problems during the competitive season.
12. Enclosed is a form to be completed and returned to the Athletics Department with a *copy of your insurance* card providing is with the necessary information to process insurance claims for our athletes. **ALL INCOMPLETE FORMS WILL BE RETURNED, AND PARTICIPATION WILL BE PROHIBITED.**
13. All physicals must be arranged through the Athletic Training Room.
14. Any athlete missing the scheduled appointments for a physical examination must pay for the cost of a physical from a private physician. That physician must use the Wright State University Athletic Training Room Physical Forms.

Claims for medical expenses due to athletic injuries will be filed through the athletic training department in room 140 Nutter Center. It is then sent to the third party administrator for payment. If you should have any questions or concerns, please feel free to contact the athletic training room at (937) 775-2776.

Wright State University
Emergency Contact and Insurance Information

Student-Athlete: _____
Date of Birth: _____ Sport: _____
SSN: _____ Academic Year: _____

EMERGENCY CONTACT

Parent/Guardian Name: _____
Address: _____

Home: _____ Work: _____ Cell: _____

Policy Holder Name: _____
Relationship to Athlete: _____

Address: _____

Phone: _____

Insurance Company Name: _____
Insurance Address: _____

Group#: _____ Policy#: _____

Effective Date of Policy: _____

Primary Physician: _____ Office Number: _____

Policy Deductible: _____ Co-pay: _____

HMO or PPO: _____

I have read the above letters and I agree to the terms set forth. I also agree to update any and all information as it changes.

Student-Athlete

Parent/Guardian

***Please include a copy of your insurance card (front and back)**

Student Athlete Authorization/Consent
for
Disclosure of Protected Health Information
to the
Horizon League

I, _____, hereby authorize Wright State University and its physicians,
Name of Student Athlete

athletic trainers and health care personnel to disclose my protected health information and any related information regarding any injury or illness during my training for the participation in intercollegiate athletics to the Horizon League and its employees or agents.

I understand that my protected health information will be used by the Horizon League for the purposes of:

I understand that my injury/illness information is protected by federal regulations under either the Health Information Portability Act of 1974 (the Buckley Amendment) and may not be disclosed without either my authorization under the HIPAA or my consent under the Buckley Amendment. I understand that my signing of this authorization/consent is voluntary and that Wright State University will not condition any health care treatment or payment, enrollment in a health plan or receipt of any benefits (if applicable) on whether I provide the consent or authorization requested for this disclosure. I also understand that I am not required to sign this authorization/consent in order to be eligible for participation in NCAA or conference athletics.

I also understand that the Horizon League is not covered by the Buckley Amendment or HIPAA and that these regulations will not apply to the Horizon League's use or disclosure of my injury/illness information.

This authorization/consent expires 380 days from the date of my signature below, but I have the right to revoke it in writing at any time by sending written notification to the athletic director at Wright State University. I understand that a revocation is not effective to the extent action has already been taken in reliance on this authorization/consent.

Printed Name of Student Athlete

Signature

Date

**Wright State University
Release of Information**

I understand that the team physicians are representatives of Wright State University Orthopedics and Sports Medicine and that he/she may therefore disclose any and all medical information contained in this questionnaire or my medical files to the athletic training staff at Wright State University. It may also be necessary to discuss the above mentioned files with additional consulting physicians pertaining to related injuries or illnesses.

It is also understood that various physicians not associated with Wright State University Orthopedics and Sports Medicine may also act in the capacity as team physician for various ailments which may include but are not limited to optical, dental, and dermatological conditions. I authorize these attending physicians to disclose medical files to the athletic training staff at Wright State University and consulting physicians.

I further authorize Wright State University Athletic Training Room, to release information regarding injuries and illnesses that occur during my athletic career at Wright State University with attending physicians and coaches if necessary for return to play considerations. This may include but is not limited to personal and health related information.

I further authorize the release of information to the Student Health Center as necessary for the payment of bills related to athletic injuries.

Athlete Signature

Parent Signature (if minor)

**Wright State University
Department of Athletics
Athlete Assistance Program (A.A.P.)**

INTRODUCTION

The Wright State University Athletics Program is highly visible and its studentathletes are regarded within the community as being emissaries of the university. They are also role models for other students, the university and throughout the larger community. Because they have chosen a student activity that is so closely tied to the public's view of the university and in many instances accepted financial aid based upon athletic participation, studentathletes and those who work closely with them have special responsibilities and obligations not normally requested of other members of the university community.

Wright State University studentathletes are required to participate in a substance abuse screening program as part of their continued involvement in the university's athletics program. The purpose of the drug screening program is to identify and provide the necessary assistance to those who use illegal drugs, use drugs illegally, or whose use of drugs. In addition, the university hopes its program will help discourage experimentation and social or recreational use of illegal drugs within the university and throughout the community.

By making its position clear, the university hopes to convey a strong message to its students and the community that drug abuse in any form is not acceptable and will not be tolerated. The purpose of the program is educational and its intent is to encourage healthy patterns of behavior while rendering assistance to those who may be experiencing problems.

CONSENT TO BE EXAMINED AND/OR TESTED FOR DRUG ABUSE

Each studentathlete will be required to consent in writing to be examined and/or tested for the use of drugs and allow the results of such a test(s) to be released to the appropriate athletic department personnel. Refusal to sign the consent form will result in the studentathlete being disallowed from participation in Wright State University athletics. All financial aid based on such participation will be withdrawn immediately. This consent serves as a binding contract between the athlete and Wright State University, and is separate and distinct from any NCAA policy. This policy is subject to change without prior notice at any time.

DRUG TESTING PROGRAM

Any student athlete, during the period of his or her eligibility to participate in intercollegiate athletics, may not use any substance(s) identified as an NCAA Banned Drug(s) (see www.drugfreesport.com/education). The current list is subject to change by the NCAA Executive Committee. The student athlete shall be held accountable for testing positive for any banned drug(s) on the current list.

It is very important that student athletes report to their team physician any use of prescription or "over the counter" drug or medication they may be using. All Student athletes will be responsible for reporting this information. Failure to report such information may inadvertently result in a student testing positive for a banned substance.

1. UNANNOUNCED RANDOM TESTING

A student athlete, individual members of a team or an entire team may be subject to unannounced testing during

Wright State University
Department of Athletics
Athlete Assistance Program (A.A.P.)--Page Two

testing during the academic year and summer sessions. The selection of who will be tested may be made by either the screening committee (Athletic Director, Director of Athletic Training and Substance Abuse Coordinator) or by the Athletic Director and/or designee independently.

The Director of Athletic Training will be responsible for contacting the student athlete(s) who is chosen for drug testing. Notification will be made either in person or by telephone communication.

2. TESTING IN RESPONSE TO REASONABLE CAUSE

A student athlete, individual members of a team or an entire team may be subject to testing at any time when there is reasonable cause to suspect an individual(s) is or has been engaged in the use of banned substances. Reasonable cause exists if a person unfamiliar with the student athlete or the athletics program would conclude, based on the available information, that there is a basis for the suspicion that the student athlete is using a banned substance. Examples of such may include, but is not limited to:

- (1) observed possession or use of banned substances;
- (2) arrest or conviction for a criminal offense related to the possession, use, or trafficking of banned substances;
- (3) a drug-related violation as defined by the WSU Office of Student Judicial Services;
- (4) abnormal weight change; or change of behavior or conduct such as an
- (5) unexcused absence from training, competition or academics, or other
- (6) behavior reasonably interpreted as possibly being attributed to the use of a banned substance(s)

If, after reviewing all of the information available, the Athletic Director finds reasonable cause exists that the student(s) may have violated the policy the student(s) will be required to meet with the Athletic Director or designee to discuss the situation and any subsequent action(s) the Athletic Director may take. If, after meeting with the student athlete, the Director or designee believes that more likely than not a violation has occurred, immediate drug testing of the student athlete(s) will be required. All drug tests will be conducted by a company of the Athletic Department's choosing and at the department's expense.

PROCESS

In the event that a positive drug test(s) is determined, the Athletic Director or designee will contact the student athlete for the purpose of convening a meeting to discuss the positive drug test and inform the student that he or she will be referred to the Office of Student Judicial Services for disciplinary action. All students who are referred to the Office of Student Judicial Affairs and are found responsible for violating the drug or alcohol policy will be sanctioned in accordance with the University policies and procedures found in the Code of Student Conduct.

All sanctions may be assessed individually or in combination with other sanctions. Sanctions may also be increased or decreased based upon the severity of the incident, the impact upon the community, and/or the student's disciplinary history. The guidelines listed below may be used by the Conduct Officer when determining sanctions related to drug and/or alcohol violations.

**Wright State University
Department of Athletics
Athlete Assistance Program (A.A.P.)--Page Three**

Drug and/or Alcohol Violations Sanctioning Guidelines

First Offense

Written Warning, Alcohol.Edu and/or Marijuana 101 class, \$50.00 fine, Parental Notification, Suspension from 20% of team contests, regular drug testing.

Second Offense

Referral for Substance Abuse Assessment, \$100.00 fine, Parental Notification, University disciplinary probation for no less than three academic quarters, Suspension from 50% of team contests, regular drug testing.

Third Offense

Completion of outpatient substance abuse program, \$150.00 fine, Parental Notification, possible suspension from school and Permanent removal from the athletic program

The Office of Student Judicial Services will provide the Athletic Director with a written resolution of the incident. The Athletic Director, and or designee reserves the right to issue additional sanctions to a student athlete in accordance with the policies and procedures contained within the Student Athlete Code of Conduct and/or to discuss with the parents/guardians any disciplinary action taken.

Written documentation of this process will be maintained by the Office of Student Judicial Services and may be released in accordance with the Family Education Rights and Privacy Act (FERPA). For more information about FERPA, see <http://www.wright.edu/students/judicial/records.html#C>

APPEAL PROCESS

The student athlete has the right to appeal any disciplinary sanctions assessed by a Conduct Officer through the WSU Office of Judicial Affairs in accordance with the guidelines provided for in the Code of Student Conduct. Any additional sanctions assessed by the Director of Athletics that result in loss of playing time or removal from a team may be appealed to the Vice President for Student Affairs and Enrollment Services or designee.

CONCLUSION

This program is intended to address potentially serious problems in a helpful and educational manner. It is designed to place studentathletes in communication with professionals who can help prevent potential substance abuse issues from growing and interfering with the educational process.

**Wright State University
Department of Athletics
Consent to Testing of Urine Samples and
Authorization for Release of Information**

I hereby acknowledge that I received a copy of the "Wright State University Intercollegiate Athletic Department Athletic Assistance Program". I further acknowledge that I have read said program and that I understand the provisions of the program.

In consideration for the opportunity to participate in intercollegiate athletics at Wright State University, I understand and accept the terms of this Consent and Authorization.

I do hereby give my consent to have samples of my urine collected and tested for the presence of certain drugs or substances in accordance with the provisions of the "Athlete Assistance Program".

I understand my urine samples will be sent to the appropriate laboratory for actual testing and I furthermore give said laboratory my permission to release the results of such tests to the Wright State University Director of Athletics or designee.

Signature: _____ Date: ____/____/____

Parent/Guardian Signature (if student-athlete is under the age of 18):

_____ Date: ____/____/____

Name (please print): _____

SSN: _____

Campus Phone: _____

Campus Address (include Zip Code): _____

Prescription drugs taken regularly: _____

Wright State University
Flexibility Testing

Name: _____

Sport: _____

Right Left

- | | | |
|----------------------------------|-------|-------|
| 1. Plantar Flexion (120) | _____ | _____ |
| 2. Dorsiflexion (105) | _____ | _____ |
| 3. Hip Abduction (45) | _____ | _____ |
| 4. Knee Flexion (140) | _____ | _____ |
| 5. Hip Flexion (90-120) | _____ | _____ |
| 6 Hip Extension (10-15) | _____ | _____ |
| 7. Shoulder IR (90) | _____ | _____ |
| 8. Shoulder ER (90) | _____ | _____ |
| 9. Shoulder Flexion (130-180) | _____ | _____ |
| 10. Soulder Extension (50-60) | _____ | _____ |
| 11. Shoulder Abduction (170-180) | _____ | _____ |
| 12. Horizontal Adduction (130) | _____ | _____ |
| 13. Elbow Flexion (145-150) | _____ | _____ |
| 14. Pronation (80-90) | _____ | _____ |
| 15. Supination (90) | _____ | _____ |
| 16. Wrist Flexion(80-90) | _____ | _____ |
| 17. Wrist Extension(70-90) | _____ | _____ |
| 18. Neck Side Flexion (20-40) | _____ | _____ |
| 19. Neck Flexion (80-90) | _____ | _____ |
| 20. Neck Extension (60-70) | _____ | _____ |

Areas of Concern:

Wright State University
Physical Examination

Name _____

Date _____

Sport _____ Year: Freshman Sophomore Junior Senior 5th Year

	Normal	Comments
1. Height & Weight	_____	_____
2. Urine Analysis	_____	_____
3. Blood Pressure	_____	_____
4. Pulse	_____	_____
5. Eyes	_____	_____
6. Skin	_____	_____
7. Head	_____	_____
8. Ears	_____	_____
9. Nose	_____	_____
10. Throat & Mouth	_____	_____
11. Neck	_____	_____
12. Lymph Nodes	_____	_____
13. Lungs	_____	_____
14. Heart	_____	_____
15. Abdomen	_____	_____
16. Genitalia	_____	_____
17. Extremities	_____	_____
18. Neurological	_____	_____
19. Musculoskeletal	_____	_____

Regular Medications: _____

Accepted: _____ Rejected: _____ Hold for Further Testing: _____

Physician Signature: _____

Physician's Printed Name: _____

Physician Office Phone: _____