

CLINIC FEATURES

WHAT:

This is a developmental clinic that will help you become a better thrower or pole vaulter. The clinic is designed to teach progressions, offer constructive criticism, provide video analysis, and evaluate event specific technique. Participants will receive one-on-one instruction from current UW coaches as well as other college coaches. All participants will receive lunch.

WHERE:

- Camp Randall Memorial Sports Center
"The Shell" (Indoor Track)
 - McClain Indoor Facility
(Indoor Practice Facility)
- 1430 Monroe Street • Madison, WI 53711

WHEN:

- Sunday, Jan. 8 2012 • 10 a.m. - 3 p.m.

WHO:

• Clinic is open to all male and female high school students only. All high school coaches are welcome to attend. Athletes of all levels will benefit from clinic.

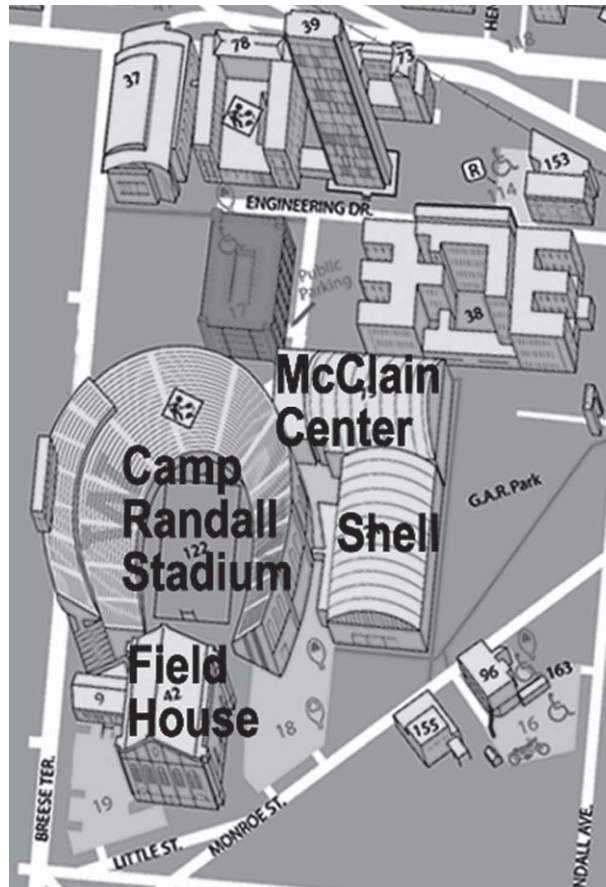
COST:

- Pre-registration: \$60
(Postmark deadline for pre-registration is January 2, 2012)
- Registration the day of clinic: \$75
- Coaches: \$35



The Camp Randall Memorial Sports Center (The Shell) is the indoor home of the University of Wisconsin track and field teams.

CAMPUS MAP



CLINIC SCHEDULE

- 9 - 10 a.m. Registration
- 10 a.m. Clinic Begins
- Noon - 1 p.m. Lunch (provided)
- 1 p.m. Clinic Resumes
- 3 p.m. Clinic Concludes

THROWS & POLE VAULT CLINIC #2



UNIVERSITY OF WISCONSIN
 'THE SHELL' & McCLAIN CENTER
 1430 MONROE ST.
 MADISON, WI 53711

SUNDAY
JANUARY 8, 2012

WHAT TO BRING

- Workout clothes
- Indoor shots and indoor or discus
- Pole vault poles & helmets (WIAA required)
- Spikes and throws shoes and training flats

DROP OFF & PARKING

Participants and their equipment may be dropped off in parking lot 18, located off Monroe Street between Camp Randall Stadium and the Shell.

Free parking is available in Lot 17, the ramp north of Camp Randall Stadium, or on the street.

CONDUCT & SECURITY

The McClain and The Shell facilities provide a safe and secure environment. However all campers are expected to conduct themselves in a manner conducive to learning. Any misconduct will result in immediate dismissal and forfeiture of all fees.

PHOTOGRAPHS & VIDEO

By applying for this camp, I understand that the University of Wisconsin-Madison (UW) may take photographs and or videos of camp/clinic participants and activities. I agree that the UW shall be the owner of and may use such photographs and videos relating to the promotion of future camps. I relinquish all rights that I may claim in relation to the use of said photographs and videos.



The McClain Center, which features an 80-yard indoor field, is an excellent training facility for both running and throwing.

FOR MORE INFORMATION:

Dave Astrauskas

Camp Director

(608) 263-4873

dla@athletics.wisc.edu

In the event of an emergency and you need to contact a camper, please call (608) 438-2584.

REGISTRATION FORM

Name: _____

Street: _____

City: _____ State: ____ ZIP: _____

Emergency Phone #: () _____

Date of Birth: _____

Contact Name: _____

Email Address: _____

Current Year in High School: 8th Grade
 Freshman Sophomore Junior Senior

I wish to participate in:
 Discus Shot Put Pole Vault

Non-Refundable Clinic Costs

Pre-registration (closes Jan. 2, 2012): \$60

Registration the day of clinic: \$75

Coach: \$35

There are NO discounts available for individuals or groups attending this camp

METHOD OF PAYMENT

Check Payable to: UW Athletic Department

Mail to: Athletic Business Office
University of Wisconsin Throws & Pole Vault Clinic
1440 Monroe Street
Madison, WI 53711

LIABILITY WAIVER

In consideration of my child's participation in the Camp, I hereby release the University of Wisconsin System Board of Regents, its officers, employees and agents from any and all liability arising out of any injury or illness my child incurs while participating in camp activities. I understand the rigorous athletic activity in which he/she will be involved. I understand that participation is voluntary and I choose freely to have my child participate. Campers are encouraged to have their own health insurance as limited accident insurance is provided by the University. I understand that the camp provides limited accident insurance, which is primary up to \$7,500.

Parent/Guardian Signature: _____

Date: _____