

## CLINIC FEATURES

### WHAT:

This is a developmental clinic that will help you become a better thrower or pole vaulter. The clinic is designed to teach progressions, offer constructive criticism, provide video analysis and evaluate event-specific technique. Participants will receive one-on-one instruction from current UW coaches as well as other college coaches. All pole vault participants will have access to multiple pits. All discus throwers will be allowed to throw into a turf sector. All participants will receive lunch.

### WHERE:

- Camp Randall Memorial Sports Center  
"The Shell" (Indoor Track)
  - McClain Indoor Facility  
(Indoor Practice Facility)
- 1430 Monroe Street • Madison, WI 53711

### WHEN:

- Sunday, Nov. 25, 2012 • 10 a.m. - 3 p.m.
- Sunday, Jan. 6, 2013 • 10 a.m. - 3 p.m.

### WHO:

• Clinic is open to all male and female high school students only. All high school coaches are welcome to attend. Athletes of all levels will benefit from clinic.

### COST FOR NOVEMBER 25 CLINIC:

- Pre-registration: \$70  
(Postmark deadline: November 20, 2012)
- Registration the day of clinic: \$95
- Coaches: \$35

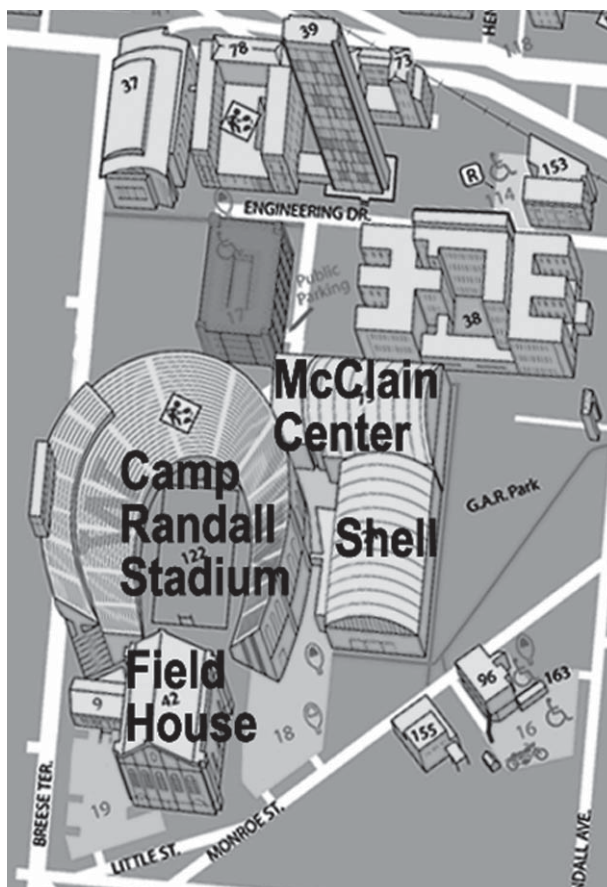
### COST FOR JANUARY 6 CLINIC:

- Pre-registration: \$70  
(Postmark deadline: January 2, 2013)
- Registration the day of clinic: \$95
- Coaches: \$35

### COST FOR BOTH CLINICS:

- Pre-registration: \$120  
(Postmark deadline: November 20, 2012)

## CAMPUS MAP



## CLINIC SCHEDULE

- 9 - 10 a.m. .... Registration
- 10 a.m. .... Clinic Begins
- Noon - 1 p.m. .... Lunch (provided)
- 1 p.m. .... Clinic Resumes
- 3 p.m. .... Clinic Concludes

## THROWS & POLE VAULT CLINICS



### UNIVERSITY OF WISCONSIN

'THE SHELL' & McCLAIN CENTER  
1430 MONROE ST.  
MADISON, WI 53711

SUNDAY  
**NOVEMBER 25, 2012**

SUNDAY  
**JANUARY 6, 2013**

## WHAT TO BRING

- Workout clothes
- Indoor shots or outdoor shots / Metal or rubber discus
- Pole vault poles & helmets (WIAA required)
- Spikes and throws shoes and training flats

## DROP OFF & PARKING

Participants and their equipment may be dropped off in parking lot 18, located off Monroe Street between Camp Randall Stadium and the Shell.

Free parking is available in Lot 17, the ramp north of Camp Randall Stadium, or on the street.

## CONDUCT & SECURITY

The McClain and The Shell facilities provide a safe and secure environment. However all campers are expected to conduct themselves in a manner conducive to learning. Any misconduct will result in immediate dismissal and forfeiture of all fees.

## PHOTOGRAPHS & VIDEO

By applying for this camp, I understand that the University of Wisconsin-Madison (UW) may take photographs and or videos of camp/clinic participants and activities. I agree that the UW shall be the owner of and may use such photographs and videos relating to the promotion of future camps. I relinquish all rights that I may claim in relation to the use of said photographs and videos.



The McClain Center, which features an 80-yard indoor field, is an excellent training facility for both running and throwing.

## FOR MORE INFORMATION:

**Dave Astrauskas**

Camp Director

(608) 263-4873

dla@athletics.wisc.edu

In the event of an emergency and you need to contact a camper, please call (608) 438-2584.

## REFUND POLICY

Cancellations made 5 days prior to the day of the clinic will pay an administrative fee of \$20 that will be deducted from your refund. Inside of the 5 day period; refunds (minus the administrative fee) will only be given for medical reasons when accompanied by a signed letter from a physician.

## REGISTRATION FORM

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Emergency Phone #: (        ) \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Current Year in School:**       8th Grade

Freshman    Sophomore    Junior    Senior

**I Wish to Participate In:**

Discus                       Shot Put                       Pole Vault

**Non-Refundable Clinic Costs:**

Pre-registration - Both clinics (closes Nov. 20): \$120

Pre-registration - Nov. 25, 2012 (closes Nov. 20): \$70

Pre-registration - Jan. 6, 2013 (closes Jan. 2): \$70

Coach - Nov. 25 Clinic: \$35

Coach - Jan. 6 Clinic: \$35

*There are NO discounts available for individuals or groups attending this camp*

**METHOD OF PAYMENT**

Check Payable to: UW Athletic Department

Mail to: Athletic Business Office  
University of Wisconsin Throws & Pole Vault Clinic  
1440 Monroe Street  
Madison, WI 53711

**LIABILITY WAIVER**

In consideration of my child's participation in the Camp, I hereby release the University of Wisconsin System Board of Regents, its officers, employees and agents from any and all liability arising out of any injury or illness my child incurs while participating in camp activities. I understand the rigorous athletic activity in which he/she will be involved. I understand that participation is voluntary and I choose freely to have my child participate. Campers are encouraged to have their own health insurance as limited accident insurance is provided by the University. I understand that the camp provides limited accident insurance, which is primary up to \$7,500.

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_