

**BE AT YOUR BEST,
ATTEND THE WISCONSIN
TRACK & FIELD CAMP!**

Wisconsin's track & field program is the following:

- Seven individual NCAA champions since 1983
- 160 NCAA track & field All-Americans since 1983
- Finished among the top 20 teams in the NCAA indoor and outdoor championships 12 times including the 2007 NCAA NATIONAL CHAMPIONSHIP
- Won 22 Big Ten team championships in the last 14 years
- 151 athletes have won individual Big Ten titles in the past 26 years



WISCONSIN
Boys and Girls
Track & Field Camps
Midwest's Premier Track & Field Program

Room & Board

University Housing residence halls provide student-style housing conveniently located on campus near camps. Each air conditioned room includes twin beds with bed linens and pillows, microfridges, desks, Internet and cable television connections (via personal laptop) and shared bathroom facilities. Floor lounges include televisions and telephones with free local calls. Laundry and vending machines are located within most halls. Meals provide a variety of youth-friendly and healthy selections, including vegetarian options.

Camp Features

Training, technique instructions and informative lectures are implemented daily. In addition, an athletic trainer will be available in the dormitory throughout the week. Entertainment will include daily athletic tournaments, group swimming and evening movies, as well as time during the day to relax and enjoy the beautiful campus and new friends you will meet. A video analysis of your event form as well as those of champion athletes will be viewed.

A Typical Day...

- 8:00 Breakfast
- 9:00 Group lecture, film or demonstration
- 10:00 Specific events
- 11:45 Free time (swim, tennis, rest, etc.)
- 12:15 Lunch
- 1:15 Group lecture, film or demonstration
- 2:30 Free time
- 3:30 Afternoon training session
- 5:30 Dinner
- 6:30 Group lecture, film or demonstration
- 8:15 Recreational activity
- 9:30 Free time
- 10:30 In bed and lights out

Find out what makes a champion a Champion!

WISCONSIN
Boys and Girls
Track & Field Camps



**All High School Boys & Girls Invited
June 24 - June 28**



University of Wisconsin-Madison

Director

Mark Guthrie
Camp Director



Guthrie is in his sixth year as the men's and women's sprint/hurdle coach after 19 years at UW-La Crosse, where his teams won 23 NCAA III National Championships and 34 Conference Championships. He had 138 athletes earn 475 All-American awards and 46 national titles, including Andrew Rock, who was a gold medalist at the 2004 Olympic Games. If you have questions, please contact Mark Guthrie at 608-262-4398

**University of Wisconsin-Madison
June 24 - June 28, 2012**

The Wisconsin Track & Field Camp is a five-day program open to any and all entrants who will be entering ninth grade in the fall of 2012 through those boys and girls that will graduate in 2013. Begun in 1989, the camp continues to host elite coaches and athletes from around the country.

The camp's purpose is to provide quality instruction in the techniques and training that are necessary for young athletes to reach their full potential in the areas of sprints, hurdles, and field events.

Workouts, lectures, films and activities are all designed to instruct, entertain and motivate. We are aware that our campers represent a wide variety of talent, motivations, education and experience. We are prepared to tailor our program to each athlete's needs.

Several University of Wisconsin track and field athletes will serve as camp counselors. They will be joined by successful coaches from the college ranks as well. The counselor to athlete ratio is low (approximately 1:10) to ensure individual attention, which is the program's trademark.

A certified Athletic Trainer will be on site to provide medical treatment throughout camp.

Campers will be supervised at all times to ensure a safe and secure environment. Any misconduct by campers could result in dismissal from camp without a refund.

2012 Wisconsin Camp of Champions

There will be no middle distance or distance events offered at the Wisconsin Track & Field Camp; however, the Wisconsin Camp of Champions, which takes place in July, is one of the premier cross country/distance camps in the country.

Please contact Ed Nuttycombe at (608) 262-4397 for more information on the Wisconsin Camp of Champions.

www.uwbaders.com/camps

Guest Lecturers

The Wisconsin Track & Field Camp has a variety of special guests and lecturers every summer. Past speakers have featured Jeremy Fischer, Steve McBride, Sheila Burrell, Mark Napier, Will Wabaunsee, Jay Goff, Ed Nuttycombe, Jim Stintzi, and others.

Cost

Live-in campers: \$460/\$440

Tuition includes lodging in modern dormitories, meals from Monday dinner through Friday breakfast, group insurance coverage, and a camp T-shirt.

Day campers: \$335

Tuition includes lunch and dinner, group insurance, and a T-shirt.

NOTE: A deposit must accompany the application; the balance is due by registration day. The deposit is not refundable after June 18. The maximum refund is \$100.

Registration

The camp is open to any and all entrants entering high school through freshman year in college as well as adult coaches from high schools and summer clubs.

**Check-in: Sunday, June 24 at 2:30 p.m.
Check-out: Thursday, June 28, at noon**

NOTE: Proof of an active school physical or a doctor's note stating that you have had a physical in the past three years will be needed at check-in. More information will be sent upon receipt of your application.

Location

The University of Wisconsin is located in Madison, the state's capital. It is a clean, vibrant city situated on rolling hills amidst five fresh water lakes. Madison is located 90 miles west of Milwaukee, 140 miles northwest of Chicago and 285 miles southeast of Minneapolis. Madison is served by several bus companies and six major airlines including Northwest, United, Midwest, Continental, American and Delta. Transportation to and from the airport and bus station can be arranged on check-in and check-out days.

Facilities

Campers will have access to the UW outdoor track, indoor track, indoor athletic field and weight room on campus. Other facilities available on UW's 900-acre campus include tennis, basketball and racquetball courts, softball diamonds, and an indoor pool. A wide variety of recreational activities, including table tennis and billiards, will be available during the day at the student union.

Registration

PLEASE PRINT

Legal Name _____
 Address _____
 City, State, ZIP _____
 Emergency Contact Phone # (____) _____
 Home Phone # (____) _____
 Email _____
 Grade Completed (spring 2012) _____ D.O.B. ____/____/____ Sex M F
 School _____
 Coach's Name _____
 Roommate preference _____
 T-shirt size YL M L XL XXL

Tuition Options (please check one)

- \$460 Resident Camper
- \$440 Returning Resident Camper
- \$335 Day Camper

A deposit of \$260 must accompany this application. The maximum refund shall be \$100 after June 18. Questions? Call (608) 262-4398.

Please rank the event or events you wish to train in:

- Sprints Pole Vault* High Jump
- Hurdles Horizontal Jumps Throws*

*Campers must supply own implements and/or poles.

Check or money order payable to UW Athletic Department

Mail to: Business Office: Track & Field Camp
 University of Wisconsin Intercollegiate Athletics
 1440 Monroe Street
 Madison, WI 53711

Liability Waiver: In consideration of my child's participation in the Camp, I hereby release the University of Wisconsin System Board of Regents, its officers, employees and agents from any and all liability arising out of any injury or illness my child incurs while participating in camp activities. I understand the rigorous athletic activity in which he/she will be involved. I understand that participation is voluntary and I choose freely to have my child participate.

Health Insurance: Campers are encouraged to have their own health insurance as limited accident insurance is provided by the University. I understand that the camp provides limited accident insurance, which is primary up to \$7,500.

Health Information: By applying for this camp I agree to complete and return to the Sports Medicine Department the confidential Consent for Medical Administration and Medical Treatment Form and Health History Questionnaire. I understand these forms need to be completed and on the file prior to my child's participation in the Camp activities. (These forms are on the UW Camps.com web page and will be mailed to all parents/guardians when applications are received.)

Photographs and Videos: By applying for this camp I understand the University of Wisconsin-Madison may take photographs and/or videos of camp participants and activities. I agree that the UW shall be the owner of and may use such photographs and videos relating to the promotion of future camps. I relinquish all rights that I may claim in relation to the use of said photographs and videos.

Parent/guardian signature: _____