

THE UNIVERSITY OF WISCONSIN-GREEN BAY
2008 PHOENIX SWIMMING CAMP

Over the past several years, the University of Wisconsin-Green Bay swimming program has been providing an opportunity for area swimmers to continue to work on their development through a stroke camp. This year we will again be providing that opportunity to you. We will be offering to the area's older swimmers, 12 and up, a chance to develop their skills through a skills/training camp. This camp will be geared to helping swimmers get ready for their summer season through a progressive two-week step-by-step approach. It will involve extensive daily technique work and working towards establishing a strong fitness level.

By working on your swimming through a more serious and systematic approach, I am sure you will benefit greatly from your time spent at the Phoenix pool. The dates of our camp are May 5-17, Monday through Thursday and Saturday morning. Each session, Monday-Thursday will run from 4:30-7 p.m., with the Saturday morning sessions going from 8-10:30 a.m. Camp cost is \$120 per person and an allowance for other family members will be given.

I have enjoyed working with our area swimmers in developing their skills in the sport that we all have in common. I am hoping to help you build on your commitment to swimming and give you an insight into a different level of swimming that you may not have as yet experienced. This year's staff will include Head Coach Jim Merner, seven-time Horizon League Coach of the Year, assistant coach and former UW-Green Bay swimmer Molly Cox, along with swimmers from the Green Bay team.

Please take this opportunity to challenge yourself to grow in our sport. For those who do not swim over the summer, this still may be something that will help you prepare for your next season in the fall. The camp will be limited to the first 48 swimmers, so please hurry and get in your enrollment form. I look forward to seeing you on May 5.

In Swimming,

Jim Merner
Head Men's and Women's Swimming Coach
University of Wisconsin Green Bay
920-465-2367

Swim Camp Enrollment Form

Name _____

Age _____

Home Phone # _____

Best Events and Times

1. _____

2. _____

3. _____

Adult T-Shirt size: _____

Please make checks out to: UW-Green Bay Swimming

Mail to:

**Jim Merner
UW-Green Bay Swimming and Diving
Kress Events Center
2420 Nicolet Drive
Green Bay, WI 54311**

Cost: 1 in family \$120

2 in family \$200

3 in family \$260

Include your check with this enrollment form