

REGISTRATION

Name _____
Address _____
City _____ State _____
Zip _____
E-mail _____
Age _____ High School _____
Cell Phone _____ Home Phone _____
Guardian/s _____
Primary Position _____
Secondary Position _____

Total Cost: \$60 Defense-Pitching or Offense / \$100 Both

Total Amount Enclosed _____

Make Check or money order payable to:

Western Carolina Athletics Department

Send to:

Western Carolina Athletics
Ramsey Center/Softball Office
Cullowhee, N.C. 28723

WAIVER STATEMENT

I/We, the undersigned, hereby certify that I/we am/are the parents of or legal guardian of the player. I hereby give the permission for the staff of WCU softball clinics to seek, during the period of the clinic, appropriate medical attention for the player and for the medical attention to be given and for the player to receive medical attention in the event of an accident, injury, loss, or illness. I will be responsible for all costs of medical attention.

I/We undersigned, for ourselves, our heirs, executors, and administrators, waive, release and forever discharge WCU Softball Clinic and its staff, officers, agents, employers, representatives, successors and assigns from any and all liability, claims, demands, actions and caused of actions whatsoever arising out of or related to any loss, personal injury, or property damage that may be sustained or occur during participation in WCU Softball Clinic, whether or not damages, injury, or loss is due to negligence.

Signature (Parent/Legal Guardian) Date

Western Carolina Softball
WCU Athletics Department
Cullowhee, NC 28723

WESTERN CAROLINA 2010 CATAMOUNT SOFTBALL CAMP



Cullowhee, N.C.
Catamount Softball Complex

January 16, 2010

WESTERN CAROLINA SOFTBALL CAMP

Jan. 16

When: Jan. 16
Where: Softball Field
Cost: \$60 for Pitching/Defense
\$60 Offense
\$100 Both
Time: Def./Pitching 9 am-Noon
Offense 1-4 pm

WHAT TO BRING

- Glove
- Bat
- Tennis shoes
- Water bottle
- Cleats
- Kneepads/Sweats
- Catchers Gear
- Personal workout gear
- Helmet
- Spending money for snacks

CAMP STAFF

CHRISTINE HORNAK

WCU Softball Head Coach

JAMES CLIFT

WCU Softball Assistant Coach

SKILLS TRAINING

Fundamental instruction
Positive learning environment
Small group/Individual Training
Hitting fundamentals
Defensive fundamentals
Mental game
Base-running- sliding
Pitching Fundamentals
Situational Play



WESTERN
CAROLINA
SOFTBALL