

WESTERN CAROLINA UNIVERSITY

Home of the 2008 Southern Conference Tournament Champions

2009 WOMEN'S SOCCER GAME NOTES



Athletic Media Relations/Contact: Russell Luna ♦ Ramsey Center ♦ Cullowhee, NC 28723 ♦ (615) 308-6245 (cell) ♦ rdluna@email.wcu.edu

WCU 2009 SCHEDULE/RESULTS

(5-3-2, 2-0-0 SoCON)

| | | |
|----------|----------------------|--------|
| Aug. 21 | GARDNER-WEBB | W, 1-0 |
| Aug. 28 | East Tennessee State | W, 2-0 |
| Aug. 30 | at South Carolina | L, 2-0 |
| Sept. 4 | at Miami % | L, 1-0 |
| Sept. 6 | vs. Dayton % | T, 0-0 |
| Sept. 13 | at Tennessee | L, 2-1 |
| Sept. 18 | JACKSONVILLE ST. ^ | W, 2-0 |
| Sept. 20 | UNC ASHEVILLE ^ | T, 0-0 |
| Sept. 25 | DAVIDSON * | W, 2-0 |
| Sept. 27 | GEORGIA SOUTHERN * | W, 1-0 |
| Oct. 2 | at Samford * | 8 pm |
| Oct. 4 | at Chattanooga * | 2 pm |
| Oct. 8 | UNC GREENSBORO * | 6 pm |
| Oct. 11 | at Elon * | 2 pm |
| Oct. 16 | COL. of CHARLESTON* | 6 pm |
| Oct. 18 | THE CITADEL * | 2 pm |
| Oct. 23 | at Furman * | 7 pm |
| Oct. 25 | at Wofford * | 2 pm |
| Oct. 30 | APPALACHIAN STATE * | 6 pm |
| Nov. 6-8 | SoCon Tournament | 6 pm |

% Hurricane Cup - Miami, Fla.

^ Catamount Classic - Cullowhee, N.C.

* denotes conference opponent



WCU Makes First Southern Conference Road Trip of Season



Friday, Oct. 2

♦ at Samford Bulldogs
8:00 p.m. (Birmingham, Ala.)



Sunday, Oct. 4

♦ at Chattanooga Mocs
2:00 p.m. (Chattanooga, Tenn.)

QUICK HITS

•The Catamounts (5-3-2, 2-0-0 SoCON) come into this weekend having not given up a goal for a season-high 387 minutes. The 'Cats have shutout Southern Conference opponents for 386 minutes dating back to Nov. 2, 2008. Rachael Shomper, Bri Cunningham and Jenny Matteson all tallied goals last week for the Catamounts.

•Rachael Shomper leads the Catamounts in goals and points this season after recording the game-winning tally over Georgia Southern last Sunday. Shomper, a senior from Millersburg, Pa., ranks sixth in school history with 6 game-winning goals and has 10 career goals in her illustrious four-year career.

• Goalkeeper Caitlin Williams set the school record for most career shutouts with a mark of 20 after Sunday's 1-0 win over Georgia Southern. Williams, a native of Liberty, S.C., was named the Southern Conference Student Athlete of the Week. The junior is majoring in Chemistry and has a 3.765 GPA. Williams has six shutouts this season, along with 49 saves.

• Friday's matchup pits the two best goalkeepers and defensive squads in the country. Samford's Alyssa Whitehead ranks second in the nation with a 0.123 Goals Against Average, while Williams for WCU ranks 25th with an .574 mark. Whitehead is number one in save percentage of .973, while Williams is 15th with .889.

Team Comparisons

| | WCU | SAM | UTC |
|--------------------------|-------|-------|-------|
| Record: | 5-3-2 | 6-1-1 | 5-2-0 |
| Conference Record: | 2-0-0 | 1-1-0 | 0-2-0 |
| All-Time Record vs. WCU: | - | 1-1-0 | 2-7-1 |
| Goals/Game: | 0.90 | 1.25 | 2.57 |
| GAA: | 0.60 | 0.12 | 0.71 |
| Shots/Game: | 9.6 | 9.5 | 18.7 |
| Shots Allowed/Game: | 12.3 | 9.6 | 9.4 |
| Corner Kicks/Game: | 4.6 | 3.38 | 5.0 |
| Saves/Games: | 4.9 | 4.5 | 3.43 |

CATAMOUNTS

2009 CATAMOUNT SOCCER GAME NOTES

Projected Starters

| No. | Player | Pos. | Ht. | Cl. | Hometown (Previous School) |
|-----|------------------|------|-----|-------|-------------------------------------|
| 00 | Caitlin Williams | GK | 5-9 | Jr. | Liberty, S.C. (Pendleton HS) |
| 7 | Liz Eichler | D | 5-7 | Jr. | Fredericksburg, Va. (Massaponax HS) |
| 8 | Kayla Beauduy | MF | 5-3 | So. | Jackson, N.J. (Jackson Memorial HS) |
| 11 | Nikki Collins | F | 5-3 | Sr. | Gainesville, Fla. (Buchholz HS) |
| 12 | Hilary Holder | D | 5-7 | Sr. | Powder Spring, Ga. (Columbus State) |
| 16 | Shannon Fowkes | F | 5-3 | Sr. | Smithsburg, Md. (Smithsburg HS) |
| 18 | Jenny Matteson | D | 5-4 | Sr. | Cinnaminson, N.J. (Cinnaminson HS) |
| 19 | Rachael Shomper | F | 5-5 | R-Sr. | Millersburg, Pa. (Millersburg HS) |
| 21 | Renee Anderson | D | 5-5 | So. | Sand Hills, N.C. (Jack Britt HS) |
| 23 | Shanna Schmoker | MF | 5-4 | Sr. | Lake Jackson, Texas (Brazoswood HS) |
| 24 | Nikki Lombardo | MF | 5-4 | Sr. | St. Augustine, Fla. (Nease HS) |

Last Time (Catamounts)...

| | |
|--|--|
| Home Win 09/27/09 1-0, vs. Georgia Southern | Conf. Loss (Reg.) 10/26/08 2-1, vs. Samford |
| Home Loss 10/26/08 2-1, vs. Samford | Conf. Loss (Ovr.) 10/26/08 2-1, vs. Samford |
| Away Win 10/30/08 3-2, at Appalachian State | Non-Conf. Win 09/18/09 2-0, vs. Jacksonville State |
| Away Loss 09/13/09 2-1, at Tennessee | Non. Conf. Loss 09/13/09 2-1, at Tennessee |
| OT Win 10/12/08 2-1, vs. Elon | Shut a team out 09/27/09 1-0, vs. Georgia Southern |
| OT Loss 09/07/08 2-1, vs. Belmont | Was Shutout 09/06/09 0-0 (2OT), vs. UNC Asheville |
| Conf. Win (Reg) 09/27/09 1-0, vs. Georgia Southern | Had 4+Goals 09/26/08 6, vs. The Citadel |
| Conf. Win (OT) 10/12/08 2-1, vs. Elon | Allowed 4+ Goals 11/14/08 5, vs. North Carolina |

Last Time (Individual)...

| |
|--|
| Multi-Goal Game 09/26/08 Bri Cunningham (2) vs. Appalachian State |
| WCU 4+ Points 11/23/08 Bri Cunningham (4) vs. Applachian State |
| WCU 2+ Assists 11/23/08 Bri Cunnigham (2) vs. Georgia Southern |
| WCU Shutout 09/27/09 Caitlin Williams vs. Georgia Southern |

2009 CATAMOUNT SOCCER GAME NOTES

2009 Western Carolina Womens' Soccer Roster

| NO. | NAME | HT. | POS. | YR. | HOMETOWN / PREVIOUS SCHOOL / HIGH SCHOOL |
|-----|---------------------|------|------|-------|---|
| 00 | Caitlin Williams | 5-9 | GK | Jr. | Liberty, S.C. / Pendleton School |
| 0 | Katie Jacobs | 5-9 | GK | So. | Fayetteville, Pa. / Gettysburg HS |
| 1 | Caitlin Gill | 5-10 | GK | R-So. | Newnan, Ga. / Northgate HS |
| 2 | Emily Lynn | 5-4 | F | So. | North Royalton, Ohio / North Royalton HS |
| 4 | Laura Greb | 5-5 | F | Fr. | Robbinsville, N.J. / Robbinsville HS |
| 5 | Bri Cunningham | 5-5 | MF | Sr. | Tryon, N.C. / Polk County HS |
| 6 | Taylor Lee | 5-4 | D | So. | Atlanta, Ga. / Eagle's Landing HS |
| 7 | Liz Eichler | 5-7 | D/F | Jr. | Fredericksburg, Va. / Massaponax HS |
| 8 | Kayla Beauduy | 5-3 | MF | So. | Jackson, N.J. / Jackson Memorial HS |
| 10 | Kellie Oberholtzer | 5-3 | MF | Jr. | Nashua, N.H. / Nashua South HS |
| 11 | Nikki Collins | 5-3 | F | Sr. | Gainesville, Fla. / Buchholz HS |
| 12 | Hilary Holder | 5-7 | D | Sr. | Powder Springs, Ga. / Columbus State / McEachern HS |
| 13 | Erin Hamilton | 5-6 | F | Jr. | Greensboro, N.C. / Ragsdale HS |
| 14 | Samantha Hodge | 5-6 | MF | So. | Louisville, Ky. / Mercy Academy |
| 15 | Courtney Mallon | 5-10 | F | R-So. | Round Rock, Tex. / Stoney Point HS |
| 16 | Shannon Fowkes | 5-3 | F | Sr. | Smithsburg, Md. / Smithsburg HS |
| 17 | Katie Kole | 5-11 | MF/F | Sr. | Southlake, Tex. / Carroll HS |
| 18 | Jenny Matteson | 5-4 | D | Sr. | Cinnaminson, N.J. / Cinnaminson HS |
| 19 | Rachael Shomper | 5-5 | F | R-Sr. | Millersburg, Pa. / Millersburg HS |
| 20 | Elizabeth Kozlowski | 5-5 | F | Fr. | Amherst, Ohio / Firelands HS |
| 21 | Renee Anderson | 5-5 | D | So. | Sandhills, N.C. / Jack Britt HS |
| 23 | Shanna Schmoker | 5-4 | MF | Sr. | Lake Jackson, Tex. / Brazoswood HS |
| 24 | Nikki Lombardo | 5-4 | MF | Sr. | St. Augustine, Fla. / Nease HS |
| 26 | Lindsay Carter | 5-7 | D/F | Fr. | Apex, N.C. / Cardinal Gibbons HS |
| 27 | Katie Salmons | 5-6 | D | Fr. | Richmond, Va. / Manchester HS |

WESTERN CAROLINA COACHING STAFF:

| | | | |
|-------------------|----------------------------------|-----------------------------|-------------------|
| Tammy DeCesare | Head Coach | Catawba, 1996 | 5th Season at WCU |
| Yon Struble | Assistant Coach | Stetson, 1995 | 1st Season at WCU |
| Lauren Haridson | Graduate Assistant / Goalkeepers | Virginia Commonwealth, 2008 | 1st Season at WCU |
| Anna Betton | Graduate Assistant Coach | Furman, 2008 | 1st Season at WCU |
| Lydia Vandenbergh | Director of Soccer Operations | Clemson, 2006 | 1st Season at WCU |

ALPHABETICAL CATAMOUNT ROSTER

| | | | |
|----|----------------------|-------------|------|
| 21 | ANDERSON, Renee | Sophomore | MF/F |
| 8 | BEAUDUY, Kayla | Sophomore | MF/F |
| 26 | CARTER, Lindsay | Freshman | MF |
| 11 | COLLINS, Nikki | Senior | MF/F |
| 5 | CUNNINGHAM, Bri | Senior | MF |
| 7 | EICHLER, Liz | Junior | MF/D |
| 16 | FOWKES, Shannon | Senior | F |
| 1 | GILL, Caitlin | R-Sophomore | GK |
| 4 | GREB, Laura | Freshman | MF/F |
| 13 | HAMILTON, Erin | Junior | D/MF |
| 14 | HODGE, Samantha | Sophomore | MF |
| 12 | HOLDER, Hilary | Senior | MF/D |
| 0 | JACOBS, Katie | Sophomore | GK |
| 17 | KOLE, Katie | Senior | D |
| 20 | KOZLOWSKI, Elizabeth | Freshman | F |
| 6 | LEE, Taylor | Sophomore | D |
| 24 | LOMBARDO, Nikki | Senior | MF |
| 2 | LYNN, Emily | Sophomore | F |
| 15 | MALLON, Courtney | R-Sophomore | MF/F |
| 18 | MATTESON, Jenny | Senior | D |
| 10 | OBERHOLTZER, Kellie | Junior | MF/F |
| 27 | SALMONS, Katie | Freshman | D |
| 23 | SCHMOKER, Shanna | Senior | MF |
| 19 | SHOMPER, Rachael | R-Senior | F |
| 00 | WILLIAMS, Caitlin | Junior | GK |

WCU WOMEN'S SOCCER BY POSITION

GOALKEEPERS (3)

| | | | |
|----|------------------|-------------|----|
| 00 | Caitlin Williams | Junior | GK |
| 0 | Kate Jacobs | Sophomore | GK |
| 1 | Caitlin Gill | R-Sophomore | GK |

DEFENDERS (6)

| | | | |
|----|----------------|-----------|---|
| 6 | Taylor Lee | Sophomore | D |
| 12 | Hilary Holder | Senior | D |
| 14 | Samantha Hodge | Sophomore | D |
| 18 | Jenny Matteson | Senior | D |
| 21 | Renee Anderson | Sophomore | D |
| 27 | Katie Salmons | Freshman | D |

MID-FIELDERS (4)

| | | | |
|----|--------------------|-----------|----|
| 8 | Kayla Beauduy | Sophomore | MF |
| 10 | Kellie Oberholtzer | Junior | MF |
| 23 | Shanna Schmoker | Senior | MF |
| 24 | Nikki Lombardo | Senior | MF |

FORWARDS (9)

| | | | |
|----|---------------------|-------------|---|
| 2 | Emily Lynn | Sophomore | F |
| 4 | Laura Greb | Freshman | F |
| 5 | Brianna Cunningham | Senior | F |
| 11 | Nikki Collins | Senior | F |
| 13 | Erin Hamilton | Junior | F |
| 15 | Courtney Mallon | R-Sophomore | F |
| 16 | Shannon Fowkes | Senior | F |
| 19 | Rachel Shomper | R-Senior | F |
| 20 | Elizabeth Kozlowski | Freshman | F |

MID-FIELDERS / FORWARDS (1)

| | | | |
|----|------------|--------|------|
| 17 | Katie Kole | Senior | MF/F |
|----|------------|--------|------|

DEFENDERS / FORWARDS (2)

| | | | |
|----|----------------|----------|-----|
| 7 | Liz Eichler | Junior | D/F |
| 26 | Lindsay Carter | Freshman | D/F |



WCU SOCCER PRONUNCIATION GUIDE

| | | |
|----|---------------------|------------------------|
| 7 | Liz EICHLER | IKE - lurr |
| 8 | Kayla BEAUDUY | BOW - dee |
| 10 | Kellie OBERHOLTZER | Oh - burr - holtz - ur |
| 15 | Courtney MALLON | MAL - uhn |
| 16 | Shannon FOWKES | (like FOLKS) |
| 18 | Jenny MATTESON | (like MADISON) |
| 19 | Rachel SHOMPER | SHOM - purr |
| 20 | Elizabeth KOZLOWSKI | KOZ - law - ski |
| 24 | Nikki LOMBARDO | LUM - bar - dough |
| AC | YON STRUBLE | Yawn STREW - bull |

2009 CATAMOUNT SOCCER GAME NOTES

Western Carolina Combined Team Statistics (as of Sep 27, 2009) All games

| RECORD: | OVERALL | HOME | AWAY | NEUTRAL |
|----------------|----------------|-------------|-------------|----------------|
| ALL GAMES | 5-3-2 | 5-1-1 | 0-2 | 0-0-1 |
| CONFERENCE | 2-0 | 2-0 | 0-0 | 0-0 |
| NON-CONFERENCE | 3-3-2 | 3-1-1 | 0-2 | 0-0-1 |

| Date | Opponent | Score | Att. | # | Player | gp | g | a | pts | sh | sh% | sog | sog% | gw | pk-att |
|----------|----------------------|---------|------|----|---------------------|----|---|---|-----|-----|------|-----|-------|----|--------|
| Aug 21 | GARDNER-WEBB | W 1-0 | 426 | 18 | Jenny Matteson | 10 | 1 | 0 | 2 | 20 | .050 | 8 | .400 | 0 | 0-0 |
| Aug 28 | EAST TENNESSEE STATE | W 2-1 | 328 | 23 | Shanna Schmoker | 10 | 1 | 0 | 2 | 18 | .056 | 4 | .222 | 1 | 0-0 |
| Aug 30 | at South Carolina | L 0-2 | 489 | 16 | Shannon Fowkes | 10 | 1 | 2 | 4 | 10 | .100 | 6 | .600 | 0 | 0-0 |
| Sep 04 | #22 MIAMI | L 0-1 | 338 | 19 | Rachael Shomper | 10 | 3 | 1 | 7 | 8 | .375 | 6 | .750 | 1 | 0-0 |
| Sep 06 | vs Dayton | To2 0-0 | 262 | 8 | Kayla Beauduy | 10 | 0 | 1 | 1 | 8 | .000 | 1 | .125 | 0 | 0-0 |
| Sep 13 | at Tennessee | L 1-2 | 769 | 5 | Bri Cunningham | 9 | 1 | 1 | 3 | 7 | .143 | 3 | .429 | 1 | 0-0 |
| Sep 18 | JACKSONVILLE STATE | W 2-0 | 413 | 10 | Kellie Oberholtzer | 10 | 0 | 0 | 0 | 6 | .000 | 4 | .667 | 0 | 0-0 |
| Sep 20 | UNC ASHEVILLE | To2 0-0 | 380 | 24 | Nikki Lombardo | 10 | 1 | 1 | 3 | 6 | .167 | 2 | .333 | 1 | 0-0 |
| * Sep 25 | DAVIDSON | W 2-0 | 415 | 11 | Nikki Collins | 10 | 0 | 0 | 0 | 4 | .000 | 3 | .750 | 0 | 0-0 |
| * Sep 27 | GEORGIA SOUTHERN | W 1-0 | 671 | 17 | Katie Kole | 10 | 1 | 0 | 2 | 4 | .250 | 2 | .500 | 1 | 0-0 |
| | | | | 21 | Renee Anderson | 10 | 0 | 0 | 0 | 3 | .000 | 1 | .333 | 0 | 0-0 |
| | | | | 13 | Erin Hamilton | 9 | 0 | 0 | 0 | 1 | .000 | 1 | 1.000 | 0 | 0-0 |
| | | | | 14 | Samantha Hodge | 10 | 0 | 0 | 0 | 1 | .000 | 0 | .000 | 0 | 0-0 |
| | | | | 20 | Elizabeth Kozlowski | 10 | 0 | 0 | 0 | 0 | .000 | 0 | .000 | 0 | 0-0 |
| | | | | 12 | Hilary Holder | 10 | 0 | 0 | 0 | 0 | .000 | 0 | .000 | 0 | 0-0 |
| | | | | 26 | Lindsay Carter | 6 | 0 | 0 | 0 | 0 | .000 | 0 | .000 | 0 | 0-0 |
| | | | | 2 | Emily Lynn | 2 | 0 | 0 | 0 | 0 | .000 | 0 | .000 | 0 | 0-0 |
| | | | | 7 | Liz Eichler | 10 | 0 | 0 | 0 | 0 | .000 | 0 | .000 | 0 | 0-0 |
| | | | | 15 | Courtney Mallon | 1 | 0 | 0 | 0 | 0 | .000 | 0 | .000 | 0 | 0-0 |
| | | | | 27 | Katie Salmons | 2 | 0 | 0 | 0 | 0 | .000 | 0 | .000 | 0 | 0-0 |
| | | | | 4 | Laura Greb | 2 | 0 | 0 | 0 | 0 | .000 | 0 | .000 | 0 | 0-0 |
| | | | | | Total | 10 | 9 | 6 | 24 | 96 | .094 | 41 | .427 | 5 | 0-0 |
| | | | | | Opponents | 10 | 6 | 7 | 19 | 123 | .049 | 55 | .447 | 3 | 0-0 |

| TEAM STATISTICS | WCU | OPP |
|------------------------|------------|------------|
| SHOT STATISTICS | | |
| Goals-Shot attempts | 9-96 | 6-123 |
| Goals scored per game | 0.90 | 0.60 |
| Shot pct. | .094 | .049 |
| Shots on goal-Attempts | 41-96 | 55-123 |
| SOG pct. | .427 | .447 |
| Shots/Game | 9.6 | 12.3 |
| CORNER KICKS | 46 | 54 |
| PENALTY KICKS | 0-0 | 0-0 |
| PENALTIES | | |
| Yellow cards | 3 | 1 |
| Red cards | 0 | 0 |
| ATTENDANCE | | |
| Total | 2971 | 1258 |
| Dates/Avg Per Date | 7/424 | 2/629 |
| Neutral Site #/Avg | 1/262 | |

| # | Goalie | GP | Min. | GA | GAAvg | Saves | Pct | W-L-T | Sho |
|----|------------------|----|--------|----|-------|-------|------|-------|-----|
| 00 | Caitlin Williams | 10 | 940:00 | 6 | 0.57 | 48 | .889 | 5-3-2 | 6 |
| | Total | 10 | 940:00 | 6 | 0.57 | 49 | .891 | 5-3-2 | 6 |
| | Opponents | 10 | 940:00 | 9 | 0.86 | 32 | .780 | 3-5-2 | 4 |

RANKINGS IN THE NCAA

TEAM

Ratings Percentage Index: TBA
Save Percentage: .891 (10)
Goals Against Average: .0574 (T-22)
Shutout Percentage: .600 (T-26)

INDIVIDUAL

Save Percentage: Caitlin Williams, .889 (T-15)
GAA: Caitlin Williams, .0574 (25)
Saves (game): Caitlin Williams, 14 (T-13)

RANKINGS IN THE SOCON

TEAM

Shots: 9.60 (8) **Goals:** 0.90 (10) **Assists:** 0.60 (T-9)
Points: 2.40 (10) **GPG:** 0.90 (10) **APG:** 0.60 (T-9)
GA: 0.60 (3) **Saves:** 4.90 (T-2) **GAA:** 0.57 (2)

INDIVIDUAL

GAA: Williams, 0.57 (2) **SAPG:** Williams, 4.80 (2)
SAVES: Williams, 4.80 (1) **SHO:** Williams, 6 (T-1)
S %: Williams, .889 (2) **SHO/PG:** Williams, 0.60 (2)

| Goals by Period | 1st | 2nd | OT | OT2 | Total |
|------------------------|-----|-----|----|-----|-------|
| Western Carolina | 2 | 7 | 0 | 0 | 9 |
| Opponents | 4 | 2 | 0 | 0 | 6 |

| Shots by Period | 1st | 2nd | OT | OT2 | Total |
|------------------------|-----|-----|----|-----|-------|
| Western Carolina | 48 | 44 | 4 | 0 | 96 |
| Opponents | 56 | 60 | 3 | 4 | 123 |

| Saves by Period | 1st | 2nd | OT | OT2 | Total |
|------------------------|-----|-----|----|-----|-------|
| Western Carolina | 19 | 24 | 2 | 4 | 49 |
| Opponents | 18 | 13 | 1 | 0 | 32 |

| Corners by Period | 1st | 2nd | OT | OT2 | Total |
|--------------------------|-----|-----|----|-----|-------|
| Western Carolina | 23 | 21 | 1 | 1 | 46 |
| Opponents | 26 | 26 | 1 | 1 | 54 |

| Fouls by Period | 1st | 2nd | OT | OT2 | Total |
|------------------------|-----|-----|----|-----|-------|
| Western Carolina | 53 | 58 | 1 | 0 | 112 |
| Opponents | 44 | 43 | 2 | 0 | 89 |