

**Western Carolina University**  
**INFORMATION FOR WCU CROSS COUNTRY/TRACK & FIELD**  
**MEETS**

**DIRECTIONS TO WCU:** Traveling EAST from Tennessee on I-40, exit at Hwy 276 (Maggie Valley); follow 276 toward Waynesville until 276 intersects with Hwy 74. Take 74 to Sylva, take Exit 85, follow signs (Hwy 107) to WCU and Cullowhee.

Traveling WEST from North Carolina and South Carolina on I-40; exit I-4 on to 19-23-74 (exit 27, easy to miss) which will take you toward Waynesville. Take 23-74 to Sylva, and take exit 85 – follow signs (Hwy 107) to WCU and Cullowhee.

**LOCATION OF TRACK/  
CC COURSE**

North of WCU campus off Highway 107. Take first WCU Exit.

**MEET TIME:** TBA

**DRESSING FACILITIES:** Call prior to arrange

**PRACTICE:** TBA

**SPORTS MEDICINE:** Please contact Andrew Browder, Track & Field Trainer with concerns and requests @ 828-227-2304

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Comfort Inn ( <b>Brand New</b> ) – located 4 miles from campus in Sylva	828-477-4950
Microtel Inn & Suites ( <b>Brand New</b> ) – located 8 mile from campus	828-586-0009
Best Western River Escape – located 8 miles from campus/Dillsboro	828-586-6060
Holiday Inn Express – located 8 miles from campus/Dillsboro	828-631-1111
Quality Inn ( <b>Newly Remodeled</b> ) – located 8 miles from campus/Sylva	828-586-3315
Blue Ridge Inn ( <b>Newly Remodeled</b> ) – 7 miles from campus/Sylva	828-586-2123
University Inn – located 1 mile from campus/Cullowhee	828-293-5442
Baymont Inn – located 20 miles from campus in Cherokee	828-497-2102
Travel Lodge – located 20 miles from campus in Cherokee	828-497-2226
Holiday Inn – located 20 miles from campus in Cherokee	828-497-9181
Best Western – located 20 miles from campus in Cherokee	828-497-2020
Best Western – located 22 miles from campus in Waynesville	828-456-4402
Hampton Inn – located 20 miles from campus in Cherokee	828-497-3115
The Lodge – located 22 miles from campus in Waynesville	828-452-0353
Azalea Motel – located 7 miles from campus in Sylva	828-586-2051
Boundary Tree – located 20 miles from campus in Cherokee	828-497-2155
Comfort Inn – located 20 miles from campus in Cherokee	828-497-2411
Qualla Motel – located 20 miles from campus in Cherokee	828-497-5161
Woodland Motel – located 7 miles from campus in Sylva	828-586-4331
Days Inn – located 20 miles from campus in Cherokee	828-497-9171
Days Inn – located 20 miles from campus in Franklin	828-524-6491
Hampton Inn – located 20 miles from campus in Franklin	828-369-0600
Microtel Inn and Suites – located 20 miles from campus in Franklin	828-349-9000
Comfort Suites – located 20 miles from campus in Cherokee	828-497-3500
Fairfield Inn and Suites – located 20 miles from campus in Cherokee	828-497-0400
Ramada Limited – located 20 miles from campus in Cherokee	828-497-4231
Microtel – located 20 miles from campus in Cherokee	828-497-7803, 828-497-7800
Comfort Inn – located 20 miles from campus in Franklin	828-369-2000
Jarrett House – located 8 miles from campus in Dillsboro	828-586-0265
Days Inn – located 22 miles from campus in Waynesville	828-452-9009

