

Licensed to Appalachian Track Hy-Tek's Meet Manager 12/1/2007 06:30 PM
 Appalachian Invitational Indoor Track Meet - 12/1/2007
 George Holmes Convocation Center
 Boone, NC
 Results

Event 1 Women 55 Meter Hurdles

Center: * 7.62 2003 Kia Davis, Shore AC				
Name	Year	School	Finals	H#
1 McGriff, Shay		Western Carolina	8.36	1
2 Evans-Hardy, Porsha'		Appalachian	8.37	1
3 Simmons, Rashanda		Western Carolina	8.58	1
3 Crutchfield, Kiara		Appalachian	8.58	1
5 Kennedy, Molly		Wake Forest	8.63	1
6 Farmer, LaToya		Appalachian	8.72	1
7 Brutus, Michelle		Appalachian	8.75	1
8 Argus, Victoria		Gardner-Webb	8.92	2
9 Morgan, Kayla		Gardner-Webb	8.94	2
10 Bishop, Ashton		East Tennessee	9.19	1
11 Joseph, Morgan		Western Carolina	9.53	1
12 Frye, Melanie		Appalachian	9.57	1
12 Hayes, Nadine		Mars Hill	9.57	2
14 Irwin, Megan		Appalachian	9.67	2
15 Ward, Julie		Appalachian	10.14	2
16 Weeks, Morgan		Unc Asheville	10.61	2

Event 2 Women 55 Meter Dash

Center: * 6.88 2005 Felicia Fant, Unattached				
Name	Year	School	Finals	H#
1 Pearson, Natalie		Unc Asheville	7.08	1
2 McKiver, Ashley		Appalachian	7.14	1
2 Johnson, Judy		East Tennessee	7.14	4
4 Roseboro, Toree		Unc Charlotte	7.15	1
4 Bailey, Nae-Nae		East Tennessee	7.15	3
6 Ramseur, Raquel		Western Carolina	7.16	1
7 Knotts, Vonteena		Appalachian	7.17	2
7 Johnson, Tangelia		Western Carolina	7.17	1
9 Dukes, Crystal		Appalachian	7.20	2
10 Evans-Hardy, Porsha'		Appalachian	7.23	2
10 Paulding, Felicia		Western Carolina	7.23	1
10 Knox, Jenny			7.23	4
13 Johnson, Monica		Appalachian	7.24	2
13 Harris, Shanna		Radford	7.24	1
15 Crutchfield, Kiara		Appalachian	7.31	2
16 Froneberger, Sherrelle		Western Carolina	7.41	1
17 White, Ronda			7.42	1
18 Berry, Melissa		Western Carolina	7.44	1
19 Wright, Carlyn		Western Carolina	7.48	2
20 Walker, Gassy		Mars Hill	7.50	3
21 Crowley, Liz		Davidson	7.52	2
22 Farmer, LaToya		Appalachian	7.54	2
23 Daley, Diahnn			7.56	3
24 Brigham, Aleigha		Gardner-Webb	7.58	2
25 Harvey, Bianca		Appalachian	7.70	2
26 Landers, Tandra		Mars Hill	7.72	3
26 McFadden, JaQuesha		Appalachian	7.72	3
28 Sutherland, Sharrise		Mars Hill	7.79	3
29 Barrow, Meghan		Gardner-Webb	7.91	3
30 Wallace, Malaree		Mars Hill	8.05	4
31 Bush, Bea		Davidson	8.60	3

Event 3 Women 200 Meter Dash

Center: * 24.79 2006		Racquel Ramseur, Western Carolina		
Name	Year	School	Finals	H#
1	Roseboro, Toree	Unc Charlotte	25.38	1
2	Pearson, Natalie	Unc Asheville	25.43	1
3	Paulding, Felicia	Western Carolina	25.49	1
4	Johnson, Tangelia	Western Carolina	25.59	1
5	Johnson, Monica	Appalachian	25.67	1
6	McKiver, Ashley	Appalachian	25.68	1
7	Froneberger, Sherrelle	Western Carolina	25.94	1
8	White, Ronda		26.02	1
9	Liriano, Nadia	Appalachian	26.44	3
10	Evans-Hardy, Porsha'	Appalachian	26.47	2
11	Kennedy, Molly	Wake Forest	26.48	2
12	Wright, Carlyn	Western Carolina	26.57	1
13	Hiller, Lynda	Appalachian	26.79	2
14	Thompson, Jasmine	Appalachian	26.82	2
15	Rosa, Victoria	Appalachian	27.24	2
16	Daley, Diahnn		27.33	3
17	Brigham, Aleigha	Gardner-Webb	27.72	2
18	Crowley, Liz	Davidson	28.12	2
19	McFadden, JaQuesha	Appalachian	28.82	3
19	Harris, Shanae	Radford	28.82	3
21	Willoughby, Liz	Milligan	28.97	3
22	Obidegwe, Amaka	Davidson	29.01	2
23	Guy, Jalila	Unc Charlotte	29.49	2
24	Roberts, Katie	Unc Charlotte	29.58	3
25	Landers, Tandra	Mars Hill	29.78	3
26	Daly, Mary-Megan	Davidson	30.49	3
27	Falvo, Kali	Unc Charlotte	30.85	4
28	Fernandez, Andrea	Unc Asheville	31.24	4
29	Bush, Bea	Davidson	32.05	3

Event 4 Women 400 Meter Dash

Center: * 55.70 2006		Racquel Ramseur, Western Carolina		
Name	Year	School	Finals	H#
1	Ramseur, Raquel	Western Carolina	55.71	1
2	McMichael, Shalyn	Western Carolina	56.38	1
3	Ingram, Jasmine	East Tennessee	57.28	1
4	Brown, Olivier	Unc Charlotte	58.05	1
5	Carothers, Janet	Western Carolina	58.21	1
6	Wyse, Ayana	Unc Charlotte	58.39	1
7	Stapleton, Karmel	Unc Charlotte	59.43	2
8	Hiller, Lynda	Appalachian	59.57	1
9	Simmons, Brittany		59.72	2
10	Liriano, Nadia	Appalachian	59.94	2
11	Harris, Shanna	Radford	60.21	3
12	Brutus, Michelle	Appalachian	60.33	1
13	Johnson, Tierra	Western Carolina	60.41	1
14	Davis, Amanda		61.11	3
15	Obidegwe, Amaka	Davidson	61.23	2
16	Thompson, Jasmine	Appalachian	61.30	2
17	Lane, Aneesha	Western Carolina	61.68	1
18	Long, Carrie	Gardner-Webb	61.74	3
19	Whittaker, Brittany	Radford	62.48	3
20	Rosa, Victoria	Appalachian	63.24	2
21	Logan, Jacq	Davidson	63.92	2
22	Roseboro, Koree	Unc Charlotte	65.62	2
23	Raines, Shanna	Milligan	66.65	4
24	Urquhart, Kristin	Unc Charlotte	67.66	3
25	Nahissa, Dina	Gardner-Webb	67.78	3
26	McCarthy, Ashley	Mars Hill	68.02	4
27	Wheaton, Kellie	Mars Hill	78.48	4

Event 5 Women 800 Meter Run

Center: * 2:14.66 2003 Maria Medina, St. Augustine's			
Name	Year	School	Finals
1 Bailey, Annie		Western Carolina	2:30.08
2 Zink, Christin		East Tennessee	2:32.80
3 Moody, Kayla		Milligan	2:34.01
4 Cass, Devin		Radford	2:45.20
5 Allen, Kat		Radford	2:47.71
6 Gallen, Michele		Radford	2:51.99
7 McBride, Meghan		Radford	3:01.56

Event 6 Women 1 Mile Run

Center: * 5:01.03 2002 Stephanie Vangsnes, Winthrop			
Name	Year	School	Finals
1 Savery, Kerrie		Western Carolina	5:18.00
2 Sinclair, Halsey		Radford	5:20.60
3 Sinclair, Ashlyn		Radford	5:20.90
4 Currie, Victoria		East Tennessee	5:21.00
5 Bales, Brittany		Milligan	5:22.00
6 Gaddy, Jordan		Western Carolina	5:25.00
7 Goulds, Kortney		Milligan	5:43.00
8 Christian, Brittany		Radford	5:44.00
9 Trexler, Meredith		Gardner-Webb	6:13.00
10 Becker, Emily		Unc Asheville	6:18.00
10 Bass, Emily		Unc Asheville	6:18.00

Event 7 Women 3000 Meter Run

Center: * 9:27.40 2002 Catherine Berry, Unattached			
Name	Year	School	Finals
1 Crooke, Rochelle		East Tennessee	12:12.73
2 Minard, Carrie		Gardner-Webb	12:17.37
3 Sillemmin, Rebecca		Gardner-Webb	12:37.13

Event 8 Women Long Jump

Center: * 20-08 2007 Vonteena Knotts, Appalachian				
Name	Year	School	Finals	
1 Knotts, Vonteena		Appalachian	6.36m	20-10.50
2 Thorpe, Danielle		Appalachian	6.18m	20-03.50
3 Brandon, Shemelia		Radford	5.93m	19-05.50
4 Mayela, Jessica			5.86m	19-02.75
5 Johnson, Monica		Appalachian	5.84m	19-02.00
6 Harvey, Bianca		Appalachian	5.81m	19-00.75
7 Dukes, Crystal		Appalachian	5.69m	18-08.00
8 Crutchfield, Kiara		Appalachian	5.60m	18-04.50
9 Morgan, Kayla		Gardner-Webb	5.47m	17-11.50
10 Hill, Chaunda		Appalachian	5.43m	17-09.75
10 Kennedy, Molly		Wake Forest	5.43m	17-09.75
12 Jones, Tia		Western Carolina	5.40m	17-08.75
12 Frye, Melanie		Appalachian	5.40m	17-08.75
14 Vaughn, Kaylor		Radford	5.38m	17-08.00
15 Brigham, Aleigha		Gardner-Webb	5.28m	17-04.00
16 Argus, Victoria		Gardner-Webb	5.26m	17-03.25
17 Simmons, Rashanda		Western Carolina	5.25m	17-02.75
18 Joseph, Morgan		Western Carolina	5.24m	17-02.25
19 Wyse, Ayana		Unc Charlotte	5.23m	17-02.00
20 Slate, Savannah			5.21m	17-01.25
21 Dellinger, Becca		Unc Charlotte	5.19m	17-00.50

22	Roberts, Katie	Unc Charlotte	5.08m	16-08.00
23	Falvo, Kali	Unc Charlotte	4.67m	15-04.00
24	Oltmann, Lyndsay	Milligan	4.05m	13-03.50

Event 9 Women Triple Jump

Center: * 41-11.25		2006	Ronda White, Unattached	
Name	Year	School	Finals	
1	Knotts, Vonteena	Appalachian	12.42m	40-09.00
2	Thorpe, Danielle	Appalachian	12.39m	40-07.75
3	Jones, Tia	Western Carolina	11.80m	38-08.75
4	Simmons, Rashanda	Western Carolina	11.60m	38-00.75
5	McGriff, Shay	Western Carolina	11.50m	37-08.75
6	Mayela, Jessica		11.46m	37-07.25
7	Dukes, Crystal	Appalachian	11.35m	37-03.00
8	Hill, Chaunda	Appalachian	10.64m	34-11.00
9	Joseph, Morgan	Western Carolina	10.60m	34-09.50
10	Dellinger, Becca	Unc Charlotte	10.50m	34-05.50
11	Daly, Mary-Megan	Davidson	10.30m	33-09.50
12	Bates, Kayli	Milligan	9.55m	31-04.00

Event 10 Women Shot Put

Center: * 49-06.50		2006	Beverly Burnett, Appalachian	
Name	Year	School	Finals	
1	Burnett, Beverly		14.26m	46-09.50
2	Swisher, Anna		14.21m	46-07.50
3	Williams, Brittani	Appalachian	13.29m	43-07.25
4	Marshall, Amy	Radford	13.27m	43-06.50
5	Lopez, Nicole	Western Carolina	12.73m	41-09.25
6	Maxwell, Elizabeth	Gardner-Webb	12.49m	40-11.75
7	Alexander, Adrienne	Appalachian	11.88m	38-11.75
8	Tallent, Lily	Appalachian	11.45m	37-06.75
9	Leavell, Chelsea	Milligan	11.40m	37-05.00
10	Hamilton, Tabitha	Gardner-Webb	11.39m	37-04.50
11	Smyre, Whitney	Appalachian	11.33m	37-02.25
12	McGriff, Michaela	Appalachian	11.17m	36-07.75
13	Enloe, Tiffany	Appalachian	10.94m	35-10.75
14	Kennedy, Molly	Wake Forest	10.91m	35-09.50
15	McClain, Chelsey	Western Carolina	10.11m	33-02.00
16	Stowe, Erin	Mars Hill	10.07m	33-00.50
17	Pate, Lindsey	Unc Charlotte	9.58m	31-05.25
18	Elston, Emily	Unc Asheville	9.09m	29-10.00
19	Isgrig, Taylor	East Tennessee	8.99m	29-06.00
20	Tounzen, Tara	Western Carolina	8.95m	29-04.50
21	Weeks, Morgan	Unc Asheville	8.86m	29-01.00
22	Moore, Tabitha	Milligan	8.57m	28-01.50
23	Elliott, Kelli	Mars Hill	8.49m	27-10.25
24	Waldron, Kim		8.33m	27-04.00
25	Moore, Tara	Milligan	7.31m	23-11.75
--	Doane, Caryn	Gardner-Webb		FOUL

Event 11 Women Weight Throw

Center: * 68-01.75		2002	Amber Campbell, Coastal Carolina	
Name	Year	School	Finals	
1	Williams, Brittani	Appalachian	16.30m	53-05.75
2	Blackburn, Zacklynn	East Tennessee	15.76m	51-08.50
3	Lopez, Nicole	Western Carolina	15.75m	51-08.25
4	Smyre, Whitney	Appalachian	15.29m	50-02.00
5	Marshall, Amy	Radford	14.24m	46-08.75
6	Alexander, Adrienne	Appalachian	13.80m	45-03.50
7	Maxwell, Elizabeth	Gardner-Webb	13.54m	44-05.25

8	Tallent, Lily	Appalachian	13.52m	44-04.25
9	Enloe, Tiffany	Appalachian	13.38m	43-10.75
10	Tounzen, Tara	Western Carolina	13.31m	43-08.00
10	Wiley, Ashley	Unc Charlotte	13.31m	43-08.00
12	Doane, Caryn	Gardner-Webb	13.24m	43-05.25
13	Pate, Lindsey	Unc Charlotte	12.65m	41-06.00
14	McGriff, Michaela	Appalachian	12.23m	40-01.50
15	Waldron, Kim		11.03m	36-02.25
16	Thompson, Brie	Gardner-Webb	9.21m	30-02.75
--	McClain, Chelsey	Western Carolina	FOUL	

Event 12 Women Pole Vault

Center: * 12-06.25 2003 Suzanne Makinson, Appalachian				
Name	Year	School	Finals	
1	Wood, Mary		3.65m	11-11.75
2	Bridges, Kelly	Gardner-Webb	3.50m	11-05.75
3	Beale, Ashley	Appalachian	J3.50m	11-05.75
4	Ahrens, Jill	Wake Forest	J3.50m	11-05.75
5	Heeke, Kaitlyn	Appalachian	3.35m	10-11.75
6	McKie, Kassie	Western Carolina	J3.35m	10-11.75
7	Hawkins, Merissa	Gardner-Webb	J3.35m	10-11.75
8	Snow, Shea	Appalachian	3.20m	10-06.00
9	Cabe, Melissa	Western Carolina	J3.20m	10-06.00
10	Armstrong, Mary		J3.20m	10-06.00
11	Ward, Julie	Appalachian	3.05m	10-00.00
12	Irwin, Megan	Appalachian	J3.05m	10-00.00
13	Ayscue, Jill	Unc Charlotte	2.90m	9-06.25
13	Garzoni, Shannon	Unc Charlotte	2.90m	9-06.25
13	Isgrig, Taylor	East Tennessee	2.90m	9-06.25
--	Bolvin, Megan	Unc Charlotte	NH	
--	Frescas, Jessica	Radford	NH	
--	Crater, Beth	Western Carolina	NH	
--	Krider, Katrina	Western Carolina	NH	
--	Massey, Amanda	Western Carolina	NH	
--	Barrow, Meghan	Gardner-Webb	NH	
--	Malone, Anna	Unc Charlotte	NH	

Event 13 Women High Jump

Center: * 5-08 2004 Kidada Dawkins, Gardner-Webb				
Name	Year	School	Finals	
1	Van Kammen, Marigaretha		1.67m	5-05.75
2	Hills, Bridget	Appalachian	1.62m	5-03.75
2	Ward, Julie	Appalachian	1.62m	5-03.75
4	Bishop, Ashton	East Tennessee	1.57m	5-01.75
5	Stark, Angela	Western Carolina	J1.57m	5-01.75
5	Trotter, Corrie	Unc Asheville	J1.57m	5-01.75
7	Vaughn, Kaylor	Radford	J1.57m	5-01.75
8	Hazeltine, Rebecca	Appalachian	1.52m	4-11.75
9	McGriff, Shay	Western Carolina	J1.52m	4-11.75
9	Falvo, Kali	Unc Charlotte	J1.52m	4-11.75
11	Jones, Tia	Western Carolina	J1.52m	4-11.75
12	Wright, Carlyn	Western Carolina	1.47m	4-09.75
12	Pope, Hayley	East Tennessee	1.47m	4-09.75
14	Roberts, Katie	Unc Charlotte	J1.47m	4-09.75
15	Frye, Melanie	Appalachian	1.42m	4-07.75

Event 14 Men 55 Meter Hurdles

Center: * 7.17 2003 Anwar Moore, St. Augustine's				
Name	Year	School	Finals	H#
1	Derrickson, Charles		7.40	1

2	Neal, Daniel	Appalachian	7.56	1
3	Wright, Mike	East Tennessee	7.68	1
4	James, Mike	East Tennessee	7.72	1
5	Chandler, Dewayne		7.87	1
6	Bush, Phillip	Appalachian	7.92	2
7	Bethune, Christian	Western Carolina	7.95	1
8	Robinson, Michael	Western Carolina	8.07	1
9	O'Shields, Justin	Gardner-Webb	8.14	2
10	Rucker, Johnathon	Gardner-Webb	8.15	2
11	Wildman, Taylor	Wake Forest	8.16	2
12	Boruff, Matt	Appalachian	8.17	3
13	McKoy, Antonio	Appalachian	8.25	2
14	Hunt, Lindsay	Western Carolina	8.26	1
15	Benjamin, Juwann		8.29	2
16	Moody, John	Wake Forest	8.36	2
17	Brusich, Evan	Gardner-Webb	8.38	2
17	Blazer, Jordan	Western Carolina	8.38	1
19	Miller, Jamaal	Western Carolina	8.43	2
20	Reardon, Sean		8.44	3
21	Stemke, Paul	Gardner-Webb	8.47	1
22	Richardson, Glenn	Lees-McRae	8.49	3
23	Nagel, Brad	Mars Hill	8.61	4
24	Hafner, Chris		8.87	3
25	Tamis, Brad	Lees-McRae	8.94	3
26	Balice, Josh	Radford	8.97	3
27	Barber, Will		9.12	3
28	Smith, Nathan	Lees-McRae	9.14	4
29	Craver, Michael	Mars Hill	9.18	4
30	Gore, Wayne	Radford	10.74	2
--	Gift, David	Western Carolina	DNF	3

Event 15 Men 55 Meter Dash

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Center: *		6.15	2001	David Collins, Clemson
Name	Year	School	Finals	H#
=====				
1	Johnson, Zeb	Western Carolina	6.25	1
2	Young, Dominique	Western Carolina	6.34	1
3	Mitchell, Manteo	Western Carolina	6.40	1
4	Caffy, Tyrell	King	6.42	2
5	Harrison, Chris	East Tennessee	6.43	3
6	Neal, Daniel	Appalachian	6.55	1
7	Bethune, Christian	Western Carolina	6.58	1
8	Derrickson, Charles		6.59	1
9	Johnson, Kevin	Western Carolina	6.61	1
10	Kilgore, Jeremiah		6.63	3
11	Chernikow, Nic	East Tennessee	6.64	2
11	Bush, Phillip	Appalachian	6.64	1
11	Jones, Jerry	Radford	6.64	1
14	Craig, Duke	Western Carolina	6.71	2
15	Hamilton, Brenden	Unc Asheville	6.72	2
16	Henley, Caleb		6.74	2
17	Phillips, Adam	Lees-McRae	6.76	3
18	Davis, Jordan	Lees-McRae	6.81	3
18	Reinke, Jeff		6.81	2
20	Glenn, Chris	Lees-McRae	6.82	2
21	Keene, Marcel		6.83	3
22	Ahmad, Omar	Unc Asheville	6.86	3
23	Corriher, Dane	Unc Asheville	6.92	2
24	Hutchinson, Javin	Wake Forest	6.94	2
25	Nagel, Brad	Mars Hill	7.13	3
26	Friday, Brandon		7.15	3
--	Jones, Olajuwon	Radford	FS	1

Event 16 Men 200 Meter Dash

Center: * 21.63 2004		Derrick Johnson, UNC Charlotte		
Name	Year	School	Finals	H#
1	Young, Dominique	Western Carolina	21.92	1
2	Davis, Benny		22.06	2
3	Derrickson, Charles		22.49	1
4	Jones, Olajuwon	Radford	22.53	1
5	Craig, Duke	Western Carolina	22.58	1
6	Titman, Zack	East Tennessee	22.68	1
7	Johnson, Kevin	Western Carolina	22.83	1
8	Zeller, Nick	Appalachian	22.90	2
9	Coker, Jovan	Radford	22.98	2
10	Wydner, Jordan	Radford	23.05	2
11	Bethune, Christian	Western Carolina	23.14	1
12	Carter, Carlos	Appalachian	23.36	1
13	Hamilton, Brenden	Unc Asheville	23.43	2
14	Corriher, Dane	Unc Asheville	23.49	2
15	Tedt, Anthony	King	23.63	4
16	Everett, Chris		23.90	3
17	Miller, Jamaal	Western Carolina	24.06	2
18	Laseni, Lewis	King	24.16	3
19	Davis, Jordan	Lees-McRae	24.17	3
20	Keene, Marcel		24.21	2
21	Phillips, Adam	Lees-McRae	24.25	3
21	Goodchild, Jake	Appalachian	24.25	3
23	Mosteller, Stephen	Lees-McRae	24.45	2
24	Myers, Phillip	Appalachian	24.60	3
25	Harris, Mason		24.65	3
26	Glenn, Chris	Lees-McRae	24.76	3
27	Smith, Nathan	Lees-McRae	25.64	4
28	Friday, Brandon		26.04	3
--	McKoy, Antonio	Appalachian	NT	3

Event 17 Men 400 Meter Dash

Center: * 48.42 2001		Otto Spain, Clemson		
Name	Year	School	Finals	H#
1	Mitchell, Manteo	Western Carolina	48.10*	1
2	McCain, Greg	Appalachian	49.55	1
3	Thompson, Ryan	Unc Charlotte	49.91	2
4	Johnson, Gaylon	Radford	50.14	2
5	Wydner, Jordan	Radford	50.38	3
6	Corriher, Dane	Unc Asheville	50.47	3
7	Coker, Jovan	Radford	50.96	2
8	Lawson, Denzelle	Unc Charlotte	51.43	2
9	McClary, Marcus	Western Carolina	51.77	2
10	Oros, John	Western Carolina	51.78	1
11	Jones, Jerry	Radford	52.06	3
12	Reinke, Jeff		52.07	1
13	Kilgore, Jeremiah		52.16	5
14	Ford, Bijean	Unc Charlotte	52.33	3
15	Carter, Carlos	Appalachian	52.43	1
16	Krenik, David	King	52.58	4
17	Williamson, Ryan	King	52.62	3
18	Cloyd, Josh	East Tennessee	52.83	2
19	Moore, Kelton		53.01	3
20	McNealy, Chimaine		53.06	2
21	Hansford, Ogden	Western Carolina	53.17	1
22	Thompson, Sean	Appalachian	53.27	3
23	Blazer, Jordan	Western Carolina	53.72	3
24	Headrick, Chris	King	53.77	4
25	Connor, Michael	Lees-McRae	53.84	5
26	Tamis, Brad	Lees-McRae	54.09	4
27	Savage, Brad		54.18	5
28	Myers, Phillip	Appalachian	54.42	3

29	Saady, James		55.39	4
30	Mosteller, Stephen	Lees-McRae	55.60	4
31	Everett, Chris		55.80	4
32	Harris, Mason		56.30	4
33	Hogbin, Danny	Lees-McRae	56.46	4
34	Richardson, Glenn	Lees-McRae	57.09	5
35	Wright, Eliot		62.01	3

Event 18 Men 800 Meter Run

Center: * 1:52.70 2003 Caleb Bailey, Western Carolina				
Name	Year	School	Finals	
1	Jennings, Jestin	Western Carolina	2:02.18	
2	Rothrock, Graham	Appalachian	2:03.79	
3	Holman, Matt	Unc Asheville	2:04.11	
4	Robinson, Michael	Western Carolina	2:09.91	

Event 19 Men 1 Mile Run

Center: * 4:14.09 2002 Philip Rotich, Milligan				
Name	Year	School	Finals	
1	Crane, Jeff	East Tennessee	4:27.00	
2	Herman, Jon	Unc Asheville	4:28.00	
3	Roach, Stephen	Western Carolina	4:29.00	
4	Helms, Brendon	Appalachian	4:37.00	
5	Gonzales, Manuel	East Tennessee	4:48.00	
6	Kaal, Mike	Milligan	4:49.00	
7	Yonts, Jason	Radford	4:54.00	
8	Goodrum, Erin	Gardner-Webb	4:55.00	
9	Adams, Eric	Radford	4:58.00	
10	Lieser, Eric	Radford	5:00.00	
11	Abrahamson, Bobby	Unc Asheville	5:28.00	

Event 20 Men 3000 Meter Run

Center: * 8:32.40 2005 David Cheromei, Virginia Intermont				
Name	Year	School	Finals	
1	Rotich, Kenneth	East Tennessee	8:37.39	
2	Hudson, Josh	Gardner-Webb	8:57.11	
3	McAneny, Lucas	Gardner-Webb	9:00.17	
4	Ladd, Jordan	East Tennessee	9:11.30	
5	Frye, Will	Milligan	9:15.79	
6	McEntire, Kurt		9:16.01	
7	Israel, Tim	Gardner-Webb	9:18.44	
8	Wells, Aaron	Mars Hill	10:01.58	

Event 21 Men Long Jump

Center: * 25-00.75 2001 Ciaran McDonagh, Speed Dynamics				
Name	Year	School	Finals	
1	Harris, Ricky	Appalachian	7.58m	24-10.50
2	McLean, Damion		7.41m	24-03.75
3	Gaddy, Joel		7.36m	24-01.75
4	Herndon, Rashad	Western Carolina	7.32m	24-00.25
4	Gaillard, Chris	Western Carolina	7.32m	24-00.25
6	Sturgis, Mark	Appalachian	7.27m	23-10.25
7	Bush, Phillip	Appalachian	7.16m	23-06.00
8	Chandler, Dewayne		7.13m	23-04.75
9	Cloyd, Josh	East Tennessee	6.87m	22-06.50
10	Benjamin, Juwann		6.82m	22-04.50
11	Zeller, Nick	Appalachian	6.77m	22-02.50
12	Moore, Nic	Radford	6.76m	22-02.25

13	Dollard, Alex	Western Carolina	6.71m	22-00.25
14	Joseph, Daniel	Western Carolina	6.66m	21-10.25
15	Evans, Matt	Western Carolina	6.64m	21-09.50
16	Davis, Bryant	Gardner-Webb	6.60m	21-08.00
17	Ahmad, Omar	Unc Asheville	6.58m	21-07.25
18	Johnson, Gaylon	Radford	6.49m	21-03.50
19	Chernikow, Nic	East Tennessee	6.42m	21-00.75
20	Tedt, Anthony	King	6.38m	20-11.25
21	Rucker, Johnathon	Gardner-Webb	6.35m	20-10.00
22	Goodchild, Jake	Appalachian	6.34m	20-09.75
23	Carter, Maurice	Radford	6.33m	20-09.25
24	Moore, Stephen		6.28m	20-07.25
24	Brusich, Evan	Gardner-Webb	6.28m	20-07.25
26	Connor, Michael	Lees-McRae	6.22m	20-05.00
26	Balice, Josh	Radford	6.22m	20-05.00
28	Phillips, Adam	Lees-McRae	6.17m	20-03.00
29	Beasley, Will	Unc Asheville	6.06m	19-10.75
30	Reardon, Sean		6.04m	19-09.75
31	Vanhoozier, Seth	Radford	5.84m	19-02.00
32	Glenn, Chris	Lees-McRae	5.80m	19-00.50
33	Waller, Jackson	Unc Charlotte	5.70m	18-08.50

Event 22 Men Triple Jump

=====				
Center: * 51-08.25		2003	Rephel Martin, Unattached	
Name	Year	School	Finals	
=====				
1	Sturgis, Mark	Appalachian	15.31m	50-02.75
2	Gaddy, Joel		15.22m	49-11.25
3	Joseph, Daniel	Western Carolina	14.55m	47-09.00
4	Sunquist, Eli		14.35m	47-01.00
5	Moore, Nic	Radford	14.31m	46-11.50
6	Thompson, Ryan	Unc Charlotte	14.29m	46-10.75
7	Gaillard, Chris	Western Carolina	14.06m	46-01.50
8	Harris, Ricky	Appalachian	14.00m	45-11.25
9	Dollard, Alex	Western Carolina	13.93m	45-08.50
10	Herndon, Rashad	Western Carolina	13.66m	44-09.75
11	Hutchinson, Javin	Wake Forest	13.47m	44-02.50
12	Ford, Bijean	Unc Charlotte	13.20m	43-03.75
13	Moore, Stephen		12.52m	41-01.00
14	Payne, Aaron	Wake Forest	12.20m	40-00.50

Event 23 Men Shot Put

=====				
Center: * 55-11.75		2005	Anthony Greer, Appalachian	
Name	Year	School	Finals	
=====				
1	Greer, Anthony		16.88m	55-04.75
2	Knippen, Matt	Gardner-Webb	14.98m	49-01.75
3	Gardner, Jerod	Appalachian	14.88m	48-10.00
4	Novotni, Jarryd	Unc Charlotte	14.83m	48-08.00
5	Kiser, Wes	Appalachian	14.57m	47-09.75
6	Pless, Ryan		14.37m	47-01.75
7	Dobson, Matt	Radford	14.36m	47-01.50
8	Roberts, Jason	Unc Charlotte	14.33m	47-00.25
9	Sensing, Thomas	Wake Forest	14.26m	46-09.50
10	Page, Chris	Western Carolina	14.24m	46-08.75
11	Morris, Patrick	Western Carolina	13.96m	45-09.75
12	Styers, Malcolm	Appalachian	13.66m	44-09.75
13	McDaniel, Cale	Western Carolina	13.48m	44-02.75
14	Nave, Derek	King	12.84m	42-01.50
15	Daher, Joe		12.81m	42-00.50
16	Haun, Grant	Appalachian	12.69m	41-07.75
17	Corriher, Daniel	Unc Asheville	12.31m	40-04.75
18	Clarke, Richard	Mars Hill	12.06m	39-07.00
19	Daly, Tim	Appalachian	11.92m	39-01.25

20 Cruz, Alex	Unc Charlotte	11.82m	38-09.50
21 Scruggs, Keith	Unc Asheville	11.65m	38-02.75
22 Bowen, Stuart	East Tennessee	11.63m	38-02.00
23 Jones, Stephen	Unc Charlotte	11.14m	36-06.75
24 Kimson, Mike	Milligan	10.81m	35-05.75
25 Proffitt, Gavin	East Tennessee	10.09m	33-01.25
26 Westerman, Austin	Milligan	10.04m	32-11.25
27 Bursley, Allyn	Milligan	9.81m	32-02.25
28 Newlin, Robert	Milligan	9.35m	30-08.25
29 Broadnax, Alan	Mars Hill	9.18m	30-01.50
30 Briggs, Jordan	East Tennessee	8.44m	27-08.25
-- Lawson, Cody	Western Carolina	FOUL	

Event 24 Men Weight Throw

Center: * 60-01.25 2003 Bob Smith, Appalachian			
Name	Year School	Finals	
1 Smith, Bob		18.29m	60-00.25
2 Kiser, Wes	Appalachian	17.86m	58-07.25
3 Morse, Kyle	Radford	17.79m	58-04.50
4 Duckworth, Daniel		17.27m	56-08.00
5 Daly, Tim	Appalachian	16.63m	54-06.75
6 Burton, Jarrod	East Tennessee	16.53m	54-02.75
7 Nixon, James	Radford	15.82m	51-11.00
8 Haun, Grant	Appalachian	15.65m	51-04.25
9 Dobson, Matt	Radford	15.26m	50-00.75
10 Page, Chris	Western Carolina	15.20m	49-10.50
11 Novotni, Jarryd	Unc Charlotte	15.13m	49-07.75
12 Hornsby, Guy	East Tennessee	14.82m	48-07.50
13 Knippen, Matt	Gardner-Webb	14.60m	47-11.00
14 McDaniel, Cale	Western Carolina	14.23m	46-08.25
15 MacArthur, Cody	Gardner-Webb	14.08m	46-02.50
16 Gardner, Jerod	Appalachian	13.90m	45-07.25
17 Pless, Ryan		13.16m	43-02.25
18 Lawson, Cody	Western Carolina	13.15m	43-01.75
19 Roberts, Jason	Unc Charlotte	13.14m	43-01.50
20 Nave, Derek	King	12.45m	40-10.25
21 Styers, Malcolm	Appalachian	12.32m	40-05.00
22 Corriher, Daniel	Unc Asheville	12.12m	39-09.25
23 Cruz, Alex	Unc Charlotte	12.06m	39-07.00
24 Blanton, Brandon	Gardner-Webb	12.00m	39-04.50
25 Jones, Stephen	Unc Charlotte	11.68m	38-04.00
25 Scruggs, Keith	Unc Asheville	11.68m	38-04.00
27 Morris, Patrick	Western Carolina	10.49m	34-05.00
28 Proffitt, Gavin	East Tennessee	10.42m	34-02.25
-- Bowen, Stuart	East Tennessee	ND	

Event 25 Men Pole Vault

Center: * 17-01 2002 David Stephens, South Carolina State			
Name	Year School	Finals	
1 Haynie, Elliot	Gardner-Webb	5.05m	16-06.75
2 Longshore, Jeremy	Gardner-Webb	4.75m	15-07.00
3 Osteen, Michael	Western Carolina	J4.75m	15-07.00
4 Henley, Caleb		4.60m	15-01.00
5 Shell, Barron	Appalachian	J4.60m	15-01.00
6 Twiford, Ryan	Appalachian	J4.60m	15-01.00
7 Hunnicutt, Justin	Appalachian	4.45m	14-07.25
8 Wilson, Mike	Appalachian	J4.45m	14-07.25
9 Wildman, Taylor	Wake Forest	J4.45m	14-07.25
10 Oakes, Ryan	Lees-McRae	J4.45m	14-07.25
11 James, Logan	Western Carolina	4.30m	14-01.25
12 Sporman, Justin	Western Carolina	4.15m	13-07.25
13 Arthur, Jonathan	Lees-McRae	J4.15m	13-07.25

14	Reardon, Sean		4.00m	13-01.50
15	Baum, Matt	East Tennessee	J4.00m	13-01.50
16	Adrian, Bryan		J4.00m	13-01.50
--	Reed, Adam	Gardner-Webb	NH	
--	Balice, Josh	Radford	NH	
--	Gore, Wayne	Radford	NH	
--	Budwine, John		NH	
--	Briggs, Jordan	East Tennessee	NH	
--	Waller, Jackson	Unc Charlotte	NH	
--	Smith, Zach	Appalachian	NH	
--	Nichols, Barrett	Wake Forest	NH	
--	Boruff, Matt	Appalachian	NH	

Event 26 Men High Jump

=====				
Center: * 6-11.75		2003	Craig Norman, Gardner-Webb	
Name	Year	School	Finals	
=====				
1	Evans, Matt	Western Carolina	2.08m	6-09.75
2	Oseth, Daniel	Radford	1.98m	6-06.00
2	Moore, Nic	Radford	1.98m	6-06.00
4	Estes, Shane	East Tennessee	1.93m	6-04.00
4	Wright, Mike	East Tennessee	1.93m	6-04.00
6	Herndon, Rashad	Western Carolina	J1.93m	6-04.00
7	Joseph, Daniel	Western Carolina	J1.88m	6-02.00
7	Robinson, Michael	Western Carolina	J1.93m	6-04.00
9	Payne, Aaron	Wake Forest	1.78m	5-10.00
9	Zidek, Zach	Unc Charlotte	1.78m	5-10.00
11	Hogbin, Danny	Lees-McRae	J1.78m	5-10.00
--	Waller, Jackson	Unc Charlotte	NH	
--	Langley, Jerel	Gardner-Webb	NH	

Event 27 Men 4x400 Meter Relay

=====				
Center: * 3:15.85		2003	St. Augustine's	
School			Finals	H#
=====				
1	East Tennessee	'A'	3:19.29	1
2	Radford	'A'	3:19.61	1
3	Western Carolina	'A'	3:22.45	1
4	Western Carolina	'B'	3:26.24	1
5	Appalachian	'A'	3:28.20	1
6	Unattached	'A'	3:31.23	1
7	King	'A'	3:31.52	1
8	Western Carolina	'C'	3:32.45	1
9	Gardner-Webb	'A'	3:34.85	1
10	Appalachian	'B'	3:44.21	1
11	Lees-McRae	'A'	3:45.51	2

Event 28 Women 4x400 Meter Relay

=====				
Center: * 3:49.28		2005	Western Carolina	
School			Finals	H#
=====				
1	Western Carolina	'A'	3:52.06	1
2	Western Carolina	'B'	4:05.39	1
3	Unc Charlotte	'A'	4:06.02	1
4	Appalachian	'A'	4:06.41	1
5	Radford	'A'	4:11.93	2
6	Appalachian	'B'	4:14.96	1
7	Unattached	'A'	4:15.38	2
8	Western Carolina	'C'	4:16.31	1
9	Gardner-Webb	'A'	4:25.14	2
10	Appalachian	'C'	4:28.24	1
11	Milligan	'A'	4:34.06	2

