

2006 Western Carolina Track & Field Camp Application

Camper's Name _____ Age _____ Date of Birth _____
Address _____
City _____ State _____ Zip _____
Home Phone _____ Parent's Name _____ School's Address _____ Work Phone _____
School _____ Coach's Name _____
Grade in fall ('06) _____ Coach's work phone _____
Coach's Email _____

Individual Camp June 18-21 Roommate Request _____

Early Cats Registration (before June 10th) _____ Overnight \$255 _____ Commuter \$200

\$25 late registration fee (after June 10th)

Please select an event group:

Event groups: Sprints/Hurdles Jumps Throws Pole Vault Distance

T-Shirt size

Adult S M L XL XXL

All applications must be accompanied by a \$50 non-refundable deposit.

Insurance info and parent/guardian signature is on the reverse side. It is necessary for all campers to have it filled out.

Western Carolina University
Coach Brandy Venable
Track Office
Camp Lab Gym
Cullowhee, NC 28723



2006 Men's Indoor/Outdoor
Southern Conference Champions

Western Carolina University



Danny Williamson
Head Coach
2002, '04, & '06 NCAA Regional
Coach of the Year; 20-time Southern
Conference Coach of the Year.

2006 Track & Field Camp

Individual Event Camp
June 18-21

Director/Assistant Coach Brandy Venable

The 2006 Western Carolina Track & Field Camp will be directed by Coach Brandy Venable. Coach Venable begins her fourth year as assistant coach and has been responsible for the field and multi events for the Catamounts.

Prior to coming to Western, Venable coached 31 NJCAA All-American performances while at Odessa Junior College in Odessa, TX. She enjoyed a successful collegiate career at Purdue University where she was an All Big Ten performer in the Heptathlon and Javelin. Previously named the Mississippi Track Athlete of the Year, she still holds the National AAU Junior Olympic Heptathlon record that has stood since 1985 (Intermediate, 5079pts). She is currently USATF Level II Jumps certified.

“Developing a strong technical base is the goal of our camp. Different athletes are at different skill levels and we factor that in to our sessions. We look forward to having fun while introducing more athletes to Western’s new state-of-the-art facility.”

Assistant Coach—Jesse Norman

Coach Norman has been responsible for coaching the distance runners, specializing with the 3-10k athletes for the Catamounts. Prior to coming to WCU, Coach Norman was the Head Cross Country Coach at Robbinsville High School where he had the first cross country state qualifier in school history. He has worked with some individual athletes who have run under 9:40 for the two mile. One of those athletes has been an All State runner five times. He enjoyed a successful career at WCU where he was an All-Conference performer in the 10k and the individual cross country champion in 2001.

Physical Forms

EACH CAMPER MUST HAVE A PHYSICAL FORM FILLED OUT AND SIGNED BY A PHYSICIAN BEFORE PARTICIPATING IN CAMP. We will send a physical form that we prefer you to use. If you have a school physical, please attach that physical with our form along with a parent/guardian signature at the bottom of our physical.

Directions/Check-in

Camp check-in will be held at one of the University’s on-campus dormitories.

- Registration for camp will be held on June 18th from 12-2 pm.
- Camp check-out will be held on June 21th from 11-12pm.

Resident/Commuter Camp

June 18-21

Overnight campers \$255 Commuter campers \$200

Fundamental instruction and individual skill improvement / development are part of this camp’s activities. Our coaching staff along with current Western Carolina athletes will help campers develop solid skills in a fun learning atmosphere. All campers will receive a free camp t-shirt.

Event Groups

There will be five event groups at our camp. They will include: Sprints/Hurdles, Distance, Jumps, Throws, and Pole Vault.

- Pole vaulters will be required to bring their own pole.
- Throwers will be required to bring their own implements.

Meals & Housing

Overnight campers will be housed in campus dormitories and will eat in the WCU cafeteria. Meals will start with dinner on the first day and end with breakfast on the last day of camp. (Commuters will eat lunch and dinner only.)



For more information call Brandy Venable at 828-227-2027 or email bvenable@email.wcu.edu

Insurance Information

Please indicate the insurance company and policy number under which your child is insured.

Person Carrying Insurance: _____
Insurance Co: _____
Insurance Co. Address: _____

Insurance Co. Phone: _____
Policy Number: _____
Date: _____

Insurance Info & Hold Harmless Statement

PARENTS...PLEASE READ CAREFULLY

Law requires that parental permission be obtained for operative procedures on minors. The following consent form should be signed by a parent/guardian so that medical procedures may be promptly carried out and thus avoiding delays with medical procedures. However, no operation will be performed, except in an emergency without the parent(s) or guardian(s) being contacted and fully informed.

This is to certify that my dependent has had an adequate medical examination and is physically able to participate in the activities of track & field camp. Applying for acceptance, I waive and release all rights and claims for any and all damages against Western Carolina University Track & Field Camp and its representatives.

Parent's Signature

Parent's Name (print)

Date

