

Southern Conference Championships - 5/1/2004 to 5/2/2004

Results at www.cfpitiming.com

Kidd Brewer Stadium hosted by A.S.U.

Results

Women 100 Meter Dash

SoCon Record: 11.45 S 1993 Melissa Morrison

Regional: 11.80 R

Name	Yr School	Prelims
Heat 1 Preliminaries Wind: 0.2		
1 Shores, Latavia	SO Chattanooga	11.93Q
2 Taylor, Portia	JR Appalachian	12.25Q
3 Gentry, Cassie	SO Western Caro	12.44
4 Moore, Alexis	ly C. of Charle	12.50
5 Crawford, Miriam	SO Citadel	12.65
6 Pesterfield, Kelly	JR Citadel	13.46
--- Williams, Laura	JR Georgia Sout	FS
Heat 2 Preliminaries Wind: +0.0		
1 Claud, Jennifer	JR Appalachian	R 11.72Q
2 Brown, Nicole	FR Georgia Sout	12.10Q
3 Smith, Kasola	JR Chattanooga	12.28q
4 Peyton, Natasha	East Tn. St.	12.33
5 Harris, Shameka	SO Western Caro	12.38
6 Batiste, LaSheba	SR Georgia Sout	12.77
7 Glenn, Jamie	SO Davidson- wo	13.70
Heat 3 Preliminaries Wind: 1.5		
1 Cole, Carita	FR Chattanooga	12.00Q
1 Roberts, Christina	JR Appalachian	12.00Q
3 Vernon, Chantelle	East Tn. St.	12.01q
4 Woodson, Candii	SR Furman	12.33
5 White, Ronda	SR Appalachian	12.39
6 Hoover, Alexis	SO Appalachian	12.49
7 Rodriguez, Rose	SR Citadel	13.36
8 Mack, Lexy	JR C. of Charle	13.45

Women 100 Meter Dash

SoCon Record: 11.45 S 1993 Melissa Morrison

Regional: 11.80 R

Name	Yr School	Finals
Section 1 Finals Wind: 0.6		
1 Claud, Jennifer	JR Appalachian	11.73R 10
2 Roberts, Christina	JR Appalachian	11.74R 8
3 Shores, Latavia	SO Chattanooga	11.77R 6
4 Vernon, Chantelle	East Tn. St.	11.97 5
5 Brown, Nicole	FR Georgia Sout	12.03 4
6 Cole, Carita	FR Chattanooga	12.06 3
7 Taylor, Portia	JR Appalachian	12.18 2
8 Smith, Kasola	JR Chattanooga	12.26 1

Women 200 Meter Dash

SoCon Record: 23.50 S 1989 Lamonda Miller

Regional: 24.00 R

Name	Yr School	Prelims
Heat 1 Preliminaries Wind: -0.2		
1 Cunningham, Giselle	JR Georgia Sout	24.58Q
2 Foster, Candace	SR Chattanooga	25.19

3 Brown, Matasha	JR Appalachian	25.40
4 Smith, Kasola	JR Chattanooga	25.80
5 Gentry, Cassie	SO Western Caro	26.02
6 Harris, Shameka	SO Western Caro	26.11
7 Washington, Carla	SO C. of Charle	26.73
8 Hayden, Jessica	ms Elon- women	26.94

Heat 2 Preliminaries Wind: -0.8

1 Claud, Jennifer	JR Appalachian	24.23Q
2 Roberts, Christina	JR Appalachian	24.67q
3 Mincey, Margo	SR Georgia Sout	24.90q
4 Peyton, Natasha	East Tn. St.	25.37
5 Moore, Alexis	ly C. of Charle	25.69
6 Glenn, Jamie	SO Davidson- wo	28.06
7 Wilson, Kate	SR Davidson- wo	28.15

Heat 3 Preliminaries Wind: 0.6

1 Brown, Nicole	FR Georgia Sout	24.39Q
2 Cole, Carita	FR Chattanooga	24.58q
3 White, Ronda	SR Appalachian	25.12q
4 Williams, Laura	JR Georgia Sout	25.13
5 Batiste, LaSheba	SR Georgia Sout	25.78
6 Woodson, Candii	SR Furman	25.81
7 Rodriguez, Rose	SR Citadel	26.78
8 Mack, Lexy	JR C. of Charle	27.91

Heat 4 Preliminaries Wind: -1.6

1 Shores, Latavia	SO Chattanooga	24.92Q
2 Vernon, Chantelle	East Tn. St.	25.28
3 Spivey, Jennifer	JR Western Caro	25.35
4 Taylor, Portia	JR Appalachian	25.91
5 Reid, Rochelle	JR Elon- women	26.98
6 Taylor, Katrina	SR C. of Charle	27.31
7 Sullivan, Autumn	FR Furman	27.33
8 Corr, Michaela	FR Davidson- wo	30.62

Women 200 Meter Dash

SoCon Record: 23.50 S 1989 Lamonda Miller

Regional: 24.00 R

Name	Yr School	Finals
Section 1 Finals Wind: 0.6		
1 Claud, Jennifer	JR Appalachian	24.42 10
2 Roberts, Christina	JR Appalachian	24.50 8
3 Cunningham, Giselle	JR Georgia Sout	24.58 6
4 Brown, Nicole	FR Georgia Sout	24.94 5
5 Mincey, Margo	SR Georgia Sout	25.08 4
6 Shores, Latavia	SO Chattanooga	25.47 3
7 Cole, Carita	FR Chattanooga	25.71 2
8 White, Ronda	SR Appalachian	26.02 1

Women 400 Meter Dash

SoCon Record: 53.55 S 1995 Angela Rowe

Regional: 54.61 R

Name	Yr School	Prelims
Heat 1 Preliminaries		
1 Spivey, Jennifer	JR Western Caro	55.64Q

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Heat 1 Preliminaries ... (Women 400 Meter Dash)

Name	Yr School	Prelims
2 Brown, Matasha	JR Appalachian	56.44Q
3 Pointer, Tiffany	SR Chattanooga	56.72q
4 Crutchfield, Alexine	SO Chattanooga	57.70q
5 Hayden, Jessica	ms Elon- women	1:00.83
6 Washington, Carla	SO C. of Charle	1:03.24

Heat 2 Preliminaries

1 Cornish, Nichola	East Tn. St.	R 54.60Q
2 Sharpe, McKenzie	FR Furman	58.19Q
3 Reid, Rochelle	JR Elon- women	59.52
4 Handley, Mary Jo	SO Furman	1:00.48
5 Gonzalez, Lindsay	SO Elon- women	1:04.18
6 Vaughn, Opal	FR Citadel	1:06.22

Heat 3 Preliminaries

1 Mincey, Margo	SR Georgia Sout	57.02Q
2 White, Tondra	SR Appalachian	57.77Q
3 Moore, Paula	JR Appalachian	58.04
4 Wilson, Kate	SR Davidson- wo	1:02.57
5 Taylor, Katrina	SR C. of Charle	1:03.07
6 Hall, Kristen	SO C. of Charle	1:08.84

Women 400 Meter Dash

SoCon Record: 53.55 S 1995 Angela Rowe
Regional: 54.61 R

Name	Yr School	Finals
1 Cornish, Nichola	East Tn. St.	55.07 10
2 Spivey, Jennifer	JR Western Caro	55.55 8
3 Mincey, Margo	SR Georgia Sout	56.52 6
4 White, Tondra	SR Appalachian	57.31 5
5 Pointer, Tiffany	SR Chattanooga	57.37 4
6 Brown, Matasha	JR Appalachian	57.43 3
7 Crutchfield, Alexine	SO Chattanooga	58.24 2
8 Sharpe, McKenzie	FR Furman	58.56 1

Women 800 Meter Run

SoCon Record: 2:07.93 S 1999 Mary Jayne Harrelson
Regional: 2:10.30 R

Name	Yr School	Prelims
1 Black, Alana	SO Elon- women	2:14.05Q
2 Thompson, Brittany	SO Furman	2:18.43q
3 Martin, Allie	SO Davidson- wo	2:18.98q
4 Wilson, Katie	FR Georgia Sout	2:22.21
5 Smith, Kasey	FR Appalachian	2:26.12
6 Needham, Heather	FR Appalachian	2:33.42
7 White, Kasey	SO Citadel	2:58.33

Heat 2 Preliminaries

1 Collier, Tiffany	SR East Tn. St.	2:15.98Q
2 Habbestad, Jennifer	JR East Tn. St.	2:16.16q
3 Lemon, Channel	SR Chattanooga	2:21.30
4 Johnson, Sarah	JR Furman	2:22.01

5 Prather, Julie	SO Georgia Sout	2:22.90
6 Hunyadi, Brittany	SO C. of Charle	2:25.82
7 Hewston, Laura	FR Citadel	2:36.69
8 Price, Ginny	FR Appalachian	2:41.73

Heat 3 Preliminaries

1 Martin, Leslie	JR Western Caro	2:11.87Q
2 Wilson, Eleanor	SO Unc- Greensb	2:19.79
3 Williams, Mallorie	SO Chattanooga	2:20.76
4 Leister, Hilary	SO Davidson- wo	2:21.79
5 Jett, Caroline	SO Appalachian	2:25.47
6 Rogers, Manda	JR Citadel	2:44.68
7 Hall, Kristen	SO C. of Charle	2:48.80

Heat 4 Preliminaries

1 Isaacs, Megan	FR Furman	2:17.37Q
2 Simmons, Kim	JR East Tn. St.	2:17.43Q
3 Edmonds, Tonya	JR Western Caro	2:20.62
4 Tomaini, Courtney	JR Elon- women	2:24.19
5 Thornton, Mary	JR Citadel	2:39.71
6 Felts, Kristen	SO Appalachian	2:42.52

Women 800 Meter Run

SoCon Record: 2:07.93 S 1999 Mary Jayne Harrelson
Regional: 2:10.30 R

Name	Yr School	Finals
1 Martin, Leslie	JR Western Caro	2:11.94 10
2 Simmons, Kim	JR East Tn. St.	2:14.39 8
3 Black, Alana	SO Elon- women	2:16.59 6
4 Isaacs, Megan	FR Furman	2:18.93 5
5 Habbestad, Jennifer	JR East Tn. St.	2:21.54 4
6 Thompson, Brittany	SO Furman	2:22.79 3
7 Martin, Allie	SO Davidson- wo	2:23.53 2
8 Collier, Tiffany	SR East Tn. St.	2:30.95 1

Women 1500 Meter Run

SoCon Record: 4:24.14 S 1999 Mary Jayne Harrelson
Regional: 4:31.00 R

Name	Yr School	Finals
1 Kingston, Kimberly	FR C. of Charle	4:59.21
2 McFadden, Stephanie	SR Georgia Sout	4:59.23
3 Rose, Elizabeth	SO C. of Charle	5:10.03
4 Cook, Tessa	JR Furman	5:11.41
5 Hewston, Laura	FR Citadel	5:13.60
6 Kerzie, Jessica	FR Georgia Sout	5:15.86
7 Needham, Heather	FR Appalachian	5:16.89
8 Corman, Amanda	SO Appalachian	5:19.59
9 Gorsuch, Allison	FR Appalachian	5:20.42
10 Bailey, Suzanna	JR Furman	5:21.06
11 Hunyadi, Brittany	SO C. of Charle	5:47.52

Section 2

1 Wommack, Shannon	SO Chattanooga	4:38.54 10
2 Turchin, Kathleen	FR Chattanooga	4:44.16 8
3 Mungovan, Molly	JR Furman	4:45.20 6

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Section 2 ... (Women 1500 Meter Run)

Name	Yr School	Finals
4 Black, Alana	SO Elon- women	4:48.43 5
5 Mercado, Marivi	JR Appalachian	4:51.48 4
6 Swick, Brittny	SO Georgia Sout	4:52.36 3
7 Martin, Allie	SO Davidson- wo	4:53.98 2
8 Carter, Takeesha	FR Unc- Greensb	4:55.08 1
9 Griffith, Ashley	JR Davidson- wo	4:56.73
10 Smith, Kasey	FR Appalachian	4:59.69
11 Habbestad, Jennifer	JR East Tn. St.	5:01.13
12 O'Connell, Tricia	SO Unc- Greensb	5:03.97

Women 5000 Meter Run

SoCon Record: 16:49.10 S 1989 Whitney Ball
Regional: 17:00.00 R

Name	Yr School	Finals
Section 1		
1 Marchant, Lanni	SO Chattanooga	18:02.75 10
2 Palmquist, Kyle	SO C. of Charle	18:10.04 8
3 Rosborough, Kelly	SO Appalachian	18:28.22 6
4 Cooper, Melanie	SR Western Caro	18:33.44 5
5 Short, Alissa	SR Western Caro	18:48.52 4
6 Irvin, Ehrin	SR Appalachian	18:54.50 3
7 Silverman, Janelle	SR Appalachian	18:55.05 2
8 Mungovan, Molly	JR Furman	18:56.30 1
9 Smith, Carly	JR Furman	18:58.38
10 Ward, Christine	SO East Tn. St.	19:03.61
11 Skrivaneck, Carissa	SO Davidson- wo	19:09.93
12 Reyes, Melissa	SR Georgia Sout	19:27.35
13 Kelley, Jennifer	SO Appalachian	19:30.36
14 Lynch, Cailin	JR Appalachian	19:40.95
15 Witkop, Becky	SR C. of Charle	19:55.42
16 Boettcher, Kathryn	JR C. of Charle	20:08.55
17 D'Amours, Naomi	SO Unc- Greensb	20:24.54
17 Puckett, Laura	SR Davidson- wo	20:24.54
19 Rebok, Mary	SR Georgia Sout	20:28.20
20 Craig, Meredith	JR C. of Charle	20:33.62
--- Maltais, Stephanie	FR Unc- Greensb	DNF

Women 10000 Meter Run

SoCon Record: 36:05.16 S 1990 Whitney Ball

Name	Yr School	Finals
Section 1		
1 Turchin, Kathleen	FR Chattanooga	36:49.56 10
2 Rosborough, Kelly	SO Appalachian	38:39.77 8
3 Cooper, Melanie	SR Western Caro	38:59.25 6
4 Stanhope, Sally	JR Davidson- wo	39:04.63 5
5 Witkop, Becky	SR C. of Charle	39:26.28 4
6 Silverman, Janelle	SR Appalachian	40:18.90 3
7 Kelley, Jennifer	SO Appalachian	40:59.29 2
8 Reyes, Melissa	SR Georgia Sout	41:07.88 1
9 Smith, Noel	SO Appalachian	41:19.52
10 Lancaster, Lindsay	JR Appalachian	42:03.18
11 Rebok, Mary	SR Georgia Sout	42:12.01
12 Rawl, Amanda	FR Citadel	46:19.24

--- Davis, Ellen JR Chattanooga DQ

Women 100 Meter Hurdles

SoCon Record: 13.70 S 1993 Melissa Morrison
Regional: 14.10 R

Name	Yr School	Prelims
Heat 1 Preliminaries Wind: +0.0		
1 White, Ronda	SR Appalachian	14.12Q
2 Frese, Alison	SR Chattanooga	14.31Q
3 Chase, Brittany	FR Georgia Sout	14.46Q
4 Jacobs, Lauren	FR Georgia Sout	15.03
5 Ghaffar, Rasheeda	SR Chattanooga	15.04
6 Keeter, Myra	SR Appalachian	15.21
7 DiBernardi, Adrianna	SO Appalachian	15.23
--- Boggan, Kristie	SO Appalachian	DNF

Heat 2 Preliminaries Wind: 0.4

1 Petteway, Lindy	JR Georgia Sout	14.35Q
2 Burgeson, Jessica	SR Elon- women	14.61Q
3 Mincey, Marlo	SR Georgia Sout	14.65Q
4 Phillips, Mandi	SO Georgia Sout	14.81q
5 Boda, Brittany	SO Elon- women	14.83q
6 Davis, Asia	FR Western Caro	15.11
7 Turner, Alice	FR Elon- women	15.48
8 Mack, Tiffany	SO Western Caro	15.55

Women 100 Meter Hurdles

SoCon Record: 13.70 S 1993 Melissa Morrison
Regional: 14.10 R

Name	Yr School	Finals
Section 1 Finals Wind: 3.0		
1 White, Ronda	SR Appalachian	13.79 10
2 Frese, Alison	SR Chattanooga	14.06 8
3 Petteway, Lindy	JR Georgia Sout	14.21 6
4 Mincey, Marlo	SR Georgia Sout	14.22 5
5 Chase, Brittany	FR Georgia Sout	14.23 4
6 Burgeson, Jessica	SR Elon- women	14.41 3
7 Phillips, Mandi	SO Georgia Sout	14.70 2
8 Boda, Brittany	SO Elon- women	14.73 1

Women 400 Meter Hurdles

SoCon Record: 59.72 S 5/2/2004 Marlo Mincey
Regional: 1:01.50 R

Name	Yr School	Prelims
Heat 1 Preliminaries		
1 Davis, Asia	FR Western Caro	1:02.66Q
2 White, Tondra	SR Appalachian	1:05.75Q
3 Summey, Jessica	JR Appalachian	1:06.98
4 Ghaffar, Rasheeda	SR Chattanooga	1:07.02
5 Adams, Kimberly	SR Elon- women	1:09.73
6 Faulkner, Sabrina	SO Elon- women	1:10.31
Heat 2 Preliminaries		
1 Sain, Elisabeth	SR Chattanooga	1:01.86Q

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Heat 2 Preliminaries ... (Women 400 Meter Hurdles)

Name	Yr	School	Prelims
2 Frese, Alison	SR	Chattanooga	1:03.24Q
3 Turner, Alice	FR	Elon- women	1:05.28q
4 Jacobs, Lauren	FR	Georgia Sout	1:06.51
5 Chase, Brittany	FR	Georgia Sout	1:08.83
6 Whittington, Jennifer		East Tn. St.	1:11.52

Heat 3 Preliminaries

1 Mincey, Marlo	SR	Georgia Sout	R 1:00.44Q
2 Petteway, Lindy	JR	Georgia Sout	1:05.30Q
3 Keeter, Myra	SR	Appalachian	1:05.90q
4 Kirkpatrick, Christel	SR	Western Caro	1:09.44
5 St. Louis, Caitlin		East Tn. St.	1:12.61

Women 400 Meter Hurdles

SoCon Record: 59.72 S 5/2/2004 Marlo Mincey

Regional: 1:01.50 R

Name	Yr	School	Finals
Section 1 Finals			
1 Mincey, Marlo	SR	Georgia Sout	59.72S 10
2 Sain, Elisabeth	SR	Chattanooga	1:00.60R 8
3 Davis, Asia	FR	Western Caro	1:01.49R 6
4 Frese, Alison	SR	Chattanooga	1:02.99 5
5 Turner, Alice	FR	Elon- women	1:04.77 4
6 Keeter, Myra	SR	Appalachian	1:06.06 3
7 Petteway, Lindy	JR	Georgia Sout	1:07.62 2
8 White, Tondra	SR	Appalachian	1:13.37 1

Women 3000 Meter Steeplechase

SoCon Record: 10:45.65 S 5/1/2004 Shannon Wommack

Regional: 11:00.00 R

Name	Yr	School	Finals
Section 1			
1 Wommack, Shannon	SO	Chattanooga	10:45.65S 10
2 Marchant, Lanni	SO	Chattanooga	11:11.20 8
3 Poole, Katie	SO	Furman	11:24.20 6
4 Sloop, Heidi	JR	Unc- Greensb	11:37.91 5
5 Short, Alissa	SR	Western Caro	11:43.57 4
6 Mercado, Marivi	JR	Appalachian	11:49.07 3
7 Skrivanek, Carissa	SO	Davidson- wo	11:50.68 2
8 Trexler, Kristen	JR	Appalachian	11:58.66 1
9 Irvin, Ehrin	SR	Appalachian	11:58.87
10 Swick, Brittny	SO	Georgia Sout	12:17.62
11 Lynch, Cailin	JR	Appalachian	12:31.42
12 Kerzie, Jessica	FR	Georgia Sout	12:45.48
13 Sulser, Amy	FR	Elon- women	13:00.49
14 Jacobs, Chelsea	SR	Appalachian	13:16.28
15 Stackhouse, Jessie	JR	Furman	13:52.38
16 Ciany, Lillian	SR	Elon- women	14:22.88

Women 4x100 Meter Relay

SoCon Record: 45.71 S 1993 App. State

Regional: 46.20 R

Team	Relay	Finals
Section 1		
1 C. of Charleston	A	48.86 3
1) Washington, Carla SO	2) Taylor, Katrina SR	
3) Stitely, Lauren FR	4) Moore, Alexis ly	
2 Davidson- women	A	52.59
1) Mannino, Liz on	2) Wilson, Kate SR	
3) Chasen, Jessica FR	4) Glenn, Jamie SO	
Section 2		
1 Appalachian State	A	45.78R 10
1) White, Ronda SR	2) Roberts, Christina JR	
3) Taylor, Portia JR	4) Claud, Jennifer JR	
2 Georgia Southern	A	46.00R 8
1) Brown, Nicole FR	2) Williams, Laura JR	
3) Mincey, Margo SR	4) Cunningham, Giselle JR	
3 Chattanooga	A	46.66 6
1) Smith, Kasola JR	2) Pointer, Tiffany SR	
3) Cole, Carita FR	4) Shores, Latavia SO	
4 East Tn. St.	A	47.56 5
1) Peyton, Natasha	2) Cornish, Nichola	
3) Truman, Kristin	4) Vernon, Chantelle	
5 Western Carolina	A	47.61 4
1) Harris, Shameka SO	2) Spivey, Jennifer JR	
3) Davis, Asia FR	4) Gentry, Cassie SO	
6 Furman	A	49.23 2
2) Sharpe, McKenzie FR	4) Woodson, Candii SR	
7 Elon- women	A	49.27 1
1) Reid, Rochelle JR	2) Adams, Kimberly SR	
3) Hayden, Jessica ms	4) Turner, Alice FR	
8 Citadel	A	49.31
1) Rodriguez, Rose SR	4) Crawford, Miriam SO	
3) Pesterfield, Kelly JR		

Women 4x400 Meter Relay

SoCon Record: 3:45.16 S 4/19/200 Georgia Southern

Regional: 3:45.50 R

Team	Relay	Finals
Section 1		
1 C. of Charleston	A	4:06.85 1
1) Moore, Alexis ly	2) Stitely, Lauren FR	
3) Taylor, Katrina SR	4) Washington, Carla SO	
2 Citadel	A	4:12.76
1) Rodriguez, Rose SR	4) Vaughn, Opal FR	
3) Crawford, Miriam SO		
3 Davidson- women	A	4:13.99
1) Wilson, Kate SR	2) Leister, Hilary SO	
3) Griffith, Ashley JR	4) Martin, Allie SO	

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Section 2 ... (Women 4x400 Meter Relay)

Team	Relay	Finals
Section 2		
1 Georgia Southern	A	3:46.72 10
1) Mincey, Marlo SR	2) Brown, Nicole FR	
3) Mitchell, Kellie JR	4) Mincey, Margo SR	
2 East Tn. St.	A	3:47.93 8
1) Cornish, Nichola	2) Peyton, Natasha	
3) Vernon, Chantelle	4) Simmons, Kim JR	
3 Western Carolina	A	3:48.38 6
1) Martin, Leslie JR	2) Edmonds, Tonya JR	
3) Davis, Asia FR	4) Spivey, Jennifer JR	
4 Chattanooga	A	3:53.52 5
1) Frese, Alison SR	2) Foster, Candace SR	
3) Sain, Elisabeth SR	4) Pointer, Tiffany SR	
5 Appalachian State	A	4:00.50 4
1) Brown, Matasha JR	2) Roberts, Christina JR	
3) Claud, Jennifer JR	4) White, Tondra SR	
6 Elon- women	A	4:02.23 3
1) Reid, Rochelle JR	2) Black, Alana SO	
3) Adams, Kimberly SR	4) Turner, Alice FR	
7 Furman	A	4:02.57 2
1) Sharpe, McKenzie FR	2) Handley, Mary Jo SO	
3) Thompson, Brittany SO	4) Isaacs, Megan FR	

Women High Jump

SoCon Record: 1.77m S 2001 Virginia LaCombe

Regional: 1.70m R

Name	Yr School	Finals
Flight 1		
1 Whitaker, Brittany	FR Western Caro	1.74mR 10
2 Ricciardi, Anna	East Tn. St.	1.72mR 8
3 Frese, Alison	SR Chattanooga	1.60m 5
3 White, Tondra	SR Appalachian	1.60m 4
3 Mitchell, Kellie	JR Georgia Sout	1.60m 6
6 Fouts, Shanna	FR Western Caro	1.55m 2.5
6 Yeck, Amanda	SR Davidson- wo	1.55m 2.5
8 Montague, Lois	FR Furman	1.50m 0.5
8 Makinson, Suzanne	SR Appalachian	1.50m 0.5
10 Crutchfield, Alexine	SO Chattanooga	1.45m
10 Adams, Kimberly	SR Elon- women	1.45m
--- Hicks, Julia	SO Elon- women	NH

Women Pole Vault

SoCon Record: 4.00m S 5/1/2004 Laura Tieszen

Regional: 3.66m R

Name	Yr School	Finals
Flight 1		
1 Tieszen, Laura	JR Western Caro	4.00mS 10
2 Makinson, Suzanne	SR Appalachian	3.76mR 8
3 Sawyer, Chi	SO Western Caro	3.26m 5
3 Fowler, Jessica	FR Appalachian	3.26m 6
5 Robertson, Bridget	FR Appalachian	3.11m 2
5 Sayewich, Natalie	FR Appalachian	3.11m 4
5 Shore, Susan	FR Elon- women	3.11m 3

8 Glenn, Shana	Wofford	2.96m 1
9 Westmoreland, Kara	SO Appalachian	2.81m
--- Gonzalez, Alexis	SO Citadel	NH
--- Clendenning, Jessica	FR Elon- women	NH

Women Long Jump

SoCon Record: 20-05.25 S 1993

Melissa Morrison

Regional: 5.90m R

Name	Yr School	Finals
Flight 1		
1 Smith, Kasola	JR Chattanooga	5.85m 8
2 Whitaker, Brittany	FR Western Caro	5.32m -0.7
3 Mack, Tiffany	SO Western Caro	5.21m -0.9
4 Claud, Jennifer	JR Appalachian	5.17m -1.8
5 Washington, Carla	SO C. of Charle	5.05m -0.5
6 Glenn, Jamie	SO Davidson- wo	4.64m -0.6
7 Mack, Lexy	JR C. of Charle	4.59m +0.0
8 Chasen, Jessica	FR Davidson- wo	4.41m 0.8
--- Taylor, Katrina	SR C. of Charle	FOUL NWI
Flight 2		
1 White, Ronda	SR Appalachian	6.13mR 10
2 Mitchell, Kellie	JR Georgia Sout	5.82m 6
3 Brown, Nicole	FR Georgia Sout	5.71m 5
4 Williams, Laura	JR Georgia Sout	5.65m 4
5 Harris, Shameka	SO Western Caro	5.56m 3
6 Jacobs, Lauren	FR Georgia Sout	5.52m 2
7 Moore, Paula	JR Appalachian	5.35m 1
8 Stitely, Lauren	FR C. of Charle	5.01m -0.2
9 Boda, Brittany	SO Elon- women	5.00m 0.8
--- Moore, Alexis	ly C. of Charle	FOUL NWI

Women Triple Jump

SoCon Record: 42-06.75 S 1999

Taneisha Robinson

Regional: 12.19m R

Name	Yr School	Finals
Flight 1		
1 Smith, Kasola	JR Chattanooga	11.46m 2
2 Phillips, Mandi	SO Georgia Sout	11.27m +0.0
3 Chase, Brittany	FR Georgia Sout	11.21m -0.5
4 Harris, Shameka	SO Western Caro	10.86m 2.3
5 Mack, Tiffany	SO Western Caro	10.48m -0.5
6 Whitaker, Brittany	FR Western Caro	10.33m -1.1
--- Chasen, Jessica	FR Davidson- wo	FOUL NWI
Flight 2		
1 White, Ronda	SR Appalachian	12.71m 10
2 Moore, Paula	JR Appalachian	12.40mR 8
3 White, Tondra	SR Appalachian	12.27m 6
4 Brown, Nicole	FR Georgia Sout	12.06m 5
5 Claud, Jennifer	JR Appalachian	12.03m 4
6 Truman, Kristin	East Tn. St.	11.98m 3
7 Williams, Laura	JR Georgia Sout	11.30m 1
8 Jacobs, Lauren	FR Georgia Sout	11.23m 0.5

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Results

Women Shot Put

SoCon Record: 48-10 S 1998 Ayokka Green

Regional: 13.90m R

Name	Yr	School	Finals
Flight 1			
1 Bell, Sharhonda	FR	Western Caro	12.11m 3
2 Greeson, Emily	FR	Georgia Sout	12.08m 2
3 Belcher, Crystal		Wofford	11.60m
4 Lance, Chakosha	JR	C. of Charle	11.14m
5 Carlberg, Angela	FR	Elon- women	10.53m
6 Long, Miranda	SO	Western Caro	10.26m
7 Komosinski, Sara	SR	Western Caro	9.62m
8 Matthews, Karla	SR	C. of Charle	6.87m

Flight 2

1 Burnett, Beverly	SO	Appalachian	13.58m 10
2 Miller, Crystal	SO	Appalachian	12.45m 8
3 Slocumb, Nikki	SO	Georgia Sout	12.43m 6
4 Boggan, Kristie	SO	Appalachian	12.32m 5
5 Minnifield, Jamila	JR	Georgia Sout	12.23m 4
6 Tiggs, Amber	SR	Georgia Sout	11.86m 1
7 McNeill, Stephanie	FR	Citadel	11.76m
8 Simmons, Nikole	JR	Appalachian	11.31m

Women Discus Throw

SoCon Record: 152-01 S 1998 Ayokka Green

Regional: 45.72m R

Name	Yr	School	Finals
Flight 1			
1 Miller, Crystal	SO	Appalachian	37.44m 2
2 Baber, Lindsay	SR	C. of Charle	34.51m
3 Copas, Misty		East Tn. St.	33.23m
4 Bell, Sharhonda	FR	Western Caro	32.72m
5 Belcher, Crystal		Wofford	32.33m
6 Styers, Emily	FR	Appalachian	29.81m
7 Burnett, Beverly	SO	Appalachian	28.91m
8 Komosinski, Sara	SR	Western Caro	27.81m
9 Proctor, Michele	JR	Unc- Greensb	27.21m
10 Madzia, Lauren		East Tn. St.	26.50m
11 Hawkins, Jenn	JR	Western Caro	24.98m

Flight 2

1 Norwood, Markaysa	JR	Georgia Sout	41.53m 10
2 Lightfoot, Shaleta	SR	Georgia Sout	40.00m 8
3 Long, Miranda	SO	Western Caro	39.92m 6
4 Slocumb, Nikki	SO	Georgia Sout	38.11m 5
5 Lance, Chakosha	JR	C. of Charle	37.97m 4
6 Carlberg, Angela	FR	Elon- women	37.72m 3
7 Greeson, Emily	FR	Georgia Sout	35.20m 1
8 Minnifield, Jamila	JR	Georgia Sout	34.79m
9 Boggan, Kristie	SO	Appalachian	34.24m
10 McNeill, Stephanie	FR	Citadel	32.35m
11 Stitely, Lauren	FR	C. of Charle	29.72m
12 Simmons, Nikole	JR	Appalachian	28.50m

Women Hammer Throw

SoCon Record: 54.23m S 5/1/2004 Chakosha Lance

Regional: 51.30m R

Name	Yr	School	Finals
Flight 1			
1 Baker, Charlotte	SO	Appalachian	40.28m 2
2 Burnett, Beverly	SO	Appalachian	39.72m 1
3 Lightfoot, Shaleta	SR	Georgia Sout	38.47m
4 Proctor, Michele	JR	Unc- Greensb	37.19m
5 Bell, Sharhonda	FR	Western Caro	37.08m
6 Hawkins, Jenn	JR	Western Caro	35.18m
7 McNeill, Stephanie	FR	Citadel	30.54m
--- Norwood, Markaysa	JR	Georgia Sout	FOUL

Flight 2

1 Lance, Chakosha	JR	C. of Charle	54.23mS 10
2 Miller, Crystal	SO	Appalachian	52.67mR 8
3 Simmons, Nikole	JR	Appalachian	49.61m 6
4 Tiggs, Amber	SR	Georgia Sout	49.10m 5
5 Long, Miranda	SO	Western Caro	44.12m 4
6 Slocumb, Nikki	SO	Georgia Sout	44.02m 3
--- Boggan, Kristie	SO	Appalachian	FOUL
--- Greeson, Emily	FR	Georgia Sout	FOUL

Women Javelin Throw

SoCon Record: 174-11 S 1987 Meg Warren

Regional: 41.48m R

Name	Yr	School	Finals
Flight 1			
1 Tieszen, Laura	JR	Western Caro	38.58m 8
2 Sikes, Bernie		Wofford	35.95m 4
3 Kitchens, Carolyn	JR	Appalachian	32.21m
4 Stitely, Lauren	FR	C. of Charle	28.05m
5 Phillips, Mandi	SO	Georgia Sout	26.52m
6 Burgeson, Jessica	SR	Elon- women	24.18m
7 Pesterfield, Kelly	JR	Citadel	23.46m
8 Gisinger, Laura	JR	Citadel	17.78m
--- Cox, Christen	FR	Citadel	FOUL

Flight 2

1 Petteway, Lindy	JR	Georgia Sout	40.47m 10
2 Rhodes, Janet		Wofford	38.47m 6
3 Skinner, Martha	SO	Citadel	36.44m 5
4 Simmons, Nikole	JR	Appalachian	35.53m 3
5 Mincey, Margo	SR	Georgia Sout	35.20m 2
6 Boggan, Kristie	SO	Appalachian	32.42m 1
7 Madzia, Lauren		East Tn. St.	31.51m
8 Gruelle, McKensy	SR	Davidson- wo	29.28m
9 Buhl, Sarah	SO	Elon- women	26.04m

Women Heptathlon

SoCon Record: 5361 S 2001 Tyleneana Hanner

Name	Yr	School	Finals
1 Mitchell, Kellie	JR	Georgia Sout	4987 10
2 Truman, Kristin		East Tn. St.	4833 8
3 White, Tondra	SR	Appalachian	4448 6

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Results

(Women Heptathlon)

Name	Yr School	Finals
4 Keeter, Myra	SR Appalachian	4024 5
5 Boggan, Kristie	SO Appalachian	3853 4
6 Floyd, Andrea	FR Western Caro	3259 3
7 Kirkpatrick, Christel	SR Western Caro	2873 2
8 Cawthon, Annie	FR Western Caro	2778 1

Men 100 Meter DashSoCon Record: 10.1h S 1990 Greg Hatcvhett
Regional: 10.50 R

Name	Yr School	Prelims
Heat 1 Preliminaries Wind: 1.6		
1 Wiggins, Ernest	SR Appalachian	R 10.35Q
2 Martin, Chris	JR Appalachian	10.66Q
3 Bryson, Darius	JR Western Caro	10.85q
4 Borders, Adrien	Wofford	10.94
5 MacDonald, Jon	SO Furman	10.96
6 White, Charles	FR Appalachian	11.13
7 Bratton, Brian	JR Furman	11.29

Heat 2 Preliminaries Wind: 1.7

1 Rainer, James	East Tn. St.	10.56Q
2 Tucker, Johnny	East Tn. St.	10.74Q
3 Wright, Quintin	FR Citadel	10.96
4 Malone, Michael	FR Western Caro	10.97
5 Mauldin, Patrick	SO Western Caro	11.06
6 Cohen, Marcus	SR Citadel	11.27

Heat 3 Preliminaries Wind: 0.2

1 Alford, Tee	SR Western Caro	R 10.42Q
2 Jackson, Sean	JR Appalachian	10.64Q
3 Pressley, Thomas	FR Citadel	10.81q
4 West, Isaac	SO Furman	10.96
5 Easley, Cameron	FR Citadel	11.16
6 Jones, Eugene	SO Appalachian	11.38

Men 100 Meter DashSoCon Record: 10.1h S 1990 Greg Hatcvhett
Regional: 10.50 R

Name	Yr School	Finals
Section 1 Finals Wind: 2.3		
1 Alford, Tee	SR Western Caro	10.41 10
2 Wiggins, Ernest	SR Appalachian	10.46 8
3 Rainer, James	East Tn. St.	10.50 6
4 Martin, Chris	JR Appalachian	10.57 5
5 Jackson, Sean	JR Appalachian	10.59 4
6 Pressley, Thomas	FR Citadel	10.77 3
7 Tucker, Johnny	East Tn. St.	10.82 2
8 Bryson, Darius	JR Western Caro	10.88 1

Men 200 Meter DashSoCon Record: 20.80 S 1977 Calvin Alston
Regional: 21.19 R

Name	Yr School	Prelims
Heat 1 Preliminaries Wind: 0.5		
1 Martin, Chris	JR Appalachian	21.39Q
2 Alford, Tee	SR Western Caro	21.62Q
3 Rainer, James	East Tn. St.	21.68q
4 Tucker, Johnny	East Tn. St.	21.81q
5 Bryson, Darius	JR Western Caro	22.07
6 Easley, Cameron	FR Citadel	22.49
7 Pratt, Andrew	tt Davidson- me	22.58

Heat 2 Preliminaries Wind: 1.0

1 Bolton, Milton	JR Western Caro	21.38Q
2 Jackson, Sean	JR Appalachian	21.60Q
3 Borders, Adrien	Wofford	21.92
4 Mauldin, Patrick	SO Western Caro	22.23
5 Bialas, John	FR Davidson- me	22.82
6 Johnson, Alonzo	FR Furman	23.97
--- Gregory, James	FR Western Caro	DNF

Heat 3 Preliminaries Wind: -1.0

1 Wiggins, Ernest	SR Appalachian	21.77Q
2 Pressley, Thomas	FR Citadel	21.88Q
3 Curry, Keith	JR Appalachian	22.29
4 Gillespie, Will	JR Appalachian	22.35
5 Wright, Quintin	FR Citadel	22.52
6 Carter, Daric	SO Furman	22.96
7 Rouisse, Chris	SR Davidson- me	23.29

Men 200 Meter DashSoCon Record: 20.80 S 1977 Calvin Alston
Regional: 21.19 R

Name	Yr School	Finals
Section 1 Finals Wind: 1.8		
1 Martin, Chris	JR Appalachian	21.45 10
2 Wiggins, Ernest	SR Appalachian	21.60 8
3 Alford, Tee	SR Western Caro	21.72 6
4 Jackson, Sean	JR Appalachian	21.73 5
5 Rainer, James	East Tn. St.	21.87 4
6 Pressley, Thomas	FR Citadel	21.95 3
7 Tucker, Johnny	East Tn. St.	21.96 2
8 Bolton, Milton	JR Western Caro	22.05 1

Men 400 Meter DashSoCon Record: 45.77 S 1991 Mario Small
Regional: 47.26 R

Name	Yr School	Prelims
Heat 1 Preliminaries		
1 Bolton, Milton	JR Western Caro	47.67Q
2 Curry, Keith	JR Appalachian	48.82Q
3 Barr, James	JR Western Caro	49.47Q

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Heat 1 Preliminaries ... (Men 400 Meter Dash)

Name	Yr School	Prelims
4 Gregory, James	FR Western Caro	49.69q
5 Cutter, Chris	SO Appalachian	50.17
6 Rouisse, Chris	SR Davidson- me	51.45
7 Bialas, John	FR Davidson- me	52.66

Heat 2 Preliminaries

1 Prince, Alex	SR Citadel	47.59Q
2 Burney, Bryan	FR Appalachian	47.94Q
3 Gillespie, Will	JR Appalachian	48.74Q
4 Grant, Charleton	SO Western Caro	49.57q
5 Pratt, Andrew	tt Davidson- me	50.30
6 Gittemeier, Luke	SO Furman	51.02
7 Berry, Brandon	Wofford	51.50

Men 400 Meter Dash

SoCon Record: 45.77 S 1991 Mario Small
Regional: 47.26 R

Name	Yr School	Finals
Section 1 Finals		
1 Bolton, Milton	JR Western Caro	46.68R 10
2 Prince, Alex	SR Citadel	47.09R 8
3 Burney, Bryan	FR Appalachian	47.70 6
4 Gillespie, Will	JR Appalachian	48.41 5
5 Curry, Keith	JR Appalachian	48.53 4
6 Barr, James	JR Western Caro	48.65 3
7 Grant, Charleton	SO Western Caro	49.44 2
8 Gregory, James	FR Western Caro	1:12.92 1

Men 800 Meter Run

SoCon Record: 1:49.20 S 1977 Phil Barker
Regional: 1:50.62 R

Name	Yr School	Prelims
Heat 1 Preliminaries		
1 Burney, Bryan	FR Appalachian	1:52.79Q
2 Bach, Jamie	FR Furman	1:53.75Q
3 Scott, Greg	SR Davidson- me	1:53.97q
4 Eggers, Daniel	SO Appalachian	1:55.61
5 Irwin, James	JR Western Caro	1:57.54
6 Bechtel, Vince	JR Citadel	1:58.19
7 Needham, Michael	FR Furman	1:58.61
Heat 2 Preliminaries		
1 Williams, Jeff	as Unc- Greensb	1:53.38Q
2 Hatcher, Robert	RD Chattanooga	1:53.71Q
3 Hicks, Joshua	FR East Tn. St.	1:54.05q
4 Kimbrough, Tony	SR Citadel	1:55.91
5 Vick, Eddie	JR Western Caro	1:58.80
6 Goodwin, Matt	SR Furman	1:59.89
7 Kutz, Charles	FR Citadel	2:00.08
8 Caldwell, Andre'	JR Wofford	2:03.94

Heat 3 Preliminaries

1 Johnson, Tyler	SO Furman	1:53.75Q
2 Noreen, Douglas	FR Davidson- me	1:54.23Q

3 DeCamps, Chris	JR Furman	1:54.56
4 Sullivan, Colin	SO Chattanooga	1:54.58
5 Austin, Ben	SO Appalachian	1:55.83
6 Butler, Marcus	SO Citadel	1:57.78
7 Cote, Matt	JR Appalachian	1:58.71
8 Lev, Sam	SO Appalachian	2:03.38

Men 800 Meter Run

SoCon Record: 1:49.20 S 1977 Phil Barker
Regional: 1:50.62 R

Name	Yr School	Finals
Section 1 Finals		
1 Burney, Bryan	FR Appalachian	1:50.54R 10
2 Williams, Jeff	as Unc- Greensb	1:53.00 8
3 Johnson, Tyler	SO Furman	1:53.40 6
4 Bach, Jamie	FR Furman	1:54.38 5
5 Hatcher, Robert	RD Chattanooga	1:55.75 4
6 Noreen, Douglas	FR Davidson- me	1:58.14 3
7 Scott, Greg	SR Davidson- me	2:03.60 2
8 Hicks, Joshua	FR East Tn. St.	2:04.81 1

Men 1500 Meter Run

SoCon Record: 3:40.04 S 1977 Kevin Cropp
Regional: 3:48.21 R

Name	Yr School	Finals
Section 1		
1 Hernandez-Adams,	SO Appalachian	4:00.32 2
2 Lehman, Nick	JR Davidson- me	4:04.87
3 Mullen, Andrew	SO Furman	4:05.41
4 Irwin, James	JR Western Caro	4:07.47
5 Dalrymple, Jason	FR Appalachian	4:07.70
6 Vaccaro, Nicolas	FR Unc- Greensb	4:08.33
7 Taylor, Jeff	FR Chattanooga	4:09.21
8 Wilson, William	FR Citadel	4:12.81
9 Pratt, Brennon	JR Furman	4:13.96
10 Kutz, Charles	FR Citadel	4:21.41
11 Quesenberry, Marc	JR Citadel	4:24.81
12 Hazen, Andrew	FR Davidson- me	4:27.90
Section 2		
1 Puett, Adam	SO Western Caro	3:53.59 10
2 Sullivan, Colin	SO Chattanooga	3:55.23 8
3 Yewer, Bradley	JR East Tn. St.	3:56.75 6
4 Scott, Greg	SR Davidson- me	3:57.63 5
5 Manchester, Franklin	SR Appalachian	3:58.70 4
6 Salkauskas, Linas	SO Chattanooga	4:00.13 3
7 Cote, Matt	JR Appalachian	4:03.12 1
8 Thomas, CR	FR Unc- Greensb	4:03.96
9 Hicks, Joshua	FR East Tn. St.	4:04.01
10 Kenny, Greg	FR East Tn. St.	4:05.28
11 Eggers, Daniel	SO Appalachian	4:13.27

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Men 5000 Meter Run

SoCon Record: 14:13.06 S 1981 Adrian Leek

Regional: 14:18.58 R

Name	Yr School	Finals		
Section 1				
1 Kocsis, Steven	JR Chattanooga	15:06.93	10	
2 Halin, Joe	JR Appalachian	15:20.12	8	
3 Mayne, Ian	SO Chattanooga	15:23.11	6	
4 Banevicius, Gediminas	JR Chattanooga	15:26.95	5	
5 Jacobs, Joe	SO Unc- Greensb	15:29.06	4	
6 Killian, Robert	SR Citadel	15:30.49	3	
7 Watkins, Ben	SR Western Caro	15:31.41	2	
8 Yewer, Bradley	JR East Tn. St.	15:32.18	1	
9 Crosby, Kevin	SR Furman	15:33.63		
10 Robinson, Sam	FR Furman	15:42.16		
11 Puett, Adam	SO Western Caro	15:44.27		
12 Manchester, Franklin	SR Appalachian	15:49.01		
13 Dalton, Peter	SO East Tn. St.	15:50.00		
14 Blackwelder, Carson	JR Appalachian	15:53.54		
15 Mercadante, Austin	SO Davidson- me	15:54.83		
16 Deal, Brian	FR Appalachian	15:56.02		
17 Gaspar, Ben	SR Davidson- me	15:58.64		
18 Helms, Brendon	FR Appalachian	16:02.28		
19 Grufferty, James	SO East Tn. St.	16:05.56		
20 Baker, Jonathan	SO Davidson- me	16:07.49		
21 Carpenter, Chad	FR Unc- Greensb	16:14.16		
22 Rhodes, Matt	FR Davidson- me	16:18.42		
23 Taylor, Jeff	FR Chattanooga	16:20.12		
24 Gober, Mitch	JR Furman	16:21.11		
25 Kenny, Greg	FR East Tn. St.	16:26.24		
26 Doehring, John	FR Davidson- me	16:57.56		
27 Orr, Andrew	FR Furman	17:19.44		
28 Fulp, David	FR Unc- Greensb	17:38.28		

Men 10000 Meter Run

SoCon Record: 29:21.30 S 1979 Adrian Leek

Name	Yr School	Finals		
Section 1				
1 Kocsis, Steven	JR Chattanooga	32:03.48	10	
2 Crosby, Kevin	SR Furman	32:10.73	8	
3 Banevicius, Gediminas	JR Chattanooga	32:18.80	6	
4 Blackwelder, Carson	JR Appalachian	32:23.96	5	
5 Halin, Joe	JR Appalachian	32:31.30	4	
6 Deal, Brian	FR Appalachian	32:44.59	3	
7 Grufferty, James	SO East Tn. St.	32:58.55	2	
8 Schmader, Chris	SR Davidson- me	33:02.56	1	
9 Mitchell, Mike	SO Appalachian	33:12.95		
10 Helms, Brendon	FR Appalachian	33:21.80		
11 Mercadante, Austin	SO Davidson- me	33:22.05		
12 Bunge, Dave	SR Davidson- me	33:22.17		
13 Reinhardt, Nick	JR Furman	34:14.00		
14 Holmes, Matt	FR Citadel	34:22.79		
15 Gastley, Nick	JR Citadel	34:47.64		

Men 110 Meter Hurdles

SoCon Record: 14.1h S 1977 Marvin Rank, Tim Bridges

Regional: 14.33 R

Name	Yr School	Prelims	
Heat 1 Preliminaries Wind: -0.7			
1 Briscoe, Lawrence	SO Western Caro	14.47Q	
2 Malone, Michael	FR Western Caro	15.00Q	
3 Love, Alex	Wofford	15.02Q	
4 Brown, Andre	JR Western Caro	15.38q	
5 Cummings, Thomas	SO Citadel	15.70	
6 Bednarczyk, John	FR Citadel	16.91	
7 Wright, Dustin	FR Appalachian	17.10	
Heat 2 Preliminaries Wind: 0.7			
1 Stone, Brian	FR Furman	14.97Q	
2 Harrington, Chris	JR Chattanooga	15.34Q	
3 Godard, Xavier	FR Western Caro	15.39Q	
4 Cook, Deonte	JR Western Caro	15.41q	
5 Auer, John	FR Citadel	16.51	
--- Owusu-Yaw, Tristian	SO Furman	DNF	

Men 110 Meter Hurdles

SoCon Record: 14.1h S 1977 Marvin Rank, Tim Bridges

Regional: 14.33 R

Name	Yr School	Finals	
Section 1 Finals Wind: 2.0			
1 Briscoe, Lawrence	SO Western Caro	14.39	10
2 Godard, Xavier	FR Western Caro	14.79	8
3 Stone, Brian	FR Furman	14.84	6
4 Love, Alex	Wofford	14.85	5
5 Brown, Andre	JR Western Caro	14.92	4
6 Malone, Michael	FR Western Caro	15.50	3
7 Cook, Deonte	JR Western Caro	15.75	2
8 Harrington, Chris	JR Chattanooga	16.19	1

Men 400 Meter Hurdles

SoCon Record: 50.70 S 1977 David Anderson

Regional: 52.51 R

Name	Yr School	Prelims	
Heat 1 Preliminaries			
1 Harrington, Chris	JR Chattanooga	54.16Q	
2 Cook, Deonte	JR Western Caro	56.87Q	
3 Auer, John	FR Citadel	58.80	
4 Morales, Francisco	FR Davidson- me	59.28	
5 Bednarczyk, John	FR Citadel	59.61	
6 Kleier, Ryan	FR Davidson- me	1:00.43	
7 Johnston, Blair	FR Appalachian	1:00.58	
Heat 2 Preliminaries			
1 Cummings, Thomas	SO Citadel	53.66Q	
2 Cabbler, Donald	East Tn. St.	54.18Q	
3 Malone, Michael	FR Western Caro	55.93q	
4 Matz, Dan	FR Furman	56.19q	

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Heat 2 Preliminaries ... (Men 400 Meter Hurdles)

Name	Yr	School	Prelims
5 Norling, Johannes	SR	Davidson- me	58.22
6 Wright, Dustin	FR	Appalachian	1:01.25

Heat 3 Preliminaries

1 Briscoe, Lawrence	SO	Western Caro	54.81Q
2 Ritchie, David	FR	Davidson- me	55.04Q
3 Bennett, Ashten	FR	Western Caro	57.43
4 Love, Alex		Wofford	58.29
5 Blanding, Brandon	FR	Furman	59.02
6 Patton, Alex	FR	Western Caro	1:00.24

Men 400 Meter Hurdles

SoCon Record: 50.70 S 1977 David Anderson

Regional: 52.51 R

Name	Yr	School	Finals
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Section 1 Finals

1 Harrington, Chris	JR	Chattanooga	51.74R 10
2 Cabbler, Donald		East Tn. St.	53.80 8
3 Ritchie, David	FR	Davidson- me	53.98 6
4 Cummings, Thomas	SO	Citadel	54.17 5
5 Matz, Dan	FR	Furman	56.88 4
6 Malone, Michael	FR	Western Caro	57.03 3
7 Briscoe, Lawrence	SO	Western Caro	59.72 2
8 Cook, Deonte	JR	Western Caro	1:02.04 1

Men 3000 Meter Steeplechase

SoCon Record: 8:49.77 S 1988 Todd Crosson

Regional: 9:08.15 R

Name	Yr	School	Finals
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Section 1

1 Salkauskas, Linas	SO	Chattanooga	9:22.87 10
2 Mayne, Ian	SO	Chattanooga	9:24.10 8
3 Watkins, Ben	SR	Western Caro	9:25.21 6
4 Manchester, Franklin	SR	Appalachian	9:31.69 5
5 Dalton, Peter	SO	East Tn. St.	9:40.96 4
6 Oelz, Mike	SO	Appalachian	9:42.25 3
7 Killian, Robert	SR	Citadel	9:47.03 2
8 Maddox, Mark	FR	Appalachian	9:48.91 1
9 Haefner, David	SR	East Tn. St.	9:57.21
10 Albrecht, Eric	FR	Furman	10:00.11
11 Dalrymple, Jason	FR	Appalachian	10:06.59
12 Wheless, Lee	JR	Davidson- me	10:21.49
13 Quesenberry, Marc	JR	Citadel	10:32.53
14 Wilson, William	FR	Citadel	10:46.77
15 Brin, Mike	JR	Appalachian	10:47.35

Men 4x100 Meter Relay

SoCon Record: 39.91 S 4/19/200 Appalachian State

Regional: 40.66 R

Team	Relay	Finals
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Section 1

1 Appalachian State	A	40.46R 10
1) Jackson, Sean JR	2) Martin, Chris JR	
3) White, Charles FR	4) Wiggins, Ernest SR	

2 Western Carolina	A	40.88 8
1) Mauldin, Patrick SO	2) Bryson, Darius JR	
3) Bolton, Milton JR	4) Alford, Tee SR	

3 East Tn. St.	A	41.61 6
1) Cabbler, Donald	2) Tucker, Johnny	
	4) Rainer, James	

4 Furman	A	42.21 5
1) Bratton, Brian JR	2) Johnson, Alonzo FR	
3) MacDonald, Jon SO	4) West, Isaac SO	

5 Davidson- men	A	43.01 4
1) Rouisse, Chris SR	2) Pratt, Andrew tt	
3) Bialas, John FR	4) Ritchie, David FR	

6 Wofford	A	43.04 3
1) Berry, Brandon	4) Borders, Adrien	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

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	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

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	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

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	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

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	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

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	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

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	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

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	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

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	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3) Easley, Cameron FR	4) Pressley, Thomas FR	

---	Citadel	A	DNF
	1) Wright, Quintin FR	2) Cohen, Marcus SR	
	3		

Southern Conference Championships - 5/1/2004 to 5/2/2004

Results at www.cfpitiming.com

Kidd Brewer Stadium hosted by A.S.U.

Results

Flight 1 ... (Men High Jump)

Name	Yr School	Finals
4 Bratton, Brian	JR Furman	1.85m 4
4 Snoderly, Jeremy	East Tn. St.	1.85m 3
7 Foreman, Gerald	SR Appalachian	1.80m 2
7 Robinson, Bobby	JR Western Caro	1.80m 1
9 Smith, Dishan	FR Appalachian	1.75m
9 Harlfinger, Matt	FR Western Caro	1.75m
9 Taylor, Travis	SR Citadel	1.75m
--- Briscoe, Lawrence	SO Western Caro	NH
--- Godard, Xavier	FR Western Caro	NH
--- Ezzell, Rhett	East Tn. St.	NH

Men Pole Vault

SoCon Record: 17-05.25 S 1989 Todd Poremba

Regional: 5.00m R

Name	Yr School	Finals
1 Willoughby, Wes	SO Western Caro	4.57m 10
2 Irvin, Joe	FR Appalachian	4.25m 5.5
2 Fiorello, Jeff	SO Appalachian	4.25m 8
2 Benson, Christian	SO Western Caro	4.25m 5.5
5 Fussell, Ryan	FR Western Caro	4.10m 2.5
5 Williams, Fredrick	East Tn. St.	4.10m 1
5 McCall, David	JR Western Caro	4.10m 2.5
5 Varnadore, Tyler	SO Appalachian	4.10m 4
9 Carr, Matt	SR Appalachian	3.95m
9 Moore, Alex	JR Appalachian	3.95m
--- Robinson, Bobby	JR Western Caro	NH

Men Long Jump

SoCon Record: 25-03 S 1987 Michael Hanks

Regional: 7.34m R

Name	Yr School	Finals
1 Godard, Xavier	FR Western Caro	7.30m 10
2 Borders, Adrien	Wofford	7.06m 8
3 Davis, Justin	SR Western Caro	6.99m 6
4 Jones, Charles	JR Unc- Greensb	6.84m 5
5 Foreman, Gerald	SR Appalachian	6.76m 4
6 Ferguson, Tyler	SO Western Caro	6.59m 3
7 Wiggins, Ernest	SR Appalachian	6.55m 2
8 Reid, LaMont	SO Western Caro	6.52m 1
9 Miller, Marquice	FR Unc- Greensb	6.20m +0.0
10 Cutter, Chris	SO Appalachian	6.11m 1.0
11 Hilton, Lawrence	JR Furman	5.80m -0.3

Men Triple Jump

SoCon Record: 52-08.50 S 1987 Michael Hanks

Regional: 15.08m R

Name	Yr School	Finals
1 Ferguson, Tyler	SO Western Caro	14.82m 10
2 Borders, Adrien	Wofford	14.68m 8
3 Godard, Xavier	FR Western Caro	14.56m 6

3 Davis, Justin	SR Western Caro	14.56m 5
5 Foreman, Gerald	SR Appalachian	14.41m 4
6 West, Isaac	SO Furman	13.95m 3
7 Jones, Charles	JR Unc- Greensb	13.90m 2
8 Cutter, Chris	SO Appalachian	13.56m 1
9 Cabbler, Donald	East Tn. St.	13.47m -0.4

Men Shot Put

SoCon Record: 56-05 S 1976 Drexel George

Regional: 16.47m R

Name	Yr School	Finals
1 Allen, Shamar	FR Western Caro	12.32m 1
2 Austin, Erick	JR Citadel	12.19m
3 Croskey, Alex	FR Citadel	12.08m
4 McAlmont, Kevin	FR Western Caro	10.41m
--- Franklin, Chris	SR Citadel	FOUL

Flight 1

1 Smith, Bob	JR Appalachian	15.46m 10
2 Greer, Anthony	SO Appalachian	14.72m 8
3 Brown, Kerry	FR Appalachian	14.41m 6
4 Hyder, Charles	East Tn. St.	13.70m 5
5 Utley, Dan	SR Appalachian	13.69m 4
6 Stepp, Jason	JR Western Caro	13.31m 3
7 Petty, Chris	SO Citadel	12.79m 2
8 Decker, Matt	SO Western Caro	11.83m

Men Discus Throw

SoCon Record: 170-10 S 1995 Kevin Showers

Regional: 51.37m R

Name	Yr School	Finals
1 Austin, Erick	JR Citadel	36.42m 1
2 Sturgis, Willie	FR Western Caro	36.17m
3 Schroeder, Steve	FR Furman	35.63m
4 Decker, Matt	SO Western Caro	35.12m
5 Allen, Shamar	FR Western Caro	34.73m
6 Hyder, Charles	East Tn. St.	33.59m
7 Bellamy, Scott	FR Unc- Greensb	33.26m
8 Ravenell, Roy	SO Furman	32.21m
--- McAlmont, Kevin	FR Western Caro	FOUL

Flight 1

1 Smith, Bob	JR Appalachian	45.27m 10
2 Greer, Anthony	SO Appalachian	44.97m 8
3 Stepp, Jason	JR Western Caro	43.87m 6
4 DiBois, Zach	FR Citadel	43.21m 5
5 Franklin, Chris	SR Citadel	41.04m 4
6 Winkler, Jon	JR Appalachian	38.29m 3
7 Croskey, Alex	FR Citadel	38.26m 2
8 Utley, Dan	SR Appalachian	36.02m
9 McGuire, Dusty	SO Appalachian	33.89m

Southern Conference Championships - 5/1/2004 to 5/2/2004Results at www.cfpitiming.com

Kidd Brewer Stadium hosted by A.S.U.

Results**Men Hammer Throw**

SoCon Record: 198-08 S 1986 Sheldon Johnson

Regional: 55.63m R

Name	Yr	School	Finals
Flight 1			
1 Smith, Bob	JR	Appalachian	58.01mR 10
2 Stepp, Jason	JR	Western Caro	48.19m 8
3 Greer, Anthony	SO	Appalachian	47.37m 6
4 Decker, Matt	SO	Western Caro	46.82m 5
5 Winkler, Jon	JR	Appalachian	44.19m 4
6 Austin, Erick	JR	Citadel	44.07m 3
7 Franklin, Chris	SR	Citadel	43.93m 2
8 McGuire, Dusty	SO	Appalachian	41.25m 1
9 Spencer, Brandon	JR	Unc- Greensb	39.36m
10 Sturgis, Willie	FR	Western Caro	36.83m
11 DiBois, Zach	FR	Citadel	35.11m
12 Croskey, Alex	FR	Citadel	34.83m
13 Utley, Dan	SR	Appalachian	32.91m
--- McAlmont, Kevin	FR	Western Caro	FOUL

Men Javelin Throw

SoCon Record: 235-07 S 1981 Jeff Roseme

Regional: 61.62m R

Name	Yr	School	Finals
Flight 1			
1 Ferguson, Tyler	SO	Western Caro	51.33m 6
2 Austin, Erick	JR	Citadel	45.85m
3 Schroeder, Steve	FR	Furman	43.75m
4 Franklin, Chris	SR	Citadel	43.28m
5 Smith, Bob	JR	Appalachian	40.75m
6 Johnson, Zach	FR	Appalachian	40.57m
7 Taylor, Joe	SO	Davidson- me	34.26m
Flight 2			
1 Lee, Josh	SO	Western Caro	58.06m 10
2 Moseley, David	FR	Furman	51.63m 8
3 McGuire, Dusty	SO	Appalachian	49.89m 5
4 Fussell, Ryan	FR	Western Caro	49.34m 4
5 Stepp, Jason	JR	Western Caro	49.24m 3
6 Taylor, Travis	SR	Citadel	48.75m 2
7 Reid, Hunter	SR	Citadel	46.16m 1
8 Robinson, Bobby	JR	Western Caro	43.19m

Men Decathlon

SoCon Record: 6287 S 2000 Andrew Whitson

Name	Yr	School	Finals
1 Wright, Dustin	FR	Appalachian	5957 10
2 Robinson, Bobby	JR	Western Caro	5621 8
3 Taylor, Travis	SR	Citadel	5578 6
4 Harlfinger, Matt	FR	Western Caro	5239 5
5 Fussell, Ryan	FR	Western Caro	4776 4
6 Reid, Hunter	SR	Citadel	4639 3
7 Moore, Alex	JR	Appalachian	4172 2

SoCon Record: 8:49.77 S 1988

Todd Crosson

Regional: 9:08.15 R

Women - Team Rankings - 21 Events Scored

1) Appalachian State	231.5
2) Georgia Southern	172
3) Chattanooga	124
4) Western Carolina	110.5
5) East TN. St.	60
6) C. of Charleston	30
7) Elon- women	29
8) Furman	26.5
9) Davidson- women	13.5
10) Wofford	11
11) UNC- Greensboro	6
12) Citadel	5

Men - Team Rankings - 21 Events Scored

1) Appalachian State	246.5
2) Western Carolina	229.5
3) Chattanooga	90
4) Citadel	63
5) Furman	53
5) East TN. St.	53
7) Wofford	34
8) Davidson- men	26
9) UNC- Greensboro	19