

# 2007 Western Carolina Invitational Meet – Time Schedule

## **\*\*Revised Final Schedule\*\***

### Saturday March 31, 2007

#### Field Events

10:00am	Hammer	Men
	Javelin	Women
11:00am	Long Jump	Men and Women
	Pole Vault	Women
11:45pm	Hammer	Women
	Javelin	Men
1:30pm	High Jump	Men and Women
1:45pm	Discus	Women
	Shot Put	Men
2:30pm	Pole Vault	Men
3:45pm	Triple Jump	Men and Women
3:45pm	Shot Put	Women
	Discus	Men

#### Running Events

12:00pm	3000m Steeple Chase	Men
12:15pm	4 x 100m Relay	Women
12:25pm	4 x 100m relay	Men
12:35pm	1500m Run	Women
12:50pm	1500m Run	Men
1:05pm	100m Hurdle	Women
1:15pm	110m Hurdle	Men
1:30pm	400m Run	Women
1:45pm	400m Run	Men
<b>2:05pm</b>	<b>Fastest Kid in Cullowhee</b>	
2:15pm	100m Dash	Women
2:25pm	100m Dash	Men
2:35pm	800m Run	Women
2:50pm	800m Run	Men
3:05pm	400m Hurdles	Women
3:15pm	400m Hurdles	Men
3:30pm	200m Dash	Women
3:40pm	200m Dash	Men
4:00pm	5000m Run	Women
4:25pm	5000m Run	Men
4:45pm	4 x 400m Relay	Women
5:00pm	4 x 400m Relay	Men