

Western Carolina Invitational
Western Carolina University, Cullowhee, NC
March 31, 2007

Event 1 Women Javelin Throw

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals			
1	McCarthy, Ashley	Mars Hill	21.34m
2	Stowe, Erin	Mars Hill	22.86m
3	Broadnax, Morgan	Western Carolina	22.86m
4	Weeks, Morgan	Unc-Asheville	23.15m
5	Armstrong, Mary	Unattached	24.10m
6	Garrett, Tessa	King College	25.00m
7	Waldbart, Anna	King College	25.00m
8	Brandenberger, Sarah	Mars Hill	25.91m
9	Wilkerson, Jessica	Western Carolina	26.82m

Flight 2 of 2 Finals			
1	Hall, Michaela	Western Carolina	30.48m
2	Alexander, Adrienne	Appalachian Stat	31.52m
3	Whittaker, Brittany	Western Carolina	34.44m
4	Robinson, K.C.	Lees-McRae	35.00m
5	Bailey, Sharonda	Lees-McRae	35.00m
6	Gibson, Keri	Lees-McRae	35.00m
7	Lamitie, Lysie	Western Carolina	35.05m
8	Williams, Brittani	Appalachian Stat	35.66m
9	Tallent, Lily	Appalachian Stat	36.65m
10	Tounzen, Tara	Western Carolina	39.01m

Event 2 Men Javelin Throw

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals			
1	Lawson, Cody	Brevard	33.82m
2	Good, Jon	Lees-McRae	35.00m
3	Wooten, Patrick	Lees-McRae	35.00m
4	Middleton, Cory	Lees-McRae	35.00m
5	Daher, Joe	Lees-McRae	35.00m
6	Broadnax, Alan	Unattached	36.58m
7	Moss, Miller	Unattached	40.98m
8	O'Rourke, Joey	Clemson	42.00m
9	Clarke, Richard	Mars Hill	42.67m
10	Pierre-Louis, Johnny	Unattached	42.67m
11	James, Logan	Western Carolina	42.67m
12	Kiser, Wes	Appalachian Stat	43.89m
13	Haun, Grant	Appalachian Stat	45.99m

Flight 2 of 2 Finals

1	Ferguson, Tyler	Western Carolina	47.24m
2	Nabi, Erik	Unc-Asheville	48.04m
3	Robinson, Bobby	Unattached	48.10m
4	Evans, Matt	Western Carolina	49.68m
5	Banks, Lee	Western Carolina	49.68m
6	Page, Chris	Western Carolina	50.29m
7	Fioramonti, Daniel	Appalachian Stat	50.65m
8	Feiling, Matt	Clemson	50.79m
9	Colina, Daniel	King College	51.20m
10	Young, Troy	Unc-Asheville	54.83m
11	Bowles, David	Western Carolina	54.86m
12	Lee, Josh	Unattached	56.00m
13	Spencer, Barrick	East Carolina	59.31m

Event 3 Women Hammer Throw

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals			
1	Rhodes, Logan	Western Carolina	32.00m
2	Hawthorne, Brandise	Unattached	32.90m
3	Steele, Diedre	Western Carolina	36.57m
4	Lopez, Nicole	Unattached	37.99m
5	Tounzen, Tara	Western Carolina	38.32m
6	Karriker, Rachel	Western Carolina	39.01m
7	Wallace, Shaniqua	Appalachian Stat	40.25m
8	Alexander, Adrienne	Appalachian Stat	40.36m
9	Hall, Michaela	Western Carolina	42.67m

Flight 2 of 2 Finals			
1	Thompson, Emily	East Carolina	43.14m
2	Tallent, Lily	Appalachian Stat	43.56m
3	Bell, Sharhonda	Western Carolina	43.89m
4	Smyre, Whitney	Appalachian Stat	44.56m
5	Mueller, Amy	East Carolina	45.31m
6	Georgio, Jessica	East Carolina	47.02m
7	Williams, Brittani	Appalachian Stat	48.99m
8	Grady, Charlene	East Carolina	49.85m
9	Salisbury, Chelsea	East Carolina	55.78m

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Event 4 Men Hammer Throw

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Scruggs, Keith	Unc-Asheville	ND
2	Pless, Ryan	Unattached	39.62m
3	Corriher, Daniel	Unc-Asheville	40.22m
4	Nave, Derek	King College	42.00m
5	McDaniel, Cale	Western Carolina	45.11m
6	Page, Chris	Western Carolina	45.72m
7	Feiling, Matt	Clemson	45.91m
8	Fioramonti, Daniel	Appalachian Stat	49.65m
9	Padgett, Alex	Unattached	50.92m
10	Greer, Anthony	Appalachian Stat	51.32m
11	Haun, Grant	Appalachian Stat	51.99m
12	Kiser, Wes	Appalachian Stat	53.15m
13	Berg, Zach	Clemson	58.78m
14	Myers, Terrance	East Carolina	60.25m
15	Frasure, Eric	East Carolina	63.96m

Event 5 Women Shot Put

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Weeks, Morgan	Unc-Asheville	8.45m
2	Robinson, K.C.	Lees-McRae	8.56m
3	Broadnax, Morgan	Western Carolina	9.49m
4	Ward, Julie	Appalachian Stat	9.60m
5	Hawthorne, Brandise	Unattached	9.96m
6	Irwin, Megan	Appalachian Stat	10.00m
7	Gibson, Keri	Lees-McRae	10.00m
8	Bailey, Sharonda	Lees-McRae	10.34m
9	Garrett, Tessa	King College	10.40m
Flight 2 of 2 Finals			
1	Tounzen, Tara	Western Carolina	10.47m
2	Stowe, Erin	Mars Hill	10.97m
3	Rhodes, Logan	Western Carolina	11.32m
4	Lopez, Nicole	Unattached	12.20m
5	Alexander, Adrienne	Appalachian Stat	12.21m
6	Bell, Sharhonda	Western Carolina	12.49m
7	Tallent, Lily	Appalachian Stat	12.69m
8	Wallace, Shaniqua	Appalachian Stat	12.93m
9	Eiler, Danielle	East Carolina	13.19m
10	Mueller, Amy	East Carolina	14.37m

Event 6 Men Shot Put

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Harfinger, Matt	Western Carolina	10.31m
2	Costello, Mike	Mars Hill	10.36m
3	Scruggs, Keith	Unc-Asheville	10.38m
4	Gift, David	Western Carolina	10.73m
5	Wooten, Patrick	Lees-McRae	11.00m
6	Good, Jon	Lees-McRae	11.25m
7	Clarke, Richard	Mars Hill	11.58m
8	Daher, Joe	Lees-McRae	12.00m
9	Middleton, Cory	Lees-McRae	12.15m
10	Pierre-Louis, Johnny	Unattached	12.19m
11	Bennett, Ashton	Western Carolina	12.19m
12	Robinson, Bobby	Unattached	12.20m
Flight 2 of 2 Finals			
1	Corriher, Daniel	Unc-Asheville	12.59m
2	Haun, Grant	Appalachian Stat	13.16m
3	Allen, Shamar	Western Carolina	13.30m
4	McDaniel, Cale	Western Carolina	13.71m
5	Pless, Ryan	Unattached	14.63m
6	Page, Chris	Western Carolina	14.63m
7	Feiling, Matt	Clemson	15.00m
8	Kiser, Wes	Appalachian Stat	15.19m
9	Padgett, Alex	Unattached	15.50m
10	Frasure, Eric	East Carolina	17.27m
11	Greer, Anthony	Appalachian Stat	17.89m

Event 7 Women Discus Throw

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Robinson, K.C.	Lees-McRae	27.70m
2	Gibson, Keri	Lees-McRae	30.30m
3	Rhodes, Logan	Western Carolina	30.48m
4	Hawthorne, Brandise	Unattached	32.27m
5	Steele, Diedre	Western Carolina	32.61m
6	Tounzen, Tara	Western Carolina	33.83m
7	Karriker, Rachel	Western Carolina	35.96m
8	Bailey, Sharonda	Lees-McRae	36.80m
Flight 2 of 2 Finals			
1	Lopez, Nicole	Unattached	37.00m
2	Smyre, Whitney	Appalachian Stat	39.64m
3	Alexander, Adrienne	Appalachian Stat	39.65m
4	Bell, Sharhonda	Western Carolina	40.23m
5	Thompson, Emily	East Carolina	41.32m
6	Eiler, Danielle	East Carolina	43.41m
7	Tallent, Lily	Appalachian Stat	44.58m
8	Williams, Brittani	Appalachian Stat	44.65m

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Event 8 Men Discus Throw

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Costello, Mike	Mars Hill	30.00m
2	Good, Jon	Lees-McRae	30.40m
3	Wooten, Patrick	Lees-McRae	32.60m
4	Daher, Joe	Lees-McRae	35.50m
5	Middleton, Cory	Lees-McRae	37.15m
6	Bowles, David	Western Carolina	38.00m
7	Clarke, Richard	Mars Hill	39.01m
8	Pless, Ryan	Unattached	39.62m
9	Fioramonti, Daniel	Appalachian Stat	39.65m
10	Nave, Derek	King College	40.00m

Flight 2 of 2 Finals

1	McDaniel, Cale	Western Carolina	41.14m
2	Lawson, Cody	Brevard	42.23m
3	Allen, Shamar	Western Carolina	45.08m
4	Padgett, Alex	Unattached	45.72m
5	Page, Chris	Western Carolina	45.72m
6	Kiser, Wes	Appalachian Stat	45.89m
7	Haun, Grant	Appalachian Stat	45.91m
8	Greer, Anthony	Appalachian Stat	49.73m
9	Frasure, Eric	East Carolina	56.39m

Event 9 Women Long Jump

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Shcheglikova, Dasha	Unc-Asheville	4.38m
2	Wilkerson, Jessica	Western Carolina	4.87m
3	Johnson, Judy	King College	5.30m
4	Berry, Melissa	Western Carolina	5.35m
5	Joseph, Morgan	Western Carolina	5.46m
6	Thorpe, Danielle	Appalachian Stat	5.51m
7	Johnson, Monica	Appalachian Stat	5.51m
8	Mayela, Jessica	Appalachian Stat	5.51m
9	Simmons, Rashanda	Western Carolina	5.70m
10	Jones, Tia	Western Carolina	5.80m
11	Morman, Camelia	East Carolina	6.00m
12	Knotts, Vonteen	Appalachian Stat	6.02m

Event 10 Men Long Jump

Pos	Name	School	Seed Mark
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Flight 1 of 3 Finals

1	Gift, David	Western Carolina	6.07m
2	Harlfinger, Matt	Western Carolina	6.12m
3	Philips, Adam	Lees-McRae	6.15m
4	Purnell, Ronnie	Lees-McRae	6.15m
5	Walker, Derrick	Unattached	6.20m
6	Bennett, Ashton	Western Carolina	6.24m
7	Elmore, Grayson	King College	6.25m
8	Hon, Billy	Lees-McRae	6.25m
9	Glenn, Chris	Lees-McRae	6.25m

Flight 2 of 3 Finals

1	Ahmad, Omar	Unc-Asheville	6.35m
2	Bush, Dwight	Mars Hill	6.40m
3	Parker, Jamaal	King College	6.45m
4	Evans, Matt	Western Carolina	6.50m
5	Rogers, Anthony	Western Carolina	6.52m
6	Joseph, Daniel	Western Carolina	6.55m
7	Dollard, Alex	Western Carolina	6.60m
8	Moore, Stephon	Unattached	6.68m
9	Banks, Lee	Western Carolina	6.73m

Flight 3 of 3 Finals

1	Ferguson, Tyler	Western Carolina	6.90m
2	Herndon, Rashad	Western Carolina	7.05m
3	Gaddy, Joel	Appalachian Stat	7.12m
4	Cloyd, Josh	King College	7.13m
5	Harris, Ricky	Appalachian Stat	7.16m
6	Covington, Travis	East Carolina	7.21m
7	Davis, Justin	Unattached	7.32m
8	Fields, George	Clemson	7.59m
9	McLean, Damion	Unattached	7.62m

Event 11 Women Triple Jump

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Walker, Gabby	Unattached	10.00m
2	Broadnax, Morgan	Western Carolina	11.48m
3	Mayela, Jessica	Appalachian Stat	11.58m
4	Jones, Tia	Western Carolina	11.58m
5	McGriff, Nashay	Western Carolina	11.83m
6	Thorpe, Danielle	Appalachian Stat	11.91m
7	Morman, Camelia	East Carolina	12.30m

Event 12 Men Triple Jump

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Moore, Stephon	Unattached	13.31m
2	Ahmad, Omar	Unc-Asheville	13.41m
3	Dollard, Alex	Western Carolina	13.41m
4	Banks, Lee	Western Carolina	13.70m
5	Ferguson, Tyler	Western Carolina	14.09m
6	Joseph, Daniel	Western Carolina	14.40m
7	Parker, Jamaal	King College	14.84m

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Event 13 Women High Jump

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Weeks, Morgan	Unc-Asheville	1.39m
2	Garrett, Tessa	King College	1.50m
3	Wilkerson, Jessica	Western Carolina	1.52m
4	Trotter, Corrie	Unc-Asheville	1.55m
5	Stark, Angela	Western Carolina	1.55m
6	Tyler, Erin	Lees-McRae	1.55m
7	Mabe, Kasey	Lees-McRae	1.55m
8	McCarthy, Ashley	Mars Hill	1.57m
9	McGriff, Nashay	Western Carolina	1.58m
10	Ward, Julie	Appalachian Stat	1.60m
11	Roberts, Lindsay	Mars Hill	1.60m
12	Phillips, Meg	Appalachian Stat	1.63m
13	Horne, Meghan	East Carolina	1.65m
14	Dolan, Lindsay	East Carolina	1.65m
15	Moore, Valeria	East Carolina	1.65m
16	Johnson, Jessika	Western Carolina	1.70m
17	Whittaker, Brittany	Western Carolina	1.70m

Event 14 Men High Jump

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Harris, Ricky	Appalachian Stat	1.78m
2	Smith, Dan	Appalachian Stat	1.85m
3	Gift, David	Western Carolina	1.86m
4	Robinson, Michael	Unattached	1.88m
5	Harlfinger, Matt	Western Carolina	1.89m
6	Joseph, Daniel	Western Carolina	1.93m
7	Herndon, Rashad	Western Carolina	1.93m
8	Rogers, Anthony	Western Carolina	1.95m
9	Hogbin, Danny	Lees-McRae	1.96m
10	Evans, Matt	Western Carolina	2.05m

Event 15 Women Pole Vault

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Bragman, Karyn	Lees-McRae	2.60m
2	Brandenberger, Sarah	Mars Hill	2.74m
3	Massey, Amanda	Western Carolina	2.90m
4	Waldbart, Anna	King College	2.90m
5	Robertson, Bridget	Appalachian Stat	3.05m
6	Irwin, Megan	Appalachian Stat	3.05m
7	Armstrong, Mary	Unattached	3.05m
8	Ward, Julie	Appalachian Stat	3.20m
9	Berkowitz, Brie	East Carolina	3.20m
10	Heeke, Kaitlyn	Appalachian Stat	3.33m
11	Cabe, Melissa	Western Carolina	3.35m
12	Rosales, Lindsey	East Carolina	3.65m
13	Snow, Shea	Appalachian Stat	3.65m
14	Hart, Amy	East Carolina	3.65m

Event 16 Men Pole Vault

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Gift, David	Western Carolina	3.44m
2	Radford, K.C.	Unc-Asheville	3.60m
3	Harlfinger, Matt	Western Carolina	4.04m
4	Reardon, Sean	Unattached	4.15m
5	Moss, Miller	Unattached	4.15m
6	Arthur, Jonathan	Lees-McRae	4.25m
7	Lynch, Joel	Western Carolina	4.41m
8	O'Steen, Mike	Western Carolina	4.41m
9	Knox, Kenny	Unattached	4.45m
10	James, Logan	Western Carolina	4.52m
11	Irvin, Joe	Appalachian Stat	4.57m
12	Hunnicut, Justin	Appalachian Stat	4.57m
13	Spormann, Justin	Western Carolina	4.64m
14	Shell, Barron	Appalachian Stat	4.71m
15	O'Rourke, Joey	Clemson	4.75m
16	Koontz, Ryan	Clemson	4.75m
17	Spear, Chris	Clemson	5.12m
18	Greeley, Mitch	Clemson	5.40m

Event 17 Women 100 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
2	Shcheglikova, Dasha	Unc-Asheville	14.02
3	Godfrey, Jheri	East Carolina	12.71
4	Berry, Melissa	Western Carolina	12.30
5	Knotts, Vontena	Appalachian Stat	12.30
6	Johnson, Monica	Appalachian Stat	12.40
7	Fields, Whitney	King College	13.07
Section 2 of 2 Finals			
2	Johnson, Tangelia	Western Carolina	12.10
3	Silver, Chalonda	East Carolina	11.98
4	Brown, Kharya	East Carolina	11.88
5	McKiver, Ashley	Appalachian Stat	11.90
6	Pearson, Natalie	Unc-Asheville	11.91
7	Fronberger, Sherelle	Western Carolina	12.00
8	Johnson, Judy	King College	12.18

Event 18 Men 100 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 4 Finals			
2	Wilson, Ben	Mars Hill	11.80
3	Moore, Michael	Brevard	11.47
4	Glenn, Chris	Lees-McRae	11.25
5	Hon, Billy	Lees-McRae	11.25
6	Patton, Alex	Unattached	11.25
7	Hamilton, Brandon	Unc-Asheville	11.74

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Section 2 of 4 Finals...(Event 18 Men 100 Meter Dash)

1	O'Rourke, Joey	Clemson	11.22
2	Jones, Garland	Unattached	11.15
3	Koontz, Ryan	Clemson	11.12
4	Harris, Ricky	Appalachian Stat	11.00
5	Philips, Adam	Lees-McRae	11.10
6	Elmore, Grayson	King College	11.12
7	Moore, Jonathan	Brevard	11.13
8	Brunson, Michael	Unattached	11.20

Section 3 of 4 Finals

1	McGee, Billeto	Unattached	11.00
2	Lomans, Marcus	King College	10.97
3	White, Charles	Appalachian Stat	10.91
4	Fields, George	Clemson	10.80
5	Bunche, Michael	King College	10.85
6	Pickett, David	Unattached	10.90
7	Moss, Miller	Unattached	10.92
8	Purnell, Ronnie	Lees-McRae	11.00

Section 4 of 4 Finals

1	Bethune, Christian	Western Carolina	10.80
2	Johnson, Kevin	Western Carolina	10.70
3	Young, Dominique	Western Carolina	10.57
4	Thompson, Kevin	East Carolina	10.40
5	Green, Anthony	East Carolina	10.50
6	Rucker, David	East Carolina	10.53
7	Cuffy, Tyrell	King College	10.60
8	Ashcraft, Albert	Western Carolina	10.75

Event 19 Women 200 Meter Dash

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

2	Sutherland, Sharisse	Mars Hill	28.60
3	Godfrey, Jheri	East Carolina	27.60
4	Dolan, Lindsay	East Carolina	26.90
5	Armstrong, Mary	Unattached	27.00
6	Tyler, Erin	Lees-McRae	27.50
7	Landers, Tandra	Mars Hill	27.80

Section 2 of 3 Finals

1	Joseph, Morgan	Western Carolina	26.55
2	Hart, Amy	East Carolina	26.40
3	Jenkins, Alexis	East Carolina	26.11
4	Lindo, Marcia	Unattached	25.50
5	Johnson, Tierra	Western Carolina	25.80
6	Hiller, Lynda	Appalachian Stat	25.90
7	Evans-Hardy, Porsha'	Appalachian Stat	26.34
8	Walker, Gabby	Unattached	26.40

Section 3 of 3 Finals

1	Knotts, Vontena	Appalachian Stat	25.50
2	Johnson, Tangelia	Western Carolina	25.24
3	Fronberger, Sherelle	Western Carolina	24.80
4	Brown, Kharya	East Carolina	24.09
5	Johnson, Judy	King College	24.25
6	Pearson, Natalie	Unc-Asheville	24.53
7	Silver, Chalonda	East Carolina	25.17
8	McKiver, Ashley	Appalachian Stat	25.30

Event 20 Men 200 Meter Dash

Lane	Name	School	Seed Time
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Section 1 of 5 Finals

2	Arthur, Jonathan	Lees-McRae	24.50
3	Hopkins, Brandon	Brevard	24.37
4	Connor, Michael	Lees-McRae	23.50
5	Hon, Billy	Lees-McRae	23.50
6	Turner, Michael	Brevard	23.58
7	Moore, Jonathan	Brevard	24.47

Section 2 of 5 Finals

1	Philips, Adam	Lees-McRae	23.30
2	Purnell, Ronnie	Lees-McRae	23.00
3	Bush, Dwight	Mars Hill	22.90
4	Paramore, Brandon	King College	22.81
5	Pratt, Shaton	Brevard	22.84
6	Bethune, Christian	Western Carolina	22.86
7	Green, Jamal	Mars Hill	22.90
8	Moore, Michael	Brevard	23.14

Section 3 of 5 Finals

1	McGee, Billeto	Unattached	22.80
2	Pickett, David	Unattached	22.70
3	Matthews, David	Mars Hill	22.62
4	Brunson, Michael	Unattached	22.55
5	Gaddy, Joel	Appalachian Stat	22.58
6	Elmore, Grayson	King College	22.61
7	Bunche, Michael	King College	22.65
8	Krenik, David	King College	22.73

Section 4 of 5 Finals

1	Craig, Duke	Western Carolina	22.51
2	White, Charles	Appalachian Stat	22.40
3	Cherry, David	Appalachian Stat	22.30
4	Lomans, Marcus	King College	21.90
5	Svoboda, Johnny	Appalachian Stat	22.10
6	Moss, Miller	Unattached	22.10
7	Bell, Kristopher	East Carolina	22.40
8	Moore, Kelton	Unattached	22.45

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Section 5 of 5 Finals...(Event 20 Men 200 Meter Dash)

1	Gray, Brandon	King College	21.81
2	Johnson, Kevin	Western Carolina	21.70
3	Young, Dominique	Western Carolina	20.99
4	Thompson, Kevin	East Carolina	21.15
5	Mitchell, Manteo	Western Carolina	21.00
6	Green, Anthony	East Carolina	21.28
7	Rucker, David	East Carolina	21.30
8	Cuffy, Tyrell	King College	21.74

Event 21 Women 400 Meter Dash

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

4	Colson, Demarea	Lees-McRae	1:06.00
5	Shipp, Chynna	Brevard	1:06.91
6	Ledford, Leah	Lees-McRae	1:08.00

Section 2 of 3 Finals

2	Jenkins, Alexis	East Carolina	1:02.55
3	Lindo, Marcia	Unattached	59.60
4	Johnson, Tierra	Western Carolina	58.95
5	Saddler, Brooke	Western Carolina	58.96
6	Lane, Aneesha	Western Carolina	59.00
7	Walker, Erika	Unc-Asheville	59.98
8	Hurd, Jenny	Lees-McRae	1:04.00

Section 3 of 3 Finals

1	Davis, Amanda	King College	58.78
2	Anderson, Shalice	East Carolina	58.44
3	Hiller, Lynda	Appalachian Stat	58.09
4	Ramseur, Raquel	Western Carolina	54.00
5	Bilal-Mack, Aisha	East Carolina	57.40
6	Silver, Chalonda	East Carolina	57.80
7	Simmons, Brittany	King College	58.12
8	Hart, Amy	East Carolina	58.70

Event 22 Men 400 Meter Dash

Lane	Name	School	Seed Time
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Section 1 of 5 Finals

3	Smith, Nathan	Lees-McRae	55.00
4	Monahan, Marty	Lees-McRae	53.50
5	Tanis, Brad	Lees-McRae	53.50
6	Hogbin, Danny	Lees-McRae	54.00

Section 2 of 5 Finals

3	Goodrum, Galen	Unc-Asheville	52.98
4	Rothrock, Graham	Appalachian Stat	51.00
5	Headrick, Chris	King College	52.15
6	Connor, Michael	Lees-McRae	52.50
7	O'Keefe, Nick	Appalachian Stat	53.10

Section 3 of 5 Finals

1	Moore, Kelton	Unattached	50.78
2	McNealey, Chimaine	Mars Hill	50.20
3	Craig, Duke	Western Carolina	50.00
4	Lindsay, Corin	East Carolina	49.40
5	Paramore, Brandon	King College	49.90
6	Reinke, Jeff	Unattached	49.98
7	Krenik, David	King College	50.18
8	Hewitt, Chris	Mars Hill	50.50

Section 4 of 5 Finals

1	Cherry, David	Appalachian Stat	49.30
2	Wright, Ron	East Carolina	49.20
3	Barr, James	Unattached	49.06
4	Bolton, Milton	Unattached	48.68
5	Oros, John	Western Carolina	48.80
6	Lomans, Marcus	King College	48.91
7	McCain, Greg	Appalachian Stat	49.10
8	Svoboda, Johnny	Appalachian Stat	49.20

Section 5 of 5 Finals

1	Harris, Michael	East Carolina	48.60
2	Gregory, James	Western Carolina	48.28
3	Bowling, Bryson	East Carolina	47.60
4	Mitchell, Manteo	Western Carolina	46.35
5	Small, Brandon	East Carolina	46.40
6	Richardson, Christopher	East Carolina	47.40
7	Gray, Brandon	King College	47.91
8	Cloyd, Josh	King College	48.31

Event 23 Women 800 Meter Run

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	Holloway, Melissa	Mars Hill	2:29.00
2	Pomfrey, Emily	Appalachian Stat	2:30.00
3	Norris, Ashley	Appalachian Stat	2:30.00
4	Hurd, Jenny	Lees-McRae	2:30.00
5	Dickson, Sara	Western Carolina	2:30.00
6	Lester, Maggie	King College	2:30.01
7	Colson, Demarea	Lees-McRae	2:35.00
8	Wilkerson, Kathleen	Lees-McRae	2:45.00
9	Bragman, Karyn	Lees-McRae	2:50.00
10	Grimes, Meghan	Brevard	2:58.60
11	Shipp, Chynna	Brevard	2:59.40
12	Beck, Hannah	Brevard	3:05.80
13	Zerressen, Kristen	Brevard	3:07.40

Section 2 of 3 Finals

1	Aiello, Skye	Western Carolina	2:22.00
2	Glassmacher, Meghan	East Carolina	2:22.00
3	Shaurette, Danielle	Unattached	2:23.00
4	Wallace, Amanda	King College	2:23.58
5	McFadden, Chinelle	Appalachian Stat	2:25.00
6	Brooks, Hollie	East Carolina	2:25.00
7	Adams, Solange	King College	2:26.05
8	Huckbody, Sara	Unc-Asheville	2:26.35

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Section 3 of 3 Finals...(Event 23 Women 800 Meter Run)

1	Savery, Kerri	Western Carolina	2:10.00
2	Kulesz, Deanna	Western Carolina	2:14.00
3	Lichtner, Samantha	East Carolina	2:14.39
4	Bailey, Annie	Western Carolina	2:15.00
5	Kopec, Melissa	Appalachian Stat	2:17.00
6	Baker, Anna	Appalachian Stat	2:18.20
7	Olert, Katie	Unc-Asheville	2:18.42
8	Robertson, Kala	Appalachian Stat	2:18.61

Event 24 Men 800 Meter Run

Lane	Name	School	Seed Time
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Section 1 of 4 Finals

1	Stepp, Duane	Unc-Asheville	2:08.32
2	Quirk, Joel	Unc-Asheville	2:08.54
3	Kirbach, Root	Unc-Asheville	2:09.20
4	Corriher, Dane	Unc-Asheville	2:09.65
5	Hopkins, Brandon	Brevard	2:16.40
6	Holstein, Justin	Brevard	2:17.01

Section 2 of 4 Finals

1	Sowers, Bret	Appalachian Stat	1:59.00
2	Cox, Kel	Mars Hill	2:00.00
3	Taylor, Noah	Western Carolina	2:00.00
4	Jennings, Jeremy	King College	2:02.14
5	Crenshaw, Ben	Mars Hill	2:04.00
6	Brewer, Josh	King College	2:05.00
7	Monahan, Marty	Lees-McRae	2:05.00
8	Hampton, Joseph	Unattached	2:06.36

Section 3 of 4 Finals

1	Holman, Matt	Unc-Asheville	1:55.83
2	Yarchin, Andrew	Appalachian Stat	1:56.80
3	Barnett, Michael	East Carolina	1:57.00
4	Shelton, Brenton	Unattached	1:57.90
5	Meyer, Alec	Appalachian Stat	1:58.00
6	Hammond, Stephen	Western Carolina	1:58.00
7	Galloway, Bud	Appalachian Stat	1:58.00
8	Harmon, Jonathan	Unattached	1:58.70

Section 4 of 4 Finals

1	Jennings, Jestin	Western Carolina	1:54.00
2	Mabry, Aaron	East Carolina	1:54.00
3	Grant, Aaron	Western Carolina	1:54.00
4	Houser, Josh	Appalachian Stat	1:54.20
5	Gayle, Tyrone	Unattached	1:54.80
6	Shuler, Rance	Appalachian Stat	1:55.00
7	Fassinger, Dan	Western Carolina	1:55.00
8	Armstrong, Richard	East Carolina	1:55.10

Event 25 Women 1500 Meter Run

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	Latta, Erinn	East Carolina	5:15.00
2	Head, Elizabeth	Mars Hill	5:22.00
3	Becker, Emily	Unc-Asheville	5:27.55
4	Manthei, Sarah	Mars Hill	5:34.00
5	Grimes, Meghan	Brevard	6:27.95
6	Beck, Hannah	Brevard	6:28.21
7	Zerressen, Kristen	Brevard	6:30.20

Section 2 of 2 Finals

1	Lester, Maggie	King College	4:45.21
2	Mase, Emily	Unc-Asheville	4:47.37
3	White, Jennifer	East Carolina	4:49.43
4	Wallace, Amanda	King College	4:52.00
5	Allstaedt, Ingrid	Unc-Asheville	4:56.55
6	Adams, Solange	King College	4:58.00
7	Dickson, Sara	Western Carolina	5:00.00
8	Prichard, Kate	Mars Hill	5:02.00
9	Norris, Ashley	Appalachian Stat	5:05.00
10	Pomfrey, Emily	Appalachian Stat	5:07.00
11	Ziegler, Michelle	Unattached	5:08.00
12	Davis, Tayleigh	East Carolina	5:08.00

Event 26 Men 1500 Meter Run

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	O'Keefe, Nick	Appalachian Stat	4:15.00
2	Rothrock, Graham	Appalachian Stat	4:15.00
3	McEntire, Jesse	Brevard	4:19.50
4	Pair, Joseph	King College	4:20.00
5	Crenshaw, Ben	Mars Hill	4:22.00
6	Brewer, Josh	King College	4:25.00
7	Hampton, Joseph	Unattached	4:29.56
8	Holstein, Justin	Brevard	4:34.77
9	Costello, Mike	Mars Hill	4:58.00

Section 2 of 2 Finals

1	Noble, Will	Clemson	3:55.00
2	Bryfczynski, Sam	Clemson	3:57.00
3	Harmon, Jonathan	Unattached	3:59.40
4	Meyer, Alec	Appalachian Stat	4:02.00
5	Whitlow, Dustin	Mars Hill	4:04.00
6	Mikolajczak, William	Mars Hill	4:09.00
7	Kirbach, Root	Unc-Asheville	4:09.00
8	Matthews, Adam	Unc-Asheville	4:09.55
9	Wilde, Todd	Appalachian Stat	4:10.00

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Event 27 Women 5000 Meter Run

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	Kulesz, Deanna	Western Carolina	18:00.00
2	Mark, Stacy	Unattached	18:20.00
3	Aiello, Skye	Western Carolina	18:25.00
4	Briggs, Nicole	East Carolina	18:34.46
5	Nicholson, Leah	Western Carolina	18:40.00
6	Groce, Lindsay	Western Carolina	18:40.00
7	Mellamphy, Emma	Unattached	18:45.00
8	Fetty, Danielle	East Carolina	19:05.00
9	Hollahan, Keely	Mars Hill	19:20.00
10	Lowman, Macon	Appalachian Stat	19:20.00
11	Bohlen, Hannah	Unc-Asheville	19:36.57
12	Spencer, Ashleigh	Unc-Asheville	19:40.23
13	Goldstein, Heather	Appalachian Stat	19:50.00
14	Masters, Helania	King College	20:00.00
15	White, Miley	Mars Hill	21:30.00
16	Teressa, Beredu	King College	21:32.00
17	Felty, Emily	King College	22:00.00
18	Kuehl, Jaime	Mars Hill	23:00.00
19	DeRocher, Megan	Unc-Asheville	NT

Event 28 Men 5000 Meter Run

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	Norman, Jesse	Unattached	14:50.00
2	Fassinger, Dan	Western Carolina	15:30.00
3	Jaeger, Dave	Mars Hill	15:40.00
4	Miller, Field	Western Carolina	15:45.00
5	Ramirez, Jesse	Western Carolina	15:45.00
6	McEntire, Kurt	Unattached	16:00.00
7	Hermelee, Dylan	Western Carolina	16:00.00
8	Hammond, Stephen	Western Carolina	16:00.00
9	Curry, Winston	Unattached	16:00.00
10	Davidson, Todd	Unattached	16:00.00
11	Clawson, Jake	Western Carolina	16:15.00
12	Pair, Joseph	King College	16:30.00
13	Faulk, Jeremy	King College	17:01.00
14	Green, Adam	King College	17:01.00
15	Brewer, Josh	King College	18:58.02

Event 29 Women 100 Meter Hurdles

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

2	Tyler, Erin	Lees-McRae	17.00
3	Wallace, Malaree	Mars Hill	16.80
4	Irwin, Megan	Appalachian Stat	16.00
5	Hayes, Nadine	Mars Hill	16.20
6	Burrows, Moly	King College	16.28
7	Wilkerson, Jessica	Western Carolina	17.00
8	Broadnax, Morgan	Western Carolina	17.00

Section 2 of 2 Finals

2	Evans-Hardy, Porsha'	Appalachian Stat	15.40
3	McGriff, Nashay	Western Carolina	14.88
4	Davis, Asia	Western Carolina	14.00
5	Dolan, Lindsay	East Carolina	14.11
6	Lindo, Lanaire	East Carolina	14.39
7	Simmons, Rashanda	Western Carolina	15.10

Event 30 Men 110 Meter Hurdles

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

3	Stewart, Chris	Unattached	16.11
4	Bethune, Christian	Western Carolina	15.50
5	Bennett, Ashton	Western Carolina	15.50
6	Robinson, Michael	Unattached	15.78
7	Gift, David	Western Carolina	16.50

Section 2 of 2 Finals

2	Harlfinger, Matt	Western Carolina	14.90
3	Bell, Kristopher	East Carolina	14.58
4	Derrickson, Charles	Appalachian Stat	14.10
5	Malone, Michael	Western Carolina	14.48
6	Neal, Daniel	Appalachian Stat	14.52
7	Briscoe, Lawrence	Unattached	14.68

Event 31 Women 400 Meter Hurdles

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

4	Berkowitz, Brie	East Carolina	1:06.37
5	Gruillon, Jaslyn	East Carolina	1:07.03
6	Ledford, Leah	Lees-McRae	1:15.00

Section 2 of 2 Finals

2	Burrows, Moly	King College	1:04.68
3	Lindo, Lanaire	East Carolina	1:04.11
4	Davis, Asia	Western Carolina	59.52
5	Bilal-Mack, Aisha	East Carolina	1:03.37
6	McFadden, Chenel	Appalachian Stat	1:04.00
7	Simmons, Rashanda	Western Carolina	1:04.60

Event 32 Men 400 Meter Hurdles

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

2	Broadnax, Alan	Unattached	1:12.00
3	Robinson, Michael	Unattached	59.00
4	Colina, Daniel	King College	58.25
5	Patton, Alex	Unattached	58.80
6	Tanis, Brad	Lees-McRae	59.00
7	Smith, Nathan	Lees-McRae	1:01.00

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Section 2 of 2 Finals...(Event 32 Men 400 Meter Hurdles)

2	Hamilton, Brandon	Unc-Asheville	56.01
3	Covington, Travis	East Carolina	54.50
4	Derrickson, Charles	Appalachian Stat	52.12
5	Malone, Michael	Western Carolina	52.53
6	Neal, Daniel	Appalachian Stat	53.00
7	Hansford, Ogden	Western Carolina	55.00
8	McCain, Greg	Appalachian Stat	56.10

Event 34 Men 3000 Meter Steeplechase

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Riley, Sean	Clemson	9:30.00
2	Soder, Brian	Clemson	9:30.00
3	Mikolajczak, William	Mars Hill	9:48.00
4	Hermelee, Dylan	Western Carolina	10:00.00
5	Wilde, Todd	Appalachian Stat	10:10.00
6	Taylor, Noah	Western Carolina	10:10.00
7	McEntire, Jesse	Brevard	10:18.40
8	Crenshaw, Ben	Mars Hill	10:30.00
9	Pair, Joseph	King College	11:00.00
10	Faulk, Jeremy	King College	11:00.00

Event 35 Women 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Mars Hill	A	52.00
2	King College	A	51.88
3	Western Carolina	B	49.00
4	Western Carolina	A	45.72
5	Appalachian Stat	A	47.00
6	East Carolina	A	47.20
7	Unc-Asheville	A	51.50
8	Appalachian Stat	B	52.00

Event 36 Men 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	Mars Hill	A	44.00
3	Cats TC	A	43.50
4	Western Carolina	C	42.70
5	Western Carolina	D	42.70
6	Appalachian Stat	B	43.00
7	King College	B	43.50
Section 2 of 2 Finals			
2	Appalachian Stat	A	41.80
3	Western Carolina	B	41.48
4	Western Carolina	A	39.90
5	East Carolina	A	40.00
6	King College	A	41.24
7	Team Yosef	A	41.70
8	Brevard	A	42.58

Event 37 Women 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	Unc-Asheville	B	4:20.00
3	King College	B	4:12.14
4	Western Carolina	C	4:03.00
5	Appalachian Stat	B	4:05.00
6	Unc-Asheville	A	4:05.13
7	Mars Hill	A	4:19.00
Section 2 of 2 Finals			
3	Appalachian Stat	A	3:56.00
4	Western Carolina	A	3:45.31
5	Western Carolina	B	3:53.00
6	King College	A	3:55.00
7	East Carolina	A	3:57.40

Event 38 Men 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
2	Unc-Asheville	B	3:45.00
3	Brevard	A	3:39.50
4	Patton TC	A	3:26.00
5	Mars Hill	A	3:30.22
6	Unc-Asheville	A	3:30.45
7	King College	C	3:42.55
Section 2 of 3 Finals			
3	Cats TC	A	3:25.00
4	Western Carolina	C	3:20.00
5	Tiger TC	A	3:20.91
6	Appalachian Stat	C	3:25.00
7	King College	B	3:25.24
Section 3 of 3 Finals			
1	Clemson	A	3:20.00
2	Briscoe TC	A	3:19.95
3	Appalachian Stat	A	3:15.00
4	Western Carolina	A	3:09.00
5	East Carolina	A	3:12.00
6	King College	A	3:12.76
7	Western Carolina	B	3:18.00
8	Appalachian Stat	B	3:20.00