

Finals Women's Triple Jump

1 Ronda White	Appalachian State	12.87m	42-02.75
2 Laura Williams	Georgia Southern	12.08m	39-07.75
3 Jennifer Claud	Appalachian State	12.08m	39-07.75
4 Tondra White	Appalachian State	11.89m	39-00.25
5 Paula Moore	Appalachian State	11.86m	38-11.00
6 Melissa Johnson	Florida A&M	11.44m	37-06.50
7 Penny Shields	Alabama-Birmingham	11.43m	37-06.00
8 Lauren Jacobs	Georgia Southern	11.38m	37-04.00
9 Deborah Hawkins	Alabama Stat	11.36m	37-03.25
10 Tomeika Banks	Winthrop University	11.31m	37-01.25
11 Marian Williams	Charleston S	11.26m	36-11.50
12 Marlo Mincey	Georgia Southern	11.02m	36-02.00
13 Mandi Phillips	Georgia Southern	10.81m	35-05.75
14 Erin Harris	Alabama-Birmingham	10.77m	35-04.00
15 Jessica Spence	Florida A&M	10.75m	35-03.25
16 Brittany Whitaker	Western Carolina	10.71m	35-01.75
17 Darcell Hill	Georgia State	10.64m	34-11.00
18 Crystal McDaniel	Alabama Stat	10.57m	34-08.25
-- Andrea Floyd	Western Carolina		FOUL
-- Tiffany Mack	Western Carolina		FOUL
-- Sabrina Coombs	Bethune Cookman		FOUL

Finals Women's Weight Throw

1 Chakosha Lance	College of C	16.01m	52-06.50
2 Crystal Miller	Appalachian State	15.26m	50-00.75
3 Beverly Burnett	Appalachian State	15.24m	50-00.00
4 Nikole Simmons	Appalachian State	14.52m	47-07.75
5 Miranda Long	Western Carolina	13.95m	45-09.25
6 Charlotte Baker	Appalachian State	13.76m	45-01.75
7 Michelle Proctor	Unc Greensboro	11.18m	36-08.25
8 Ramona Okonya	Alabama State	11.09m	36-04.75
9 Sonya Taylor	Charleston S	11.09m	36-04.75
10 Jenn Hawkins	Western Carolina	10.92m	35-10.00
11 Amanda Bolt	Winthrop University	10.87m	35-08.00
12 Sara Lewis	Winthrop University	10.84m	35-06.75
13 Tiffany Rice	Winthrop University	10.41m	34-02.00
14 Sharhonda Bell	Western Carolina	10.07m	33-00.50

Finals Women's 800 Meter Run

1	Jemissa Hess	High Point U	2:19.75
2	Tiffany Collier	East Tennessee	2:21.31
3	Alana Black	Elon University	2:22.08
4	Angelina Miller	Georgia State	2:22.66
5	Becky Signoretti	Western Carolina	2:22.76
6	Tonya Edmonds	Western Carolina	2:22.77
7	Lindsay Thomas	Florida A&M	2:23.45
8	Genoah Collins	Alabama-Birmingham	2:23.79
9	Jeanna Dorcelin	Florida A&M	2:23.81
10	allie bohannon	Unattached	2:23.92
11	Keisha Gray	Livingstone College	2:24.08
12	Dana Robinson	ST Augustine	2:24.31
13	Brittney Swick	Georgia Southern	2:24.38
14	Cheryl Ewing	Charleston S	2:24.53
15	Jennifer Thompson	Alabama-Birmingham	2:25.15
16	Shelneka Adams	Alabama Stat	2:26.29
17	Takeesha Carter	Unc Greensboro	2:26.77
18	Jennifer Habbestad	East Tennessee	2:26.92
19	Mary Kim Webb	Alabama-Birmingham,	2:27.64
20	Katie Wilson	Georgia Southern	2:27.67
21	Shawanna Truelove	High Point U	2:28.47
22	Julie Prather	Georgia Southern	2:29.27
23	Junie Oscar	Virginia Int	2:30.40
24	Courtney Tomaini	Elon University	2:31.25
25	Dawn Arnold	Georgia State	2:31.82
26	Janis Middlebrooks	Alabama State	2:32.31
27	Krishna Curry	Unattached	2:32.79
28	Liz Schiefer	Unc-Asheville	2:33.08
29	Lisa Bryan	Bethune Cookman	2:33.18
30	Sally Tarlue	Livingstone College	2:33.26
31	Katrina Strickland	Bethune Cookman	2:34.76
32	Tanisha Hutchinson	Alabama Stat	2:38.40
33	Sara Huckbody	Unc-Asheville	2:39.68

Finals Women's Long Jump

1 Vera Stenhouse	Unattached	5.87m	19-03.25
2 Kellie Mitchell	Georia Southern	5.73m	18-09.75
3 Donalle Bennett	Bethune Cookman	5.70m	18-08.50
4 Cecily Peterson	Florida A&M	5.62m	18-05.25
5 Yosmila Pinerez	ST Augustine	5.59m	18-04.25
6 Rachel Davis	Alabama Stat	5.51m	18-01.00
7 Tabitha Taylor	Florida A&M	5.49m	18-00.25
7 Shameka Harris	Western Carolina	5.49m	18-00.25
9 Cora Johnson	South Carolina	5.36m	17-07.00
10 Tyriesha Gasque	ST Augustine	5.35m	17-06.75
11 Margo Robinson	Gardner-Webb	5.33m	17-06.00
12 Melissa Johnson	Florida A&M	5.29m	17-04.25
12 Krystal Johnson	Claflin University	5.29m	17-04.25
14 Monique Maloney	Lees-McRae	5.26m	17-03.25
15 Kristin Truman	East Tenness	5.23m	17-02.00
16 Jennifer Claud	Appalachian State	5.22m	17-01.50
17 Stephanie McCauley	Alabama-Birmingham	5.20m	17-00.75
-- Takeya Close	Florida A&M	FOUL	
-- Lindsay Gonzalez	Elon University	FOUL	
-- Keisha Parker	Bethune Cookman	FOUL	
-- Jazmine McRae	Georgia State	FOUL	
-- Maggie O'Rourke	Winthrop University	FOUL	
-- Darcell Hill	Georgia State	FOUL	
-- Jessica Spence	Florida A&M	FOUL	
-- Aneika Robinson	Virginia Int	FOUL	
-- Ronda White	Appalachian State	FOUL	
-- Crystal McDaniel	Alabama Stat	FOUL	
-- Nicole Tucker	Winthrop University	FOUL	
-- Marian Williams	Charleston S	FOUL	
-- Tiffany Mack	Western Carolina	FOUL	
-- Cara Saunders	Gardner-Webb	FOUL	
-- Veronika Pegee	Bethune Cookman	FOUL	
-- Adrienne Duke	Alabama-Birmingha	FOUL	
-- Brittany Whitaker	Western Carolina	FOUL	
-- Paula Moore	Appalachian State	FOUL	

Finals Women's Pole Vault

1	Laura Tieszen	Western Carolina	3.81m	12-06.00
2	Jessica Fowler	Appalachian State	3.20m	10-06.00
3	Jessica Clendenning	Elon University	3.20m	10-06.00
4	Natalie Sayewich	Appalachian State	2.90m	9-06.25
4	Susan Shore	Elon University	2.90m	9-06.25
6	Bridget Robertson	Appalachian State	2.90m	9-06.25
7	Jenny Delossantos	Alabama Stat	2.75m	9-00.25
8	Casey Gillingham	High Point U	2.75m	9-00.25
--	Suzanne Makinson	Appalachian State	NH	
--	Rachel Davis	Alabama Stat	NH	
--	Briana Cox	Alabama Stat	NH	

Finals Women's Shot Put

1	Nadine Clarke	Unattached	13.16m	43-02.25
2	Beverly Burnett	Appalachian State	13.07m	42-10.75
3	Anne Normand	Gardner-Webb	13.00m	42-08.00
4	Doris Thompson	ST Augustine	12.68m	41-07.25
5	Nikole Simmons	Appalachian State	12.39m	40-07.75
6	Ramona Okonya	Alabama Stat	12.30m	40-04.25
7	Alesia Walters	ST Augustine	12.03m	39-05.75
8	Kristie Boggan	Appalachian State	12.02m	39-05.25
9	Garrette Hunter	Unc-Asheville	12.00m	39-04.50
10	Sara Lewis	Winthrop University	11.84m	38-10.25
11	Kelly Hampshire	Florida A&M	11.62m	38-01.50
12	Sharhonda Bell	Western Carolina	11.37m	37-03.75
13	Chakosha Lance	College of C	11.33m	37-02.25
14	Demaruis Hayward	Claflin University	11.27m	36-11.75
15	Laura Lewandowski	Unc-Asheville	11.25m	36-11.00
16	April McGriff	Florida A&M	11.12m	36-05.75
17	Miranda Long	Western Carolina	10.97m	36-00.00
18	Jessica Moore	Alabama-Birmingham	10.77m	35-04.00
19	Kea Jefferson	Bethune Cookman	10.75m	35-03.25
20	Lindsey Sutherland	Gardner-Webb	10.74m	35-03.00
21	Deneitha Thompson	Alabama Stat	8.87m	29-01.25
--	Crystal Miller	Appalachian State	ND	
--	Julia Hicks	Elon University	ND	
--	Jenn Hawkins	Western Carolina	ND	
--	Tiffany Rice	Winthrop University	ND	
--	Chemier Bufford	Methodist College	ND	
--	Kalera Mitchell	Georgia State	ND	
--	Sara Jo Caya	Unc-Asheville	ND	
--	Natalie Pessoa	Bethune Cookman	ND	
--	Jessica Rollerson	Charleston S	ND	

-- Angela Carlberg	Elon University	ND
-- Sarah Buhl	Elon University	ND
-- Amanda Bolt	Winthrop University	FOUL
-- Misty Copas	East Tennessee	FOUL
-- Chantel Paul	Bethune Cookman	FOUL
-- Alana Fields	Florida A&M	FOUL
-- Sonya Taylor	Charleston S	FOUL
-- Shaunyetta Alston	Claflin University	FOUL

Finals Women's 5000 Meter Run

1 Amanda Kara	Unattached	18:21.83
2 Marta Zimon	Milligan College	18:27.19
3 Kyle Palmquist	College of C	18:39.78
4 Dorothy Boone	Emory University	18:40.24
5 Caroline Hagedorn	Emory University	18:40.34
6 Heidi Sloop	Unc Greensboro	18:40.96
7 Janelle Silverman	Appalachian State	18:50.66
8 Megan Lease	Milligan College	18:51.89
9 Leslie Horn	Winthrop University	18:57.14
10 Whitney Sharp	Furman University	18:57.38
11 Carly Smith	Furman University	19:01.05
12 Kelly Rosborough	Appalachian State	19:04.41
13 Noel Smith	Appalachian State	19:05.81
14 Stephanie Atkins	Appalachian State	19:12.16
15 Ehrin Irvin	Appalachian State	19:15.72
16 Melissa Caudill	High Point U	19:21.57
17 Christine Ward	East Tenness	19:29.36
18 Cailin Lynch	Appalachian State	19:30.92
19 Becky Witkop	College of C	19:31.84
20 Lauren Gross	Milligan College	19:32.96
21 Allison Gorsuch	Appalachian State	19:39.12
22 Jennifer Cronin	Emory University	19:42.24
23 Samantha Mazer	Unattached	19:52.96
24 Fabania Perlingeiro	Virginia Int	19:59.41
25 Kristin Irwin	Unc Greensboro	20:01.35
26 Kathryn Boettcher	College of C	20:05.10
27 Becky Ament	Berry College	20:07.95
28 Kristen Trexler	Appalachian State	20:08.88
29 Melissa Reyes	Georia Southern	20:19.45
30 Cristina Oliveira	Virginia Int	20:47.08
31 Leslie Thurman	Lees-McRae	21:45.96
32 Emily Hoyt	Emory University	21:53.69
33 Claire Weeks	Lees-McRae	22:38.68

Finals Women's 3000 Meter Run Unseeded

1	Jemissa Hess	High Point U	10:25.16
2	Andrea Smith	Georgia State	10:36.55
3	Jennifer Kelley	Appalachian State	10:40.39
4	Katie Poole	Furman University	10:41.50
5	Michelle Milner	Gardner-Webb	10:43.93
6	Amy DiBianca	Emory University	10:44.45
7	Ryanne Fortney	Alabama-Birmingham	10:45.00
8	Mariivi Mercado	Appalachian State	10:48.02
9	Danielle Deines	Brevard College	10:48.03
10	Melissa Daugherty	Georgia Southern	10:51.06
11	Maggie Hunter	Virginia Int	10:53.51
12	Kasey Smith	Appalachian State	10:56.15
13	Eleanor Wilson	Unc Greensboro	11:12.17
14	Marcie Milner	Gardner-Webb	11:14.78
15	Jamie Vetten	High Point U	11:19.03
16	Erin Kelly	High Point U	11:26.88
17	Emily Sutton	Berry College	11:28.04
18	Alana Black	Elon University	11:33.49
19	Mary Rebok	Georgia Southern	11:35.09
20	Amanda Hofacker	Gardner-Webb	11:36.96
21	Jessica Kerzie	Georgia Southern	11:43.17
22	Laurie Cook	Berry College	11:44.85
23	Catherine Lewis	High Point U	11:48.24
24	Angela Chappell	Lees-McRae	11:48.58
25	Elizabeth Rose	College of C	11:49.87
26	Kimberly Kingston	College of C	12:02.24
27	Katie Para finczuk	Emory University	12:09.64
28	Jessie Stackhouse	Furman University	12:15.97
29	Meredith Craig	College of C	12:17.26
30	Casey Willis	Lees-McRae	12:18.70
31	Amber Peace	Milligan College	12:23.52
32	Megan Barnes	Western Carolina	12:37.82

Finals Women's 1 Mile Run Unseeded

1	Katherine Warden	Gardner-Webb	5:23.82
2	Molly Mungovan	Furman University	5:26.90
3	Brittany Thompson	Furman University	5:29.57
4	Shawwna Truelove	High Point U	5:36.57
5	Stephanie McFadden	Georgia Southern	5:41.25
6	Elsa Allstaedt	Unc-Asheville	5:42.00
7	Adie Sander	Alabama-Birmingham	5:44.98
8	Amy Sulser	Elon University	5:49.21
9	Jennifer Habbestad	East Tennessee	5:51.23

10 Guinn Garrett	Furman University	5:51.60
11 Amanda Osterhaus	Brevard College	5:51.69
12 Kate McCarthy	Emory University	5:53.64
13 Kathryn Phillips	Gardner-Webb	5:54.00
14 Kelly Caulfield	Brevard College	5:55.57
15 Lisa Britt	Gardner-Webb	5:58.54
16 Mairy Trexler	Lees-McRae	6:00.56
17 Carla Bowlin	Appalachian State	6:02.62
18 Alison Kenny	Winthrop University	6:02.94
19 Tori Stanfield	Alabama-Birmingham	6:05.59
20 Breeze Ross	Winthrop University	6:09.45
21 Katrina Strickland	Bethune Cookman	6:14.01
22 Lashanda Williams	Lees-McRae	6:14.53
23 Skye Causey	Berry College	6:17.56
-- Tessa Cook	Furman University	DNF
-- Megan Isaacs	Furman University	DNF

Finals Women's 800 Meter Run Unseeded

1 Julia Morton	Emory University	2:24.13
2 Sarah Johnson	Furman University	2:30.44
3 Mary Jo Handley	Furman University	2:33.00
4 Brittany Hunyadi	College of Charleston	2:33.69
5 Tiffany Gordon	Bethune Cookman	2:33.73
6 Andrea Cover	Emory University	2:33.85
7 Tara Barrier	Brevard College	2:34.11
8 Suzanna Bailey	Furman University	2:34.21
9 Miranda Forte	Emory University	2:36.32
10 Jessica Elkon	Appalachian State	2:37.89
11 Caitlin St. Louis	East Tennessee	2:39.39
12 Michelle Tapp	Lees-McRae	2:40.13
13 Jennifer Whittington	East Tennessee	2:45.08
14 Rebecca Cashion	Unc-Asheville	2:45.18
15 Mairy Trexler	Lees-McRae	2:46.18
16 Jill Lucas	Furman University	2:47.52
17 Megan Barnes	Western Carolina	2:58.27

Finals Women's High Jump

1 Kristen Pace	Georgia State	1.81m	5-11.25
2 Kidada Dawkins	Gardner-Webb	1.66m	5-05.25
3 Sabrina Coombs	Bethune Cookman	1.61m	5-03.25
4 Suzanne Makinson	Appalachian State	1.61m	5-03.25
5 Shannon Meadows	Appalachian State	1.61m	5-03.25
6 Carlean Browning	Charleston S	1.61m	5-03.25
7 Adrienne Duke	Alabama-Birmingham	1.61m	5-03.25
8 Danielle LaRue	Appalachian State	1.56m	5-01.25

8 Cecily Peterson	Florida A&M	1.56m	5-01.25
8 Darah valville	Florida A&M	1.56m	5-01.25
8 Tondra White	Appalachian State	1.56m	5-01.25
-- Kristin Truman	East Tennessee	NH	
-- Shanna Fouts	Western Carolina	NH	
-- Kea Jefferson	Bethune Cookman	NH	
-- Courtney Piribek	Elon University	NH	
-- Cecilia Wolff	Winthrop University	NH	
-- Lamayia Jones	Florida A&M	NH	
-- Kimberly Adams	Elon University	NH	
-- Rachell Crandall	Methodist College	NH	
-- Brittany Whitaker	Western Carolina	NH	

Finals Women's 400 Meter Dash

1 Ronetta Smith	Unattached	53.92
2 Emma Wade	South Carolina	55.62
3 Keisha Esprit	South Carolina	55.81
4 Marlo Mincey	Georgia Southern	56.23
5 Zanta Marble	Georgia State	57.06
6 Leslie Martin	Western Carolina	57.09

Finals Women's 60 Meter Dash

1 Melissa Murillo	ST Augustine	7.54	2
2 Chantelle Vernon	East Tennessee	7.65	2
3 Patricia Jackson	Unattached	7.70	2
4 Oriana Carter	Alabama-Birmingham	7.77	2
5 Octavia Goode	Winthrop University	7.79	1
6 Roena Ricks	Charleston S	7.79	2
7 Cassie Gentry	Western Carolina	7.80	1
8 Brittany Smith	Florida A&M	7.82	1
9 Ieesha English	Winthrop University	7.85	1
10 Laura Williams	Georgia Southern	7.90	1
11 Jennifer Claud	Appalachian State	7.93	1

Finals Women's 60 Meter Hurdles

1 Toyin Augustus	Unattached	8.61
2 Theresa Smith	Unattached	8.88
3 Tamara Stephenson	Gardner-Webb	8.96
4 Tondra White	Appalachian State	9.00
5 Lindy Petteway	Georgia Southern	9.00
6 Jessica Burgeson	Elon University	9.10

Finals Women's 200 Meter Dash

1 Melissa Murillo	ST Augustine	24.94
2 Giselle Cunningham	Georgia Southern	24.99

3	Johnsie Liles	Unattached	25.07
4	Celine Nyanga	South Carolina	25.51
5	Crystal Hunter	Alabama-Birmingham	25.55

Finals Women's 3000 Meter

1	Micki Logue	Unc-Asheville	10:14.16
2	Loring Watkins	Unc-Asheville	10:15.41
3	Tiffany Carberry	Unc-Asheville	10:15.94
4	Angie Long	Unattached	10:31.05
5	Melanie Cooper	Western Carolina	10:48.32
6	Jennifer Thompson	Alabama-Birmingham	10:51.37
7	Alissa Short	Western Carolina	10:53.16
8	Katie Marshall	East Tennessee	11:33.11
--	Keisha Gray	Livingstone College	D

Finals Women's 1 Mile

1	allie bohannon	Unattached	5:10.65
2	Petra Ivanova	Alabama-Birmingham	5:10.74
3	Elizabeth Ambrus	Alabama-Birmingham	5:19.52
4	Carrie Selmer	Winthrop University	5:20.99
5	Brittney Swick	Georgia Southern	5:23.95
6	Kim Worlund	Unc-Asheville	5:26.86
7	Lindsay Thomas	Florida A&M	5:36.42
8	Alissa Short	Western Carolina	5:40.36
9	Sally Tarlue	Livingstone College	5:52.06

Finals Women's 4x400 Meter Relay

1	Georgia State	3:46.60
2	ST Augustine's College	3:49.38
3	Western Carolina	3:50.91
4	Florida A&M	3:54.81
5	Alabama-Birmingham	3:56.18