

2008 Southern Conference Outdoor Championships
Western Carolina University – Cullowhee, N.C.
Tentative Meet Schedule

Saturday, April 26th

<i>Decathlon</i>		<i>Heptathlon</i>	
9:00am	100m	9:15am	100mH
	LJ		HJ
	SP		SP
	HJ		200m
	400m		

Sunday, April 27th

<i>Decathlon</i>		<i>Heptathlon</i>	
9:30am	110H	9:30am	LJ
	DT(Ha. Cage)		JT
	PV		800m
	JT		
	1500m		

Track & Field Events Schedule

9:30 am.....10,000m (M) - Final
.....Hammer (M) - Final
10:10 am..... 10,000m (W) - Final
11:30 am.....Hammer (W) - Final
12:00 pmPole Vault (W) - Final
12:30 pmLong Jump (M&W) - Final
1:45 pm400m (W then M) - Trials
2:00 pmJavelin (W) - Final
2:30 pm100m (W then M) - Trials
3:15 pm100/110mH (W then M) Trial
4:00 pm800m (W then M) - Trials
..... Pole Vault (M) Final
4:45 pm Discus (M) Final
.....400mH (W then M) - Trials
5:30 pm200m (W then M) - Trials
6:15 pm3000m SC (W) Final
6:35 pm3000m SC (M) Final

Track & Field Events Schedule

11:45 am Discus (W) Final
12:00 pm Shot Put (M) Final
..... Triple Jump (W&M) Final
2:00 pm 4x100m – (W) - Final
Pole Vault-in case of bad weather and had to move from day #1
2:10 pm4 x 100m (M) - Final
2:20 pm 1500m (W) - Final
2:30 pm 1500m (M) – Final
..... High Jump (M&W) - Final
2:45 pm 400m (W) - Final
2:55 pm400m (M) - Final
3:05 pm 100m (W) - Final
3:15 pm100m (M) - Final
3:25 pm 100mH (W) - Final
3:30 pmShot Put (W) - Final
3:35 pm110mH (M) - Final
3:45 pm 800m (W) - Final
3:55 pm800m (M) - Final
4:05 pm 400mH (W) - Final
..... Javelin (M) - Final
4:15 pm400mH (M) - Final
4:25 pm 200m (W) - Final
4:35 pm200m (M) - Final
4:45 pm 5000m (W) - Final
5:10 pm5000m (M) - Final
5:30 pm 4x400m (W) - Final
5:40 pm4 x 400m (M) - Final
5:50 pm Awards Ceremony