

WCU Cheerleaders Rules and Regulations: 2002/2003

The following are a series of guidelines and regulations that were developed by the Athletic Department, the Head Coach and Cheerleader Captains for the upcoming season.

1. Cheerleaders must attend all official cheerleader events to include workouts, practices, games and meetings. If you are late to or fail to attend any official meetings, practices or games the following punishments will occur. In the event that you are late to an event or practice, additional running will be required at the next practice. If you fail to attend an event you will be required to run the stadium steps on the following Friday morning at 6:30 am. If you miss more than two events (unexcused), you will be dismissed from the squad. **IF YOU KNOW THAT YOU ARE GOING TO BE LATE OR ABSENT, CONTACT THE COACH OR ONE OF THE CAPTAINS.**
2. Freshman Cheerleaders will not be permitted to pledge a fraternity or sorority until they are a second semester freshman.
3. All fees dealing with cheerleading must be paid or a hold will be put on your grades.
4. Each cheerleader is responsible for maintaining the weight and fat ratio agreed to at tryouts. You must attend the fitness workouts each week. If you miss your workout you will be required to run the stadium steps at 6:00 am on Friday. At any time you may be seated from the squad if your health begins to interfere with your performance.
5. Uniforms must be turned in at the end of the year or you will have a hold on your grades.
6. The consumption of alcoholic beverages or use of any illegal substance at any official Cheerleader events is grounds for immediate dismissal from the squad.
7. If a cheerleaders grades are below average, the coach and study hall coordinator will meet to determine that cheerleaders continuance on the squad.

I have read and fully understand the above rules and regulations and agree to abide by them as written.

Signature of cheerleader

Date

Witness

Date