

Appendix C
Western Carolina University
Athletic Training Department
Assumption of Risk Form
Football

I understand that the game and sport of football is an inherently dangerous activity and that there is genuine and serious risk to anyone who engages in this activity.

Due to the nature of the physical violence and collisions that are a part of football, I understand that the risk of serious physical injury, including catastrophic injury resulting in permanent paralysis, brain injury or death does exist.

I knowingly assume responsibility for any and all such risks and any resulting injuries, including death. And I do hereby voluntarily choose to participate in this event in spite of the risks.

Below is a duplicate of the label on each football helmet used at Western Carolina University. Please read and sign below as indicated.

Warning

Do not strike an opponent with any part of this helmet or facemask. This is a violation of football rules and may cause you to suffer brain or neck injury, including paralysis or death. Severe brain or neck injury may also occur accidentally while playing football.

NO HELMET CAN PREVENT ALL SUCH INJURIES.
USE THIS HELMET AT YOUR OWN RISK.

I, _____ (print name), have read and understand the above document. A certified athletic trainer has further discussed this topic with me and I fully understand the risks involved upon my participation in the sport of football at Western Carolina University.

 Athlete Signature Date

 Parent Signature (if athlete is not 18) Date

 Certified Athletic Trainer Signature

 Date