



WSU-UW Track & Field Dual Meet
May 1-2, 2009



VS

Friday May 1, 2009

4:30 PM-Hammer Throw (Women then Men) @ West Seattle Stadium

Saturday May 2, 2009

11:00 AM-Javelin (W)
11:00 AM-Long Jump (W)
11:45 AM-Javelin (M)
11:45 AM-Long Jump (M)
12:00 PM-3000m Steeplechase (W)
12:15 PM-3000m Steeplechase (M)
12:30 PM-High Jump (W)
12:30 PM-4x100m Relay (W)
12:30 PM-Shot Put (W)
12:45 PM-Pole Vault (W)
12:35 PM-4x100m Relay (M)
12:45 PM-Triple Jump (W)
12:45 PM-1500m Run (W)
12:55 PM-1500m Run (M)
1:05 PM-100m Hurdles (W)
1:15 PM-110m Hurdles (M)
1:15 PM-Shot Put (M)
1:25 PM-400m Dash (W)
1:30 PM-400m Dash (M)
1:30 PM-Triple Jump (M)
1:40 PM-100m Dash (W)
1:45 PM-100m Dash (M)
1:45 PM-High Jump (M)
1:45 PM-Discus (W)
1:50 PM-800m Run (W)
1:55 PM-800m Run (M)
2:00 PM-Pole Vault (M)
2:00 PM-400m Hurdles (W)
2:05 PM-400m Hurdles (M)
2:15 PM-200m Dash (W)
2:25 PM-200m Dash (M)
2:35 PM-3000m Run (W)
2:30 PM-Discus (M)
2:50 PM-3000m Run (M)
3:10 PM-4x400m Relay (W)
3:15 PM-4x400m Relay (M)