



# 2012 Washington Track and Field

## Men's Best Marks

Updated through 5/13/12

- For indoor events, NCAA standards are listed for Banked or Over 200m tracks.
- Wind-aided marks above 4.0 mps (W) are not accepted for NCAA qualifying.

### 60 Meters (Ind) **NCAA: 6.60**

James Alaka	6.83	(2/11)
Ryan Hamilton	6.95	(2/24)
Matt Anthony	7.00	(2/24)
Ken Egu	7.04	(3/3)
James Johnson	7.27	(2/11)
Shayne Moore	7.35	(2/11)

### 100 Meters (Out)

James Alaka	10.22	(5/13)
Ryan Hamilton	10.51W	(5/5)
	10.59	(4/20)
Matt Anthony	10.82w	(4/20)
	10.85	(4/28)

### 200 Meters (Out)

James Alaka	20.45	(5/13)
Maurice McNeal	21.32	(3/24)
Ryan Hamilton	21.49	(4/28)
Matt Anthony	21.93	(4/28)

### 200 Meters (Ind) **NCAA: 20.73**

Maurice McNeal	21.40	(2/10)
James Alaka	21.47	(2/4)
Ryan Hamilton	21.95	(2/24)
Matt Anthony	22.30	(2/24)
Colton Dunn	22.57	(1/27)
Sam Rucker	22.95	(1/27)

### 400 Meters (Out)

Maurice McNeal	46.59	(5/13)
Sam Rucker	48.32	(4/28)
James Alaka	48.95	(3/24)
Derrick Daigre	50.70	(4/20)

### 400 Meters (Ind) **NCAA: 46.00**

Maurice McNeal	46.69	(2/25)
Dan Sanders	48.72	(2/11)
Sam Rucker	49.31	(2/25)
Miles Timpe	50.49	(2/11)

### 800 Meters (Out)

Derrick Daigre	1:51.41	(4/28)
Charlie Williams	1:51.49	(4/20)
Kyle Blume	1:51.61	(5/5)
Brad Whitley	1:51.77	(5/12)
Michael Miller Jr.	1:51.87	(4/20)
Sean Krinik	1:52.11	(4/28)
Meron Simon	1:52.26	(4/20)
Gareth Gilna	1:55.34	(4/7)

### 800 Meters (Ind) **NCAA: 1:47.30**

Michael Miller Jr.	1:49.61	(3/3)
Kyle Blume	1:51.50	(2/11)
Ryan Soberanis	1:51.53	(1/28)
Sean Krinik	1:51.89	(2/11)
Joey Bywater	1:52.06	(1/28)
Brad Whitley	1:52.27	(3/3)
Dan Sanders	1:52.66	(3/3)
Charlie Williams	1:52.69	(1/28)
Derrick Daigre	1:54.25	(1/28)
Taylor Hughes	1:55.06	(2/11)
Miles Timpe	1:58.82	(3/3)

### 1,500 Meters (Out)

Ryan Soberanis	3:46.94	(4/7)
Joey Bywater	3:47.31	(5/12)
Meron Simon	3:50.23	(4/19)
Charlie Williams	3:50.48	(3/24)
Tyler King	3:51.24	(3/24)
Brad Whitley	3:51.38	(3/24)
Kyle Blume	3:51.79	(4/19)
Michael Miller Jr.	3:52.63	(4/19)
Taylor Carlson	4:03.51	(4/28)

### Mile (Ind) **NCAA: 3:57.90**

Joey Bywater	4:01.21	(2/11)
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Ryan Soberanis	4:02.32	(2/11)
Meron Simon	4:04.54	(3/3)
Michael Miller Jr.	4:05.85	(2/25)
Gareth Gilna	4:10.93	(1/28)
Tyler King	4:11.35	(3/3)
Brad Whitley	4:11.50	(1/28)
Kyle Blume	4:11.97	(1/28)
Kyle Rae	4:15.77	(2/11)
Dylan Morin	4:17.95	(3/3)

### 3,000 Meters (Out)

Aaron Beattie	8:39.14	(4/28)
Tyler King	8:41.27	(4/28)
Bryan Tibaduiza	9:03.82	(4/28)

### 3,000 Meters (Ind) **NCAA: 7:52.30**

Joey Bywater	8:03.83	(2/25)
Rob Webster Jr.	8:09.12	(1/28)
Tyler King	8:11.48	(2/25)
Aaron Beattie	8:14.84	(2/11)
Meron Simon	8:16.35	(1/28)
Bryan Tibaduiza	8:24.69	(2/11)
Aaron Nelson	8:26.91	(1/28)
Dylan Morin	8:30.90	(2/11)
Kevin Mangan	8:40.01	(3/3)
Kyle Rae	8:45.35	(1/28)

### 3,000 Meter Steeplechase (Out)

Michael Miller Jr.	9:03.20	(4/28)
Meron Simon	9:12.78	(3/24)

### 5,000 Meters (Out)

Tyler King	14:18.92	(4/20)
Aaron Beattie	14:29.66	(4/7)
Taylor Carlson	15:35.52	(4/7)

### 5,000 Meters (Ind) **NCAA: 13:44.60**

Rob Webster Jr.	13:55.16	(2/24)
Aaron Beattie	14:16.80	(2/24)
Bryan Tibaduiza	15:01.93	(2/24)
Kevin Mangan	15:38.02	(2/10)

### 10,000 Meters (Out)

Aaron Beattie	30:20.49	(4/19)
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### 60 Meter Hurdles (Ind) **NCAA: 7.70**

Shayne Moore	8.28	(3/3)
Howard Lao	8.55	(1/14)
James Johnson	8.63	(1/28)
Miles Timpe	8.81	(1/28)

### 110 Meter Hurdles (Out)

Shayne Moore	14.75	(4/20)
Miles Timpe	15.76w	(4/7)
	15.98	(4/28)

### 400 Meter Hurdles (Out)

Dan Sanders	53.14	(4/20)
Miles Timpe	53.49	(5/12)

### 4x100 Meter Relay (Out)

Anthony/Alaka/McNeal/Hamilton	40.13	(3/24)
Anthony/Alaka/Rucker/Hamilton	40.23	(4/28)
Rucker/Alaka/McNeal/Hamilton	40.30	(5/12)

### 4x400 Meter Relay (Out)

Rucker/McNeal/Alaka/Timpe	3:10.36	(5/13)
Sanders/Rucker/Timpe/Daigre	3:15.39	(4/7)
Timpe/Rucker/Whitley/Daigre	3:16.53	(4/28)
Whitley/Williams/Soberanis/Miller Jr.	3:24.01	(3/24)

### 4x400 Meter Relay (Ind) **NCAA: 3:06.50**

Rucker/Sanders/Alaka/McNeal	3:10.64	(2/25)
Alaka/Sanders/Dunn/McNeal	3:12.59	(2/4)
Timpe/Rucker/Whitley/Soberanis	3:20.23	(1/14)
Rucker/Timpe/Daigre/Soberanis	3:21.59	(1/28)

### Dist. Medley Relay (Ind) **NCAA: 9:31.00**

Soberanis/McNeal/Whitley/Bywater	9:31.68	(3/2)
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Williams/McNeal/Whitley/Bywater	9:41.17	(1/27)
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### High Jump (Out)

A.J. Maricich	7-1 1/2 (2.17)	(5/12)
Chase Walker	6-5 (1.96)	(4/28)
Clayton Johnson	6-2 (1.88)	(4/7)

### High Jump (Ind) **NCAA: 7-4 1/4 (2.24)**

A.J. Maricich	6-11 1/2 (2.12)	(2/25)
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### Pole Vault (Out)

J.J. Juilfs	17-10 1/4 (5.44)	(5/12)
Robby Fegles	17-2 3/4 (5.25)	(4/20)
Alex Neshyba	15-3 1/2 (4.66)	(4/28)

### Pole Vault (Ind) **NCAA: 18-0 1/2 (5.50)**

J.J. Juilfs	17-8 1/4 (5.39)	(3/3)
Robby Fegles	17-1 3/4 (5.23)	(2/11)
Alex Neshyba	15-5 (4.70)	(2/12)

### Long Jump (Out)

Julian Bardwell	23-11 (7.29)w	(4/21)
	23-6 3/4 (7.18)	(5/5)
Kasen Covington	23-3 1/2 (7.10)w	(4/21)
	22-11 1/4 (6.99)	(4/28)
Thomas Kmett	21-0 1/2 (6.41)	(4/28)

### Long Jump (Ind) **NCAA: 26-3 (8.00)**

Julian Bardwell	23-7 1/2 (7.20)	(3/3)
Kasen Covington	22-10 1/2 (6.97)	(2/24)
Thomas Kmett	20-10 1/2 (6.36)	(1/14)
Warren Woods	19-8 3/4 (6.01)	(1/28)

### Triple Jump (Out)

Kasen Covington	50-3 1/4 (15.32)	(4/28)
Clayton Johnson	47-10 1/2 (14.59)	(4/28)
Thomas Kmett	47-4 1/2 (14.44)	(5/5)
Julian Bardwell	46-8 3/4 (14.24)	(5/13)

### Triple Jump (Ind) **NCAA: 53-5 3/4 (16.30)**

Kasen Covington	48-5 1/2 (14.77)	(2/25)
Clayton Johnson	47-1 (14.35)	(2/25)
Thomas Kmett	45-8 (13.92)	(2/12)
Julian Bardwell	45-3 1/2 (13.80)	(1/28)

### Shot Put (Out)

Danny Shelton	50-9 1/2 (15.48)	(3/24)
Conner Larned	41-8 1/2 (12.71)	(4/28)

### Shot Put (Ind) **NCAA: 63-6 (19.35)**

Danny Shelton	51-3 1/2 (15.63)	(2/25)
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### Discus (Out)

Conner Larned	161-6 (49.23)	(4/7)
Angus Taylor	157-9 (48.08)	(4/28)

### Hammer (Out)

Angus Taylor	204-2 (62.23)	(4/28)
Conner Larned	171-0 (52.13)	(3/23)

### Weight (Ind) **NCAA: 70-6 1/2 (21.50)**

Angus Taylor	62-7 3/4 (19.09)	(2/24)
Conner Larned	55-1 (16.79)	(1/14)

### Javelin (Out)

Joe Zimmerman	233-1 (71.04)	(4/20)
Quinn Hale	222-3 (67.74)	(4/28)
Curtis Clauson	218-6 (66.61)	(4/20)
Jimmy Brookman	217-11 (66.42)	(5/12)

### Heptathlon (Ind) **NCAA: 5,750**

### Decathlon (Out)

Key:  
 \* NCAA championship meet competitors underlined  
 + NCAA Outdoor Preliminary Round participant  
 @ NCAA automatic qualifying mark

S Washington school record  
 w Wind-aided mark between 2.0-4.0 mps  
 W Wind-aided mark greater than 4.0 mps

Jan. 14 UW Indoor Preview, Seattle  
 Jan. 21 National Pole Vault Summit, Reno, Nev.  
 Jan. 28 UW Invitational, Seattle  
 Feb. 3 Vandal Indoor, Moscow, Idaho  
 Feb. 4 Bronco Classic, Nampa, Idaho  
 Feb. 10-11 Flatrack Husky Classic, Seattle  
 Feb. 12 UW Indoor Open, Seattle  
 Feb. 24-25 MPSF Championships, Seattle  
 Mar. 2-3 Alex Wilson Invitational, South Bend, Ind.  
 Mar. 3 UW Final Qualifier, Seattle  
 Mar. 9-10 NCAA Indoor Championships, Nampa, Idaho  
 Mar. 23-24 USC Trojan Invitational, Los Angeles, Calif.  
 Mar. 24 CNW Spring Break Open, Seattle  
 Apr. 7 Pepsi Team Invitational, Eugene, Ore.  
 Apr. 7 J.D. Shotwell Invitational, Tacoma, Wash.  
 Apr. 19-21 Mt. SAC Relays, Walnut, Calif.  
 Apr. 20-21 Beach Invitational, Norwalk, Calif.  
 Apr. 28 UW-WSU Dual, Pullman, Wash.  
 May 5 Oregon Twilight Meet, Eugene, Ore.  
 May 12-13 Pac-12 Championships, Eugene, Ore.

# Men's Postseason Summaries

## MPSF Indoor Championships (Seattle, Wash.; Feb. 24-25)

**Team Scoring:** 1. Arizona State 131.50; 2. Stanford 81.50; 3. Oregon 77; 4. Arizona 70; 5. BYU 67; 6. Washington State 61; 7. UCLA 49; 8. Washington 37.50; 9. Long Beach State 31; 10. California 26.50; 11. Colorado 22; 12. Cal State Northridge 9.

### UW Scorers:

2nd	Angus Taylor	Weight Throw	62-7 3/4
3rd	Maurice McNeal	400m	46.69
3rd (tie)	J.J. Juilfs	Pole Vault	17-1 3/4
4th	Soberanis/McNeal/Whitley/Bywater	Distance Medley Relay	9:35.06
5th	Rucker/Sanders/Alaka/McNeal	4x400m Relay	3:10.64
6th	A.J. Maricich	High Jump	6-11 1/2
7th	James Alaka	60m	6.91
7th	Rob Webster Jr.	5,000m	13:55.16
8th	Meron Simon	Mile	4:05.24
8th	Shayne Moore	60m Hurdles	8.57

## NCAA Indoor Championships (Nampa, Idaho; Mar. 9-10)

**Team Scoring (Top-25):** 1. Florida 52; 2. Arkansas 47; 3. Arizona 41; 4. Arizona State 31; 5. LSU 27; 6. Indiana 25; 7. Texas 22.50; 8. Virginia Tech 22; 8. Texas A&M 22; 8. Florida State 22; 11. Stanford 21; 12. Notre Dame 15; 13. Illinois 13; 14. BYU 12; 15. Iowa 11; 15. Southern Utah 11; 15. New Mexico 11; 18. Minnesota 10; 18. Syracuse 10; 18. Tulsa 10; 18. Duke 10; 22. Mississippi State 9.50; 23. Nebraska 9; 23. Georgia 9; 23. Oral Roberts 9.

### UW Participants:

10th	Soberanis/McNeal/Whitley/Bywater	Distance Medley Relay	10:02.96
17th	J.J. Juilfs	Pole Vault	17-0 3/4



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## Women's Best Marks

Updated through 5/13/12

• For indoor events, NCAA standards are listed for Banked or Over 200m tracks.  
• Wind-aided marks above 4.0 mps (W) are not accepted for NCAA qualifying.

<b>60 Meters (Ind)</b>	<b>NCAA: 7.23</b>
Haley Jacobson	7.75 (3/3)

<b>100 Meters (Out)</b>	
Haley Jacobson	11.95w (5/12)
	12.03 (4/28)
Bianca Greene	12.40 (4/28)

<b>200 Meters (Out)</b>	
Jordan Carlson	24.55 (3/24)
Bianca Greene	24.80 (5/12)
Haley Jacobson	25.33 (4/7)
Sarah Schireman	25.91 (5/5)
Shelby Williams	25.96 (5/5)

<b>200 Meters (Ind)</b>	<b>NCAA: 23.12</b>
Gianna Woodruff	25.32 (3/3)
Shelby Williams	26.59 (2/12)
Johanna Carr	26.66 (1/28)
Jaleecia Roland	26.92 (2/12)

<b>400 Meters (Out)</b>	
Jordan Carlson	53.03 (5/13)
Michelle Fero	56.21 (4/28)
Alisha Oden	58.19 (4/28)

<b>400 Meters (Ind)</b>	<b>NCAA: 52.60</b>
\$ Jordan Carlson	54.67 (2/25)
Kayla Stueckle	56.11 (2/25)
Laura Schmitt	57.06 (3/3)
Michelle Fero	57.27 (3/3)
Gianna Woodruff	57.93 (1/28)
Alisha Oden	58.27 (2/11)
Bianca Greene	59.02 (3/3)
Skye Atchley	59.86 (2/12)
Elaine Tran	61.60 (1/28)

<b>800 Meters (Out)</b>	
Katie Flood	2:07.33 (4/7)
Baylee Mires	2:09.39 (4/7)
Chelsea Orr	2:10.19 (4/20)
Eleanor Fulton	2:10.76 (4/7)
Mackenzie Carter	2:11.06 (4/20)
Chloe Curtis	2:12.65 (5/5)
Christine Babcock	2:13.29 (4/20)
Nikki Codd	2:20.67 (4/28)
Shelby Williams	2:22.25 (5/6)
Sarah Schireman	2:25.66 (5/6)

<b>800 Meters (Ind)</b>	<b>NCAA: 2:04.50</b>
Baylee Mires	2:09.57 (2/11)
Justine Johnson	2:10.10 (1/28)
Laura Schmitt	2:12.61 (2/25)
Skye Atchley	2:12.96 (3/3)
Christine Babcock	2:13.80 (1/28)
Chloe Curtis	2:16.86 (2/11)
Alisha Oden	2:18.37 (3/3)
Amy Before	2:19.06 (1/28)
Michelle Fero	2:19.39 (2/12)
Shelby Williams	2:28.09 (2/24)
Sarah Schireman	2:30.66 (2/24)
Jaleecia Roland	2:51.30 (1/27)

<b>1,500 Meters (Out)</b>	
\$ Katie Flood	4:11.66 (4/20)
Chelsea Orr	4:19.21 (4/19)
Megan Goethals	4:20.91 (4/7)
Eleanor Fulton	4:22.26 (3/24)
Christine Babcock	4:22.58 (4/19)
Mackenzie Carter	4:26.64 (4/19)
Justine Johnson	4:27.53 (4/7)
Liberty Miller	4:27.90 (3/24)
Baylee Mires	4:30.11 (4/19)
Breanna Huschka	4:46.82 (4/7)

<b>Mile (Ind)</b>	<b>NCAA: 4:37.00</b>
\$ @ Katie Flood	4:28.48 (2/11)

Chelsea Orr	4:39.78 (2/11)
Justine Johnson	4:41.13 (3/3)
Christine Babcock	4:43.54 (3/3)
Eleanor Fulton	4:45.85 (3/3)
Mackenzie Carter	4:46.44 (2/11)
Erin Johnson	4:50.77 (2/11)
Phoebe Merritt	5:03.08 (3/3)

<b>3,000 Meters (Out)</b>	
Megan Goethals	9:31.91 (4/28)
Kayla Evans	9:46.28 (5/5)
Phoebe Merritt	9:51.49 (3/23)
Liberty Miller	9:52.25 (4/28)
Chelsea Orr	9:52.40 (4/28)
Anna Dailey	9:52.44 (4/28)
Breanna Huschka	9:52.68 (5/5)
Megan Morgan	10:27.69 (4/28)

<b>3,000 Meters (Ind)</b>	<b>NCAA: 9:10.00</b>
\$ @ Katie Flood	8:55.31 (1/28)
@ Megan Goethals	9:08.42 (2/25)
Christine Babcock	9:16.96 (2/25)
Chelsea Orr	9:23.67 (2/25)
Liberty Miller	9:34.82 (2/11)
Breanna Huschka	9:53.05 (3/3)

<b>3,000 Meter Steeplechase (Out)</b>	
Eleanor Fulton	10:31.07 (4/28)
Mackenzie Carter	10:39.65 (4/7)

<b>5,000 Meters (Out)</b>	
Megan Goethals	15:58.12 (4/20)
Christine Babcock	16:29.82 (5/13)
Liberty Miller	16:33.00 (4/20)
Chelsea Orr	16:37.21 (4/7)
Phoebe Merritt	16:47.66 (4/20)

<b>5,000 Meters (Ind)</b>	<b>NCAA: 15:57.00</b>
\$ @ Megan Goethals	15:54.89 (2/10)
Lindsay Flanagan	16:14.92 (2/10)
Mel Lawrence	16:32.76 (2/24)
Liberty Miller	16:50.21 (2/24)

<b>10,000 Meters (Out)</b>	
Liberty Miller	35:07.97 (5/12)

<b>60 Meter Hurdles (Ind)</b>	<b>NCAA: 8.10</b>
Naivasha Sophusson Smith	8.90 (3/3)
Sarah Schireman	8.99 (2/24)
Jaleecia Roland	9.15 (2/24)
Shelby Williams	9.35 (2/24)
Elaine Tran	9.63 (2/11)
Skye Atchley	10.26 (1/27)

<b>100 Meter Hurdles (Out)</b>	
Sarah Schireman	14.35w (5/12)
	14.41 (4/20)
Tate Latimer	14.46w (5/5)
	14.89 (4/7)
Naivasha Sophusson Smith	14.51 (5/5)
Shelby Williams	15.16 (4/18)

<b>400 Meter Hurdles (Out)</b>	
Kayla Stueckle	58.52 (5/12)
Gianna Woodruff	1:00.81 (4/28)
Skye Atchley	1:02.60 (4/7)
Elaine Tran	1:05.29 (4/7)

<b>4x100 Meter Relay (Out)</b>	
Jacobson/Woodruff/Stueckle/Greene	45.96 (4/28)
Jacobson/Carlson/Stueckle/Greene	46.71 (3/24)

<b>4x400 Meter Relay (Out)</b>	
Fero/Woodruff/Stueckle/Carlson	3:43.55 (4/28)
Fero/Stueckle/Woodruff/Carlson	3:43.76 (4/20)
Stueckle/Fero/Woodruff/Atchley	3:49.59 (4/7)

<b>4x400 Meter Relay (Ind)</b>	<b>NCAA: 3:34.00</b>
Fero/Woodruff/Stueckle/Carlson	3:45.13 (2/11)

Stueckle/Schmitt/Oden/Carlson	3:45.99 (2/25)
Schmitt/Greene/Oden/Mires	3:52.35 (2/11)
Fero/Woodruff/Carr/Oden	3:55.51 (1/14)
Schmitt/Atchley/Before/Sonners	4:03.26 (1/14)

<b>Dist. Medley Relay (Ind)</b>	<b>NCAA: 11:03.50</b>
! \$ @ Orr/Carlson/Mires/Flood	10:55.01 (2/24)
Babcock/Carlson/Mires/Johnson	11:18.34 (1/27)

<b>High Jump (Out)</b>	
Kelly McNamee	5-8 1/2 (1.74) (4/28)
Caroline Soules	5-6 (1.68) (4/7)
Sarah Schireman	5-3 (1.60) (4/18)
Shelby Williams	5-1 1/4 (1.56) (5/5)

<b>High Jump (Ind)</b>	<b>NCAA: 6-0 3/4 (1.85)</b>
Caroline Soules	5-6 (1.68) (1/14)
Kelly McNamee	5-4 1/4 (1.63) (2/25)
Jaleecia Roland	5-4 1/4 (1.63) (1/14)
Sarah Schireman	5-3 1/4 (1.61) (2/24)
Shelby Williams	5-2 1/4 (1.58) (2/24)
Alice Verhovek	5-0 1/4 (1.53) (1/14)
Skye Atchley	4-6 3/4 (1.39) (1/27)

<b>Pole Vault (Out)</b>	
\$ Logan Miller	14-4 1/2 (4.38) (5/13)
Georgia Reynolds	13-0 3/4 (3.98) (5/13)
Ashley Schnapp	11-7 (3.53) (5/5)
Klarissa Wren	10-6 1/4 (3.21) (4/28)

<b>Pole Vault (Ind)</b>	<b>NCAA: 14-3 1/4 (4.35)</b>
Logan Miller	13-4 1/2 (4.08) (2/25)
Georgia Reynolds	12-2 (3.71) (1/14)
Klarissa Wren	11-6 1/4 (3.51) (1/14)

<b>Long Jump (Out)</b>	
Sarah Schireman	18-11 1/4 (5.77) (4/20)
Shaniae Lakes	17-9 3/4 (5.43) (4/28)
Taylor Nichols	17-8 1/4 (5.39)w (4/28)
	17-8 (5.38) (4/20)
Alana Alexander	17-7 (5.36) (4/28)
Shelby Williams	17-5 1/4 (5.31) (5/6)
Chloe Stiggelbout	16-1 3/4 (4.92) (3/24)

<b>Long Jump (Ind)</b>	<b>NCAA: 21-2 (6.45)</b>
Sarah Schireman	18-2 1/2 (5.55) (2/11)
Jaleecia Roland	17-11 1/2 (5.47) (1/27)
Shaniae Lakes	17-11 1/2 (5.47) (3/3)
Shelby Williams	17-5 1/4 (5.31) (1/27)
Alana Alexander	17-2 1/4 (5.24) (3/3)
Skye Atchley	16-5 3/4 (5.02) (1/27)

<b>Triple Jump (Out)</b>	
\$ Shaniae Lakes	43-3 1/4 (13.19) (5/13)
Alana Alexander	40-7 (12.37) (4/7)
Taylor Nichols	40-3 1/2 (12.28) (5/13)
Chloe Stiggelbout	36-11 (11.25)w (4/7)
	36-10 1/2 (11.24) (4/24)

<b>Triple Jump (Ind)</b>	<b>NCAA: 43-7 3/4 (13.30)</b>
Taylor Nichols	40-5 (12.32) (2/25)
Shaniae Lakes	39-10 (12.14) (2/25)
Alana Alexander	38-3 1/2 (11.67) (1/14)
Chloe Stiggelbout	36-5 1/2 (11.01) (1/28)

<b>Shot Put (Out)</b>	
Shelby Williams	42-4 3/4 (12.92) (5/5)
Erica Huse	36-10 1/2 (11.24) (4/28)
Sarah Schireman	32-11 1/4 (10.04) (5/5)
Jesse Havens	24-9 3/4 (7.56) (4/28)

<b>Shot Put (Ind)</b>	<b>NCAA: 56-5 1/4 (17.20)</b>
Jaleecia Roland	42-8 (13.00) (1/27)
Shelby Williams	39-8 (12.09) (2/11)
Sarah Schireman	33-10 3/4 (10.33) (2/24)
Skye Atchley	27-3 1/4 (8.31) (1/27)

<b>Discus (Out)</b>	
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Elisa Bryant	158-10 (48.41)	(4/20)
Erica Huse	125-3 (38.19)	(4/28)
Shelby Williams	121-10 (37.15)	(5/13)

### Hammer (Out)

Elisa Bryant	193-10 (59.09)	(4/20)
Erica Huse	154-9 (47.17)	(4/7)
Jesse Havens	128-9 (39.25)	(3/3)

### Weight (Ind)

**NCAA: 68-10 (21.00)**

Elisa Bryant	63-4 1/4 (19.31)	(2/11)
Erica Huse	52-5 1/2 (15.99)	(2/3)
Jesse Havens	42-3 1/4 (12.88)	(2/11)
Stephanie Beck	41-2 1/4 (12.55)	(1/28)

### Javelin (Out)

Amanda Peterson	160-5 (48.89)	(4/7)
Brooke Pighin	158-5 (48.28)	(4/28)
Jordin Seekins	146-6 (44.65)	(4/20)
Ally Mueller	132-8 (40.45)	(5/4)
Sarah Schireman	94-4 (28.76)	(5/6)
Shelby Williams	91-11 (28.01)	(5/6)

### Pentathlon (Ind)

**NCAA: 4,150**

Sarah Schireman	3,607	(2/24)
Shelby Williams	3,487	(2/24)
Jaleecia Roland	3,446	(1/27)
Skye Atchley	2,954	(1/27)

### Heptathlon (Out)

Shelby Williams	4,875	(5/5-6)
Sarah Schireman	4,814	(5/5-6)

#### Key:

- NCAA championship meet competitors underlined
- \* NCAA Outdoor Preliminary Round participant
- @ NCAA automatic qualifying mark
- \$ Washington school record
- ! NCAA Champions
- w Wind-aided mark between 2.0-4.0 mps
- W Wind-aided mark greater than 4.0 mps

- Jan. 14 UW Indoor Preview, Seattle
- Jan. 27-28 UW Invitational, Seattle
- Feb. 3 Vandal Indoor, Moscow, Idaho
- Feb. 4 Bronco Classic, Nampa, Idaho
- Feb. 10-11 Flotrack Husky Classic, Seattle
- Feb. 12 UW Indoor Open, Seattle
- Feb. 24-25 MPSF Championships
- Mar. 3 UW Final Qualifier, Seattle
- Mar. 9-10 NCAA Indoor Championships, Nampa, Idaho
- Mar. 23-24 USC Trojan Invitational, Los Angeles, Calif.
- Mar. 24 CNW Spring Break Open, Seattle
- Apr. 7 Pepsi Team Invitational, Eugene, Ore.
- Apr. 7 J.D. Shotwell Invitational, Tacoma, Wash.
- Apr. 19-21 Mt. SAC Relays, Walnut, Calif.
- Apr. 20-21 Beach Invitational, Norwalk, Calif.
- Apr. 28 UW-WSU Dual, Pullman, Wash.
- May 5 Oregon Twilight Meet, Eugene, Ore.
- May 5-6 Pac-12 Multi-Event Championships, Eugene, Ore.
- May 12-13 Pac-12 Championships, Eugene, Ore.

# Women's Postseason Summaries

## MPSF Indoor Championships (Seattle, Wash.; Feb. 24-25)

**Team Scoring:** 1. Stanford 125; 2. Arizona 110; 3. Oregon 108.33; 4. Arizona State 68; **5. Washington 56**; 6. California 48; 7. BYU 41; 8. UCLA 35.33; 9. Utah 27.33; 10. Washington State 13; 11. Cal State Northridge 11; 11. Colorado 11; 13. Long Beach St. 9; 14. UC Irvine 0.

### UW Scorers:

1st	Orr/Carlson/Mires/Flood	Distance Medley Relay	10:55.01
3rd	Megan Goethals	3,000m	9:08.42
3rd	Elisa Bryant	Weight Throw	63-1 1/4
4th	Jordan Carlson	400m	54.67
4th	Mel Lawrence	5,000m	16:32.76
4th	Logan Miller	Pole Vault	13-4 1/2
4th	Taylor Nichols	Triple Jump	40-5
5th	Lindsay Flanagan	5,000m	16:42.20
6th	Eleanor Fulton	Mile	4:46.09
6th	Shaniae Lakes	Triple Jump	39-10
8th	Justine Johnson	Mile	4:47.39
8th	Christine Babcock	3,000m	9:16.96
8th	Liberty Miller	5,000m	16:50.21
8th	Stueckle/Schmitt/Oden/Carlson	4x400m Relay	3:45.99

## NCAA Indoor Championships (Nampa, Idaho; Mar. 9-10)

**Team Scoring (Top-25):** 1. Oregon 49; 2. Kansas 30; 3. LSU 27; 4. Texas 25; 5. Texas A&M 24; 5. Arkansas 24; 8. Clemson 24; 8. UCF 23; 9. Florida 22; 10. Iowa State 21; 11. Arizona 19; 11. BYU 19; 13. Stanford 18; 13. Southern Illinois 18; 15. California 16; 16. Georgetown 15; 16. Baylor 15; 18. Illinois State 14; 18. Ohio State 14; 20. Florida State 13; 21. Wisconsin 11; 21. Connecticut 11; 23. TCU 10; **23. Washington 10**; 23. Michigan State 10; 23. Oklahoma 10; 23. Stony Brook 10.

### UW Participants:

1st	Orr/Carlson/Mires/Flood	Distance Medley Relay	11:05.20
9th	Katie Flood	3,000m	9:19.69
9th	Megan Goethals	5,000m	16:12.89
11th	Megan Goethals	3,000m	9:24.68