

MEN'S ALL-TIME OUTDOOR TOP-10 MARKS

100 Meters

10.18	Ja'Warren Hooker	1998
10.22	James Alaka	2012
10.26	Pablo Franco	1975
10.27	Sterling Hinds	1982
10.30	LaNorris Marshall	1983
10.43	Davaon Spence	2005
	Ed Turner	1996
10.44	Byron Howell	1984
10.48	Isaiah Stanback	2006
10.50	Kelly Coleman	1992

200 Meters

20.23	Ja'Warren Hooker	2000
20.37	Jordan Boase	2008
20.45	James Alaka	2012
20.46	LaNorris Marshall	1981
20.61	Sterling Hinds	1982
20.66	Byron Howell	1985
20.68	Pablo Franco	1977
20.74	Ed Turner	1996
21.02	Maurice McNeal	2011
21.06	Joe Turner	2008

400 Meters

44.78	Ja'Warren Hooker	2000
44.82	Jordan Boase	2008
45.60	Maurice McNeal	2011
45.81	Orlando McKay	1990
45.87	Alex Harcourt	2007
46.06	Billy Hicks	1975
46.13	Derek Prior	1998
46.30	B.J. Dawson	1998
46.31	Brent Merritt	1991
46.41	Bruce Jackson	2006

800 Meters

1:46.29	Ryan Brown	2006
1:47.21	Rob Webster	1982
1:47.54h	Bill Smart	1970
1:48.04h	Mitch Leffler	1992
1:48.14	Austin Abbott	2008
1:48.24h	Greg Gibson	1976
1:48.39	Brice Newton	1997
1:48.60	Ty Minnis	1995
1:48.72	Dwight Wheaton	1991
1:48.84h	Peter Favell	1978

1,500 Meters

3:39.63	Austin Abbott	2009
3:39.89	Bruce Stirling	1987
3:41.74h	Alan Hjort	1989
3:42.64	Geoff Perry	1998
3:43.24h	Greg Gibson	1976
3:43.34h	Rick Albright	1973
3:43.40	Eric Garner	2004
3:43.56	Stormy Shouman	1990
3:43.74	Peter Favell	1978
3:43.77	Gary Gustafson	1978

3,000m Steeplechase

8:32.27	Dan Bell	1987
8:32.54h	Jim Johnson	1972
8:40.24	Atle Naesheim	1989
8:41.17	Greg Metcalf	1992
8:41.83	Carl Moe	2008
8:42.14h	Bill Koss	1972
8:44.54h	Gary Gustafson	1976
8:44.93	Nick Pavach	1996
8:46.92	Mike Hill	2002
8:48.34h	Christian Belz	1997

5,000 Meters

13:40.61	David Bazzi	2001
13:47.25	Colton Tully-Doyle	2011
13:51.83	James Cameron	2011
13:53.45	Alan Hjort	1989
13:54.07	Jeremy Park	2003
13:54.54	Adam Leahy	1990
13:56.84h	Tim Murray	1977
13:57.58	Bill Stolp	1979
13:57.85	Bruce McDowell	1989
13:59.26	Jake Schmitt	2010

10,000 Meters

28:34.54	David Bazzi	2001
28:49.69	Jeremy Mineau	2006
28:53.99	Jake Schmitt	2009
28:58.34h	Curt Corvin	1986
29:07.22	Mike Sayenko	2007
29:13.04h	Jim Reinke	1987
29:22.47	Kevin Peters	2006
29:22.54h	Bill Stolp	1979
29:27.14h	Steve Surface	1977
29:27.84h	Bill McClement	1978

110-Meter Hurdles

13.57	Spider Gaines	1976
13.91	Lorenzo Bellamy	1980
13.94	Dana Hall	1990
14.04ch	Bill Roe	1967
14.11	Aaron Williams	1981
	Ben Meyer	2000
14.21	James Fredrickson	2007
14.22	Jeremy Taiwo	2010
14.24ch	Dave Williams	1967
	Jim Seymour	1970
	Terry Lavery	1974

c - Converted from 120-yard hurdles

400-Meter Hurdles

49.51	Shane Charles	2006
49.85	Bernard Ellison	1991
50.63	James Fredrickson	2007
51.45	Brad Goodrich	2002
51.64ch	Terry Lavery	1974
	Tom Strathairn	1978
	Dan Johnston	1998
51.88c	Brian Mondschein	1975
51.89	Sean Williams	2004
52.17	Ben Meyer	2000

c - Converted from 440-yard hurdles

4x100-Meter Relay

39.24	Brown/Hinds/ Howell/Marshall	1983
39.43	Boase/Davidson/ S. Williams/Spence	2005
39.49	Marshall/Stankovic/ Howell/Jackson	1981
39.52	Boase/Fredrickson/ Turner/Hamilton	2008
39.62	McNeal/Alaka/ Dunn/Hamilton	2011
39.84ch	Carr/Elkins/ Hicks/Davis	1974
39.86	Noji/Hall/ McKay/Jones	1990
39.94ch	Kirtman/Hicks/ Franco/Tinner	1975
39.97	Boase/Bacon/ Turner/Hamilton	2008
40.00	Bacon/Fredrickson/ Turner/Hamilton	2008

c - Converted from 440-yard relay

4x400-Meter Relay

3:03.85	S. Williams/Charles/ Brown/Jackson	2005
3:04.14yh	Tinner/Belur/ Franco/Hicks	1975
3:04.22	Boase/Charles/ Brown/Jackson	2006
3:04.73	Bryant/McKay/ Merritt/Elison	1990
3:05.21	Hooker/Prior/ Anabel/Dawson	1998
3:06.41	Adams/McCary/ S. Williams/Jackson	2004
3:06.53	Strub/McKay/ Merritt/Elison	1991
3:07.08	Boase/Charles/ McCary/Jackson	2006
3:08.37	Boase/Charles/ S. Williams/Jackson	2005
3:08.39	Gudaitis/Fredrickson/ Brown/Harcourt	2007

c - Converted from mile relay

High Jump

7-6 1/2	Rick Noji	1990
7-3 1/4	Norris Frederick	2008
7-1 1/2	A.J. Maricich	2012
7-1	Lucian Moore	1977
	Mike Ramos	1986
7-0 1/2	J.D. Taylor	1985
	Mark Alan	1989
7-0 1/4	Tracey Thomas	1988
	Sean Steele	2001
7-0	Darryl Laverdure	1973
	Doug Meade	1981

Pole Vault

18-9 1/4	Scott Roth	2011
18-6 1/2	Brad Walker	2003
18-0 1/2	Garth Willard	1992
18-0 1/4	Steve Oravetz	1979
17-10 1/2	Ron Johnson	1992
	Bryan Madche	1996
	Matt Phillips	2000
17-10 1/4	J.J. Juifls	2012
17-7 3/4	Ryan Vu	2010
17-7	Jared O'Connor	2009

Long Jump

27-4	Phil Shinnick	1963
25-7	Rob Scott	1992
25-6 3/4	Norris Frederick	2006
25-5 3/4	Wariboko West	1964
25-1 3/4	Grant Birkinshaw	1971
25-1 1/4	Aaron Williams	1981
25-0	Ed Turner	1997
24-9	Peter Spencer	1969
24-8 1/4	J.R. Wolfork	2005
24-7 1/4	Tony Zackery	1986

Triple Jump

52-5 3/4	Wayne Hinkley	1975
51-5 1/2	Eric Klein	1968
51-5	Al Harris	1983
50-11	Dion Brown	1989
50-5 1/4	Aaron Williams	1981
	Tony Parrish	1995
50-4 1/4	Vestee Jackson	1982
50-3 1/4	Kasen Covington	2012
50-3	Dennis Cook	1977
49-11	Jerrold Akins	1994

Shot Put

65-11	Steve Summers	1979
65-4	Ben Lindsey	1998
64-4	Russ Vincent	1976
62-11 1/4	John Hubbell	1969
62-9 1/2	Ernie Conwell	1996
61-7	Pete Kaligis	1994
61-3 3/4	Ernie Cathcart	1972
60-10 1/4	Jeff Johnson	1981
60-3	Erik Johnson	1988
60-0 1/4	Neal Kneip	1986

Discus

214-7	Borys Chambul	1976
210-3	Adam Setliff	1993
208-9	Mart Israel	2007
202-7	Ben Lindsey	1998
201-8	Doug Wollen	1982
200-1	Will Conwell	2006
192-11	Todd Wilson	1991
192-4	Dan Tabish	1987
189-6	Pat Feider	1990
187-3	Mat Schwinn	2003

Hammer

238-7	Scott Neilson	1978
222-1	Martin Bingisser	2007
216-2	Neil Kneip	1985
212-7	Zack Midles	2010
208-5	Sam Fu	1995
205-8	Erik Johnson	1988
204-2	Angus Taylor	2012
200-5	Damon Felice	1996
200-0	Casey Ballwey	1974
196-9	Rich Bagley	1979

Javelin (new implement, 1986-)

253-5	Kyle Nielsen	2011
249-6	Darryl Roberson	1989
244-10	Joe Zimmerman	2010
240-8	Tony Parsley	1991
238-8	Troy Burkholder	1996
237-2	Mike deMunnik	1994
236-1	Craig Manalili	1994
233-10	Juan Romero	2006
233-5	Bob Rockett	1987
	Jacob Smith	1995

Javelin (old implement, pre-1986)

287-6	Bob Rockett	1985
280-8	Duncan Atwood	1978
275-6	Cary Feldman	1971
269-6	Rod Ewaliko	1976
264-7	Gary Quitslund	1972
261-3	Tom Sinclair	1979
260-0	Mike Mahovich	1980
255-7	Dale Pedersen	1983
254-3	Robert Moulder	1980
242-3	Fred Luke	1968

Decathlon

8,322	Mike Ramos	1986
8,063	Steve Erickson	1985
7,758	Gary Gefre	1980
7,742	Jeremy Taiwo	2011
7,465	Gary Wipfler	1981
7,426	Jacob Predmore	2000
7,125	Brian Mondschein	1977
7,065	Stan Vegar	1977
7,006	Blake Bidleman	2007
6,991	E.J. Iddings	1997

MEN'S ALL-TIME INDOOR TOP-10 MARKS/FRESHMAN RECORDS

60 Meters

6.55	Ja'Warren Hooker	2001
6.71c	Ed Turner	1997
	Willem Ryan	1997
6.77c	Tim Martin	1994
	Sterling Hinds	1983
6.78	James Alaka	2010
6.78c	Napoleon Kaufman	1993
	Rick Noji	1987
6.80	Isaiah Stanback	2006
6.80c	Carlos Hattix	1997

c - Converted from 55 meters

200 Meters

20.56	Ja'Warren Hooker	2001
20.85	Jordan Boase	2009
21.05	Ed Turner	1997
21.18	Shelton Sampson	2003
21.40	Maurice McNeal	2012
21.41	Alex Harcourt	2007
21.47	James Alaka	2012
21.51	James Fredrickson	2008
21.54	Beno Bryant	1990
21.57	Joseph Turner	2008
	Tim Martin	1994
	Orlando McKay	1990

400 Meters

46.09	Jordan Boase	2009
46.43	Alex Harcourt	2007
46.45	Derek Prior	1999
46.69	Maurice McNeal	2012
46.86	B.J. Dawson	1998
47.32	Orlando McKay	1991
47.40	James Fredrickson	2008
47.41	Sean Williams	2005
47.54	Jeff Gudaitis	2009
47.58	Bernard Ellison	1990

800 Meters

1:48.40	Ryan Brown	2007
1:48.56	Austin Abbott	2009
1:49.59	Shane Charles	2005
1:49.61	Michael Miller Jr.	2012
1:49.93	Ryan Styrk	2011
1:50.19	Brian Govier	2007
1:50.52	Ryan Soberanis	2009
1:50.65	Mitch Leffler	1993
1:51.14y	Rich Mesmer	1968
1:51.17	Bruce Jackson	2005

c - Converted from 880 yards

Mile

3:58.23	Austin Abbott	2009
3:58.51	James Cameron	2011
3:58.93	Eric Garner	2002
3:59.24	Greg Gibson	1974
4:00.53	Joey Bywater	2011
4:01.33	Carl Moe	2007
4:02.32	Ryan Soberanis	2012
4:03.63	Max O'Donoghue-McDonald	2011
4:03.77	John Russell	2004
4:04.54	Meron Simon	2012

3,000 Meters

7:53.13	Colton Tully-Doyle	2011
7:54.13	Jeremy Park	2003
8:00.17	James Cameron	2011
8:02.56	Eric Garner	2002
8:02.82	Carl Moe	2004
8:03.04	Jake Schmitt	2009
8:03.83	Joey Bywater	2012
8:04.92	Mark Mandi	2004
8:04.94c	Jim Johnson	1972
8:06.04	Dustin Duke	2002

c - Converted from two-mile run

5,000 Meters

13:48.86	Colton Tully-Doyle	2010
13:54.03	Jeremy Mineau	2006
13:54.25	Jake Schmitt	2009
13:54.77	James Cameron	2011
13:55.16	Rob Webster Jr.	2012
13:58.51	David Bazzi	2001
14:10.81	Andy Fader	2004
14:11.39	Jon Hickey	2004
14:12.51	Mark Mandi	2004
14:13.89	Mike Hill	2002

60-Meter Hurdles

7.82c	Dana Hall	1991
7.90c	Skip Moody	1998
7.95c	Ben Meyer	1997
8.03	James Fredrickson	2007
8.06c	Kyle Gano	1994
8.08	Marc James	2004
8.09c	Greg Barber	1999
8.10c	Don Morehead	1984
8.14	Jeremy Taiwo	2011
8.15	Shayne Moore	2010

c - Converted from 55-meter hurdles

4x400-Meter Relay

3:07.03	Boase/Brown/ Charles/Jackson	2006
3:07.33	Hooker/Dawson/ Anabel/Prior	1998
3:07.86	Harcourt/Brown/ Charles/Jackson	2006
3:07.94	S. Williams/Brown/ Charles/Jackson	2005
3:09.08	Gudaitis/Stil/Brown/ Fredrickson	2007
3:09:74	Gudaitis/Fredrickson/ Boase/Harcourt	2008
3:10.07	Hooker/Mackey/ Prior/Anabel	1999
3:10.64	Rucker/Sanders/ Alaka/McNeal	2012
3:10.67	N. Williams/Adams/ McCary/S. Williams	2004
3:10.74c	Kozol/Bathurst/ Bredahl/Stankovic	1981

c - Converted from mile relay

Distance Medley Relay

9:31.68	Soberanis/McNeal/ Whitley/Bywater	2012
9:35.35	Abbott/Jackson/ Brown/Moe	2006
	Garner/S. Williams/ Moe/Russell	2004
9:35.89	Abbott/Fredrickson/ Brown/Moe	2007
9:36.20	Abbott/S. Williams/ Brown/Fader	2005
9:36.21	Bywater/Gudaitis/ Soberanis/Abbott	2009
9:38.09	Russell/S. Williams/ Arnold/Moe	2004
9:38.23	Soberanis/Dunn/ Styrk/Tully-Doyle	2011
9:39.29	Soberanis/Dunn/ Styrk/Cameron	2011
9:40.82	Garner/S. Williams/ Arnold/Park	2003

Men's Freshman Records

100 Meters	10.18, Ja'Warren Hooker, 1998
200 Meters	20.70, Ja'Warren Hooker, 1998
400 Meters	45.60, Maurice McNeal, 2011
800 Meters	1:47.9h, Greg Gibson, 1973
1,500 Meters	3:44.36, Austin Abbott, 2005
Mile	4:04.5h, Greg Gibson, 1973
3,000 Meters	8:02.02i, Carl Moe, 2004
Steeplechase	8:44.4h, Gary Gustafson, 1976
5,000 Meters	13:54.03i, Jeremy Mineau, 2006
10,000 Meters	28:49.69, Jeremy Mineau, 2006
110-Meter Hurdles	13.57, Spider Gaines, 1976
400-Meter Hurdles	51.53, Brad Goodrich, 2001
High Jump	7-4 1/2, Rick Noji, 1986
Pole Vault	17-10 1/2, Scott Roth, 2007
Long Jump	25-6 1/4i, Norris Frederick, 2005
Triple Jump	50-8 1/4i, Kasen Covington, 2011
Shot Put	59-11, Russ Vincent, 1974
Discus	187-2, Ben Lindsey, 1997
Hammer Throw	221-5, Scott Neilson, 1976
Javelin (old)	266-11, Bob Rockett, 1983
Javelin (new)	244-10, Joe Zimmerman, 2010
Decathlon	7,638, Mike Ramos, 1982

High Jump

7-5	Rick Noji	1988
7-3	Norris Frederick	2008
7-0 1/4	Warren Eickhoff	2005
	Rob Reynolds	1996
	Tracey Thomas	1988
6-11 3/4	Sean Steele	2001
6-11 1/2	A.J. Maricich	2012
	Jeremy Taiwo	2011
6-11	Greg Fjellman	1992
6-10 3/4	Tay Cody	1994
	Mark Allan	1991

Pole Vault

19-0 1/4	Brad Walker	2003
18-9 1/4	Scott Roth	2010
17-10	Steve Oravetz	1979
17-9 3/4	McKane Lee	2007
17-8 1/4	J.J. Juifis	2012
17-7 3/4	Matt Phillips	2000
17-7	Ryan Vu	2011
17-6 1/2	Garth Willard	1992
17-6	Jeff Taylor	1975
17-1 3/4	Robby Fegles	2012
	Brian Madche	1998

Long Jump

26-7 3/4	Norris Frederick	2008
25-6 1/2	Phil Shinnick	1965
25-6	Grant Birkinshaw	1970
25-0	Ed Turner	1996
24-5 1/2	Robert Scott	1992
23-10 3/4	Jeremy Taiwo	2011
23-9 1/2	J.R. Wolfork	2006
23-9	Skip Moody	1997
23-7 1/2	Julian Bardwell	2012
	Mike Ramos	1984

Triple Jump

50-10	John Triplett	1976
50-8 1/4	Kasen Covington	2011
50-2 1/2	Wayne Hinkley	1975
50-0 1/2	Tony Parrish	1995
49-8 1/4	Marcus Kelly	2001
49-7	Greg Henderson	1982
49-3 3/4	James Sims, Jr.	2003
49-2 1/4	Jerrold Akins	1992
49-1 3/4	Al Harris	1984
48-11 1/2	Tyriff Rudder	2001

Shot Put

65-5 1/4	Ben Lindsey	1998
64-4	Russ Vincent	1975
64-1	Steve Summers	1980
60-7	John Hubbell	1969
60-6 1/2	Ernie Conwell	1995
58-11 1/2	Eric Johnson	1988
57-5 3/4	Neal Kneip	1986
56-10 1/4	George Sutherland	1975
56-7 1/4	Brett Holden	1982
56-5 1/4	Daniel Te'o-Nesheim	2007

35-lb. Weight Throw

71-5 1/2	Scott Neilson	1979
67-0	Martin Bingisser	2007
65-7 1/2	Neal Kneip	1986
62-7 3/4	Angus Taylor	2012
62-6	Zack Midles	2009
62-1 3/4	Russ Vincent	1978
61-6	Eric Johnson	1989
61-4 3/4	Bill Stengele	1997
58-0 1/4	Will Conwell	2006
57-11 1/4	Conner Larned	2011

Heptathlon

5,780	Jeremy Taiwo	2011
5,309	Andrew Ferleman	2011
5,140	Kale Schmidt	2011
5,126	Blake Bidleman	2006
4,874	Corey Fredericks	2007
4,714	Jake Vetter	2010
4,702	Bryce Borer	2010
4,644	Bobby Noble	2008
4,634	Jeremy Lashinske	2010
4,609	Doug Blaty	2004

WOMEN'S ALL-TIME OUTDOOR TOP-10 MARKS

100 Meters

11.47	Zelda Johnson	1985
11.53	Donna Dennis	1983
11.54h	Ashley Lodree	2006
11.57	Dominique Lauderdale	2011
11.84	Esrenee Cunningham	1989
	Tracy Griffin	1994
11.86	Shirley Walker	1985
11.87	Marzette Penton	1996
11.90	Meledy Smith	1984
11.94	Michele Stapleton	1989

200 Meters

23.40	Donna Dennis	1983
23.86	Tracy Griffin	1994
23.98	Dominique Lauderdale	2011
24.12	Chelsie Pentz	2000
24.13	Zelda Johnson	1985
24.14h	Esrenee Cunningham	1989
24.34	Lauran Dignam	2004
24.44	Tamanika Terry	1994
24.44h	Joyce Schweim	1989
24.50	Keisha Griffis	1998

400 Meters

53.03	Jordan Carlson	2012
54.31	Lauran Dignam	2006
54.44	Keisha Griffis	1998
54.45	Patrice Woods	1996
54.47	Terra Barter	1995
54.64	Koko Sandmeyer	1994
54.70	Monique Glass	1998
54.74h	Colleen Richardson	1980
54.84h	Kelsey Sheppard	2000
54.98	Asya Muhammad	1998

800 Meters

2:05.32	Katie Follett	2010
2:05.73	Sarah Bolender	1987
2:05.97	Courtney Inman	2003
2:06.51	Kailey Campbell	2009
	Dana Arnim	1980
2:06.55	Christine Babcock	2009
2:06.75	Mary Dong	1987
2:06.80	Sandra Gregg	1981
2:06.98	Amanda Miller	2008
2:07.33	Katie Flood	2012

1,500 Meters

4:10.66	Katie Follett	2010
4:10.93	Courtney Inman	2003
4:11.66	Katie Flood	2012
4:12.84h	Regina Joyce	1981
4:14.63	Amy Lia	2006
4:14.94	Michelle Turner	2008
4:16.10	Christine Babcock	2009
4:16.68	Amanda Miller	2008
4:18.31	Sandra Gregg	1981
4:18.43	Kailey Campbell	2009

3,000 Meters

8:55.05	Regina Joyce	1982
9:16.56	Tara Carlson	1996
9:20.35	Margaret Butler	2000
9:23.42	Anita Campbell	2009
9:23.66	Janicka Peterson	1990
9:23.89	Jennifer Smalley	1991
9:26.38	Cami Matson	2000
9:31.04	Emily Johnson	1996
9:31.10	Sabrina Monro	2003
9:31.91	Megan Goethals	2012
	Anne Howard	1991

3,000m Steeplechase

9:40.98	Mel Lawrence	2009
10:31.07	Eleanor Fulton	2012
10:33.28	Laura Halverson	2004
10:35.31	Kate Spigel	2003
10:37.27	Dallon Williams	2004
10:39.65	Mackenzie Carter	2012
10:43.26	Camille Connelly	2005
10:44.96	Allison Linnell	2009
10:49.34	Mo Huber	2008
11:01.27	Karen Schwager	2004

5,000 Meters

15:35.60	Regina Joyce	1982
15:45.85	Anita Campbell	2009
15:47.79	Megan Goethals	2011
15:48.72	Katie Follett	2009
15:50.36	Mel Lawrence	2009
15:55.71	Tara Carlson	1996
15:56.90	Sabrina Monro	2003
16:01.20	Anna Aoki	2001
16:10.94	Gillian Palmer	2001
16:28.11	Kenna Patrick	2009

10,000 Meters

33:13.45	Regina Joyce	1983
33:32.28	Sabrina Monro	2003
33:35.51	Kate Bradshaw	2001
33:40.22	Anita Campbell	2009
33:42.50	Lindsay Flanagan	2011
34:04.70	Deeja Youngquist	1999
34:04.77	Anna Aoki	2001
34:12.54h	Karen Petley	1982
34:34.79	Lisa Gibbs	2002
34:42.10	Lauren Saylor	2009

100-Meter Hurdles

12.99	Ashley Lodree	2007
13.18	Falesha Ankton	2010
13.55	Claudine Robinson	1994
13.62	Shirley Walker	1984
13.69	Joyce Schweim	1990
13.86	Leslie Campbell	1991
13.98	Grace Vela	2004
14.05	Brynne Steward	2003
	Patrice Davis	1999
14.07	Keisha Griffis	1998

400-Meter Hurdles

57.13	Terra Barter	1995
57.35	Keisha Griffis	1997
57.79	Mari Bjone	1991
58.29	Kelsey Sheppard	2000
58.40	Patrice Woods	1995
58.52	Kayla Stueckle	2012
59.45	Angie Tasker	1990
	Patrice Davis	1997
59.52	Falesha Ankton	2008
59.53	Joyce Schweim	1989

4x100-Meter Relay

44.74h	Smith/Walker/ Johnson/Dennis	1985
45.20	Keller/Walker/ Smith/Dennis	1984
45.63	Cunningham/Stapleton/ Gambly/Schweim	1989
45.67	Smith/T. Moore/ Pentz/Hawkins	2000
45.81	Vela/Craddock/ Steward/Lodree	2004
45.88	Ankton/Lauderdale/ Carlson/Greene	2009
45.89	McClatcher/Penton/ Griffis/Muhammad	1998

45.93	Stueckle/Lauderdale/ Carlson/Greene	2011
45.96	Jacobson/Woodruff/ Stueckle/Greene	2012

46.04	Steward/Lodree/ Dignam/Nash Washington	2005 1999
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4x400-Meter Relay

3:37.68	McClatcher/Glass/ Griffis/Muhammad	1998
3:39.04	Sheppard/Pentz/ Moore/Bledsoe	2000
3:39.65	Woods/Casbere/ Barter/Sandmeyer	1994
3:41.60	Newton/Minelli/ Woods/Barter	1995
3:41.92	Washington	1999
3:41.97	Reimbold/Minelli/ Newton/Woods	1996
3:43.24h	Nomiyama/Shannon/ Arnim/Richardson	1980
3:43.55	Fero/Woodruff/ Stueckle/Carlson	2012
3:43.61	Dignam/Leonhardt/ Martin/Ankton	2006
3:43.92	Glass/Minelli/ Davis/Newton	1997

High Jump

6-2 3/4	Vicki Borsheim	1987
6-0 1/2	Maggie Garrison	1978
6-0	Sherri Felton	1978
5-10 1/4	Dianne Baumann	1983
5-10	Makare Desilets	1997
5-9 3/4	Gaye Brandenstein	1982
5-8 3/4	Kelly McNamee	2009
	Celia Willis	1990
	Mary Prince	1990
5-8 1/2	Janie Vermeere	1994

Pole Vault

14-4 1/2	Logan Miller	2012
14-2	Kate Soma	2004
13-9 3/4	Andrea Peterson	2009
13-9 1/4	Carly Dockendorf	2005
13-5 3/4	Stevie Marshalek	2007
13-5 1/4	Kelley DiVesta	2006
	Ashley Wildhaber	2005
13-3 1/2	Lara Jones	2009
13-0 3/4	Georgia Reynolds	2012
12-11 1/2	Sandy Erickson	2000

Long Jump

21-0	Meledy Smith	1984
20-8 1/2	Ashlee Lodree	2007
	Tara Davis	1995
20-8 1/4	Shiri Milton	1984
20-1	Kendra Keller	1987
	Angie Tasker	1989
19-11 1/4	Jakki Davis	1984
19-10 3/4	Sonja Forster	1992
19-9	Kam Warner	1994
19-7 1/2	Tami Mathewson	1990
	Zee Ogarro	2002

Triple Jump

43-3 1/4	Shaniae Lakes	2012
41-7 3/4	Tara Davis	1995
41-4 1/2	Brittany Roberts	2003
41-2 1/2	Taylor Nichols	2011
40-9 3/4	Michelle Reid	1997
40-8 1/4	Angie Tasker	1989
40-7	Alana Alexander	2012
	Suzanne Silvis	1994
40-4 3/4	Sidney Brown	2004
39-11 1/2	Fahern Thomas	1992

Shot Put

55-7	Jennifer Ponath	1988
52-6	Shirley Ross	1988
51-10 1/4	Caryl Van Pelt	1981
51-5	Aretha Hill	1998
51-2 1/2	Meg Jones	1987
50-8 3/4	Sesilia Thomas	2000
49-4 1/2	Jackie Henry	1983
48-5 1/4	Sheree Ellis	2007
48-0 3/4	Cherron Davis	2004
47-0 1/4	Soozie Shanley	1995

Discus

215-3	Aretha Hill	1998
179-3	Jennifer Ponath	1988
175-8	Cecilia Barnes	1999
174-10	Meg Jones	1987
170-7	Sandy Whitlock	1990
169-8	Elisa Bryant	2011
168-0	Susanne Dandenault	1990
161-2	Soozie Shanley	1995
160-1	Jackie Henry	1980
159-1	Caryl Van Pelt	1979

Hammer

193-10	Elisa Bryant	2012
189-9	Kameko Gay	2003
169-1	Rebecca Morrison	1998
168-7	Soozie Shanley	1996
168-2	Aretha Hill	1998
156-4	Cecilia Barnes	1999
155-3	Shannon Harvey	2007
155-2	Carin Trygg	2004
154-9	Erica Huse	2012
153-3	Arlecier West	2006

Javelin (new implement, 1986-)

174-2	Amanda Peterson	2011
173-7	Megan Priestersbach	2004
168-11	Brooke Pighin	2009
161-9	Tiffany Zahn	2006
159-6	Heather Reichmann	2003
146-6	Jordin Seekins	2012
143-8	Kaisa Keranen	2007
137-1	Ally Mueller	2011
136-4	Chris Withey	2000
122-5	Grace Vela	2005

Javelin (old implement, pre-1986)

197-4	Helena Uusitalo	1986
191-2	Deanna Carr	1983
182-4	Shelly Sanford	1989
173-4	Tessie Schorr	1993
171-10	Liz Lasiter	1986
170-6	Vicki Smiley	1983
	Lisa Torrison	1983
167-7	Kristin Ronning	1993
167-2	Monika Parker	1994
165-10	Laura Kruse	1994

Heptathlon

5,266	Sonja Forster	1992
5,225	Grace Vela	2004
5,186	Angie Tasker	1989
4,875	Shelby Williams	2012
4,845	Liz Fuller	2007
4,831	Janie Vermeere	1994
4,814	Sarah Schireman	2012
4,796	Deanna Carr	1982
4,657	Shelley Pascoe	1991
4,469	Kaisa Keranen	2006

WOMEN'S ALL-TIME INDOOR TOP-10 MARKS/FRESHMAN RECORDS

60 Meters

7.34	Ashley Lodree	2007
7.37	Dominique Lauderdale	2011
7.40c	Tracy Griffin	1994
7.50c	Donna Dennis	1986
	Zelda Johnson	1985
7.52c	Marzette Penton	1997
7.57c	Tami Mathewson	1993
7.60	LeTasha Moore	2002
7.62c	Jamara Alexander	2001
7.64c	Joyce Schweim	1991
	Keisha Griffis	1996

c - Converted from 55 meters

200 Meters

24.22	Ashley Lodree	2007
24.49	Tracy Griffin	1994
24.61	Falesha Ankton	2009
24.86	Marzette Penton	1996
	Chelsie Pentz	2000
24.99	Bianca Greene	2010
25.10	Syreeta Martin	2008
25.13	Lauran Dignam	2004
25.23	Joyce Schweim	1991
25.27	Jamara Alexander	2000

400 Meters

54.67	Jordan Carlson	2012
55.11	Kelsey Sheppard	2002
55.46	Lauran Dignam	2006
55.48	Chelsie Pentz	2000
55.74	Koko Sandmeyer	1994
55.91	Patrice Woods	1996
55.99	Kinyatta Leonhardt	2007
56.01	Kellie Gamby	1991
56.11	Kayla Stueckle	2012
56.13	LeTasha Moore	2002

800 Meters

2:06.69	Amanda Miller	2008
2:07.80	Katie Follett	2010
2:07.85	Kailey Campbell	2009
2:08.39	Courtney Inman	2003
2:08.97	Michelle Turner	2008
2:09.57	Baylee Mires	2012
2:09.73	Amy Lia	2004
2:09.99	Dani Schuster	2007
2:10.10	Justine Johnson	2012
2:10.17	Kira Harrison	2007

Mile

4:28.48	Katie Flood	2012
4:34.98	Katie Follett	2010
4:38.00	Christine Babcock	2009
4:38.51	Kailey Campbell	2009
4:39.78	Chelsea Orr	2012
4:39.93	Amanda Miller	2008
4:40.08	Michelle Turner	2008
4:40.24	Courtney Inman	2003
4:41.13	Justine Johnson	2012
4:42.17	Ingvill Makestad	2004

3,000 Meters

8:55.31	Katie Flood	2012
9:08.42	Megan Goethals	2012
9:08.50	Mel Lawrence	2009
9:15.73	Katie Follett	2009
9:16.96	Christine Babcock	2012
9:20.53	Kendra Schaaf	2010
9:23.67	Chelsea Orr	2012
9:25.45	Anita Campbell	2009
9:31.24	Lauren Saylor	2009
9:31.86	Justine Johnson	2011

5,000 Meters

15:54.89	Megan Goethals	2012
16:09.26	Anita Campbell	2009
16:11.82	Mel Lawrence	2010
16:14.92	Lindsay Flanagan	2012
16:22.13	Sabrina Monro	2003
16:33.01	Anna Aoki	2000
16:34.50	Phoebe Merritt	2011
16:45.58	Lisa Gibbs	2002
16:45.96	Lauren Saylor	2008
16:49.24	Kenna Patrick	2009

60-Meter Hurdles

8.01	Ashley Lodree	2007
8.21c	Claudine Robinson	1994
8.41	Falesha Ankton	2009
8.41c	Joyce Schweim	1991
8.55	Brynne Steward	2006
8.55c	Leslie Campbell	1990
8.59c	Patrice Davis	1999
8.62c	Kam Warner	1994
8.63	Grace Vela	2005
8.66c	Lara Kelley	1999

c - Converted from 55-meter hurdles

4x400-Meter Relay

3:44.00	Glass/Sheppard/ Muhammad/Griffis	1999
3:44.26	Pentz/Sheppard/ Moore/Bledsoe	2000
3:44.90	Dignam/Steward/ Leonhardt/Martin	2006
3:45.13	Fero/Woodruff/ Stueckle/Carlson	2012
3:45.32	R. Moore/Jensen/ Sheppard/Hawkins	2002
3:45.40	Woods/Griffin/ Sandmeyer/Barter	1994
3:45.99	Stueckle/Schmitt/ Oden/Carlson	2012
3:46.83	Fero/Carr/ Stueckle/Carlson	2011
3:47.19	Sandmeyer/Hallett/ Doht/Bjone	1991
3:47.58	Martin/Ankton/ Miller/Lodree	2007

Distance Medley Relay

10:55.01	Orr/Carlson/ Mires/Flood	2012
11:05.80	Babcock/Ankton/ K. Campbell/Follett	2009
11:12.77	Miller/Ankton/ Turner/Follett	2008
11:18.34	Babcock/Carlson/ Mires/Johnson	2012
11:19.94	Miller/Tvare/ Turner/Follett	2008
11:20.85	Johnson/Fero/ Orr/Flood	2011
11:23.12	Lia/Jensen/ Makestad/Egerdahl	2004
11:23.57	Makestad/Harrison/ Lia/Egerdahl	2004
11:24.45	Miller/Leonhardt/ Schuster/Lia	2007
11:25.67	Schuster/Leonhardt/ Harrison/Miller	2007

Women's Freshman Records

100 Meters	11.53, Donna Dennis, 1983
200 Meters	23.40, Donna Dennis, 1983
400 Meters	54.6h, Colleen Richardson, 1980
800 Meters	2:06.55, Christine Babcock, 2009
1,500 Meters	4:12.7h, Regina Joyce, 1981
3,000 Meters	8:59.39, Regina Joyce, 1981
Steeplechase	10:37.27, Dallon Williams, 2004
5,000 Meters	15:47.79, Megan Goethals, 2011
10,000 Meters	34:34.79, Lisa Gibbs, 2002
100-Meter Hurdles	13.41, Ashley Lodree, 2004
400-Meter Hurdles	57.35, Keisha Griffis, 1996
High Jump	6-0, Sherri Felton, 1978
Pole Vault	13-3 3/4, Kelley DiVesta, 2005
Long Jump	21-0, Meledy Smith, 1984
Triple Jump	41-0 1/4, Shaniae Lakes, 2010
Shot Put	50-5 1/4i, Meg Jones, 1985
Discus	175-8, Cecelia Barnes, 1999
Hammer Throw	178-9, Elisa Bryant, 2008
Javelin (old)	170-6, Vicki Smiley, 1983
Javelin (new)	157-9, Tiffany Zahn, 2003
Heptathlon	4,891, Angie Tasker, 1987

High Jump

6-2	Vicki Borsheim	1988
6-0	Maggie Garrison	1977
5-11 1/2	Kelly McNamee	2009
5-8 1/4	Dianne Baumann	1983
5-8	Grace Vela	2005
	Celia Willis	1990
5-7 3/4	Daria Pavlov	2006
	Francine Richardson	1997
5-7	Liz Fuller	2006
	Sidney Brown	2003
	Mary Prince	1990

Pole Vault

14-3 1/2	Kate Soma	2005
13-9 1/4	Kelley DiVesta	2008
	Ashley Wildhaber	2005
13-7 3/4	Carly Dockendorf	2006
13-7 1/4	Stevie Marshalek	2005
13-5 1/4	Lara Jones	2009
13-4 1/2	Logan Miller	2012
13-2 1/4	Andrea Peterson	2009
12-11 1/2	Kelly Mudlo	2010
12-9 1/2	Sandy Erickson	2002

Long Jump

20-5 1/2	Meledy Smith	1984
19-9 3/4	Tara Davis	1995
19-9	Kendra Keller	1984
19-7 3/4	Angie Tasker	1989
	Jakki Davis	1984
19-6 3/4	Grace Vela	2005
19-6 1/4	Ashley Lodree	2004
	Kam Warner	1994
19-5 3/4	Michele Reid	1998
19-3	Marzette Penton	1998

Triple Jump

41-4 1/4	Brittany Roberts	2003
41-0 1/4	Daria Amiad-Pavlov	2009
40-7 1/2	Taylor Nichols	2011
40-6 3/4	Angie Tasker	1988
40-3 1/4	Sidney Brown	2005
40-0 1/2	Michele Reid	1998
39-10 1/2	Shaniae Lakes	2011
39-7 1/2	Tara Davis	1995
39-5 3/4	Lindsey Fleishman	2010
39-3 3/4	Grace Vela	2005

Shot Put

52-7 1/2	Jennifer Ponath	1988
51-4 1/2	Shirley Ross	1988
50-9 1/2	Meg Jones	1988
49-10 3/4	Caryl Van Pelt	1978
49-9 3/4	Seselia Thomas	2000
49-4 1/4	Aretha Hill	1998
47-5 1/4	Sheree Ellis	2007
46-10	Suzanne Dandenault	1991
46-7 1/4	Whitney Hooks	2007
46-1 1/4	Cherron Davis	2003

20-lb. Weight Throw

65-8 3/4	Elisa Bryant	2009
55-2	Aretha Hill	1998
52-5 1/2	Erica Huse	2012
52-2 1/2	Soozie Shanley	1996
51-9	Korede Oyetuga	2010
51-5 3/4	Seselia Thomas	2000
50-11 1/2	Arlecier West	2005
50-8 3/4	Kameko Gay	2003
49-1 1/2	Rebecca Morrison	1999
47-9 1/4	Searan Salibian	2002

Pentathlon

3,915	Grace Vela	2005
3,854	Daria Amiad-Pavlov	2006
3,840	Liz Fuller	2008
3,696	Dianne Baumann	1983
3,692	Angie Tasker	1989
3,607	Sarah Schireman	2012
3,559	Kelly McNamee	2009
3,508	Sonja Forster	1990
3,487	Shelby Williams	2012
3,471	Bonnie Snyder	2005