



**FINAL SCHEDULE
UW INVITATIONAL
DEMPSEY INDOOR
JANUARY 27-28, 2012**

Friday, January 27, 2012

FIELD EVENTS

2:45 pm: Pentathlon: High Jump (W)
3:00 pm: Heptathlon: Long Jump (M)
4:15 pm: Heptathlon: Shot Put (M)
5:15 pm: Pentathlon: Shot Put (W)
5:30 pm: Pole Vault, Sect 1 (Women Only)
5:30 pm: Heptathlon: High Jump (M)
6:45 pm: Pentathlon: Long Jump (W)

RUNNING EVENTS

2:00 pm: Pentathlon: 60m Hurdles (W)
2:20 pm: Heptathlon: 60m Dash (M)
5:00 pm: 200m Dash (W) (10 Heats)
5:30 pm: 200m Dash (M) (7 Heats)
5:50 pm: 5000m Run (W) (2 Heats)
6:30 pm: 5000m Run (M) (2 Heats)
7:10 pm: DMR (W) (2 Heats)
7:40 pm: DMR (M) (1Heat)
7:55 pm: Masters 200m (2 Heats)
8:15 pm: Pentathlon: 800m Run (W)

***Multi times are approximate**

****If time allows we will run up to 10 minutes
ahead of schedule!**

**CHECK-IN: ALL ATHLETES MUST CHECK IN 60
MINUTES PRIOR TO EVENT OR RISK BEING
SCRATCHED**



FINAL SCHEDULE
UW INVITATIONAL
DEMPSEY INDOOR
JANUARY 27-28, 2012

Saturday, January 28, 2012

FIELD EVENTS

10:00 am: Long Jump (W/M)
10:30 am: High Jump, Sect 1 (W)
11:45 am: Heptathlon: Pole Vault (M)*
12:00 pm: Shot Put (W)
12:00 pm: Weight Throw (M)
1:00 pm: High Jump (M)
1:30 pm: Triple Jump (W/M)
3:00 pm: Shot Put (M)
3:00 pm: Weight Throw (W)
3:00 pm: Pole Vault, (M, W – Sect 2)
3:00 pm: High Jump, Sect 2 (W)

RUNNING EVENTS

10:00 am: 3000m Run (M) Heat 1
10:15 am: 3000m Run (W) Heat 1
10:30 am: Heptathlon: 60m Hurdles (M) 3 Heats
10:40 am: 60m Hurdles, Prelim (M) 3 Heats
10:50 am: 60m Hurdles, Prelim (W) 7 Heats
11:10 am: 60m Dash, Prelim (M) 7 Heats
11:30 am: 60m Dash, Prelim (W) 7 Heats
11:55 am: 60m Hurdles, Final (M) 2 Heats
12:03 pm: 60m Hurdles, Final (W) 2 Heats
12:13 pm: 60m Dash, Final (M) 2 Heats
12:20 pm: 60m Dash, Final (W) 2 Heats
12:28 pm: 60m Dash, (Masters) 2 Heats
12:35 pm: Mile Run (M) Heat 1
12:42 pm: Mile Run (W) Heat 1
1:00 pm: 400m Dash (M) Heats 1-6
1:20 pm: 400m Dash (W) Heats 1-8
1:50 pm: 800m Run (M) Heats 1-3
2:05 pm: 800m Run (W) Heats 1-4
2:25 pm: Heptathlon 1000m 2 Heats*

***The Women's & Men's Pole Vault and Horizontal Jump Sections will be conducted simultaneously on two adjacent runways.**

****If time allows we will run up to 10 minutes ahead of schedule!**

***Multi times are approximate**

TOP SECTIONS

2:45 pm: Mile Run (M) Heats 2-3
3:00 pm: Mile Run (W) Heats 2-3
3:15 pm: 400m Dash (M) Heats 8-9
3:20 pm: 400m Dash (W) Heats 9-10
3:30 pm: 800m Run (M) Heats 4-5
3:40 pm: 800m Run (W) Heats 5-6
3:50 pm: 3000m Run (M) Heats 2-3
4:15 pm: 3000m Run (W) Heats 2-3
4:40 pm: 4x400m Relay (M) 2 Heats
4:50 pm: 4x400m Relay (W) 2 Heats

CHECK-IN: ALL ATHLETES MUST CHECK IN 60 MINUTES PRIOR TO EVENT OR RISK BEING SCRATCHED