



Sickle Cell Trait Testing Consent/Refusal

Sickle Cell Trait is an inherited condition which affects red blood cells and has been associated with death in NCAA athletes during extreme conditioning. This condition does not cause any symptoms in most people. I have received information regarding testing for Sickle Cell trait offered free of charge by the University of Washington Athletic department. I have been informed that the NCAA is requiring Sickle Cell Trait status be identified in **ALL** Division 1 student-athletes. If I am identified with Sickle Cell Trait I will NOT be restricted from playing my sport but certain types of training in hot weather and at altitude may be modified and I will be removed from training if I develop symptoms. I have had an opportunity to ask any questions I have about the UW Sickle Cell trait testing program.

(Please check one box below)

I have received this information and would like to be tested for Sickle Cell Trait

I have received this information and decline a blood test for Sickle Cell trait

Print Name _____

Signature _____ Date _____