



# 2016 WAKE FOREST CROSS COUNTRY DEMON DEACON RESULTS

## MEN'S RESULTS

### CHARLOTTE PREVIEW

Sept. 2 / Concord, N.C.

Team (2 total)	Points
1. Charlotte	16
2. Wake Forest	41
Individual	Time (5k)
10. Alex Turner	16:20.9
14. Jack McGowen	16:41.8
15. Nicholas Trigani	16:43.0
16. Nicholas Beglane	16:53.3
20. Matthew Lugat	17:33.8
22. Nikolas Silva	17:40.2

### ADIDAS CHALLENGE

Sept. 16 / Cary, N.C.

Team (12 total)	Points
1. Florida State	34
2. NC State	66
6. Wake Forest	164
Individual	Time (6k)
19. Craig Corti	18:29.4
25. Harry Warnick	18:41.3
47. Alexander Giacco	19:15.8
53. Peter Millsaps	19:22.1
56. Simon Holden	19:24.6
57. Myers McKinney	19:27.1
81. Andrew Fea	20:20.3

### ROYALS CHALLENGE

Oct. 7 / Charlotte, N.C.

Team (39 total)	Points
1. Lee	66
2. Mount Olive	77
20. Wake Forest	556
Individual	Time (8k)
53. Peter Millsaps	25:54.7
94. Andrew Fea	26:26.0
154. Alex Delgado	27:14.8
162. Nicholas Raefski	27:22.1
187. Jack McGowan	27:41.2

### PRE-NATIONAL INVITATIONAL

Oct. 15 / Terre Haute, Ind.

Team (20 total - White Division)	Points
1. Ohio	132
2. Miami (Ohio)	178
8. Wake Forest	228
Individual	Time (8k)
4. Harry Warnick	24:53.8
21. Craig Corti	25:26.3
48. Myers McKinney	25:57.9
76. Mitchell Dyer	26:27.1
84. Andrew Magiera	26:33.8
85. Angelos Vasileiou	26:35.0
94. Alexander Giacco	26:44.7

### ACC CHAMPIONSHIPS

Oct. 28 / Cary, N.C.

Team (15 total)	Points
1. Syracuse	29
2. Virginia	72
13. Wake Forest	345
Individual	Time (8k)
30. Craig Corti	24:08.8
77. Harry Warnick	25:02.3
86. Andrew Magiera	25:16.9
91. Myers McKinney	25:25.0
101. Angelos Vasileiou	25:45.3

### NCAA SOUTHEAST REGIONAL

Nov. 11 / Charlottesville, Va.

Team (29 total)	Points
1. NC State	90
2. Virginia	105
16. Wake Forest	440
Individual	Time (10k)
42. Harry Warnick	30:27.6
52. Craig Corti	30:41.3
97. Myers McKinney	31:38.3
120. Andrew Magiera	32:05.9
143. Peter Millsaps	32:34.9
197. Alex Turner	35:35.8

## WOMEN'S RESULTS

### CHARLOTTE PREVIEW

Sept. 2 / Concord, N.C.

Team (3 total)	Points
1. Charlotte	27
2. Davidson	35
3. Wake Forest	68
Individual	Time (5k)
7. Kathryn Kenwood	18:30.1
13. Jenna Truedson	18:55.7
18. Sarah Fahmy	19:13.5
23. Beatrice Boylan	19:35.5
25. Lara-Ann Schwede	19:40.1
28. Gabrielle Merritt	20:02.2

### ADIDAS CHALLENGE

Sept. 16 / Cary, N.C.

Team (17 total)	Points
1. NC State	40
2. North Carolina	54
4. Wake Forest	111
Individual	Time (5k)
8. Catherine Allen	17:41.7
19. Meredith Smith	18:00.5
23. Samantha Halvorsen	18:13.0
25. Ellie Abrahamson	18:19.1
38. Isabelle Harouche	18:48.2
66. Kaitlin Derry	19:42.7

### ROYALS CHALLENGE

Oct. 7 / Charlotte, N.C.

Team (40 total)	Points
1. Davidson	50
2. Wake Forest	102
3. Queens	114
Individual	Time (5k)
5. Kathryn Lazarchick	17:45.5
19. Isabelle Harouche	18:04.4
27. Beatrice Boylan	18:28.5
29. Kathryn Kenwood	18:31.8
41. Kaitlin Derry	18:48.8
77. Lara-Ann Schwede	19:18.6
107. Gabrielle Merritt	19:44.1

### PRE-NATIONAL INVITATIONAL

Oct. 15 / Terre Haute, Ind.

Team (25 total - White Division)	Points
1. Oregon State	114
2. Wake Forest	131
3. Nevada	166
Individual	Time (6k)
13. Meredith Smith	21:34.4
16. Ellie Abrahamson	21:40.7
17. Samantha Halvorsen	21:41.1
29. Catherine Allen	21:51.7
61. Isabelle Harouche	22:29.3
68. Jenna Truedson	22:36.8
119. Kathryn Lazarchick	23:22.2

### ACC CHAMPIONSHIPS

Oct. 28 / Cary, N.C.

Team (15 total)	Points
1. NC State	53
2. Notre Dame	74
8. Wake Forest	207
Individual	Time (6k)
28. Meredith Smith	20:50.4
33. Catherine Allen	21:01.8
35. Samantha Halvorsen	21:04.9
47. Ellie Abrahamson	21:19.8
76. Kathryn Lazarchick	21:47.3
80. Isabelle Harouche	21:53.2
85. Jenna Truedson	21:59.3
93. Kathryn Kenwood	22:09.4
99. Sarah Fahmy	22:20.2
103. Beatrice Boylan	22:26.4

### NCAA SOUTHEAST REGIONAL

Nov. 11 / Charlottesville, Va.

Team (32 total)	Points
1. NC State	53
2. Louisville	163
5. Wake Forest	186
Individual	Time (6k)
27. Meredith Smith	21:10.5
29. Ellie Abrahamson	21:15.9
31. Samantha Halvorsen	21:22.2
33. Catherine Allen	21:28.7
71. Isabelle Harouche	22:04.5
82. Jenna Truedson	22:13.5
89. Kathryn Lazarchick	22:19.1