MEET RESULTS, PRs & EVENT WINNERS

**NCAA INDOOR CHAMPIONSHIPS**

- **Recap/Results**
- **WASHINGTON OPEN**
- **RALEIGH RELAYS**
- **HPU VERTKLASSE AND FLORIDA RELAYS**
- **AGGIE INVITATIONAL**
- **Wake Forest Open**
- **PRs**
  - **Andrea Vahoua (Hammer)** 52.85m/173-4
  - **Charlie Ionata (Hammer)** 65.15m/213-9
  - **John Maurins (Hammer)** 52.35m/171-9
  - **Tylor Harris (Hammer)** 16.60m/54-5.5
  - **Alex Krall (Javelin)** 52.56m/172.5
  - **Frankie Ahearn (Discus)** 41.02m/134-7
  - **Alex Florent (High Jump)** 1.78m
  - **Hunter Roberts (100H)** 13.93
  - **Amy Collins (100H)** 15.26
  - **Mia Wilson (400H)** 1:02.88
  - **Bobby Jacowleff (400H)** 55.17
- **Event Winners**
  - **Jessie Merckle (Javelin)** 52.02m/170-08
  - **Charlie Ionata (Hammer)** 65.15m/213-9
  - **Sydney White (Pole Vault)** 4.07m
  - **Alex Florent (High Jump)** 1.78m
  - **Kathryn Lazarchick (800m)** 2:13.11
- **PRs**
  - **Mia Wilson (400H)** 1:02.00

**HPU VertKlasse**

- **Recap/Results**
- **PRs**
  - **Jessie Merckle (Javelin)** 56.91m/186-8
  - **Alva Hicks (Discus)** 45.78m/150-1 (Hammer) 51.78m/169-10
  - **Amy Collins (Discus)** 30.53m/100-2 (Long Jump) 5.60m/18-4.5 (100H) 15.23
  - **Jenna Truedson (1500m)** 4:43.73
  - **Bobby Jacowleff (400H)** 53.90
- **Event Winners**
  - **Jessie Merckle (Javelin)** 56.91m/186-8
  - **Sam Jones (1500m)** 4:34.88

**Florida Relays**

- **Recap/Results**
- **PRs**
  - **Rob Heppenstall (800m)** 1:47.76
  - **Simon Holden (800m)** 1:48.04
  - **Sebastian Fischbach (1500m)** 3:45.606
- **Event Winners**
  - **Sydney White (Pole Vault)** 3.81m/12-6
  - **Alex Florent (High Jump)** 1.70m/5-7
  - **Andrew Fea (800m)** 1:56.21
  - **Kent Garrett (3000m Steeple)** 9:55.59
  - **Michael Cyphers (High Jump)** 4.80m/15-9

**Aggie Invitational**

- **Recap/Results**
- **Event Winners**
  - **Sydney White (Pole Vault)** 3.81m/12-6
  - **Alex Florent (High Jump)** 1.70m/5-7
  - **Andrew Fea (800m)** 1:56.21
  - **Kent Garrett (3000m Steeple)** 9:55.59
  - **Michael Cyphers (High Jump)** 4.80m/15-9

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**WAKE FOREST UNIVERSITY**

**TRACK & FIELD AND CROSS COUNTRY BULLETIN**

**NCAA NATIONAL INDOOR T&F CHAMPIONSHIPS**

- **Birmingham, AL – 3/12/2016**
- **ROB HEPPENSTALL**
  - **800m – 1:49.06**

**RECENT WOMEN’S SCHOOL RECORD**

- **JESSIE MERCKLE**
  - **4/1/2016**
  - **Javelin**
  - **56.91m/186-8**

**CHECK OUT THE VIDEO!**

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**RECENT MEN’S SCHOOL RECORD**

- **CHARLIE IONATA**
  - **3/18/2016**
  - **Hammer**
  - **65.15m/213-9**

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**HPU VertKlasse**

- **Recap/Results**
  - **PRs**
    - **Jessie Merckle (Javelin)** 56.91m/186-8
    - **Alva Hicks (Discus)** 45.78m/150-1 (Hammer) 51.78m/169-10
    - **Amy Collins (Javelin)** 30.53m/100-2 (Long Jump) 5.60m/18-4.5 (100H) 15.23
    - **Jenna Truedson (1500m)** 4:43.73
    - **Bobby Jacowleff (400H)** 53.90
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  - **PRs**
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- **Recap/Results**
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**NCAA INDOOR CHAMPIONSHIPS**

- **Recap/Results**
  - **WASHINGTON OPEN**
  - **RALEIGH RELAYS**
  - **HPU VERTKLASSE AND FLORIDA RELAYS**
  - **AGGIE INVITATIONAL**

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**Wake Forest Open**

- **PRs**
  - **Andrea Vahoua (Hammer)** 52.85m/173-4 (Shot Put) 13.13m/43-1
  - **Charlie Ionata (Hammer)** 65.15m/213-9 (Discus) 41.86m/137-4
  - **John Maurins (Hammer)** 52.35m/171-9
  - **Tylor Harris (Shot Put)** 16.60m/54-5.5
  - **Alex Krall (Javelin)** 52.56m/172.5
  - **Frankie Ahearn (Discus)** 41.02m/134-7
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