



**#75 Steve Vallos**

► Wake Forest ► Offensive Tackle  
6-3 ► 290 ► Boardman, Ohio

**2006 Awards & Honors**

- 1st Team All-American (SI, TSN)
- 2nd Team All-American (Walter Camp)
- 1st Team All-ACC
- ACC Player of the Year (College Football News)
- 2-Time ACC Offensive Lineman of the Week

**2006:** One of the vocal and emotional leaders of the 2006 ACC Champion Wake Forest Demon Deacons... invited to play in the East-West Game... 1st Team All-American (Sports Illustrated, The Sporting News)... 2nd Team All-American (Walter Camp)... 1st Team All-ACC (Atlantic Coast Sports Media Association, College Football News)... ACC Player of the Year (College Football News)... a Lombardi Trophy and Outland Trophy Watch List member... ACC Offensive Lineman of the Week (9/4)... ACC Offensive Lineman of the Week (11/27)... left Wake Forest as the school's all-time leader in career starts (48)... graded out at 90 percent for the season, the best final score of his career... had 92.5 knockdown blocks, 23 more than any other teammate... enjoyed one of his best career games with an ACC Championship game berth on the line at Maryland... earned a career-best 96 percent to go with 10 knockdown blocks... had eight 90 percent performances as a senior, including Syracuse (95), Connecticut (91), Liberty (91), North Carolina (90), Boston College (92),

Maryland (96), Georgia Tech (90) and Louisville (90)... had double-digit knockdown games against NC State (11), Florida State (10), Maryland (10)... played 843 snaps with only four missed assignments.

**2005:** A Lombardi Trophy Watch List member... selected honorable mention All-ACC... named to the Raleigh News & Observer's All-Big Four Team... was one of three players to start 11 games on offense for the Deacons... a key member of Wake Forest's offensive line that paved the way for ACC Player of the Year Chris Barclay... helped the Deacons to lead the conference in rushing, averaging more than 197 yards per game... graded out at 87 percent for the season with a team-best 146 knockdown blocks -- almost twice as many knockdowns as any else on the team... the 146 knockdowns were the third-most in a season by a Wake Forest offensive lineman in the Jim Grobe era and the most since Mark Moroz had 149 in 2002... had 25 knockdowns against East Carolina, the most by any Wake Forest lineman since those stats were kept in 2000... recorded 20.5 knockdowns against Florida State and graded at 84 percent... posted a season-best 93 percent at Georgia Tech with 13.5 knockdown blocks... had a 91 percent performance against Maryland with 10 knockdowns... graded at 90 percent in the Duke game with nine knockdowns... accounted for eight of the team's 12 double-digit knockdown block games... had double-digit knockdowns against Vanderbilt (18), Nebraska (12), East Carolina (25), Maryland (10), Clemson (12), Florida State (20.5), Boston College (15), Georgia Tech (13.5)... played 795 snaps with only seven missed assignments.

**2004:** Named second team All-ACC by the Atlantic Coast Sports Media Association... selected first team All-ACC by Rivals... started all 11 games for the Deacons, one of only three offensive players to do so... bounced around the offensive line based on need and injury situations... played all four line positions except center... began the year at left tackle and started seven games there... started at right guard in the Florida State, Duke and Maryland games... started

at right tackle against North Carolina... graded out at a team-best 87 percent for the year... led the Deacons with an overwhelming 144 knockdown blocks, 43 more than any other Deacon lineman... earned a grade of 85 percent of better (the team average was 83 percent) in 10 of 11 games... had at least 10 knockdown blocks in nine of 11 games, including 19 against North Carolina and 18.5 against both Boston College and Virginia Tech... played 766 snaps with only 11 missed assignments.

**2003:** Earned third-team Freshman All-America as well as Freshman All-ACC honors by The Sporting News... one of just two offensive linemen to start all 12 games and the only redshirt freshman on the team to do so... earned a season grade of 86.3 and averaged 8.2 knockdowns a game... earned his first career start at Boston College, playing a team-high 72 snaps... graded at 86 percent with 5.5 knockdowns... graded out at 83 percent with seven knockdowns against the Wolfpack... played 65 snaps in a starting role versus NC State... started and played 67 snaps, grading out at 81 percent against Purdue... recorded 2.5 knockdowns... graded out at 82 percent with 5.5 knockdowns against East Carolina... was in the game for 65 snaps and graded out at 75 percent at Virginia... had an impressive 91 percent rating and 11 knockdowns against Georgia Tech... had an 88 percent rating and 7.5 knockdowns at Duke... recorded 12 knockdowns at Florida State... had 18 knockdowns and an 89 percent rating in 61 snaps against Clemson... tied a team season-high with 18.5 knockdowns and graded out at 91 percent at North Carolina... led the team with a personal-best 94 percent rating against Connecticut... played 75 snaps and graded out at 89 percent against Maryland.

**2002:** Redshirted the season as a true freshman.

**Background:** Enjoyed a standout prep career at Boardman HS... earned varsity letters in football, wrestling and track and field (discus and shot put events)... named to The Vindicator's All-Star team in all three sports... a first-team All-Steel Valley Conference pick in football and track... an All-Northeast Ohio football first-team selection... received honorable mention on the AP All-Ohio team... selected to participate in the North-South and "Big 33" all-star games... helped lead Boardman to an 8-3 record in Ohio's Division I and a spot in the state playoffs... coached by Garry Smith... named The Vindicator's Wrestler of the Year... a first-team All-Eastern Ohio wrestling selection... holds the school's season (24) and career (58) pin records... a two-time qualifier for the state wrestling tournament, finishing second in Ohio as a senior... finished third in the state in discus as a junior and senior... a honor roll and National Honor Society student.

**Personal:** Majoring in communication... a member of the ACC Honor Roll... born December 28, 1983 in Youngstown, Ohio... son of Bill and Susan Vallos... has two brothers, Jim and Zac.

**Career Blocking Statistics**

	G-GS	Snaps	Grade	K's	MA's
2003	12-12	758	86%	98.5	18
2004	11-11	766	87%	144	11
2005	11-11	795	87%	159	7
2006	14-14	843	90%	92.5	4
Career	48-48	3162	88%	494	40

**Career Highs**

Snaps: 89 at Boston College, 10/15/05  
Grade: 96% at Maryland, 11/25/06  
Knockdowns: 25 vs. East Carolina, 9/15/05