



# WAKE FOREST TRACK & FIELD

## 2017 OUTDOOR PERFORMANCE LIST

### MEN'S RESULTS

100m		
Name (Place)	Event (Date)	Mark
John Armstrong (13)	Bob Davidson Spring Kick-Off (3/17-3/18)	11.08
Jalen Latter (16)	Bob Davidson Spring Kick-Off (3/17-3/18)	11.16

200m		
Name (Place)	Event (Date)	Mark
Josh Okonye (13)	Charlotte Invitational (4/14-4/15)	22.49
Jalen Latter (17)	Charlotte Invitational (4/14-4/15)	22.89

400m		
Name (Place)	Event (Date)	Mark
Rob Heppenstall (1)	Tennessee Challenge (5/6)	48.65
Kaleb Bryant (10)	Charlotte Invitational (4/14-4/15)	49.61
Kaleb Bryant (25)	VertKlasse Meeting (3/31-4/1)	50.55
Kaleb Bryant (17)	Bob Davidson Spring Kick-Off (3/17-3/18)	50.58
Kaleb Bryant (43)	Raleigh Relays (3/24-3/25)	50.61
Kaleb Bryant (8)	Tennessee Challenge (5/6)	55.90

800m		
Name (Place)	Event (Date)	Mark
Rob Heppenstall (4)	NCAA Championships (6/7-6/10)	1:46.68
Rob Heppenstall (3)	ACC Championship (5/12-5/14)	1:47.04
Rob Heppenstall (6Q)	NCAA Championships (6/7-6/10)	1:47.16
Rob Heppenstall (6)	Virginia Challenge (4/21-4/22)	1:47.30
Rob Heppenstall (5)	Florida Relays (3/30-4/1)	1:47.75
Rob Heppenstall (5Q)	NCAA East Prelim (5-25/-5/27)	1:48.18
Rob Heppenstall (3Q)	ACC Championship (5/12-5/14)	1:49.21
Rob Heppenstall (Q)	NCAA East Prelim (5-25/-5/27)	1:49.45
John Archie (19)	ACC Championship (5/12-5/14)	1:51.40
Andrew Fea (2)	Tennessee Challenge (5/6)	1:51.72
Andrew Fea (3-Inv)	Charlotte Invitational (4/14-4/15)	1:51.75
Sebastian Fischbach (3)	Tennessee Challenge (5/6)	1:52.18
Andrew Fea (28)	ACC Championship (5/12-5/14)	1:52.52
John Archie (4)	Tennessee Challenge (5/6)	1:52.55
Sebastian Fischbach (2)	Charlotte Invitational (4/14-4/15)	1:52.66
Andrew Fea (34)	Virginia Challenge (4/21-4/22)	1:52.94
John Archie (3)	Charlotte Invitational (4/14-4/15)	1:52.95
Andrew Fea (14)	Raleigh Relays (3/24-3/25)	1:53.34
Dakota Greenwalt (4)	Charlotte Invitational (4/14-4/15)	1:54.57
John Archie (5)	Bob Davidson Spring Kick-Off (3/17-3/18)	1:55.29
John Archie (46)	Virginia Challenge (4/21-4/22)	1:55.34
Dakota Greenwalt (7)	Tennessee Challenge (5/6)	1:55.48
Nick Beglane (5)	Charlotte Invitational (4/14-4/15)	1:56.57
Dakota Greenwalt (13)	VertKlasse Meeting (3/31-4/1)	1:56.78
Dakota Greenwalt (11)	Bob Davidson Spring Kick-Off (3/17-3/18)	1:57.42
Nick Beglane (12)	Bob Davidson Spring Kick-Off (3/17-3/18)	1:57.98
Angelos Vasileiou (11)	Charlotte Invitational (4/14-4/15)	1:58.66
Robbie Barr (12)	Charlotte Invitational (4/14-4/15)	1:59.01
Alex Delgado (16)	Charlotte Invitational (4/14-4/15)	2:01.06

1500m		
Name (Place)	Event (Date)	Mark
Rob Heppenstall (1)	Charlotte Invitational (4/14-4/15)	3:43.22
Mitch Dyer (13)	Florida Relays (3/30-4/1)	3:48.60
Sebastian Fischbach (27)	Virginia Challenge (4/21-4/22)	3:48.74
Sebastian Fischbach (19)	Raleigh Relays (3/24-3/25)	3:49.30
Mitch Dyer (6)	Charlotte Invitational (4/14-4/15)	3:50.96
Mitch Dyer (56)	Raleigh Relays (3/24-3/25)	3:55.02
Alex Giacco (12)	Charlotte Invitational (4/14-4/15)	3:55.66
Alex Giacco (1)	Bob Davidson Spring Kick-Off (3/17-3/18)	3:55.95
Angelos Vasileiou (41)	Florida Relays (3/30-4/1)	3:56.50
Angelos Vasileiou (71)	Raleigh Relays (3/24-3/25)	3:57.15
Craig Corti (22)	Charlotte Invitational (4/14-4/15)	3:59.37
Andrew Fea (2)	Bob Davidson Spring Kick-Off (3/17-3/18)	3:59.62
Angelos Vasileiou (74)	Virginia Challenge (4/21-4/22)	4:00.29
Alex Giacco (4)	Tennessee Challenge (5/6)	4:00.93
Craig Corti (6)	Tennessee Challenge (5/6)	4:01.40
Craig Corti (3)	Bob Davidson Spring Kick-Off (3/17-3/18)	4:01.46
Andrew Fea (14)	VertKlasse Meeting (3/31-4/1)	4:02.51
John Archie (16)	VertKlasse Meeting (3/31-4/1)	4:02.95
Mitch Dyer (80)	Virginia Challenge (4/21-4/22)	4:03.13
Alex Turner (31)	Charlotte Invitational (4/14-4/15)	4:03.65
Robbie Barr (5)	Bob Davidson Spring Kick-Off (3/17-3/18)	4:04.28
Robbie Barr (35)	Charlotte Invitational (4/14-4/15)	4:06.70
Jack McGowan (36)	Charlotte Invitational (4/14-4/15)	4:06.90
Peter Millsaps (7)	Bob Davidson Spring Kick-Off (3/17-3/18)	4:07.16
Alex Turner (8)	Bob Davidson Spring Kick-Off (3/17-3/18)	4:07.46
Alex Delgado (39)	Charlotte Invitational (4/14-4/15)	4:10.31
Myers McKinney (41)	Charlotte Invitational (4/14-4/15)	4:11.35
Alex Delgado (43)	VertKlasse Meeting (3/31-4/1)	4:11.93
Myers McKinney (16)	Bob Davidson Spring Kick-Off (3/17-3/18)	4:12.04

Alex Delgado (17)	Bob Davidson Spring Kick-Off (3/17-3/18)	4:12.14
Andrew Magiera (23)	Bob Davidson Spring Kick-Off (3/17-3/18)	4:15.41
Jack McGowan (24)	Bob Davidson Spring Kick-Off (3/17-3/18)	4:16.47
Myers McKinney (13)	Tennessee Challenge (5/6)	4:19.78

5000m		
Name (Place)	Event (Date)	Mark
Craig Corti (28)	Virginia Challenge (4/21-4/22)	14:16.29
Craig Corti (34)	Raleigh Relays (3/24-3/25)	14:27.63
Sebastian Fischbach (28)	ACC Championship (5/12-5/14)	15:17.44
Myers McKinney (59)	Virginia Challenge (4/21-4/22)	15:30.97
Alex Turner (9)	VertKlasse Meeting (3/31-4/1)	15:39.45

10000m		
Name (Place)	Event (Date)	Mark
Craig Corti (11)	ACC Championship (5/12-5/14)	30:29.37
Alex Giacco (49)	Raleigh Relays (3/24-3/25)	30:41.58
Myers McKinney (60)	Raleigh Relays (3/24-3/25)	31:14.52
Myers McKinney (20)	ACC Championship (5/12-5/14)	33:32.42

400m HURDLES		
Name (Place)	Event (Date)	Mark
Bobby Jacowleff (14)	Raleigh Relays (3/24-3/25)	54.60
Bobby Jacowleff (17)	ACC Championship (5/12-5/14)	54.87
Bobby Jacowleff (13)	VertKlasse Meeting (3/31-4/1)	55.02
Bobby Jacowleff (13)	Charlotte Invitational (4/14-4/15)	55.33
Bobby Jacowleff (16)	Virginia Challenge (4/21-4/22)	55.51
Bobby Jacowleff (13)	Bob Davidson Spring Kick-Off (3/17-3/18)	56.84
Bobby Jacowleff (1)	Tennessee Challenge (5/6)	56.97
Nick Beglane (22)	VertKlasse Meeting (3/31-4/1)	57.28
Nick Beglane (17)	Charlotte Invitational (4/14-4/15)	58.32
Nick Beglane (33)	Raleigh Relays (3/24-3/25)	58.35

3000M STEEPLECHASE		
Name (Place)	Event (Date)	Mark
Alex Giacco (21)	Virginia Challenge (4/21-4/22)	9:23.35
Alex Giacco (12)	ACC Championship (5/12-5/14)	9:34.47

DISCUS THROW		
Name (Place)	Event (Date)	Mark
Max Adams (19)	NCAA East Prelim (5-25/-5/27)	55.03m (180' 6")
Max Adams (2)	Raleigh Relays (3/24-3/25)	54.05m (177' 4")
Max Adams (1)	Bob Davidson Spring Kick-Off (3/17-3/18)	53.14m (174' 4")
Max Adams (5)	Virginia Challenge (4/21-4/22)	52.69m (172' 10")
Max Adams (2)	Charlotte Invitational (4/14-4/15)	51.41m (168' 8")
Max Adams (10)	ACC Championship (5/12-5/14)	48.04m (157' 7")
Max Adams (13)	Florida Relays (3/30-4/1)	47.97m (157' 4")

HAMMER THROW		
Name (Place)	Event (Date)	Mark
Charlie Ionata (4)	Virginia Challenge (4/21-4/22)	68.02m (223' 2")
Charlie Ionata (2)	Charlotte Invitational (4/14-4/15)	66.61m (218' 6")
Charlie Ionata (2)	Raleigh Relays (3/24-3/25)	65.99m (216' 6")
Charlie Ionata (3)	ACC Championship (5/12-5/14)	65.63m (215' 4")
Charlie Ionata (2)	Tennessee Challenge (5/6)	64.72m (212' 4")
Charlie Ionata (1)	Bob Davidson Spring Kick-Off (3/17-3/18)	64.34m (211' 1")
Charlie Ionata (26)	NCAA East Prelim (5-25/-5/27)	62.99m (206' 8")
Kyle Johnson (2)	Virginia Challenge (4/21-4/22)	61.85m (202' 11")
Kyle Johnson (5)	Raleigh Relays (3/24-3/25)	61.04m (200' 3")
Kyle Johnson (31)	NCAA East Prelim (5-25/-5/27)	60.91m (199' 10")
Kyle Johnson (6)	ACC Championship (5/12-5/14)	60.76m (199' 4")
Kyle Johnson (4)	Tennessee Challenge (5/6)	59.43m (195' 0")
Kyle Johnson (3)	Charlotte Invitational (4/14-4/15)	59.05m (193' 9")
Kyle Johnson (4)	VertKlasse Meeting (3/31-4/1)	57.73m (189' 5")
Kyle Johnson (4)	Bob Davidson Spring Kick-Off (3/17-3/18)	57.08m (187' 3")

JAVELIN		
Name (Place)	Event (Date)	Mark
Elijah Shalaway (3)	ACC Championship (5/12-5/14)	64.37m (211' 2")
Elijah Shalaway (1)	Tennessee Challenge (5/6)	59.51m (195' 3")
Elijah Shalaway (4)	Charlotte Invitational (4/14-4/15)	58.94m (193' 4")
Elijah Shalaway (22)	Florida Relays (3/30-4/1)	57.79m (189' 7")
Elijah Shalaway (9)	Virginia Challenge (4/21-4/22)	57.48m (188' 7")
Elijah Shalaway (12)	Raleigh Relays (3/24-3/25)	56.96m (186' 10")
Elijah Shalaway (37)	NCAA East Prelim (5-25/-5/27)	56.95m (186' 10")
Mitch Earley (12)	ACC Championship (5/12-5/14)	51.88m (170' 2")
Mitch Earley (3)	Tennessee Challenge (5/6)	50.64m (166' 2")
Mitch Earley (9)	VertKlasse Meeting (3/31-4/1)	48.04m (157' 7")



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### MEN'S RESULTS

#### SHOT PUT

Name (Place)	Event (Date)	Mark
Max Adams (2)	Raleigh Relays (3/24-3/25)	15.71m (51' 6.5")
Max Adams (7)	Virginia Challenge (4/21-4/22)	15.51m (50' 10.75")
Max Adams (9)	Charlotte Invitational (4/14-4/15)	15.37m (50' 5.25")
Max Adams (12)	ACC Championship (5/12-5/14)	15.14m (49' 8.25")
Max Adams (18)	Florida Relays (3/30-4/1)	15.02m (49' 3.5")
Max Adams (4)	Tennessee Challenge (5/6)	10.08m (33' 1")

#### 4x100m RELAY

Name (Place)	Event (Date)	Mark
Bryant, Latter, Okonye, Armstrong (7)	VertKlasse Meeting (3/31-4/1)	42.10
Bryant Latter, Okonye, Armstrong	Charlotte Invitational (4/14-4/15)	42.20
Byant, Latter	ACC Championship (5/12-5/14)	42.22
Okonye, Armstrong (8) Bryant, Latter, Okonye, Armstrong (5)	Bob Davidson Spring Kick-Off (3/17-3/18)	42.69

#### 4x400m RELAY

Name (Place)	Event (Date)	Mark
Jacowleff, Heppenstall, Archie, Bryant (13)	ACC Championship (5/12-5/14)	3:14.32
Jacowleff, Heppenstall, Archie, Bryant (3)	Charlotte Invitational (4/14-4/15)	3:19.80
Archie, Beglane, Bryant, Greenwalt (6)	Bob Davidson Spring Kick-Off (3/17-3/18)	3:21.09
Jacowleff, Beglane Bryant, Fea (9)	Raleigh Relays (3/24-3/25)	3:21.25
Jacowleff, Archie Beglane, Bryant (4)	VertKlasse Meeting (3/31-4/1)	3:21.32
Jacowleff, Greenwalt, Archie, Fischbach (8)	Virginia Challenge (4/21-4/22)	3:23.04



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### WOMEN'S RESULTS

100m		
Name (Place)	Event (Date)	Mark
Hunter Roberts (15)	Bob Davidson Spring Kick-Off (3/17-3/18)	12.43

200m		
Name (Place)	Event (Date)	Mark
Amy Collins (H6)	ACC Championship (5/12-5/14)	25.62
Jordan Banks (H7)	ACC Championship (5/12-5/14)	25.62
Amy Collins (H1)	Bob Davidson Spring Kick-Off (3/17-3/18)	26.34
Jordan Banks (H2)	Bob Davidson Spring Kick-Off (3/17-3/18)	26.64

400m		
Name (Place)	Event (Date)	Mark
Maya Hinton (4)	Tennessee Challenge (5/6)	59.15
Maya Hinton (17)	Bob Davidson Spring Kick-Off (3/17-3/18)	59.15
Maya Hinton (14)	Charlotte Invitational (4/14-4/15)	59.36
Jordan Banks (63)	Raleigh Relays (3/24-3/25)	59.58
Maya Hinton (68)	Raleigh Relays (3/24-3/25)	59.75
Maya Hinton (18)	VertKlasse Meeting (3/31-4/1)	59.82
Mary Grace Hash (50)	Bob Davidson Spring Kick-Off (3/17-3/18)	1:05.87

800m		
Name (Place)	Event (Date)	Mark
Kathryn Lazarchick (6)	Raleigh Relays (3/24-3/25)	2:09.76
Lara-Ann Schwede (15)	Raleigh Relays (3/24-3/25)	2:13.57
Lara-Ann Schwede (46)	Virginia Challenge (4/21-4/22)	3:13.58
Lara-Ann Schwede (5)	VertKlasse Meeting (3/31-4/1)	2:14.78
Amy Collins (H3)	ACC Championship (5/12-5/14)	2:15.42
Amy Collins (H1)	Bob Davidson Spring Kick-Off (3/17-3/18)	2:20.97
Jordan Banks (H11)	ACC Championship (5/12-5/14)	2:25.18
Jordan Banks (H4)	Bob Davidson Spring Kick-Off (3/17-3/18)	2:27.24

1500m		
Name (Place)	Event (Date)	Mark
Kathryn Lazarchick (9)	Stanford Invitational (3/31-4/1)	4:20.83
Kathryn Lazarchick (8)	Virginia Challenge (4/21-4/22)	4:21.95
Kathryn Lazarchick (7)	ACC Championship (5/12-5/14)	4:22.79
Kathryn Lazarchick (20)	NCAA East Prelim (5-25/-5/27)	4:22.74
Kathryn Lazarchick (10q)	ACC Championship (5/12-5/14)	4:23.52
Kathryn Lazarchick (20q)	NCAA East Prelim (5-25/-5/27)	4:24.13
Ellie Abrahamson (9)	Raleigh Relays (3/24-3/25)	4:25.10
Lara-Ann Schwede (20)	ACC Championship (5/12-5/14)	4:33.48
Jenna Truedson (46)	Raleigh Relays (3/24-3/25)	4:34.78
Beatrice Boylan (49)	Raleigh Relays (3/24-3/25)	4:35.19
Jenna Truedson (11)	Charlotte Invitational (4/14-4/15)	4:36.34
Lara-Ann Schwede (12)	Charlotte Invitational (4/14-4/15)	4:37.09
Jenna Truedson (2)	Bob Davidson Spring Kick-Off (3/17-3/18)	4:37.63
Beatrice Boylan (2)	Tennessee Challenge (5/6)	4:38.07
Lara-Ann Schwede (4)	Bob Davidson Spring Kick-Off (3/17-3/18)	4:38.92
Lara-Ann Schwede (3)	Tennessee Challenge (5/6)	4:39.19
Beatrice Boylan (16)	Charlotte Invitational (4/14-4/15)	4:39.39
Mimi Smith (17)	Charlotte Invitational (4/14-4/15)	4:40.97
Jenna Truedson (25)	ACC Championship (5/12-5/14)	4:41.36
Jenna Truedson (5)	Tennessee Challenge (5/6)	4:44.42
Catherine Allen (10)	Bob Davidson Spring Kick-Off (3/17-3/18)	4:45.46
Sarah Fahmy (24)	Charlotte Invitational (4/14-4/15)	4:47.28
Sarah Fahmy (11)	Bob Davidson Spring Kick-Off (3/17-3/18)	4:47.72
Sarah Fahmy (8)	Tennessee Challenge (5/6)	4:54.41
Kathryn Kenwood (41)	VertKlasse Meeting (3/31-4/1)	4:57.83
Gabrielle Merritt (23)	Bob Davidson Spring Kick-Off (3/17-3/18)	5:02.39

5000m		
Name (Place)	Event (Date)	Mark
Ellie Abrahamson (2)	Stanford Invitational (3/31-4/1)	16:01.35
Ellie Abrahamson (2)	ACC Championship (5/12-5/14)	16:06.63
Mimi Smith (30)	Virginia Challenge (4/21-4/22)	16:50.80
Ellie Abrahamson (25)	NCAA East Prelim (5-25/-5/27)	16:53.52
Mimi Smith (22)	Raleigh Relays (3/24-3/25)	16:54.77
Cate Allen (64)	Raleigh Relays (3/24-3/25)	17:33.03
Mimi Smith (26)	ACC Championship (5/12-5/14)	17:36.45
Jenna Truedson (47)	Virginia Challenge (4/21-4/22)	17:38.22
Jenna Truedson (28)	ACC Championship (5/12-5/14)	17:54.54
Kathryn Kenwood (4)	Charlotte Invitational (4/14-4/15)	18:17.46

100m HURDLES		
Name (Place)	Event (Date)	Mark
Hunter Roberts (10)	Bob Davidson Spring Kick-Off (3/17-3/18)	13.73
Hunter Roberts (2)	VertKlasse Meeting (3/31-4/1)	13.77
Hunter Roberts (2)	Bob Davidson Spring Kick-Off (3/17-3/18)	13.83
Hunter Roberts (20)	ACC Championship (5/12-5/14)	13.89
Hunter Roberts (10)	Virginia Challenge (4/21-4/22)	13.93
Hunter Roberts (1)	Tennessee Challenge (5/6)	14.04

Hunter Roberts (11)	Mt. SAC Relays (4/13-4/15)	14.17
Hunter Roberts (7)	Raleigh Relays (3/24-3/25)	14.28
Amy Collins (7H)	ACC Championship (5/12-5/14)	14.79
Amy Collins (12)	Charlotte Invitational (4/14-4/15)	14.85
Amy Collins (22)	VertKlasse Meeting (3/31-4/1)	15.02
Amy Collins (H3)	Bob Davidson Spring Kick-Off (3/17-3/18)	15.25
Amy Collins (3)	Tennessee Challenge (5/6)	15.37
Jordan Banks (H12)	ACC Championship (5/12-5/14)	15.58
Jordan Banks (19)	Charlotte Invitational (4/14-4/15)	15.74
Jordan Banks (34)	VertKlasse Meeting (3/31-4/1)	15.86
Jordan Banks (4)	Tennessee Challenge (5/6)	16.45
Jordan Banks (H9)	Bob Davidson Spring Kick-Off (3/17-3/18)	18.23

400m HURDLES		
Name (Place)	Event (Date)	Mark
Jen Esposito (4Q)	ACC Championship (5/12-5/14)	58.78
Jen Esposito (5)	Virginia Challenge (4/21-4/22)	58.84
Jen Esposito (1)	VertKlasse Meeting (3/31-4/1)	59.32
Jen Esposito (1)	Bob Davidson Spring Kick-Off (3/17-3/18)	59.35
Jen Esposito (21)	NCAA East Prelim (5-25/-5/27)	59.61
Jen Esposito (1)	Raleigh Relays (3/24-3/25)	59.62
Jen Esposito (1)	Tennessee Challenge (5/6)	59.73
Jen Esposito (23q)	NCAA East Prelim (5-25/-5/27)	59.83
Jen Esposito (15)	Mt. SAC Relays (4/13-4/15)	1:00.55
Emma Gallagher (18)	ACC Championship (5/12-5/14)	1:01.18
Jen Esposito (8)	ACC Championship (5/12-5/14)	1:01.54
Emma Gallagher (3)	Tennessee Challenge (5/6)	1:03.00
Emma Gallagher (2)	Charlotte Invitational (4/14-4/15)	1:03.08
Emma Gallagher (9)	VertKlasse Meeting (3/31-4/1)	1:03.34
Emma Gallagher (19)	Raleigh Relays (3/24-3/25)	1:03.44
Emma Gallagher (7)	Bob Davidson Spring Kick-Off (3/17-3/18)	1:03.72
Emma Gallagher (28)	Virginia Challenge (4/21-4/22)	1:06.14
Madeline Ward (28)	VertKlasse Meeting (3/31-4/1)	1:08.89
Madeline Ward (13)	Charlotte Invitational (4/14-4/15)	1:09.52
Madeline Ward (6)	Tennessee Challenge (5/6)	1:14.17

3000m STEEPLECHASE		
Name (Place)	Event (Date)	Mark
Ellie Abrahamson (7)	NCAA Championships (6/7-6/10)	9:56.18
Ellie Abrahamson (10q)	NCAA Championships (6/7-6/10)	10:00.02
Ellie Abrahamson (3Q)	NCAA East Prelim (5-25/-5/27)	10:00.39
Ellie Abrahamson (2)	ACC Championship (5/12-5/14)	10:06.42
Ellie Abrahamson (2)	Virginia Challenge (4/21-4/22)	10:09.59
Sarah Fahmy (30)	Virginia Challenge (4/21-4/22)	10:52.45
Beatrice Boylan (34)	Virginia Challenge (4/21-4/22)	10:56.30
Beatrice Boylan (13)	ACC Championship (5/12-5/14)	11:01.08
Sarah Fahmy (2)	VertKlasse Meeting (3/31-4/1)	11:01.98
Sarah Fahmy (14)	ACC Championship (5/12-5/14)	11:04.21
Beatrice Boylan (3)	VertKlasse Meeting (3/31-4/1)	11:07.65
Gabby Merritt (10)	VertKlasse Meeting (3/31-4/1)	11:46.57

HIGH JUMP		
Name (Place)	Event (Date)	Mark
Amy Collins (H1)	ACC Championship (5/12-5/14)	1.71m (5' 7.25")
Amy Collins (T9)	ACC Championship (5/12-5/14)	1.67m (5' 5.75")
Amy Collins (2)	Virginia Challenge (4/21-4/22)	1.67m (5' 5.75")
Amy Collins (T2)	VertKlasse Meeting (3/31-4/1)	1.67m (5' 5.75")
Amy Collins (2)	Charlotte Invitational (4/14-4/15)	1.65m (5' 5")
Alexandria Florent (2)	Bob Davidson Spring Kick-Off (3/17-3/18)	1.60m (5' 3")
Amy Collins (H3)	Bob Davidson Spring Kick-Off (3/17-3/18)	1.59m (5' 2.5")
Amy Collins (T1)	Tennessee Challenge (5/6)	1.55m (5' 1")
Jordan Banks H11)	ACC Championship (5/12-5/14)	1.53m (5' 0.25")
Jordan Banks (20)	VertKlasse Meeting (3/31-4/1)	1.47m (4' 9.75")
Jordan Banks (H8)	Bob Davidson Spring Kick-Off (3/17-3/18)	1.38m (4' 6.25")

LONG JUMP		
Name (Place)	Event (Date)	Mark
Amy Collins (H4)	ACC Championship (5/12-5/14)	5.79m (19' 0")
Amy Collins (9)	Virginia Challenge (4/21-4/22)	5.51m (18' 1")
Amy Collins (4)	Charlotte Invitational (4/14-4/15)	5.51m (18' 1")
Amy Collins (20)	Raleigh Relays (3/24-3/25)	5.38m (17' 8")
Amy Collins (H1)	Bob Davidson Spring Kick-Off (3/17-3/18)	5.35m (17' 6.75")
Jordan Banks (12)	Charlotte Invitational (4/14-4/15)	5.22m (17' 1.5")
Amy Collins (24)	VertKlasse Meeting (3/31-4/1)	5.20m (17' 0.75")
Jordan Banks (H11)	ACC Championship (5/12-5/14)	5.17m (16' 11.5")
Jordan Banks (28)	VertKlasse Meeting (3/31-4/1)	5.12m (16' 9.75")
Jordan Banks (H3)	Bob Davidson Spring Kick-Off (3/17-3/18)	4.96m (16' 3.25")

POLE VAULT		
Name (Place)	Event (Date)	Mark
Tesia Kempksi (5)	Virginia Challenge (4/21-4/22)	3.93m (12' 10.75")
Tesia Kempksi (1)	Charlotte Invitational (4/14-4/15)	3.90m (12' 9.5")



# WAKE FOREST TRACK & FIELD

## 2017 OUTDOOR PERFORMANCE LIST

### WOMEN'S RESULTS

Tesia Kempfski (T7)	ACC Championship (5/12-5/14)	3.88m (12' 8/75")
Tesia Kempfski (2)	Bob Davidson Spring Kick-Off (3/17-3/18)	3.80m (12' 5.5")
Tesia Kempfski (4)	VertKlasse Meeting (3/31-4/1)	3.70m (12' 1.5")
Tesia Kempfski (4)	Raleigh Relays (3/24-3/25)	3.65m (11' 11.75")
Madison Bragg (15)	Bob Davidson Spring Kick-Off (3/17-3/18)	3.20m (10' 6")

#### SHOT PUT

Name (Place)	Event (Date)	Mark
Jessica Molina (14)	Raleigh Relays (3/24-3/25)	14.16m (46' 5.5")
Jessica Molina (4)	Bob Davidson Spring Kick-Off (3/17-3/18)	13.92m (45' 8")
Casidy Howard (17)	Bob Davidson Spring Kick-Off (3/17-3/18)	12.21m (40' 0.75")
Casidy Howard (30)	Raleigh Relays (3/24-3/25)	12.05m (39' 6.5")
Andrea Vahoua (18)	Bob Davidson Spring Kick-Off (3/17-3/18)	12.02m (39' 5.25")
Casidy Howard (8)	Virginia Challenge (4/21-4/22)	11.88m (38' 11.75")
Amy Collins (H8)	ACC Championship (5/12-5/14)	11.08m (36' 4.25")
Casidy Howard (2)	Tennessee Challenge (5/6)	9.82m (32' 2.75")
Amy Collins (H5)	Bob Davidson Spring Kick-Off (3/17-3/18)	9.74m (31' 11.5")
Jordan Banks (H6)	Bob Davidson Spring Kick-Off (3/17-3/18)	9.13m (29' 11.5")
Jordan Banks (H12)	ACC Championship (5/12-5/14)	8.79m (28' 10.25")

#### DISCUS THROW

Name (Place)	Event (Date)	Mark
Casidy Howard (1)	Virginia Challenge (4/21-4/22)	49.22m (161' 5")
Casidy Howard (4)	Florida Relays (3/30-4/1)	49.21m (161' 5")
Casidy Howard (6)	Raleigh Relays (3/24-3/25)	48.35m (158' 7")
Alva Hicks (6)	Virginia Challenge (4/21-4/22)	48.13m (157' 11")
Casidy Howard (2)	Bob Davidson Spring Kick-Off (3/17-3/18)	47.33m (155' 3")
Casidy Howard (10)	ACC Championship (5/12-5/14)	47.07m (154' 5")
Alva Hicks (2)	Charlotte Invitational (4/14-4/15)	45.02m (147' 8")
Alva Hicks (6)	Bob Davidson Spring Kick-Off (3/17-3/18)	43.23m (141' 10")
Alva Hicks (17)	ACC Championship (5/12-5/14)	43.21m (141' 9")

#### HAMMER THROW

Names (Place)	Event (Date)	Mark
Alva Hicks (2)	Bob Davidson Spring Kick-Off (3/17-3/18)	57.61m (189' 0")
Alva Hicks (7)	ACC Championship (5/12-5/14)	56.58m (185' 7")
Alva Hicks (3)	Tennessee Challenge (5/6)	52.49m (172' 2")
Alva Hicks (6)	Charlotte Invitational (4/14-4/15)	52.35m (171' 9")
Jessica Molina (10)	VertKlasse Meeting (3/31-4/1)	50.82m (166' 8")
Alva Hicks (8)	Virginia Challenge (4/21-4/22)	50.48m (165' 7")
Jessica Molina (10)	Bob Davidson Spring Kick-Off (3/17-3/18)	49.67m (162' 11")
Jessica Molina (28)	Raleigh Relays (3/24-3/25)	46.75m (153' 4")
Andrea Vahoua (16)	Bob Davidson Spring Kick-Off (3/17-3/18)	46.37m (152' 1")

#### JAVELIN THROW

Names (Place)	Event (Date)	Mark
Amy Collins (H5)	ACC Championship (5/12-5/14)	33.68m (110' 6")
Amy Collins (H6)	Bob Davidson Spring Kick-Off (3/17-3/18)	27.85m (91' 4")
Jordan Banks (H11)	ACC Championship (5/12-5/14)	25.69m (84' 3")
Jordan Banks (H10)	Bob Davidson Spring Kick-Off (3/17-3/18)	21.96m (72' 0")

#### 4X400m RELAY

Name (Place)	Event (Date)	Mark
Hinton, Collins	ACC Championship (5/12-5/14)	3:49.05
Gallagher, Esposito (14)	VertKlasse Meeting (3/31-4/1)	3:51.63
Hinton, Collins	Raleigh Relays (3/24-3/25)	3:51.75
Banks, Esposito (1)	Charlotte Invitational (4/14-4/15)	3:51.87
Hinton, Collins	Charlotte Invitational (4/14-4/15)	3:51.87
Banks, Collins (3)	Charlotte Invitational (4/14-4/15)	3:51.87
Banks, Gallagher	Charlotte Invitational (4/14-4/15)	3:51.87
Collins, Esposito (7)	Virginia Challenge (4/21-4/22)	3:53.18
Hinton, Gallagher	Bob Davidson Spring Kick-Off (3/17-3/18)	3:53.41
Esposito, Schwede (5)	Bob Davidson Spring Kick-Off (3/17-3/18)	3:53.41
Ward, Schwede	VertKlasse Meeting (3/31-4/1)	4:06.05
Gallagher, Roberts (8)	VertKlasse Meeting (3/31-4/1)	4:06.05

#### HEPTATHLON

Name (Place)	Event (Date)	Mark
Amy Collins (3)	ACC Championship (5/12-5/14)	5387
Amy Collins (1)	Bob Davidson Spring Kick-Off (3/17-3/18)	4716
Jordan Banks (11)	ACC Championship (5/12-5/14)	4449
Jordan Banks (8)	Bob Davidson Spring Kick-Off (3/17-3/18)	3772