

CLERK / CHECK-IN	<p>FIELD EVENTS: Athletes may report 1 hour up to 30' prior to the scheduled start of their event. All athletes in later flights are asked to check-in prior to the initial start.</p> <p>RUNNING EVENTS: Please check-in at the Clerk Area (Track Bldg at 100 meter start) no later than 30' prior to the start of your event. Report to your respective start areas no later than 10' prior to the start of your event.</p>
WEIGH-IN	<p>Must be weighed in on Friday from 3:30 - 5 pm and Saturday morning 8:00-9:00am. Any implements not weighed in by this time will not be allowed in the competition. Implements will be impounded and brought to the event site 1 hour prior to event start by event officials.</p>
SPIKE LENGTH	<p><u>Pyramid only...Maximum ¼ inch or 7 mm length.</u> Shoes will be checked at the Clerk Area.</p>
WARMUP AREA	<p><u>Primary warm-up and stretching should be done on the Football practice and Soccer stadium fields.</u> There will be minimal warm-up on the track depending schedule and availability.</p>
RESTROOMS	<p>Restroom facilities are located in the Soccer Stadium next to the warm-up fields.</p>
TEAM CAMPS / INFIELD	<p>Please set up your tents and team camps outside of the track area. Only athletes involved in an event are allowed in the infield. <u>The infield area must be kept clear at all times.</u></p>
SCORING	<p>There will not be an overall (championship) score kept, however, those schools wishing to score this meet as a dual or multiple duals please contact Coach D'Andre Hill.</p>
QUALIFYING	<p>RUNNING EVENTS: Sections versus time (faster sections run first).</p> <p>FIELD EVENTS: All rounds are finals-no prelims and no minimums (4 attempts).</p>
BAR PROGRESSIONS	<p><u>POLE VAULT (M):</u> 4.30, 4.45, 4.60, 4.75, 4.85, 4.95, <u>5.05</u>, 5.15, 5.25, 5.35, 5.45 <u>POLE VAULT (W):</u> 3.10, 3.25, 3.40, 3.55, 3.65, 3.75, <u>3.85</u>, 3.95, 4.05, 4.15, 4.25 <u>HIGH JUMP (M):</u> 1.80, 1.90, 1.95, 2.00, 2.05, <u>2.10</u>, 2.15, 2.20, 2.25, 2.30 <u>HIGH JUMP (W):</u> 1.55, 1.60, 1.65, 1.70, <u>1.75</u>, 1.80, 1.85, 1.90, 1.95, 2.00</p>
TRAINERS	<p>Our main training area is located outside of the southwest corner of the track near the 200 meter start. Fluids will be available at numerous locations around the track.</p>
WEATHER EMERGENCY	<p>In the event of bad weather the meet will be postponed and athletes, coaches and staff are asked to use the <u>Student Recreation Center</u> next to the Track, the <u>McGugin Center</u> next to the warmup / practice field for evacuation or team Buses. <u>Please listen closely for all announcements and updates.</u></p>
PARKING	<p>Please use the <u>Medical Center lots directly across from the track off of Natchez Trace.</u></p>
HOSPITALITY	<p>We have three (3) coupons per program for coaches hospitality (lunch) located in the packet pickup tent from 11:00 – 3:00 PM.</p>
RESULTS	<p>Results will be available on-line on the Vanderbilt Athletic website immediately after the meet. A small number of hard copies will be available to head coaches at the conclusion. http://vucommodores.collegesports.com/sports/w-track/trackinvite.html</p>
Entries	<p>www.directathletics.com</p> <p>Entries must be received <u>no later than 2pm Monday, March 22nd, 2010. No exceptions.</u> Due to the limitations of our facility and our proposed time schedule, and in an effort to ensure a timely and efficient competition, meet management reserves the right to make the following adjustments in the conduct of the competition: entry limitations (specifically in the pole vault and discus), progressive starting heights.</p>