

MEET INFORMATION

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**Vanderbilt Black & Gold
March 23-24, 2018**

ENTRY INFORMATION

www.directathletics.com

Entries must be received no later than 12:00 p.m. noon CT on Tuesday, March 20, 2018. No exceptions. Due to the limitations of our facility and our proposed time schedule meet management reserves the right to make the following adjustments in the conduct of the competition: entry limitations (horizontal jumps and throws), HJ/PV starting heights and minimum marks for measurement. **Entry fee is \$35 per athlete or \$500 per gender per school (14 or more athletes).** Make checks payable to Vanderbilt University. No personal checks or money orders. Team entry fees can be paid online at Direct Athletics.

ENTRY LIMITATIONS

JUMPS / THROWS: limited to three (3) entries per school. Additional entries will be considered if size of the event will allow.

RUNNING EVENTS: limited to five (5) entries per school. Additional entries will be considered if size of the event will allow.

Please contact Steven Keith with questions Steven.keith@vanderbilt.edu

MINIMUMS

In the event that meet management needs to implement minimums, each athlete will be allowed one initial legal mark. Subsequent attempts above the minimum will be measured.
Women: LJ 17'...TJ 37'...SP 35'...DT 130'...HT 130'...JT 110'
Men: LJ 21-6'...TJ 45'...SP 45'...DT 150'...HT 150'...JT 150'

CLERK/CHECK-IN

FIELD EVENTS: Athletes may report 1 hour up to 30' prior to the scheduled start of their event. All athletes in later flights are asked to check-in prior to the initial start.

RUNNING EVENTS: Check-In as early as 1 hour prior to event. Please be at respective start line no later than 10' prior to scheduled start.

WEIGH-IN

Must be weighed in on Friday from 2:00 – 4:00 pm and Saturday morning 9:00-10:00am.

Any implements not weighed in by this time will not be allowed in the competition.

Implements will be impounded and brought to the event site 1 hour prior to event start by event officials.

SPIKES

• ATHLETES WILL NOT RUN IF YOU DO NOT COMPLY WITH THESE RULES

• The use of ¼" pyramid spikes will be strictly enforced

• NO NEEDLE SPIKES OR CHRISTMAS TREE SPIKES ALLOWED

• Shoes will be checked at the Clerk Area and prior to getting on the track

WARMUP AREA

Primary warm-up and stretching should be done on the Football practice and Soccer stadium fields. There will be minimal warm-up on the track depending schedule and availability.

TEAM CAMPS/INFIELD

Please set up your tents and team camps outside of the track area. Only athletes involved in an event are allowed in the infield. **The infield area must be kept clear at all times.**

RESTROOMS

Restroom facilities are located in the Soccer Stadium next to the warm-up fields.

TRAINERS

Our main training area is located outside of the southwest corner of the track near the 200 meter start. Fluids will be available at numerous locations around the track.

Contact: Chris Matarazzo E-mail: christopher.p.matarazzo@vanderbilt.edu

WEATHER EMERGENCY

In the event of bad weather the meet will be postponed and athletes, coaches and staff are asked to use the **Student Recreation Center** next to the Track, the **McGugin Center** next to the warmup / practice field for evacuation or team Buses. **Please listen closely for all announcements and updates.**

PARKING

Please use [Medical Center lot #73 directly across from the track off of Natchez Trace.](#)

HOSPITALITY

We will provide five (5) coupons per gender per program for coaches hospitality (lunch), located in the packet pickup tent from 11:00 – 3:00 PM.

QUALIFYING

RUNNING EVENTS: Sections versus time (faster sections run first)

FIELD EVENTS: 3 Preliminary attempts; 9 to finals (3 more attempts)

RESULTS

Results will be made available online at VUCommodores.com immediately after the meet. Live results will be available at www.cfpitiming.com.

TENTATIVE SCHEDULE

(subject to change)

FRIDAY, MARCH 23*FIELD EVENTS*

4:00	PM	W	HAMMER
		M	HAMMER (FOLLOW WOMEN)
4:00	PM	M	SHOT PUT
		W	SHOT PUT (FOLLOW MEN)
4:00	PM	W	TRIPLE JUMP
		M	TRIPLE JUMP (FOLLOW WOMEN)
4:00	PM	M	POLE VAULT

RUNNING EVENTS

5:00	PM	W	200
5:30	PM	M	200
6:00	PM	W	1500
6:30	PM	M	1500
7:00	PM	W	5000
7:30	PM	M	5000

SATURDAY, MARCH 24*RUNNING EVENTS*

12:00	PM	W	4X100 RELAY
12:10	PM	M	4X100 RELAY
12:15	PM	W	2K STEEPLECHASE
12:30	PM	M	2K STEEPLECHASE
12:45	PM	W	100 HURDLES
1:05	PM	M	110 HURDLES
1:15	PM	W	400
1:40	PM	M	400
2:00	PM	W	100
2:15	PM	M	100
2:25	PM	W	800
2:50	PM	M	800
3:15	PM	W	400 HURDLES
3:25	PM	M	400 HURDLES
3:35	PM	W	3000
4:10	PM	M	3000
4:30	PM	W	4X400 RELAY
4:50	PM	M	4X400 RELAY

FIELD EVENTS

10:00	AM	W	DISCUS
		M	DISCUS (FOLLOW WOMEN)
TBA		W	JAVELIN (AFTER DISCUS)
		M	JAVELIN (FOLLOW WOMEN)
11:00	AM	W	HIGH JUMP
		M	HIGH JUMP (FOLLOW WOMEN)
11:00	AM	W	LONG JUMP
		M	LONG JUMP (FOLLOW WOMEN)
1:00	PM	W	POLE VAULT