

# VANDERBILT LACROSSE CAMPS



## JULY 9-11 ELITE OVERNIGHT CAMP

(AGES 14-18)

## JULY 12-15 COMPLETE SKILLS DAY CAMP

(AGES 6-17)

[VUCOMMODORES.COM/CAMPS](http://VUCOMMODORES.COM/CAMPS)

### CAMP DIRECTOR and STAFF

Directing the camp is Head Coach **Cathy Swezey**. Currently in her 13th year, Coach Swezey has built the Vanderbilt Women's Lacrosse Program into a National power. In 2002, 2004, 2007, 2008, and 2009 Coach Swezey and Vanderbilt earned bids to the NCAA Division I Women's Lacrosse Tournament.

In 2004, the Commodores enjoyed their most successful season to date, as they won their second American Lacrosse Conference Title and advanced to the 2004 NCAA Final Four. In 2002 and 2008, Cathy was awarded the American Lacrosse Conference Coach of the Year honors, and in 2002 the InsideLacrosse.com National Coach of the Year award. Prior to that, the intercollegiate women's Lacrosse Coaches Association nominated Swezey for "National Coach of the Year" honors after leading Vanderbilt to a 10-6 record in 2000.

Assistant Coaches **Susan Ellis** and **Amber Falcone** join Cathy on the staff. Currently in her 11th year with Vanderbilt, Coach Ellis earned Assistant Coach of the Year Honors from the IWLCA for her role in the teams' success during the 2009 season. Ellis has been instrumental in the success the Vanderbilt Lacrosse Program has enjoyed. Coach Falcone is a new addition to the staff in 2010. Prior to leading Team USA to its sixth World Cup title, Falcone was named the Intercollegiate Women's Lacrosse Coaches Association's 2009 Defender of the Year as a senior for North Carolina. She led the Tar Heels to a runner-up finish in the 2009 NCAA Tournament.

Staff for Elite Camp will include World Cup Players and Division I coaches.



### ELITE CAMP – July 9-11, 2010

This camp is for current high school varsity players only (ages 14 -18) and focuses on advanced skills, position play and team concepts with an overall intense level of competition.

**Price:** \$455, include meals, accommodations, tshirt, lanyard, pinny, water bottle

### COMPLETE SKILLS CAMP – July 12-15, 2010

This camp is open to campers of all ability levels (Ages 6 - 18). Campers are evaluated and placed into groups of similar abilities. All facets of the game are covered ranging from stick skills to position play. Campers incorporate new skills into daily scrimmages.

**Price:** \$300 (9am – 3pm on Monday, Tuesday and Wednesday. 9am – 12noon on Thursday)



## CAMP LOCATION

Vanderbilt Lacrosse Camps are held on the Campus of Vanderbilt University in Nashville, TN. All lodging is provided on campus in University dormitories.

## DIRECTIONS

### Getting to Vanderbilt via the Interstates

**From the north**, take I-65 to I-40 west and then look for I-40 east to exit 209B. Turn right on Broadway.

**From the east or south**, take I-40 west to exit 209A. Turn left on Broadway.

**From the west**, take I-40 east to exit 209B. Turn right on Broadway (US 70S). Follow Broadway and veer right to West End Avenue.

Vanderbilt is located on the left after you cross over 21<sup>st</sup> Avenue.

### To Lacrosse Fields:

Turn left on 25<sup>th</sup> Avenue. Proceed through one stop sign, and then make a right at the proceeding light onto Jess Neely Drive. The lacrosse stadium is located behind McGugin Athletic Department on your left. To get to the track field, follow these directions past McGugin, and make a left at the light onto Natchez Trace. The field will be on your left. Parking for pick up and drop off for day camp will be on your right.

### To Branscomb Dorm for overnight camp:

Turn left on 25<sup>th</sup> Avenue. Proceed to stop sign. Make a left at stop sign, Branscomb dorm will be on your right mid-way up the block.

## REGISTRATION

You must register via, ACTIVE.com

There will be a one-time \$5 fee for registration on ACTIVE and a small fee for utilizing a credit card.

## PAYMENT

**All Checks should be made payable to “Vanderbilt University” and sent to:**

**Vanderbilt University**

**Athletics Department**

**Dept. AT 40459**

**Atlanta, GA 31192-0459**

**\*All payment must be submitted by June 25<sup>th</sup> for the overnight camp**

**\*All payment must be submitted by June 28<sup>th</sup> for the day camp**

**There is a \$100 non-refundable fee for overnight camp and a \$50 non-refundable fee for day camp**

**VUCOMMODORES.COM/CAMPS**



## RELEASE OF LIABILITY AND MEDICAL COVERAGE

The Vanderbilt University athletic training staff will be responsible for conservative treatment of injuries and illness that arise during a camp session. This would consist of evaluation, treatment and return to play or referral to emergency room for further diagnosis and care. The athletic trainer will communicate medical situation or status to camp directors and parents/legal guardians.

After completing registration with ACTIVE, campers will have access to forms requesting medical coverage and a release of liability. No camper will be permitted to participate without these forms.

## QUESTIONS and CONCERNS:

All questions should be sent via email to

[vulacrossecamp@vanderbilt.edu](mailto:vulacrossecamp@vanderbilt.edu)

## PARKING

Visiting parents who wish to watch camp may purchase a \$10 parking tag to park for the week from the Traffic and Parking office on campus. With this tag you will be able to park in the 25<sup>th</sup> Avenue parking garage. Please go to Vanderbilt.edu for a campus map.