

PURPOSE

The purpose of this camp is to help wrestlers achieve a higher level of success. Many of the best coaches and college wrestlers from the Midwest to the West Coast will gather to make this a tremendous experience.

CAMP FORMAT

- **Three different age groups:** Elementary, Middle School, and High School wrestlers
- Each wrestler will have between **12-15 matches** including a TAKEDOWN TOURNAMENT.
- Two **All-Star Teams** will be selected and will compete against each other at the end of the week.
- There will be **several technique sessions** during the week.
- Individuals not with a team will be put on a team for the dual meets.
- There will be technique taught after each dual by the staff to work on specific needs of each team.

Note: We will have special instruction for heavyweights. Education about diet and strength training will also be provided. Coaches: There will be daily technique and philosophy sessions for you to participate in as well as evening socials (while we watch a tape of the 2008 NCAA Championships).

ROOM AND BOARD

The wrestlers will be staying at the Best Western Abbey Inn, the nicest hotel in St. George. They have very large air-conditioned rooms, an arcade, and a spacious outdoor pool. Breakfast will be served there. Lunch and dinners will be served at the college within a block of where the wrestling sessions will be held. The meals are all-you-can-eat buffets.

COACHING STAFF

This year's staff is excellent! Their experience includes wrestling and coaching at both the high school and college level. **They know what it takes to reach the top levels of wrestling** and have produced dozens of All-Americans and state champions in their programs. Several current college wrestlers will be involved to help wrestlers achieve their goals at the camp. There will be a few other college counselors added for this year's camp which are not listed. There will be many opportunities for wrestlers to get help from the college counselors.

SPECIAL INSTRUCTORS

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|--------------------|---|
| TIM VANNI: | 10x World Team Member, 7X National Champ, 2X Pan Am Champ, Porterville H.S. |
| ERKIN TADZHIMETOV: | 9x Russian (Uzbekistan) Champion, Sunkist Open Runner-Up, UVU Asst. Coach. |
| GREG WILLIAMS | Head Coach Utah Valley University, NCAA All-American, over 70 HS All-Americans. |
| KC ROCK: | Head Asst Utah Valley University, PAC 10 Champ and OW, former Asst. at Boise and Wyoming. |
| KERRY ANDERSON: | Wayne: 16 State Titles, 20 All-Americans, 8x UT National Team Coach. |

COLLEGE COUNSELORS

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|------------------|---|
| Ben Kjar | UVU Team Captain, 2x Jr. World Trial Champion, 2x Jr. National Champion |
| Ethen Lofthouse: | Iowa Universtiy, National Champion in all 3 styles |
| Luke Lofthouse: | Iowa University, |
| Flint Ray: | UVU Team Captian, Ranked in the NCAA |
| Josh Wilson | UVU, 3 rd Sr. HS Nationals |
| Jeb Clark: | UVU Team Captain, NJCAA Runner-up, 3 rd Sr. HS Nationals |
| | * Other clinicians from various colleges will be on hand |

STAFF

| | |
|--------------|--|
| Rob Ward: | Camp Host and Facilities Director, Former Dixie High and Snow Canyon Coach |
| John Fager: | Layton H.S., Elite Asst., Clarion University, Jr. College All-American |
| Jody Warren: | Weber H.S: Past Weber St coach, 2007 State Champs, 4 yr starter WSU, 2x State Champ in Wyoming |

CAMP COSTS:

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|----------|---|
| \$360.00 | Includes: room, meals, & t-shirt |
| \$340.00 | If total balance is paid by April 24, 2009 (or 10 wrestlers from the same school) |
| \$240.00 | Commuters fee (wrestler provides own room & meals) |
| \$200.00 | <u>Deposit due to reserve a place in the camp.</u> |

* Coaches, please make copies of the registration form for your team.

Return this form to: Elite Wrestling: 6722 Canterbury Dr Highland, Ut 84003 Phone: 801-768-0701

Make checks payable to: Elite Wrestling Club

AN INFORMATION SHEET WILL BE MAILED TO EACH APPLICANT NOTIFYING THEM OF THEIR BALANCE DUE AND OF ESSENTIALS NEEDED FOR THE CAMP.

NAME _____ ADDRESS _____ CITY, STATE, ZIP _____

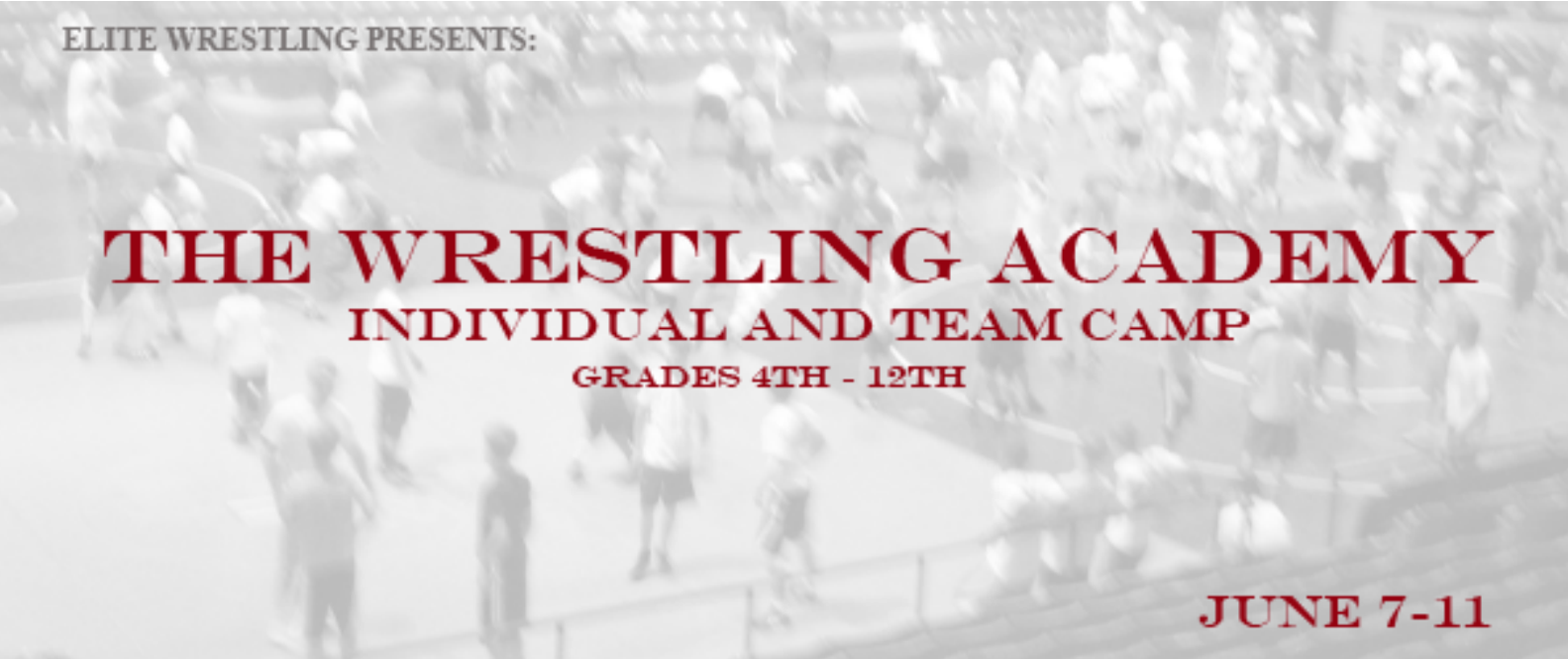
PHONE _____ SCHOOL _____ GRADE (next year) _____

IN CASE OF EMERGENCY: INSURANCE CARRIER _____ POLICY# _____

SHIRT (CIRCLE ONE): XXL XL L M S (CIRCLE ONE): COMMUTER OR CAMPER

Amount Enclosed: \$200 Deposit ___ \$340(if paid by April 24)___ \$240(if commuting) ___ \$360(after April 24)___

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ELITE WRESTLING PRESENTS:

THE WRESTLING ACADEMY

INDIVIDUAL AND TEAM CAMP

GRADES 4TH - 12TH

JUNE 7-11