
Parent Release:

I hereby release Utah Valley University, Wolverine Wrestling Camp, and its coaches from responsibility for any injuries sustained by my wrestler during the 2008 Wolverine Wrestling Camp. In addition, I give authority to the coaches and medical staff to admit my wrestler to the local hospital for emergency care should it be required.

I, the undersigned, will accept all responsibility for any claims on my wrestler should hospitalization be necessary during the dates indicated on the brochure while my wrestler is registered at the Wolverine Wrestling Camp. In addition Utah Valley University and its coaches will not be held responsible for any payments on such occasion.

To the best of my knowledge my wrestling is physically fit to participate in the Wolverine Wrestling Camp. I know of no physical impairments, which would limit their participation in such a program.

Insurance Policy Number/ Insurance Company

Signature of Parent/Guardian

Print Name of Parent/Guardian

Print Name of Wrestler

Emergency phone number



Head Coach Greg Williams

Coach Williams brings over 21 years of coaching experience. Previously the owner and head coach of the Elite Wrestling Club. He is a 14-time coach of the Utah National Wrestling Team and during his coaching career has tutored over 70 high school All-Americans.



Head Assistant Coach KC Rock

Coach Rock is currently in his second year as the Head Assistant Coach at UVU. He won a PAC 10 Championship while also earning the most valuable wrestler award. He has been coaching at the college level for the past seven years.

Erkin Tadzhimetov

While in Uzbekistan Erkin was a 9 time National Champion and a 3 time Junior World place winner. In his two years at UVU he compiled 48 victories. He has also spent the past two years as the Volunteer Assistant Coach at Utah Valley.



WOLVERINE Wrestling Camp



WRESTLING THE
WOLVERINE WAY

June 2-6, 2008

DESTINY IS NOT SOMETHING GIVEN IT IS SOMETHING EARNED

The Wolverine Wrestling Camp features UVU Head Coach Greg Williams, Head Assistant Coach K C Rock, and Volunteer Assistant Coach Erkin Tadzhimetov along with other wrestling staff members as well as current and past UVU wrestlers.

GOALS AND PHILOSOPHY

The Wolverine Wrestling Camp helps promote the "total wrestler." The camp is designed to encourage growth and to challenge wrestlers both mentally and physically. In addition, the campers will also learn about goal setting, stress management, positive thinking, weight training, and nutrition. The most important goal we have for each camper is that they have fun while learning how to be a better wrestler.

ELIGIBILITY

Campers range from 5-18 years of age. All levels of wrestlers are encouraged to participate in these camps. Younger wrestlers may want to bring a friend to have a workout partner and a "buddy" for the duration of the camp.

Wolverine Wrestling Camp:

June 2-6, 2008

Wolverine Wrestling Room

Cost of Camp: \$225 – Commuter
\$100 – Youth (elementary age)

Camp fees are due by May 16th a \$25 late fee will be assessed if received after said date.

Included in the cost of the camp :

- 5- days of camp
- Camp T - Shirt

-A \$75 non-refundable deposit is due with each application with the remainder of the balance due at check in. Make checks payable to:

Wolverine Wrestling Camps

Please fill out both sides of the application form. When completed, tear from brochure and mail application with deposit.

MAIL TO: Wolverine Wrestling Camps
355 N. 400 E.
Springville, UT 84663

Questions: Contact KC Rock 801-368-1844

Camp Store: There will be a camp store available to wrestlers where they can purchase drinks, energy bars, and Utah Valley University Wrestling apparel. Wrestlers will not be allowed to leave camp unless picked up by parents or guardian.

Housing: Housing will not be provided. If you are interested and need housing call KC Rock at 801-368-1844. I will have a list of local hotels with a camp rate.

Typical Camp Schedule:

8:30 - Campers arrive

9:00 - Warm - Up/Stretch

9:15 - Technique

10:15 - Break

10:30 - Technique

11:30 - Lunch

**** Remainder of day intended for middle school and high school age campers.

1:30 - Game

2:00 - Skills and Drills

3:30 - Break

4:30 - Live Wrestling

6:00 - Camp Ends

**Camp check in will Monday June 2nd from 11:30 am until 1:00pm. Camp will end Friday June 6th at approximately 11:00 am.

Wrestling Camp Application

Name _____

Mailing Address _____

City _____

State _____

Zip _____

Phone _____

Wrestlers E-Mail _____

Parent E-mail _____

School _____

Age/Grade _____

Current Weight _____

Shirt Size _____