

## Camp Overview

### Youth Fundamental Camp

A great experience for youth campers! This camp is designed to work on the fundamentals that are so important for youth players to develop. All areas of the game will be covered including: hitting, throwing fundamentals, infield play, outfield play, sliding, and base-running. Coach pitch scrimmages will also be played toward the end of each day. A great way for youth campers to learn the fundamentals, enjoy the game of baseball in the winter, and have a great time.

### High School Skill Camp

The high school skill camp is designed to allow players to develop their skills and to get ready for the upcoming spring season. The defensive session provides players with the opportunity to choose between pitching, catching, or infield play. This allows the campers to develop at their individual position throughout the camp.

\*We recommend that the camper chooses and stays at one position throughout the camp because the information taught is cumulative over the three day period.

The hitting session covers the fundamentals of the swing and continues through more advanced approaches by the third day. Drill work and practice plans are introduced to players so that they can personalize their drillwork to help with their own swing. Highly recommended for players that want to get ready for spring baseball and refine their swing.

## 2011 Winter Camp Calendar

### **Youth Fundamental Camp**

Dates: December 28th - 30th

Ages: 7 - 12

Cost: \$110 (includes t-shirt)

Times: 3:30pm - 5:30pm

Location: Spence-Eccles Indoor Facility

### **High School Skill Camps**

#### **Ages: 13-15**

Dates: December 28th - 30th

Infield/Pitching/Catching Session: 6:00pm - 7:30pm

Hitting Session: 7:30pm - 9:00pm

Cost: \$105 for one session/ \$195 for both sessions

Location: Spence- Eccles Indoor Facility

#### **Ages: 16 and Up**

Dates: December 28th - 30th

Hitting Session: 6:00pm - 7:30pm

Infield/Pitching/Catching Session: 7:30pm - 9:00pm

Cost: \$105 for one session/ \$195 for both sessions

Location: Spence- Eccles Indoor Facility

Online Registration and Information available at:

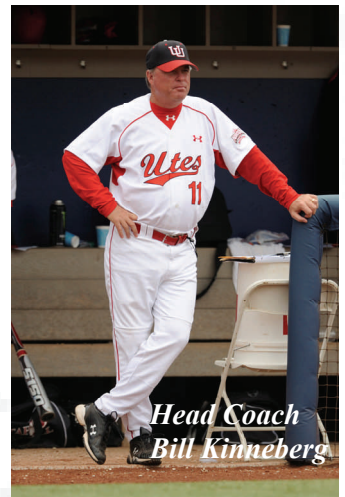
[www.utahbaseballcamp.com](http://www.utahbaseballcamp.com)

Online Registration for Camps  
by [Active Network](#)

## Camp Staff

The Utah Baseball Camps staff includes coaches from the University of Utah baseball program, as well as current and former Utah baseball players. High school coaches from around Salt Lake City are also in attendance.

Bill Kinneberg - Head Baseball Coach  
Mike Crawford - Assistant Coach/Pitching  
Bryan Kinneberg - Assistant Coach/Hitting  
Pete Flores - Assistant Coach/Infield



## Why Utah Baseball Camps?

### **High School Athletes**

- Drill work and instruction designed to take an athlete's mechanics and kinetic awareness to the next level.
- Position-specific defensive drills that help each player develop at his position, along with learning how to play multiple defensive positions.
- Opportunity to get hands on instruction with college coaches.

### **Youth Campers**

- A great opportunity for youth players to learn the proper fundamentals of the game.
- An enjoyable experience for all campers of any skill level.
- Drill work, instruction, and scrimmages designed to teach youth players, while instilling a passion for the game of baseball.

## What We Will Cover

### Sportsmanship

Hustle, competitiveness, body language, attitude, the winning way.

### Fielding

- Fundamentals of fielding and throwing
- Defensive positioning
- Communication

### Offense

- Fundamentals of the swing
- Increasing contact and power
- Introduction of new drills to help with mechanics
- Base running

### Pitching

- Fundamentals of pitching
- Throwing strikes
- Repeating the pitching motion
- Developing a second and third pitch



**Rick Anton**  
**8th Round Draft Pick**  
**2011 MLB Draft**  
**Los Angeles Dodgers**



**CJ Cron**  
**17th Overall Pick- 2011 MLB Draft**  
**Los Angeles Angels of Anaheim**

## Camp Details

### LOCATION/CHECK-IN

Winter camps will be held at the Spence-Eccles Fieldhouse. The address for the Spence Eccles Fieldhouse is 645 Guardsman Way SLC, UT 84108. Check-in begins one-half hour prior to beginning of camp on the first day.

Map -- [www.map.utah.edu/index.jsp](http://www.map.utah.edu/index.jsp)

### SUPERVISION

Campers are under constant supervision by Coaches and Staff.

### EQUIPMENT/DRESS

Campers should wear their own baseball uniforms or other protective clothing and shoes. Only athletic shoes or soft cleats are permitted in the indoor facility. Bring gloves, helmets, hats, bats, catching equipment, and water bottles. Water will be available.

### INSURANCE

Camp insurance covers camp-related activities only and is **secondary** to personal insurance. Reasonable hospital and medical expenses resulting from injuries at camp (not paid by Camper's own insurance) will be covered by camp insurance. Expenses resulting from illness are the responsibility of the Camper's parents or guardians. All claims must be reported within 60 days of occurrence.

### TRANSPORTATION

No transportation provided to/from camp

### MEALS

**NO MEALS WILL BE PROVIDED.** Campers should bring their own snacks for breaks.

### REFUNDS

The \$50.00 service fee is non-refundable and non-transferable. Full refunds will be given only to those whose applications are received after camps are filled or in case of illness/injury to Camper prior to beginning of camp. **NO refunds given after camps begin.**



*Stephen Fife  
3rd Round Draft Pick  
Boston Red Sox*

### Questions or Comments- Please Contact

#### Asst. Coach Bryan Kinneberg

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#### Asst. Coach Mike Crawford

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For more information and online registration go to:

[www.utahbaseballcamp.com](http://www.utahbaseballcamp.com)