

**2008 NCAA DIVISION II OUTDOOR TRACK AND FIELD
MEN'S QUALIFYING STANDARDS
(SEA LEVEL)**

EVENT	AUTOMATIC		PROVISIONAL		ALTITUDE
	FAT	MT	FAT	MT	ADJUSTMENT
100 Meters	10.35	—	10.65	—	3K-5,999/6K+ +.03/+06
200 Meters	21.00	—	21.48	—	+07/+12
400 Meters	46.80	46.4	48.00	47.6	+11/+21
800 Meters	1:50.00	1:49.7	1:52.60	1:52.3	
1,500 Meters#	3:49.00	3:48.7	3:53.50	3:53.2	
Mile# \$	4:07.32	4:07.0	4:12.18	4:11.8	
3,000-Meter Steeplechase#	9:07.00	9:06.7	9:26.00	9:25.7	
5,000 Meters#	14:10.00	14:09.7	14:45.00	14:44.7	
10,000 Meters#	29:45.00	29:44.7	31:05.00	31:04.7	
110-Meter Hurdles	14.15	—	14.65	—	+04/+08
400-Meter Hurdles	51.65	51.2	53.40	53.0	+11/+21
400-Meter Relay	40.25	39.9	41.35	40.9	+12/+24
440-Yard Relay	40.45	40.1	41.55	41.1	+12/+24
1,600-Meter Relay	3:10.00	3:09.7	3:14.40	3:14.1	+44/+84
Mile Relay	3:11.20	3:10.9	3:15.60	3:15.3	+44/+84
	METRIC		METRIC		
High Jump	2.16		2.05		
Pole Vault	5.02		4.80		
Long Jump	7.50		7.15		
Triple Jump	15.30		14.45		
Shot Put	16.90		15.90		
Discus	52.00		48.76		
Javelin	64.00		59.44		
Hammer	58.50		53.00		
Decathlon	6,920 points		6,300 points		

#—Altitude adjustment available.

\$—Time must be converted to 1,500 Meters by dividing by 1.08. Example: Athlete timed in 4:11.70 (251.70 seconds) in the mile. $251.70 \div 1.08 = 233.01$ seconds (3:53.01) for 1,500 Meters. Athlete becomes a provisional qualifier. (Note: When the mile is contested at a site where an altitude adjustment is available, subtract the adjustment for the mile from the actual time and then convert the adjusted time to 1,500 meters.)

@—Time must be converted to 1,500 Meters by dividing by 1.08. Example: Athlete timed in 4:13.0 (253.0 seconds) in the mile. $253.0 \div 1.08 = 234.3$ seconds (3:54.3) for 1,500 Meters. Athlete is not a provisional qualifier. (Note: When the mile is contested at a site where an altitude adjustment is available, subtract the adjustment for the mile from the actual time and then convert the adjusted time to 1,500 meters.)

**2008 NCAA DIVISION II OUTDOOR TRACK AND FIELD
WOMEN'S QUALIFYING STANDARDS
(SEA LEVEL)**

EVENT	AUTOMATIC		PROVISIONAL		ALTITUDE ADJUSTMENT 3K-5,999/6K+
	FAT	MT	FAT	MT	
100 Meters	11.65	—	12.10	—	+03/+07
200 Meters	23.95	—	24.80	—	+07/+14
400 Meters	55.00	54.6	56.80	56.4	+11/+21
800 Meters	2:10.50	2:10.2	2:15.00	2:14.7	
1,500 Meters#	4:31.00	4:30.7	4:42.00	4:41.7	
Mile# \$	4:52.70	4:52.4	5:04.56	5:04.2	
3,000 Meters#	9:40.00	9:39.7	10:15.00	10:14.7	
3,000-Meter Steeplechase#	11:00.00	10:59.7	11:27.00	11:26.7	
5,000 Meters#	17:11.00	17:10.7	17:45.00	17:44.7	
10,000 Meters#	35:50.00	35:49.7	37:30.00	37:29.7	
100-Meter Hurdles	14.00	—	14.60	—	+04/+08
400-Meter Hurdles	1:00.00	59.6	1:03.00	1:02.6	+11/+21
400-Meter Relay	46.00	45.6	47.60	47.2	+12/+28
440-Yard Relay	46.20	45.8	47.80	47.4	+12/+28
1,600-Meter Relay	3:42.00	3:41.7	3:52.00	3:51.7	+44/+84
Mile Relay	3:43.20	3:42.9	3:53.20	3:52.9	+44/+84
	METRIC		METRIC		
High Jump	1.75		1.68		
Pole Vault	3.91		3.60		
Long Jump	5.90		5.60		
Triple Jump	12.25		11.60		
Shot Put	14.90		13.30		
Discus	47.60		43.00		
Javelin	44.55		41.00		
Hammer	54.00		49.00		
Heptathlon	4,880 points		4,440 points		

#—Altitude adjustment available.

\$—Time must be converted to 1,500 Meters by dividing by 1.08. Example: Athlete timed in 5:03.85 (303.85 seconds) in the mile. $303.85 \div 1.08 = 281.34$ seconds (4:41.34) for 1,500 Meters. Athlete is not a provisional qualifier. (Note: When the mile is contested at a site where an altitude adjustment is available, subtract the adjustment for the mile from the actual time and then convert the adjusted time to 1,500 meters.)

@—Time must be converted to 1,500 Meters by dividing by 1.08. Example: Athlete timed in 4:59.4 (299.4 seconds) in the mile. $299.4 \div 1.08 = 277.2$ seconds (4:37.2) for 1,500 Meters. Athlete becomes a provisional qualifier. (Note: When the mile is contested at a site where an altitude adjustment is available, subtract the adjustment for the mile from the actual time and then convert the adjusted time to 1,500 meters.)

3,000 Meters may be removed from competition.