

**2007 Utah State Indoor Track Bests – Men**  
(as of March 2)

<b>Event</b>	<b>Time</b>	<b>Meet</b>	<b>Date</b>
<b>60 (6.72 Prov., 6.62 Auto.)</b>			
DJ Smith	6.73	WAC CHAMP.	2-24
Lamar Brown	6.98	USU	1-20
Blake Hadfield	7.12	USU	1-20
Nick Karren	7.21	USU	1-20
John Strang	7.18	BSU	2-10
Logan Moore	7.32	BSU	2-10
<b>60 Hurdles (7.91 Prov., 7.70 Auto.)</b>			
Scott Bell	8.17	WAC CHAMP.	2-24
Logan Moore	8.37	BSU	2-10
Preston Gordon	8.79	USU	1-20
Chase Richins	8.25	BSU	2-10
John Strang	8.58	BSU	2-10
Dan Seethaler	9.22	BSU	2-10
<b>200m</b>			
Lamar Brown	23.16	WSU	1-27
DJ Smith	21.30	WAC CHAMP.	2-24 School Record
Nicholas Karren	22.22	BSU	2-10
Brett Knighton	22.93	BSU	2-10
<b>400 (47.25 Prov., 46.05 Auto.)</b>			
Nicholas Karren	49.38	ISU	1-12
Daniel Seethaler	52.28	WSU	1-27
Emon Williams	52.06	USU	1-20
Craig Bown	53.59	USU	1-20
Brett Knighton	50.28	Air Force	2-3
Dasheek Akwenye	47.39	WAC CHAMP.	2-24
Scott Bell	49.37	BSU	2-10
Chase Judd	51.78	BSU	2-10
<b>800 (1:49.50 Prov., 1:47.80 Auto.)</b>			
Andrew Niccoli	1:58.44	BSU	2-10
Emon Williams	1:58.57	WSU	1-27
Ben Kessen	2:00.28	WSU	1-27
David Gray	2:08.96	WSU	1-27
Craig Brown	1:56.85	WAC CHAMP.	2-24
<b>Mile (4:04.90 Prov., 3:59.00 Auto)</b>			
Aaron Clements	4:19.52	WAC CHAMP.	2-24
Ben Kessen	4:15.08	WAC CHAMP.	2-24
Craig Brown	4:31.42	WSU	1-27
Heath Wing	4:32.22	WSU	1-27
Andrew Niccoli	4:35.19	WSU	1-27
Taylor Mackay	4:52.10	BSU	2-10
<b>3000m</b>			
Seth Wold	8:33.97	WSU	1-27
Tony Jones	8:26.33	WAC CHAMP.	2-24
Vance Twitchell	8:46.88	WSU	1-27
Michael Budge	9:23.54	BSU	2-10
Heath Wing	9:01.32	BSU	2-10
Jarod Glen	9:07.53	BSU	2-10
Brad Harding	10:02.75	BSU	2-10

**5,000m**

Seth Wold	14:36.39	Wash.	2-10
Vance Twitchell	14:39.50	Wash.	2-10

**4x400m (3:10.40 Prov., 3:05.00 Auto.)**

Utah State	3:14.32	BSU	2-10
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**High Jump (2.17m. Prov., 2.23 Auto.)**

Logan Moore	1.81m	5-11.50	ISU	1-12
Casey Parker	2.05m	6-08.75	WAC CHAMP.	2-24
John Strang	m	6-09.75	WAC CHAMP.	2-24

**Pole Vault (5.20m. Prov., 5.50m. Auto.)**

Matt Toone	4.57m	15-00.00	USU	1-20
David Loomis	m	15-01.00	BSU	2-10
Palmer Hawkins	m	15-01.00	WAC CHAMP.	2-24
Logan Moore	4.11m	13-05.75	USU	1-20

**Shot Put (17.15m. Prov., 19.30m. Auto.)**

Kevin Liu	m	53-08.50	WAC CHAMP.	2-24
Javier Sanchez	13.37m	43-10.50	Air Force	2-3
Tyler Ellis	15.10m	49-06.50	Air Force	2-3
Logan Moore	13.84m	45-05.00	USU	1-20
Kerry Shepard	13.59m	44-07.00	BSU	2-10

**Weight Throw (19.00m. Prov., 21.20m. Auto.)**

Kevin Liu	m	63-04.75	WAC CHAMP.	2-24
Javier Sanchez	13.23m	43-05.00	USU	1-20
Kerry Shepard	15.28m	50-01.75	BSU	2-10
Tyler Ellis	14.40m	47-03.00	USU	1-20

**Long Jump (7.45m. Prov., 7.85m. Auto.)**

Blake Hadfield	6.91m	22-08.00	WSU	1-27
Logan Moore	6.68m	21-11.00	BSU	2-10
Gordon Preston	6.37m	20-10.75	BSU	2-10
Lamar Brown	6.80m	22-03.75	BSU	2-10
John Strang	m	21-11.00	WAC CHAMP.	2-24

**Triple Jump**

Blake Hadfield	13.67m	44-10.25	Air Force	2-3
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**Heptathlon**

Logan Moore	5,243		WAC CHAMP.	2-24	School Record
John Strang	4,524		WAC CHAMP.	2-24	

**2007 Utah State Indoor Track Bests – Women**  
(as of March 3)

Event	Time	Meet	Date	
<b>60 (7.44 Prov., 7.27 Auto.)</b>				
Brittany Chadwick	7.82	USU	1-20	
Amber Peterson	7.96	USU	1-20	
Jessica Nielson	8.10	USU	1-20	
Ali Cranney	8.13	USU	1-20	
Cachet Webb	8.65	USU	1-20	
Kimiko Kamo	8.09	BSU	2-10	
<b>60 Hurdles (8.43 Prov., 8.15 Auto.)</b>				
Amber Peterson	8.52	WAC CHAMP.	2-24	School Record
Heidi Hopkins	9.30	USU	1-20	
Ashlee Cannon	8.86	BSU	2-10	
Carrie Yost	9.20	USU	1-20	

Heidi Hopkins	9.30	USU	1-20
Dana Strauss	9.36	USU	1-20
Aimee Sauvageau	9.52	USU	1-20

#### 200m

Brittany Chadwick	26.11	WSU	1-27
Ali Cranney	27.38	WSU	1-27
Cachet Webb	28.16	BSU	2-10
Amber Peterson	24.41	BSU	2-10
Ashlee Cannon	25.70	BSU	2-10
Jessica Nielson	26.37	BSU	2-10

#### 400 (54.70 Prov., 52.40 Auto.)

Amber Peterson	56.12	Air Force	2-3
Heidi Hopkins	58.83	ISU	1-12
Dana Strauss	1:01.24	WSU	1-27
Ashlee Cannon	1:01.07	WSU	1-27

#### 800m (2:09.40 Prov., 2:05.70 Auto.)

Jennifer Twitchell	2:16.07	WSU	1-27
Amy Egan	2:10.70	WAC CHAMP.	2-24
Erin Stratton	2:26.84	Air Force	2-3

#### Mile (4:47.60 Prov., 4:38.50 Auto.)

Amy Egan	4:50.55	Wash.	2-10
Alexis Meyer	5:07.55	WAC CHAMP.	2-24
Jennifer Twitchell	4:39.95	Wash.	3-3
Erin Stratton	5:08.59	WAC CHAMP.	2-24

#### 3,000 (9:35.80 Prov., 9:16.00 Auto.)

Jennifer Twitchell	10:22.19	ISU	1-12
Vanessa Hawkins	10:39.56	WSU	1-27
April Rowlan	10:59.92	WSU	1-27
Stacie Lifferth	9:51.99	Wash.	2-10 School Record
Amy Egan	10:13.74	WSU	1-27
Caroline Barry	10:10.34	Wash.	2-10
Alexis Meyer	10:46.42	BSU	2-10

#### 4x400m (3:41.20 Prov., 3:33.50 Auto.)

Utah State	3:52.42	BSU	2-10
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#### 4x800m

Utah State	9:25.93	USU	1-20
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#### High Jump (1.78m. Prov., 1.84 Auto.)

Tara Pickett	1.68m	5-006.00	USU	1-20
Aimee Sauvageau	1.58m	5-02.25	ISU	1-12
Jamie Garn	1.60m	5-03.00	Air Force	2-3
Lisa Christensen	1.47m	4-09.75	USU	1-20
Carrie Yost	1.68m	5-06.00	USU	1-20

#### Shot Put (15.40m. Prov., 16.90m. Auto.)

Carrie Yost	11.11m	36-05.50	USU	1-20
Aimee Suvageau	10.77m	35-04.00	USU	1-20
Shannon Prince	10.92m	35-10.00	WSU	1-27
Cortnie Broadus	11.29m	37-00.50	Air Force	2-3
Krista Larson	12.63m	41-05.25	Air Force	2-3

#### Long Jump (6.10m. Prov., 6.40m. Auto.)

Aimee Sauvageau	4.79m	15-08.75	BSU	2-10
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**Triple Jump**

Ali Cranney	10.35	33-11.50	BSU	2-10
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**Pole Vault (3.95m Prov., 4.20m Auto.)**

Kathryn Duhadway	m	12-08.75	WAC CHAMP.	2-24
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Kristen Flesher	m	11-07.00	WAC CHAMP.	2-24
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**Weight Throw (18.50m Prov., 21.00m Auto.)**

Shannon Prince	14.98m	49-01.75	Air Force	2-3
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Cornie Broadus	10.03m	32-11.00	Air Force	2-3
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Krista Larson	15.34m	50-04.00	BSU	2-10
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**Pentathlon**

Aimee Sauvageau	3,262		WAC CHAMP.	2-24
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Carrie Yost	3,685		WAC CHAMP.	2-24
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