

Utah State

2007 MEN'S
WAC CHAMPIONS



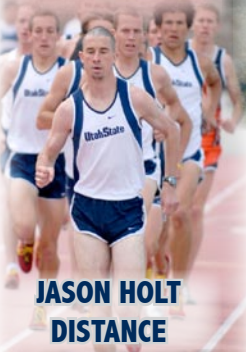
WAC TRACK & FIELD CHAMPIONSHIPS MEDIA NOTES



KATIE THATCHER
HURDLES



ASHLEE CANNON
HURDLES



JASON HOLT
DISTANCE



DASHEEK AKWENYE
SPRINTS



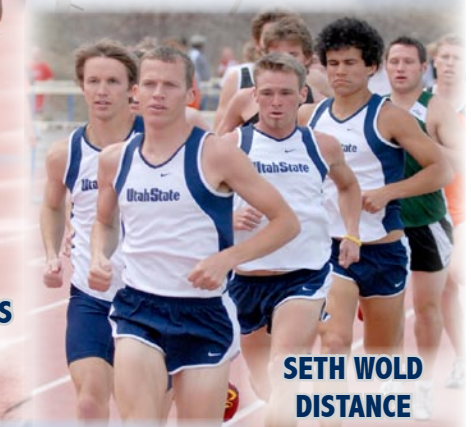
STACIE LIFFERTH-DORIUS
DISTANCE



SONIA GRABOWSKA
POLE VAULT



ERIN STRATTON
DISTANCE



SETH WOLD
DISTANCE



BLAKE HADFIELD
JUMPS



KRISTA LARSON
THROWS



JOHN STRANG
DECATHLON



SILAS PIMENTEL
SPRINTS



BOISE, IDAHO

Utah State

2008 TRACK & FIELD

Utah State Athletic Media Relations • 7400 Old Main Hill • Logan, Utah 84322 • Fax (435) 797-2615 • Phone (435) 797-3714

2008 UTAH STATE TRACK & FIELD SCHEDULE/RESULTS

DATE	OPPONENT	SITE/RESULT
March 21-22	Arizona Willie Williams Invitational...	NTS
April 4	BYU Invitational	NTS
April 10-12	UCLA Invitational	NTS
April 19	Mark Falomo Invitational	NTS
April 25-26	Oregon Relays	NTS
April 25-26	Cal Brutus Hamilton Invitational.....	NTS
April 25-26	BYU Clarence Robison Invitational...	NTS
May 2	Bronco Twilight Classic	NTS
May 8	Utah Collegiate Challenge.....	NTS
May 14-17	WAC Outdoor Championships	Boise, ID
May 30-31	NCAA Regional Championships... Northridge, Calif.	
June 11-14	NCAA National Championships... Des Moines, Iowa	

Home meets in **BOLD ITALICS** and at **Ralph Maughan Track Stadium**

UTAH STATE TRACK & FIELD HISTORY

MEN'S OUTDOOR WAC CHAMPIONS:
2007

MEN'S INDOOR WAC CHAMPIONS:
2008

MEN'S OUTDOOR BIG WEST CHAMPIONS: 1994, 1995, 1996, 1998, 1999, 2002, 2003

MEN'S INDOOR MOUNTAIN PACIFIC SPORTS FEDERATION CHAMPIONS:
1993

WOMEN'S OUTDOOR BIG WEST CHAMPIONS: 1993, 1994, 1995, 1996, 1997, 1998, 1999

UTAH STATE CROSS COUNTRY HISTORY

MEN'S WAC CHAMPIONS: 2005, 2006, 2007

WOMEN'S WAC CHAMPIONS: 2006

MEN'S BIG WEST CHAMPIONS: 1992, 1993, 1994, 2002

WOMEN'S BIG WEST CHAMPIONS:
1998

WAC CHAMPIONSHIPS



Utah State at
Western Athletic Conference
Track & Field Championships
Boise, Idaho
Bronco Stadium

Wednesday-Saturday, May 14-17, 2008



ON TAP – Utah State's men's track & field team will open defense of its conference title while the Aggie women's team will look to improve off last year's fifth-place finish when the Western Athletic Conference Track & Field Championships begin Wednesday, May 14. The championships, which run through Saturday, May 17, are hosted by Boise State at Bronco Stadium at Boise, Idaho.

REPEAT CHAMPS – The USU men will be trying to become the first repeat WAC men's champions under the current conference alignment and the first overall since BYU in 1998 and 1999.

New Mexico	1964-67
BYU	1968-69
BYU	1973-74
UTEP	1975-79
UTEP	1981-82
BYU	1985-93
UTEP	1996-97
BYU	1998-99



IN THE RANKINGS – The five men's schools are ranked as high as No. 27 and as low as No. 154 in the USTFCCA Outdoor Men's Track & Field Poll... Idaho is ranked 27th, while host Boise State is 40th, Fresno State is No. 113, Louisiana Tech is 136th and USU is No. 154.

The eight women's squads are ranked as high as 58th and as low as No. 160 in the women's poll... Hawai'i is No. 58, Boise State is 63rd, Idaho is No. 88, Fresno State is 95th, Nevada is 101st, defending champion Louisiana Tech is 117th, Utah State is No. 149 and New Mexico State is 160th.

UP NEXT – Those athletes that qualify will be competing in the NCAA Regional Championships, hosted by Cal State Northridge at Northridge, Calif. May 30-31... The NCAA National Championships are June 11-14 at Des Moines, Iowa.

LIVE RESULTS – Live results for the 2008 WAC Championships are available through www.utahstateaggies.com as well as www.wacsports.com and clicking on the "live results" link once it is available.



USU QUICK FACTS

Location Logan, Utah
 Enrollment 23,908
 Track Complex Ralph Maughan Track Stadium (500)
 Nickname Aggies
 Colors Navy Blue and White
 Web Site www.UtahStateAggies.com
 Track & Field SID Zach Fisher
 SID Phone (435) 797-2066
 SID Email zach.fisher@usu.edu
 SID Cell (435) 213-0318
 Head Coach Gregg Gensel - 20th year
 Assistant Coaches
 Matt Ingebritsen, Joel Johnson, Corey
 Murdock, Steve Reeder
 Mountain Pacific Sports Federation Track Titles
 W-1/M-1
 Big West Conference Track Titles W-7/M-7
 WAC Track Titles M-1
 Big West Conference Cross Country Titles W-1/M-4
 WAC Cross Country Titles W-1/M-3
 2007 WAC Indoor Finishes W-4th/M-2nd
 2007 WAC Outdoor Finishes W-5th/M-1st
 2007 WAC Cross Country Finishes W-3rd/M-1st
 2008 WAC Indoor Finishes W-4th/M-1st

UTAH STATE MEDIA RELATIONS

Director Doug Hoffman
 Office Phone (435) 797-3714
 Email doug.hoffman@usu.edu
 Assistant (T&F Contact) Zach Fisher
 Office Phone (435) 797-2066
 Email zach.fisher@usu.edu
 Assistant Ashley McWilliams
 Student Contacts MJ Henshaw, Whitney Robins
 Media Relations Fax (435) 797-2165
 Web Site www.UtahStateAggies.com
 Mailing Address 7400 Old Main Hill
 Logan, UT 84322



BIG RETURNS – USU’s men return 18 all-WAC performers from last season’s WAC Championship team that had 32 total all-WAC honorees... Of the returners, the Aggies return defending conference champions in junior John Strang (decathlon) and sophomore Casey Parker (high jump).

The Aggies also return eight second or third-place finishers from last year’s conference meet in senior Dasheek Akwenye (2nd-400m), senior Brett Knighton (3rd-400m), sophomore Andrew Niccoli (2nd-800m), senior Ben Kessen (4th-1,500m, 2nd 5,000m), junior Seth Wold (2nd-10,000m), sophomore Jared Glenn (3rd-3,000 steeple), senior Chase Taylor (3rd-javelin), senior Lamar Brown (3rd-long jump).

USU’s women’s team returns four all-WAC honorees from last season’s fifth-place finish at the WAC Championships, including defending WAC champions in seniors Amy Egan (800m) and Stacie Lifferth-Dorius (3,000m steeplechase)... Lifferth-Dorius also earned all-WAC accolades with a fifth-place finish in the 1,500m... Other Aggie all-WAC honorees include junior Krista Larson (6th-hammer).

NOTORIOUS S.L.D – Senior Stacie Lifferth-Dorius is the two-time defending conference champion in the 3,000m steeplechase... She enters this season’s conference meet with the best time in the WAC with an NCAA regional qualifying time of 10:21.11, run last week at the Oregon Twilight.

JUMPIN’ JOHN – Junior John Strang is the defending decathlon WAC champion, posting a personal-best 6,770 points... It was the second year in a row that a USU decathlete has won the WAC title, after Logan Moore won the 2006 decathlon WAC Championship with 5,439 points... Overall, Strang won four of the 10 events competed in during the two-day competition as he placed first in the 100-meters (10.85), long jump (21-10.75), high jump (6-08.25) and 400-meters (51.35)... Strang was also second in the high jump (6-08.75) and sixth in the 110m hurdles (14.87)... Strang enters the WAC Championships tied for the best mark in the conference in the high jump with a personal-best and NCAA regional qualifying mark of 6-10.75.

CASEY AT THE JUMP – Sophomore Casey Parker, the defending WAC high jump champion enters the conference meet with the seventh-best mark this season at 6-6.75.

WAC TRACK ATHLETES OF THE WEEK – Utah State has collected a total of five WAC Track Athletes of the Week this season:

MEN

- March 24 Dasheek Akwenye - SR
WAC-best 400m & NCAA regional qualifying time
- April 14 Steve Strickland - SO
WAC-best 3,000m steeplechase & NCAA regional qualifying time

WOMEN

- April 28 Erin Stratton - SO
Won 3,000m steeplechase with personal-best & NCAA regional qualifying time
- May 5 Katie Thatcher - JR
Won 400m hurdles with NCAA regional qualifying time
- May 12 Stacie Lifferth-Dorius - SR
Top collegiate runner in 3,000m steeple and NCAA regional qualifying time

2008 Utah State Track & Field

AGGIE WAC LEADERS

USU athletes ranked in top three in WAC

MEN

100m	2. Silas Pimentel - FR	10.48
200m	3. Silas Pimentel - FR	21.25
400m	1. Dasheek Akwenye - SR	46.83
1,500m	2. Jason Holt - SO	3:48.51
5,000m	1. Seth Wold - JR	14:31.55
	2. Jason Holt - SO	14:53.56
10,000m	1. Seth Wold - JR	30:20.65
400m H	2. Keith Williams - JR	52.90
3,000m St	1. Steve Strickland - SO	8:57.03
	2. Jared Glenn - SO	9:10.16
4x100 Rel	3. Utah State	41.35
4x400 Rel	2. Utah State	3:11.06
High Jump	T1. John Strang - JR	6-10.75 (2.10m)
Shot Put	3. Joe Canavan - FR	55-7.75 (16.96m)

WOMEN

400m	3. Katelyn Jensen - FR	55.80
1,500m	2. Erin Stratton - SO	4:32.41
100m H	1. Ashlee Cannon - SO	13.79
400m H	2. Katie Thatcher - SR	1:00.11
3,000m St	1. Stacie Lifferth-Dorius - SR	10:21.11
	3. Erin Stratton - SO	10:38.18
4x100 Rel	3. Utah State	47.09
4x400 Rel	3. Utah State	3:47.76
High Jump	T3. Tara Pickett - JR	5-7 (1.70m)
Hammer	2. Krista Larson - JR	187-7 (57.17m)

UTAH STATE RETURNING WAC CHAMPIONS

Amy Egan *

- 800m - 2:10.70

Nick Karren *

- 400mH, 51.46

Stacie Lifferth-Dorius - SR

- 2007 - 3,000m steeple chase, 10:40.04
- 2006 - 3,000m steeple chase, 10:24.67

Logan Moore - SR

- 2006 - Decathlon, 5,439 pts

Casey Parker - SO

- High Jump, 6-10.75

John Strang - JR

- Decathlon, 6,770 pts

* = Redshirting



AGGIE NCAA REGIONAL QUALIFIERS

MEN

Silas Pimentel - FR	100m	10.48
	200m	21.25
Dasheek Akwenye - SR	400m	46.83
Steve Strickland - SO	3,000m St	8:57.03
John Strang - JR	High Jump	6-10.75 (2.10m)
Blake Hadfield - JR	Long Jump	24-4.25 (7.42m)
	Triple Jump	49-5 (15.06m)
Joe Canavan - FR	Shot Put	55-7.75 (16.96m)

WOMEN

Ashlee Cannon - SO	100m H	13.79
Katie Thatcher - SR	400m H	1:00.11
Stacie Lifferth-Dorius - SR	3,000m St	10:21.11
Erin Stratton - SO	3,000m St	10:38.18
Sonia Grawbowska - FR	Pole Vault	13-1.50 (4.00m)
Krista Larson - JR	Hammer	187-7 (57.17m)

UTAH STATE RETURNING NCAA QUALIFIERS

Dasheek Akweyne - SR

- NCAA All-West Region Division I Outdoor Track & Field
- NCAA Championship Participant
- NCAA West Regional Participant: 5th, 400m, 47.50
- WAC Indoor Champion

Amy Egan *

- NCAA West Regional Participant: 16th, 800m, 2:10.62
- WAC Champion

Nick Karren *

- NCAA All-West Region Division I Outdoor Track & Field
- NCAA Championship Participant
- NCAA West Regional Participant: 5th, 400mH, 51.49
- WAC Champion

Stacie Lifferth-Dorius - SR

- NCAA West Regional Participant: 3000m steeplechase, 10:10.89
- PR 10:10.89
- WAC Champion

Casey Parker - SO

- NCAA West Regional Qualifier 2007
- 2007 WAC Champion

Steve Strickland - SO

- NCAA West Regional

Chase Taylor - SR

- NCAA West Regional Participant: javelin, 208.06
- WAC Champion

Katie Thatcher - SR

- NCAA West Regional Qualifier, 2004, 2005

* = Redshirting

2008 Utah State Track & Field

UTAH STATE TOP 10 MARKS

This season's marks ranked in USU top 10 in record book

MEN

100m	7. Silas Pimentel - FR	10.45	2008
400m	5. Dasheek Akwenye - SR	46.68	2007
	--	46.83	2008
	9. Brett Knighton - SR	47.39	2007
1,500m	7. Jason Holt - SO	3:48.51	2008
5,000m	9. Seth Wold - JR	14:31.55	2008
10,000m	7. Seth Wold - JR	30:20.65	2008
3,000m St	6. Steve Strickland - SO	8:57.03	2008
4x400 Rel	8. Akwenye, Wicha, Knighton, Waller	3:11.06	2008
High Jump	T10. John Strang - JR	6-10.75	2008
	T10. Casey Parker - SO	6-10.75	2007
Long Jump	8. Blake Hadfield - JR	24-04.25	2008
Triple Jump	2. Blake Hadfield - JR	49-05.50	2008
Javelin	7. Chase Taylor - JR	208-05.00	2007
	--	197-09.00	2008
Decath	6. John Strang - JR	6,770 pts	

WOMEN

100m H	6. Ashlee Cannon - SO	13.79	2008
400m H	7. Katie Thatcher - SR	1:00.08	2005
	--	1:00.11	2008
1,500m	10. Stacie Lifferth-Dorius - SR	4:34.22	2007
3,000m St	1. Stacie Lifferth-Dorius - SR	10:10.89	2007
	--	10:21.11	2008
	3. Erin Stratton - SO	10:38.18	2008
5,000m	5. Rebecca Bostwick - JR	17:35.42	2005
Pole Vault	T2. Sonia Grabowska - FR	13-01.50	2008
	9. Kirstin Flesher - SO	11-05.50	2007
	--	11-01.75	2008
Discus	10. Krista Larson - JR	149-07.00	2008
Hammer	5. Krista Larson - JR	187-07.00	2008



Blake Hadfield holds the No. 2 spot on the USU triple jump list with a 49-5.50 mark, a half inch shy of the school record.



Stacie Lifferth-Dorius is the USU record holder in the 3,000m steeplechase with a time of 10:10.89.



GREGG GENSEL

Head Coach
Utah State, 1981

GENSEL HIGHLIGHTS

- 22-Time Conference Coach of the Year
- 24 Conference Championships
- 145 Individual Conference Champions
- 375 Academic All-Conference Selections
- 28 All-Americans

AS MEN'S HEAD COACH:

- WAC Cross Country Coach of the Year (2005, 2006, 2007)
- WAC Cross Country Champions (2005, 2006, 2007)
- WAC Outdoor Track Champions (2007)
- WAC Indoor Track Champions (2008)
- Mountain Region Coach of the Year (2007)
- Big West Conference Cross Country Coach of the Year (1992, 1993, 1994, 2002)
- Big West Conference Cross Country Champions (1992, 1993, 1994, 2002)
- Mountain Pacific Sports Federations Champions (1993)
- Mountain Pacific Sports Federation Indoor Track Coach of the Year (1993)
- Big West Conference Outdoor Track Coach of the Year (1994, 1995, 1996, 1998, 1999, 2002, 2003)
- Big West Conference Outdoor Track Champions (1994, 1995, 1996, 1998, 1999, 2002, 2003)
- 94 Individual Conference Champions
- 182 Academic All-Conference selections

AS WOMEN'S HEAD COACH:

- WAC Cross Country Coach of the Year (2006)
- WAC Cross Country Champions (2006)
- Big West Conference Cross Country Coach of the Year (1998)
- Big West Conference Cross Country Champions (1998)
- Big West Conference Outdoor Track Coach of the Year (1995, 1997, 1998, 1999)
- Big West Conference Outdoor Track Champions (1995, 1996, 1997, 1998, 1999)
- 51 Individual Conference Champions
- 193 Academic All-Conference selections



USU Head Coach Gregg Gensel (right) and assistant coach Steve Reeder (left) talk with ESPN after winning the 2007 WAC Men's Cross Country Championship. {photo by Ryan Talbot}

USU Head Coach Gregg Gensel was the 2008 WAC Indoor Coach of the Year, his 22nd conference coach of the year honor. {photo by Steve Conner}

2008 Utah State Track & Field

UTAH STATE WOMEN'S TRACK & FIELD OUTDOOR TOP 10

Event	Time/Mark	Date	Event	Time/Mark	Date	Event	Time/Mark	Date	Event	Time/Mark	Date
100m			1,500m			Triple Jump			Javelin		
1. Lola Ogunde	11.49	1989	1. Jennifer Twitchell	4:24.08	2006	1. Tracy Dulmage	42-06.75	1994	1. Lena Astrom	172-05.00	1985
2. Ime Akpan	11.54	1990	2. Kristen Guymon	4:24.84	2006	2. Tricia Schmidt	40-10.25	1997	2. Kim Lutz	155-10.00	1998
3. Cheryl Osborne	11.64	1980	3. Amy Egan	4:25.70	2005	3. T. Hovhannisyan	39-09.50	2000	3. Jill Hirschinger	152-09.00	1977
4. Danielle Kot	11.66	2001	4. Rebekah Thornley	4:25.72	2001	4. Kristina Ponton	39-04.50	2004	4. April Fisher	151-00.50	2000
5. Dana Devan	11.83	1983	5. Holly Hansen	4:28.15	1998	5. Danielle Kot	39-00.50	1999	5. D. Malachowski	145-11.00	1990
6. Kim Barnes	11.84	1993	6. Alisa Nicodemus	4:28.18	1992	6. Agneta Westen	38-07.50	1993	6. Katie Farner	141-02.00	2003
7. Michala B-Thomsen	11.89	1999	7. Angie Winkler	4:30.43	1999	7. Jennifer Golden	38-05.00	1991	7. Misti Galvez	139-07.00	1990
8. Amy Reeder	11.93	1999	8. Sarah Dimick	4:33.02	2005	8. S. Satterthwaite	37-10.00	1993	8. S. Reading	137-03.00	1995
9. Sandra Reategui	12.00	2000	9. Stacie Lifferth-Dorius	4:34.22	2007	9. Jennifer Gloria	37-05.00	1987	9. Ginette Delorme	135-08.75	1983
10. Jenni Davidson	12.01	1996	10. Ashley Johnson	4:35.25	2004	10. Dayna Barrett	37-03.25	2003	10. Martha Hall	132-11.00	1978
100m Hurdles			3,000m			High Jump			Heptathlon		
1. Ime Akpan	13.14	1990	1. Holly Hansen	9:51.62	1998	1. Agneta Westen	5-10.50	1992	1. Lacey Hulbert	5,304	2006
2. Jenni Davidson	13.46	1996	2. Angie Winkler	9:52.95	1998	2. Brenda Wilson	5-10.00	1980	2. Agneta Westen	5,302	1992
3. Jane Dufey	13.51	1999	3. Alisa Nicodemus	9:53.82	1994	3. Candy Cashell	5-10.00	1980	3. Jamie Hall	5,257	1999
4. Amber Peterson	13.53	2007	4. Colleen Walsh	9:55.18	1998	4. Kathy Robinson	5-09.25	1991	4. Katie Farner	5,092	2002
5. Jayme Hendrian	13.74	1998	5. Carolyn Oviatt	10:08.92	1994	5. Lacy Hulbert	5-08.75	2006	5. Kristina Ponton	5,086	1986
6. Ashlee Cannon	13.79	2008	6. Rebekah Nielson	10:10.46	1997	5. Amanda Hopkins	5-08.75	1994	6. Wendy Limbaugh	5,005	1980
7. Kim Barnes	13.85	1993	7. Sandra McGuirk	10:20.14	1988	5. Becky Blackburn	5-08.75	1998	7. Jenny Franson	4,915	1996
8. Agneta Westen	14.24	1991	8. Sandra Checketts	10:20.50	1986	5. Carrie Yost	5-08.75	2005	8. Carrie Yost	4,892	2005
9. Jessica Benson	14.31	1999	9. Christi Chidester	10:21.20	1989	9. Kristina Ponton	5-08.50	1986	9. Diana Horner	4,750	1996
10. Konnie Mackey	14.34	1981	10. Beka Leffler	10:22.19	2000	10. Katie Farner	5-08.00	2000	10. Dayna Barrett	4,657	2005
200m			Steeplechase			Pole Vault			4x100m		
1. LaDonna Antoine	23.14	1997	1. Stacie Lifferth-Dorius	10:10.89	2007	1. Shae Bair	13-09.25	2000	1. Reeder, Sorensen, Davidson, Antoine	45.07	1996
2. Danielle Kot	23.52	2001	-- Stacie Lifferth-Dorius	10:21.11	2008	2. Sonia Grabowska	13-01.50	2008	2. Akpan, Nielsen, Cochran, Ogunde	45.88	1989
3. Lola Ogunde	23.58	1986	2. Tiffany Strickland	10:29.74	2005	2. Kathryn Duhadway	13-01.50	2007	3. Reeder, McLean, Sorensen, Antoine	46.01	1995
4. Ime Akpan	23.81	1990	3. Erin Stratton	10:38.18	2008	4. Debra Barker	12-05.50	2001	4. Reeder, Kot, B. Thompson, Hall	46.17	1999
5. Cheryl Osborne	23.84	1980	4. Melanie Marek	10:44.95	2003	5. Marion Meyer	12-00.00	1997	5. Dufey, Kot, Hall, Grupe	46.23	1998
6. Becky Sorensen	23.98	1996	5. Ashley Johnson	10:53.11	2005	6. Alana Geisler	11-11.75	2005	6. Beardall, Marshall, Schmidt, Antoine	46.25	1997
7. Dana Devan	24.05	1983	6. Emily Prestwich	10:59.70	2004	7. Amy Davis	11-09.75	2004	7. Reeder, Marshall, Schmidt, Antoine	46.28	1997
8. Sandra Reategui	24.18	2002	7. Lida Ripplinger	11:04.45	2004	8. Kaylene Gastaldi	11-07.75	2006	8. Pidcock, Johnsson, Gloria, Ogunde	46.31	1986
9. LaSabre Bell	24.27	1993	8. Jennifer Twitchell	11:17.32	2006	9. Kirstin Flesher	11-05.50	2007	9. USU	46.32	2001
10. Kristi Connors	24.30	2002	9. Vanessa Gledhill	11:27.39	2007	-- Kirstin Flesher	11-01.75	2008	10. Dufey, Hendrian, Hall, Grupe	46.54	1998
400m			10. Sarah Dimick	11:35.68	2004	10. Melissa Bullard	11-01.75	1998			
1. LaDonna Antoine	51.48	1997	5,000m			Shot Put			4x400m		
2. Shelley Grupe	53.22	1998	1. Lida Ripplinger	16:46.76	2005	1. Kelli Burton	52-06.00	2003	1. Sorensen, Marshall, Grupe, Antoine	3:38.93	1996
3. Becky Sorensen	53.74	1996	2. Caroline Berry	17:14.21	2007	2. Jessica Drake	50-07.25	1998	2. Grupe, Jensen, Marshall, Antoine	3:40.40	1997
4. Daniel Kot	53.77	2001	3. Beka Leffler	17:18.02	2001	3. Carolyn Isgren	50-03.00	1985	3. Youngblood, Sorensen, Antoine, McLean	3:41.03	1995
5. Nancy Miller	54.17	1980	4. Loni Spencer	17:27.62	1999	4. C. Workman	49-05.50	2001	4. Dufey, B. Thompson, Hall, Grupe	3:41.41	1999
6. Lola Ogunde	54.29	1987	5. Becky Bostwick	17:35.42	2005	5. Doni DeCory	47-00.25	1994	5. Drury, Sorensen, Marshall, Antoine	3:42.30	1996
7. LaSabre Bell	54.50	1993	6. Noreen Shea	17:35.70	1983	6. Wendy Matthews	46-02.50	1993	6. Hall, Grupe, Hillam, Dufey	3:43.37	1998
8. Kristi Connors	54.62	2002	7. Audrey Golightly	17:37.28	2003	7. Charlotte Wahlin	45-05.75	2000	7. Pidcock, Gloria, Nielsen, Ogunde	3:43.78	1989
9. Michala B.-Thomsen	54.72	2000	8. Jane Wipf	17:38.94	1977	8. Lori Mercer	45-03.00	1981	8. Hall, Dufey, Hendrian, Grupe	3:43.97	1998
10. Barbary Rainey	54.78	1985	9. Carol Cabanillas	17:39.38	2003	9. Julie Hibbard	45-02.50	1991	9. Kot, Peategul, Connos, Hillam	3:44.12	2001
400m Hurdles			10. Colleen Walsh	17:40.22	1998	10. Andrea Larsen	45-01.75	1999			
1. Jane Dufey	57.25	1999	10,000m			Discus					
2. Amber Peterson	57.83	2007	1. Lida Ripplinger	36:03.04	2005	1. Kelli Burton	170-01.00	2004			
3. Kim Barnes	58.91	1993	2. Carol Cabanillas	36:25.26	2004	2. Wendy Egbert	168-00.00	1996			
4. Jayme Hendrian	59.90	1998	3. Noreen Shea	36:41.56	1983	3. Jessica Drake	165-05.00	1998			
5. Kristy Connors	59.96	2001	4. Holly Peterson	36:46.92	1998	4. Jennifer Homer	159-07.00	1995			
6. Jennifer Gloria	60.06	1987	5. Jeanna Merritt	37:02.27	1997	5. Karlyn Gansel	158-05.00	1980			
7. Katie Thatcher	60.08	2005	6. Anna Pett	37:50.87	1997	6. Erin Hartvigsen	158-05.00	1998			
-- Katie Thatcher	60.10	2008	7. Rebecca Meier	37:54.02	2005	7. C. Workman	157-04.00	2003			
8. Amber Peterson	60.44	2005	8. Lisa Hart	38:04.38	1996	8. D. Malachowski	154-08.00	1990			
9. Amy Lutz	60.58	1994	9. Alycia Boyer	38:09.45	2001	9. Vicki Powell	152-08.00	1983			
10. Konnie Mackey	61.24	1981	10. Jennie Buchanan	38:11.70	1993	10. Krista Larson	149-07.00	2008			
800m			Long Jump			Hammer					
1. Melissa Jensen	2:08.85	2000	1. Ime Akpan	20-03.50	1990	1. Charlotte Wahlin	193-06.00	2000			
2. Amy Egan	2:09.20	2007	2. Tracy Dulmage	19-10.25	1994	2. Kelli Burton	193-02.00	2004			
3. Jill Steele	2:09.57	2005	3. Becky Sorensen	19-09.75	1996	3. Jessica Drake	190-03.00	1998			
4. Amber Jensen	2:10.00	2000	4. Amy Reeder	19-04.00	1999	4. Erin Hartvigsen	188-08.00	1999			
5. Jennifer Twitchell	2:10.35	2007	5. Danielle Kot	19-03.25	1999	5. Krista Larson	187-07.00	2008			
6. Alisa Nicodemus	2:10.70	1993	6. Jenny Franson	19-02.75	1996	6. Wendy Egbert	184-00.00	1996			
7. Kristen Guymon	2:10.71	2006	7. Agneta Westen	19-01.00	1992	7. Jessica Owen	179-06.00	2001			
8. Kristy Funk	2:10.89	1997	7. Karen Page	19-01.00	1979	8. Dawn Smith	165-08.00	1997			
9. Denise Pidcock	2:11.21	1984	9. Kristina Ponton	19-00.25	1986	9. Jennifer Jepsen	165-03.00	2001			
10. Kristen Guymon	2:11.65	2001				10. Michelle Bowen	151-07.00	2006			

2008 Utah State Track & Field

UTAH STATE MEN'S TRACK & FIELD OUTDOOR TOP 10

Event	Time/Mark	Date	Event	Time/Mark	Date	Event	Time/Mark	Date	Event	Time/Mark	Date
100m			1,500m			High Jump			Decathlon		
1. Bode Osagiobare	10.33	1993	1. Greg Long	3:42.25	1984	1. Dave Hoffman	7-06.50	2001	1. Joel Johnson	7,586	2002
2. DJ Smith	10.28	2007	2. Shane Bingham	3:43.64	1998	2. Delvon Davis	7-03.00	1979	2. Brian Dopp	7,153	1997
3. Silas Pimentel	10.45	2008	3. Brick Bergeson	3:44.46	2001	2. Calvin Paskett	7-03.00	1979	3. Jake Pugsley	7,042	1998
4. Rod McNeal	10.47	2005	4. Michael Dear	3:45.08	1991	4. Lance Thurston	7-00.75	1999	4. Rob McKenna	7,008	1995
4. Dwayne Foster	10.47	2001	5. Mike Nielson	3:46.53	2003	5. Mark Birch	6-11.50	1982	5. Brad Bair	6,976	2001
4. Brandon Boone	10.47	1998	6. J'Dee Wilson	3:47.45	1996	5. Kelly Newbold	6-11.50	1982	6. John Strang	6,770	2007
7. Theodus Windham	10.48	1984	7. Jason Holt	3:48.51	2008	7. Mike Cosgrave	6-11.00	2000	7. Dan Messick	6,682	2000
8. Anthony Stewart	10.49	2001	8. Mitch Zundel	3:49.00	2001	7. Robert Crockett	6-11.00	2003	8. Mike Cosgrave	6,452	1999
9. Jamaal Peterson	10.50	1999	9. Gary DeVries	3:49.04	1970	9. Clint Silcock	6-10.75	2006	9. Reese Hulbert	6,417	2005
10. Kevin Blaisdell	10.54	1977	10. Marcus Morgan	3:49.46	1999	9. Casey Parker	6-10.75	2007	10. Lance White	6,360	1994
						9. John Strang	6-10.75	2008			
110m Hurdles			Steeplechase			Pole Vault			4x100m		
1. Gerald Cerulla	13.75	1965	1. Michael Kelly	8:50.34	1998	1. Mark Calvin	18-01.00	1997	1. Young, Foster, Johnson, Stewart		
2. Justin Wickard	13.91	2002	2. Vance Twitchell	8:50.94	2007	2. Lance White	18-00.00	1995		40.40	2002
3. Corey Murdock	13.99	1999	3. Boyd Prince	8:52.00	1997	3. Maurice Jenkins	17-03.00	2000	2. Kehl, Campbell, Osagiobare, Johnson		
4. Brett Guymon	14.12	2002	4. Brett Hill	8:52.39	1991	4. Corey Johnson	17-02.75	1982		40.44	1993
5. Brooks Gibbons	14.26	1997	5. Glen Busch	8:56.64	2000	5. Christian Lee	17-00.00	2004	3. Peterson, Lamb, Levingston, Boone		
6. Edward Berry	14.28	1986	6. Steve Strickland	8:57.03	2008	6. Joel Johnson	16-10.75	2003		40.46	1998
7. Matt Fuller	14.30	1994	7. Robert Henke	8:57.30	1983	7. Scott Hanes	16-06.50	1992	4. Young, Smith, Lovell, McNeal		
8. Scott Bell	14.34	2007	8. Deron Scott	8:58.21	1991	8. Lance Hamblin	16-05.25	1975		40.49	2005
9. Ronald DeVries	14.35	1965	9. Greg Collier	9:00.49	1991	9. Jeff Maston	16-05.00	1996	5. USU	40.54	1982
10. Terrence Campbell	14.41	1993	10. Todd Kerr	9:01.25	1985	10. Paul Snyder	16-01.75	1996	6. Strang, Smith, Davis, Akwenye	40.57	2007
									7. Young, Smith, Wickard, Bell		
										40.64	2006
200m			5,000m			Shot Put			8. Osagiobare, Brown, Sullivan, Johnson		
1. Bode Osagiobare	20.84	1992	1. Mike Nielson	13:56.75	2005	1. Zack Lloyd	62-06.00	2005		40.65	1992
2. Brandon Boone	20.91	1998	2. Trever Ball	14:09.17	2005	2. Mark Carter	61-03.00	1986	9. Osagiobare, Brown, Kehl, Johnson		
3. DJ Smith	20.96	2006	3. David Danley	14:10.92	2005	3. Scott Schaley	61-02.00	1998		40.66	1992
4. Theodus Windham	20.98	1984	4. M. Mazano	14:10.76	1994	4. James Parker	59-11.75	1999	10. Young, Smith, Lovell, McNeal		
5. Rod McNeal	21.00	2005	5. T. Lindvigsmoen	14:20.64	1985	5. Josh Sides	59-11.00	2000		40.71	2005
6. Kevin Blaisdell	21.02	1977	6. Tony Jones	14:26.24	2007	6. Michael Mercer	59-10.75	1968			
7. Matt Denning	21.04	1994	7. Mike Davidson	14:29.82	1996	7. Brian Caulfield	59-01.50	1970	4x400m		
8. Bashir Levingston	21.08	1998	8. Deron Scott	14:31.00	1991	8. Steven Blake	58-02.75	1974	1. Seedall, Lamb, Stowell, Murdock		
9. Stan Young	21.11	1969	9. Seth Wold	14:31.55	2008	9. Mark Burton	57-10.25	2004		3:09.64	1998
10. Corey Murdock	21.13	1999	10. Michael Dear	14:34.00	1991	10. Craig Carter	57-06.50	1991	2. Maes, Kehl, Osagiobare, Johnson		
										3:09.84	1993
400m Hurdles			10,000m			Discus			3. Seedall, Panelli, Murdock, Lamb		
1. Corey Murdock	48.85	1999	1. Mike Nielson	29:06.11	2005	1. James Parker	192-01.00	1999		3:10.40	1998
2. Brett Guymon	49.46	2002	2. Steve Prescott	29:31.29	2003	2. Glen Passey	190-09.00	1962	4. Denning, Anderson, Murdock, Turner		
3. Scott Walker	50.17	1982	3. Deron Scott	29:42.00	1991	3. Daniel John	190-06.00	1978		3:10.49	1994
4. Scott Bell	50.87	2006	4. David Danley	29:51.49	2005	4. William Staley	185-04.00	1967	5. Seedall, Boone, D. Stowell, Lamb		
5. Dustin Vetica	51.09	2005	5. Clark Bryner	30:06.17	2003	5. Ain Roost	181-04.00	1968		3:10.56	1998
6. Brooks Gibbons	51.44	1997	6. Mike Davidson	30:09.99	1996	6. Scott Schaley	181-03.00	1998	6. Denning, Lamb, Edmunds, M. Stowell		
7. Nick Karren	51.49	2007	7. Seth Wold	30:20.65	2008	7. L. Jay Silvester	180-08.00	1960		3:10.93	1996
8. Danny Elggren	51.53	2003	8. M. Mazano	30:33.48	1994	8. Chris Hatch	180-06.00	1983	7. USU	3:11.03	1977
9. Tim Price	51.54	1992	9. Jason Kayne	30:38.40	1994	9. Roger Daley	178-06.00	1991	8. Akwenye, Wicha, Knighton, Waller	3:11.06	2008
10. Nick Seedall	51.55	1998	10. Toby Conley	30:45.05	1996	10. Zack Lloyd	176-07.00	2005	9. Panelli, Stowell, Lamb, Murdock		
										3:11.23	1999
400m			Long Jump			Hammer			10. Karren, Bell, Knighton, Akwenye		
1. Mark Enyeart	45.94	1977	1. James Helton	25-02.50	1967	1. James Parker	240-07.00	2001		3:11.29	2007
2. Troy Johnson	46.38	1993	2. Paul Jones	25-00.00	1982	2. Craig Carter	214-04.00	1990			
3. Matt Stowell	46.44	1994	3. Donald Anderson	24-10.00	1941	3. Ryan Bruhn	210-07.00	2003			
4. Corey Murdock	46.46	1999	4. Erin Sullivan	24-09.00	1990	4. Josh Sides	201-02.00	2003			
5. Dasheek Akwenye	46.68	2007	5. Brandon Boone	24-07.00	1997	5. Chris Hatch	200-02.00	1986			
-- Dasheek Akwenye	46.83	2008	6. Bruce Dart	24-05.50	1980	6. Justin DeSantis	199-03.50	1996			
6. David Stowell	47.04	1999	7. Barry Lines	24-04.50	1974	7. Tim Sparks	196-08.00	2002			
7. Matt Lamb	47.04	1998	8. Blake Hadfield	24-04.25	2008	8. John Richardson	191-00.00	1995			
8. Shawn Turner	47.11	1994	9. Justin Wickard	24-02.25	2003	9. Kevin Liu	190-02.00	2007			
9. Brett Knighton	47.39	2007	10. James Blaisdell	24-01.00	1964	10. Jeff Asay	187-09.00	1993			
10. Derrick Miller	47.43	1990									
			Triple Jump			Javelin					
			1. Bruce McCannel	49-05.50	2000	1. Neil Warr	236-02.00	2003			
			2. Blake Hadfield	49-05.00	2008	2. John Kelly	227-01.00	1989			
			3. Jessie Jefferson	48-11.50	1968	3. Adam Weston	221-09.00	1992			
			4. Thomas Obray	48-10.00	1979	4. Brent Smith	221-02.00	1992			
			5. Paul Jones	48-09.00	1982	5. Bill Graves	212-05.00	1999			
			6. Lonnie Carter	48-08.75	2004	6. Miles Nelson	211-06.00	1987			
			7. Paul Majury	48-06.00	1972	7. Chase Taylor	208-05.00	2007			
			8. Barry Lines	48-01.25	1974	8. Tyler Obray	199-11.00	1994			
			9. James Helton	47-05.50	1966	-- Chase Taylor	197-09.00	2008			
			10. Erin Sullivan	47-05.00	1990	9. Tyler Olsen	192-06.00	1999			
						10. Paul Walker	190-09.00	2003			

2008 Utah State Track & Field

UTAH STATE WOMEN'S TRACK & FIELD BESTS LIST

BY EVENT

100 Meters

Kimiko Kamo	12.11	Mark Faldmo Invite(4/19)
Maria Halton	12.44	Utah Challenge (5/7-5/8)
Brittany Chadwick	12.47	Brutus Hamilton (4/25-4/26)
Michelle Theurer	12.64	Mark Faldmo Invite(4/19)
Kandace Shoell	12.83	Mark Faldmo Invite(4/19)
Callie Hanby	13.68	Utah Challenge (5/7-5/8)

200 Meters

Katelyn Jensen	24.89	Mark Faldmo Invite(4/19)
Maria Halton	25.12	Brutus Hamilton (4/25-4/26)
Brittany Chadwick	25.19	Mark Faldmo Invite(4/19)
Kimiko Kamo	25.62	Bronco Twilight (5/2)
Michelle Theurer	26.13	Wildcat Open (4/12)
Cachet Webb	26.17	Utah Challenge (5/7-5/8)
Kandace Shoell	27.01	Mark Faldmo Invite(4/19)

400 Meters

Katelyn Jensen	55.80	Brutus Hamilton (4/25-4/26)
Elaine Connolly	56.72	Utah Challenge (5/7-5/8)
Jennifer Day	58.33	UCLA Invite(4/10-4/12)
Katie Thatcher	58.49	Willie Williams(3/21-3/22)
Cachet Webb	58.59	Brutus Hamilton (4/25-4/26)

800 Meters

Stacie Lifferth-Dorius	2:14.57@	Mark Faldmo Invite(4/19)
Elaine Connolly	2:14.22	Brutus Hamilton (4/25-4/26)
Erin Stratton	2:16.72	Mark Faldmo Invite(4/19)
Alicia Holt	2:18.49	Mark Faldmo Invite(4/19)
Jennifer Day	2:27.23	Mark Faldmo Invite(4/19)
Alexis Meyer	2:27.73	BYU Cougar Invite(4/2-4/4)

1,500 Meters

Erin Stratton	4:37.14	Utah Challenge (5/7-5/8)
Stacie Lifferth-Dorius	4:40.26	BYU Cougar Invite(4/2-4/4)
Alicia Holt	4:38.74	Bronco Twilight (5/2)
Vanessa Hawkins	4:47.52	BYU Cougar Invite(4/2-4/4)
Allison Taylor	4:51.43	Bronco Twilight (5/2)
Justine Baugh	4:55.04	Bronco Twilight (5/2)
Kira Datwyler	5:22.24	Bronco Twilight (5/2)

3,000 Meter Steeplechase

Stacie Lifferth-Dorius	10:21.11^	Oregon Twilight (5/9)
Vanessa Hawkins	10:30.85^	Utah Challenge (5/7-5/8)
Erin Stratton	10:38.18^	Brutus Hamilton (4/25-4/26)
Becki Bostwick	11:33.01	Utah Challenge (5/7-5/8)

5,000 Meters

Kim Quinn	19:20.34	Mark Faldmo Invite(4/19)
Justine Baugh	20:02.01	Mark Faldmo Invite(4/19)
Becki Bostwick	20:10.13	BYU Cougar Invite(4/2-4/4)
Kira Datwyler	20:25.00	BYU Cougar Invite(4/2-4/4)

100 Meter Hurdles

Ashlee Cannon	13.75^	Mark Faldmo Invite(4/19)
Heidi Hopkins	14.54	Utah Challenge (5/7-5/8)
Aimee Sauvageau	15.38	Utah Challenge (5/7-5/8)
Camille Fehlberg	15.79	Willie Williams(3/21-3/22)
Jennifer Scheiss	15.41	Utah Challenge (5/7-5/8)

400 Meter Hurdles

Katie Thatcher	1:00.1^	Brutus Hamilton (4/25-4/26)
Heidi Hopkins	1:02.12	Bronco Twilight (5/2)
Camille Fehlberg	1:02.38	Bronco Twilight (5/2)

4x100 Meter Relay

USU A	47.09	Mark Faldmo Invite(4/19)
(Ashlee Cannon, Brittany Chadwick, Katelyn Jensen, Kimiko Kamo)		

4x400 Meter Relay

USU A	3:47.76	UCLA Invite(4/10-4/12)
(Katie Thatcher, Camille Fehlberg, Cachet Webb, Jen Day)		

High Jump

Tara Pickett	5-07.00(1.70m)	Utah Challenge (5/7-5/8)
Aimee Sauvageau	5-04.00(1.62m)	Wildcat Open (4/12)
Jennifer Scheiss	5-03.00(1.60m)	Utah Challenge (5/7-5/8)

Pole Vault

Sonia Grabowska	13-01.50(4.00m)^	Bronco Twilight (5/2)
Kirstin Flesher	11-01.75(3.40m)	UCLA Invite(4/10-4/12)

Long Jump

Sonia Grabowska	18-1.00(5.51m)	Willie Williams(3/21-3/22)
Katelyn Jensen	18-02.50(5.42m)	Mark Faldmo Invite(4/19)
Kimiko Kamo	17-08.00(5.38m)	Utah Challenge (5/7-5/8)
Jen Schiess	15-09.75(4.82m)	Utah Challenge (5/7-5/8)
Aimee Sauvageau	15-09.00(4.80m)	Mark Faldmo Invite(4/19)

Triple Jump

Aimee Sauvageau	32-05.75(9.90m)	Brutus Hamilton (4/25-4/26)
-----------------	-----------------	-----------------------------

Shot Put

Brooke McNaughton	38-2.75(11.65m)	Willie Williams(3/21-3/22)
Aimee Sauvageau	34-07.00(10.54m)	Utah Challenge (5/7-5/8)
Courtney Broadus	34-04.75(10.48m)	BYU Cougar Invite(4/2-4/4)
Jennifer Scheiss	30-9.25(9.38m)	Bronco Twilight (5/2)

Discus Throw

Krista Larson	149-07(45.59m)	Mark Faldmo Invite(4/19)
Brooke McNaughton	137-01(41.78m)	UCLA Invite(4/10-4/12)

Javelin

Sarah Young	119-01.50(36.30m)	Mark Faldmo Invite(4/19)
Jennifer Scheiss	112-11(31.41m)	BYU Cougar Invite(4/2-4/4)
Kalie Vickers	104-02(31.76m)	Robison Invite (4/25-4/26)
Sonia Grabowska	99-6(30.32m)	Bronco Twilight (5/2)
Aimee Sauvageau	77-09(23.70m)	Bronco Twilight (5/2)

Hammer Throw

Krista Larson	187-07(57.17m)^	Utah Challenge (5/7-5/8)
Brooke McNaughton	150-05(45.84m)	Bronco Twilight (5/2)
Shannon Prince	147-11(45.08m)	Utah Challenge (5/7-5/8)

KEY

x - meet record	p - Preliminary Event
* - unattached	^ - NCAA Prov. Q.
\$ - Pentathlon Event	# - NCAA Auto. Q.
@ - Altitude	

2008 Utah State Track & Field

UTAH STATE WOMEN'S TRACK & FIELD BESTS LIST

BY INDIVIDUAL

Justine Baugh

1,500m 4:55.04 Bronco Twilight (5/2)
5,000m 20:02.01 Mark Faldmo Invite(4/19)

Hailee Bingham

Becki Bostwick

3,000m steeplechase 11:33.01 Utah Challenge (5/7-5/8)
5,000m 20:10.13 BYU Cougar Invite(4/2-4/4)

Courtne Broadus

Shot Put 34-04.75(10.48m) BYU Cougar Invite(4/2-4/4)

Ashlee Cannon

100m Hurdles 13.75^ Mark Faldmo Invite(4/19)

Brittany Chadwick

100m 12.47 Brutus Hamilton (4/25-4/26)
200m 25.19 Mark Faldmo Invite(4/19)

Elaine Connolly

400m 56.72 Utah Challenge (5/7-5/8)
800m 2:14.22 Brutus Hamilton (4/25-4/26)

Jennifer Day

400m 58.33 UCLA Invite(4/10-4/12)
800m 2:27.23 Mark Faldmo Invite(4/19)

Kira Datwyler

1,500m 5:22.24 Bronco Twilight (5/2)
5,000m 20:25.00 BYU Cougar Invite(4/2-4/4)

Amy Egan

Redshirting

Camille Fehlberg

100m Hurdles 15.79 Willie Williams(3/21-3/22)
400m Hurdles 1:02.38 Bronco Twilight (5/2)

Kirstin Flesher

Pole Vault 11-01.75 (3.40m) UCLA Invite(4/10-4/12)

Sonia Grabowska

Long Jump 18-1.00 (5.51m) Willie Williams(3/21-3/22)
Pole Vault 13-01.50(4.00m)^ Bronco Twilight (5/2)
Javelin 99-6(30.32m) Bronco Twilight (5/2)

Maria Halton

100m 12.44 Utah Challenge (5/7-5/8)
200m 25.12 Brutus Hamilton (4/25-4/26)

Callie Hanby

100m 13.68 Utah Challenge (5/7-5/8)

Vanessa Hawkins

1,500m 4:47.52 BYU Cougar Invite(4/2-4/4)
3,000m Steeplechase 10:30.85^ Utah Challenge (5/7-5/8)

Alicia Holt

800m 2:18.49 Mark Faldmo Invite(4/19)
1,500m 4:38.74 Bronco Twilight (5/2)

Heidi Hopkins

100m Hurdles 14.54 Utah Challenge (5/7-5/8)
400m Hurdles 1:02.12 Bronco Twilight (5/2)

Katelyn Jensen

200m 24.89 Mark Faldmo Invite(4/19)
400m 55.80 Brutus Hamilton (4/25-4/26)
Long Jump 18-02.50(5.42m) Mark Faldmo Invite(4/19)

Kimiko Kamo

100m 12.11 Mark Faldmo Invite(4/19)
200m 25.62 Bronco Twilight (5/2)
Long Jump 17-08.00(5.38m) Utah Challenge (5/7-5/8)

Krista Larson

Discus Throw 149-07(45.59m) Mark Faldmo Invite(4/19)
Hammer Throw 187-07(57.17m)^ Utah Challenge (5/7-5/8)

Sacie Lifferth

1,500m 4:40.26 BYU Cougar Invite(4/2-4/4)
3,000m Steeplechase 10:24.56^ Oregon Relays (4/25-4/26)

Brooke McNaughton

Discus Throw 137-01(41.78m) UCLA Invite(4/10-4/12)
Hammer Throw 150-05(45.84m) Bronco Twilight (5/2)
Shot Put 38-2.75(11.65m) Willie Williams(3/21-3/22)

Alexis Meyer

800m 2:27.73 BYU Cougar Invite(4/2-4/4)

Shanna Nielson

Tara Pickett

High Jump 5-07.00(1.70m) Utah Challenge (5/7-5/8)

Shannon Prince

Hammer Throw 147-11(45.08m) Utah Challenge (5/7-5/8)

Kim Quinn

5,000m 19:20.34 Mark Faldmo Invite(4/19)

Aimee Sauvageau

100m Hurdles 15.38 Utah Challenge (5/7-5/8)
Long Jump 15-09.00(4.80m) Mark Faldmo Invite(4/19)
Triple Jump 32-05.75(9.90m) Brutus Hamilton (4/25-4/26)
Shot Put 34-07.00(10.54m) Utah Challenge (5/7-5/8)
High Jump 5-03.00(1.60m) Wildcat Open (4/12)
Javelin 77-09(23.70m) Bronco Twilight (5/2)

Jennifer Scheiss

100m Hurdles 15.41 Utah Challenge (5/7-5/8)
High Jump 5-03.00(1.60m) Utah Challenge (5/7-5/8)
Long Jump 15-09.75(4.82m) Utah Challenge (5/7-5/8)
Shot Put 30-9.25(9.38m) Bronco Twilight (5/2)
Javelin 112-11(31.41m) BYU Cougar Invite(4/2-4/4)

UTAH STATE WOMEN'S TRACK & FIELD BESTS LIST

Kandace Shoell

100m	12.83	Mark Faldmo Invite(4/19)
200m	27.01	Mark Faldmo Invite(4/19)

Erin Stratton

800m	2:16.72	Mark Faldmo Invite(4/19)
1,500m	4:37.14	Utah Challenge (5/7-5/8)
3,000m Steeplechase	10:38.18	Brutus Hamilton (4/25-4/26)

Alison Taylor

1,500m	4:51.43	Bronco Twilight (5/2)
--------	---------	-----------------------

Katie Thatcher

400m	58.49	Willie Williams(3/21-3/22)
400m Hurdles	1:00.1 ^	Brutus Hamilton (4/25-4/26)

Michelle Theurer

100m	12.64	Mark Faldmo Invite(4/19)
200m	26.13	Wildcat Open (4/12)

Reve Tortel

Katie Vickers

Javelin	104-02(31.76m)	Robison Invite (4/25-4/26)
---------	----------------	----------------------------

Cachet Webb

200m	26.17	Utah Challenge (5/7-5/8)
400m	58.59	Brutus Hamilton (4/25-4/26)

Sarah Young

Javelin	119-01.50(36.30m)	Mark Faldmo Invite(4/19)
---------	-------------------	--------------------------



UTAH STATE

TM

2008 Utah State Track & Field

UTAH STATE MEN'S TRACK & FIELD BESTS LIST

BY EVENT

100 Meters

Silas Pimentel	10.45 [^]	Mark Faldmo Invite (4/19)
Dasheek Akwenye	10.73	Mark Faldmo Invite (4/19)
Lamar Brown	11.01	BYU Cougar Invite(4/2-4/4)
Jordan Weidle	11.38	Bronco Twilight (5/2)

200 Meters

Silas Pimentel	21.21 [^]	Mark Faldmo Invite (4/19)
Dasheek Akwenye	21.57	Mark Faldmo Invite (4/19)
Lamar Brown	22.23	Willie Williams (3/21-3/22)
Keith Williams	22.36	Utah Challenge (5/7-5/8)
Brandon Waller	22.43	Utah Challenge (5/7-5/8)
Brett Knighton	22.46	Utah Challenge (5/7-5/8)
Lukasz Wicha	22.97	Utah Challenge (5/7-5/8)
Blake Bolen	23.09	Mark Faldmo Invite (4/19)
Logan Moore	23.73	Utah Challenge (5/7-5/8)
Josh Stokes	23.89	Robison Invite (4/25-4/26)

400 Meters

Dasheek Akwenye	46.83 [^]	BYU Cougar Invite(4/2-4/4)
James Allred	48.70	Utah Challenge (5/7-5/8)
Brandon Waller	48.79	Brutus Hamilton (4/25-4/26)
Brett Knighton	48.88	Brutus Hamilton (4/25-4/26)
Sean Waller	48.94	Willie Williams (3/21-3/22)
Keith Williams	50.00	Willie Williams (3/21-3/22)
Lukasz Wicha	54.35	BYU Cougar Invite(4/2-4/4)

800 Meters

Andrew Niccoli	1:53.37	Brutus Hamilton (4/25-4/26)
James Allred	1:53.51	Brutus Hamilton (4/25-4/26)
Jason Holt	1:54.19	BYU Cougar Invite(4/2-4/4)
Casey Snider	1:56.10	Wildcat Open (4/12)
Heath Wing	1:56.40	UCLA Invite(4/10-4/12)
Chio Lopez	1:56.68	BYU Cougar Invite(4/2-4/4)
Eric Larson	1:57.89	Mark Faldmo Invite (4/19)
Nathan Lloyd	1:59.20	BYU Cougar Invite(4/2-4/4)

1,500 Meters

Jason Holt	3:48.51	Brutus Hamilton (4/25-4/26)
Eric Larson	3:51.96	Brutus Hamilton (4/25-4/26)
Andrew Niccoli	3:54.91	UCLA Invite(4/10-4/12)
Steve Strickland	3:56.43	Bronco Twilight (5/2)
Chio Lopez	3:58.21	Willie Williams (3/21-3/22)
Seth Wold	3:58.89	BYU Cougar Invite(4/2-4/4)
Hunter Nelson	4:00.35	BYU Cougar Invite(4/2-4/4)
Jared Glenn	4:00.67	Bronco Twilight (5/2)
Heath Wing	4:01.52	BYU Cougar Invite(4/2-4/4)
Brian McKenna	4:09.88	Mark Faldmo Invite (4/19)
Nate Lloyd	4:12.47	Utah Challenge (5/7-5/8)

3,000 Meter Steeplechase

Steve Strickland	8:57.03 [^]	UCLA Invite(4/10-4/12)
Jared Glenn	9:10.16	Brutus Hamilton (4/25-4/26)
Chio Lopez	9:18.13	Brutus Hamilton (4/25-4/26)

5,000 Meters

Seth Wold	14:31.55	UCLA Invite(4/10-4/12)
Jason Holt	14:53.56	UCLA Invite(4/10-4/12)
Nick Bollinder	15:37.15	BYU Cougar Invite(4/2-4/4)
Brian McKenna	15:42.78	Mark Faldmo Invite (4/19)

10,000 Meters

Seth Wold	30:20.65	Oregon Relays (4/25-4/26)
-----------	----------	---------------------------

110 Meter Hurdles

John Strang	14.47	Utah Challenge (5/7-5/8)
Keith Williams	14.70	Mark Faldmo Invite (4/19)
Logan Moore	15.01	Utah Challenge (5/7-5/8)
Blake Bolen	15.06	BYU Cougar Invite(4/2-4/4)
Preston Gordon	15.33	Mark Faldmo Invite (4/19)

400 Meter Hurdles

Keith Williams	52.90	UCLA Invite(4/10-4/12)
Lukasz Wicha	54.34	Brutus Hamilton (4/25-4/26)
Brandon Waller	56.52	Willie Williams (3/21-3/22)

4x100 Meter Relay

USU A	41.35	Willie Williams (3/21-3/22)
(John Strang, Silas Pimentel, Lamar Brown, Dasheek Akwenye)		

4x400 Meter Relay

USU A	3:11.06	Brutus Hamilton (4/25-4/26)
(Dasheek Akwenye, Lukasz Wicha, Brett Knighton, Brandon Waller)		

High Jump

John Strang	6-10.75(2.10m) [^]	Bronco Twilight (5/2)
Casey Parker	6-06.75(2.00m)	Mark Faldmo Invite (4/19)
Nnamdi Gwacham	6-06.75(2.00m)	Utah Challenge (5/7-5/8)

Pole Vault

Jake Maybe	15-01.100(4.60m)	Robison Invite (4/25-4/26)
David Loomis	14-07.25(4.45m)	Mark Faldmo Invite (4/19)
Matt Toone	14-01.25(4.30m)	Utah Challenge (5/7-5/8)
John Strang	13-07.25(4.14m)	Mark Faldmo Invite (4/19)
Logan Moore	13-01.50(4.00m)	Mark Faldmo Invite (4/19)

Long Jump

Blake Hadfield	24-04.25(7.48m) [^]	Mark Faldmo Invite (4/19)
John Strang	23-5.50(7.15m)	Bronco Twilight (5/2)
Lamar Brown	23-02.50(7.07m)	Bronco Twilight (5/2)
Casey Parker	20-5.75 (6.24m)	Willie Williams (3/21-3/22)

Triple Jump

Blake Hadfield	49-05.00(15.06m) [^]	Mark Faldmo Invite (4/19)
----------------	-------------------------------	---------------------------

Shot Put

Joe Canavan	55-07.75(16.96m) [^]	Mark Faldmo Invite (4/19)
Tyler Ellis	50-7.25 (15.42m)	Willie Williams (3/21-3/22)
Logan Moore	41-0.50(12.51m)	Bronco Twilight (5/2)



UTAH STATE MEN'S TRACK & FIELD BESTS LIST

Discus Throw

Tyler Ellis	152-06(46.48m)	Mark Faldmo Invite (4/19)
Logan Moore	142-06(43.43m)	Willie Williams (3/21-3/22)
Joe Canavan	131-11(40.20m)	Willie Williams (3/21-3/22)

Javelin Throw

Chase Taylor	197-09(60.27m)	Brutus Hamilton (4/25-4/26)
Cameron Madsen	187-9(57.24m)	Bronco Twilight (5/2)
Logan Moore	180-05(55.00m)	Utah Challenge (5/7-5/8)
John Strang	137-08(54.09m)	Bronco Twilight (5/2)

Hammer Throw

Tyler Ellis	171-5(52.24m)	Utah Challenge (5/7-5/8)
-------------	---------------	--------------------------

KEY

x - meet record	p - Preliminary Event
* - unattached	^ - NCAA Prov. Q.
\$ - heptathlon event	# - NCAA Auto. Q.



UTAH STATE

TM

UTAH STATE MEN'S TRACK & FIELD BESTS LIST

BY INDIVIDUAL

Dasheek Akwenye

100m 10.73 Mark Faldmo Invite (4/19)
 200m 21.57 Mark Faldmo Invite (4/19)
 400m 46.83^ BYU Cougar Invite(4/2-4/4)

James Allred

400m 48.70 Utah Challenge (5/7-5/8)
 800m 1:53.51 Brutus Hamilton (4/25-4/26)

Blake Bolen

200m 23.09 Mark Faldmo Invite (4/19)
 110m Hurdles 15.06 BYU Cougar Invite(4/2-4/4)

Nicholas Bolinder

5,000m 15:37.15 BYU Cougar Invite(4/2-4/4)

Lamar Brown

100m 11.01 BYU Cougar Invite(4/2-4/4)
 200m 22.23 Willie Williams (3/21-3/22)
 Long Jump 23-02.50(7.07m) Bronco Twilight (5/2)

Josef Canavan

Shot Put 55-07.75(16.96m)^ Mark Faldmo Invite (4/19)
 Discus Throw 131-11(40.20m) Willie Williams (3/21-3/22)

Daniel Cruz

Tyler Ellis

Shot Put 50-7.25(15.42m) Willie Williams (3/21-3/22)
 Discus Throw 152-06(46.48m) Mark Faldmo Invite (4/19)
 Hammer Throw 171-5(52.24m) Utah Challenge (5/7-5/8)

Jared Glenn

1,500m 4:00.67 Bronco Twilight (5/2)
 3,000m Steeplechase 9:10.16 Brutus Hamilton (4/25-4/26)

Preston Gordon

110m Hurdles 15.33 Mark Faldmo Invite (4/19)

Nnamdi Gwacham

High Jump 6-06.75(2.00m) Utah Challenge (5/7-5/8)

Blake Hadfield

Long Jump 24-04.25(7.48m)^ Mark Faldmo Invite (4/19)
 Triple Jump 49-05.00(15.06m)^ Mark Faldmo Invite (4/19)

Palmer Hawkins

Jason Holt

800m 1:54.19 BYU Cougar Invite(4/2-4/4)
 1,500m 3:48.51 Brutus Hamilton (4/25-4/26)
 5,000m 14:53.56 UCLA Invite(4/10-4/12)

Charles Hopkins

Jason Jeppsen

Nicholas Karren

Redshirting

Ben Kessen

Brett Knighton

200m 22.46 Utah Challenge (5/7-5/8)
 400m 48.88 Brutus Hamilton (4/25-4/26)

Eric Larson

800m 1:57.89 Mark Faldmo Invite (4/19)
 1,500m 3:51.96 Brutus Hamilton (4/25-4/26)

Nate Lloyd

800m 1:59.20 BYU Cougar Invite(4/2-4/4)
 1,500m 4:12.47 Utah Challenge (5/7-5/8)

David Loomis

Pole Vault 14-07.25(4.45m) Mark Faldmo Invite (4/19)

Chio Lopez

800m 1:56.68 BYU Cougar Invite(4/2-4/4)
 1,500m 3:58.21 Willie Williams (3/21-3/22)
 3,000m Steeplechase 9:18.13 Brutus Hamilton (4/25-4/26)

Taylor Mackay

Cameron Madsen

Javelin 187-9(57.24m) Bronco Twilight (5/2)

Jake Maybe

Pole Vault 15-01.100(4.60m)Robison Invite (4/25-4/26)

Brian McKenna

1,500m 4:09.88 Mark Faldmo Invite (4/19)
 5,000m 15:42.78 Mark Faldmo Invite (4/19)

Logan Moore

200m 23.73 Utah Challenge (5/7-5/8)
 110m Hurdles 15.01 Utah Challenge (5/7-5/8)
 Pole Vault 13-01.50(4.00m) Mark Faldmo Invite (4/19)
 Shot Put 41-0.50(12.51m) Bronco Twilight (5/2)
 Discus Throw 43.43m Willie Williams (3/21-3/22)
 Javelin Throw 180-05(55.00m) Utah Challenge (5/7-5/8)

Hunter Nelson

1,500m 4:00.35 BYU Cougar Invite(4/2-4/4)

Andrew Niccoli

800m 1:53.37 Brutus Hamilton (4/25-4/26)
 1,500m 3:54.91 UCLA Invite(4/10-4/12)

Casey Parker

Long Jump 20-5.75(6.24m) Willie Williams (3/21-3/22)
 High Jump 6-06.75(2.00m) Mark Faldmo Invite (4/19)

Silas Pimentel

100m 10.45^ Mark Faldmo Invite (4/19)
 200m 21.21^ Mark Faldmo Invite (4/19)

UTAH STATE MEN'S TRACK & FIELD BESTS LIST

Taylor Price

Casey Snider

800m 1:56.10 Wildcat Open (4/12)

Josh Stokes

200m 23.89 Robison Invite (4/25-4/26)

John Strang

110m Hurdles 14.47 Utah Challenge (5/7-5/8)

High Jump 6-10.75(2.10m) ^ Bronco Twilight (5/2)

Long Jump 23-5.50(7.15m) Bronco Twilight (5/2)

Pole Vault 13-07.25(4.14m) Mark Faldmo Invite (4/19)

Javelin 137-08(54.09m) Bronco Twilight (5/2)

Steve Strickland

1,500m 3:56.43 Bronco Twilight (5/2)

3,000m Steeplechase 8:57.03 ^ UCLA Invite(4/10-4/12)

Chase Taylor

Javelin Throw 197-09(60.27m) Brutus Hamilton (4/25-4/26)

Matthew Toone

Pole Vault 14-01.25(4.30m) Utah Challenge (5/7-5/8)

Brandon Waller

200m 22.43 Utah Challenge (5/7-5/8)

400m 48.79 Brutus Hamilton (4/25-4/26)

400m Hurdles 56.52 Willie Williams (3/21-3/22)

Sean Waller

400m 48.94 Willie Williams (3/21-3/22)

Jordan Weidle

100m 11.38 Bronco Twilight (5/2)

Lukasz Wicha

200m 22.97 Utah Challenge (5/7-5/8)

400m 54.35 BYU Cougar Invite(4/2-4/4)

400m Hurdles 54.34 Brutus Hamilton (4/25-4/26)

Emon Williams

Keith Williams

200m 22.36 Utah Challenge (5/7-5/8)

400m 50.00 Willie Williams (3/21-3/22)

110m Hurdles 14.70 Mark Faldmo Invite (4/19)

400m Hurdles 52.90 UCLA Invite(4/10-4/12)

Heath Wing

800m 1:56.40 UCLA Invite(4/10-4/12)

1,500m 4:01.52 BYU Cougar Invite(4/2-4/4)

Seth Wold

1,500m 3:58.89 BYU Cougar Invite(4/2-4/4)

5,000m 14:31.55 UCLA Invite(4/10-4/12)

10,000m 30:20.65 Oregon Relays (4/25-4/26)

UTAH STATE
TRACK & FIELD

TM

2008 Utah State Track & Field

2008 UTAH STATE WOMEN'S ROSTER

Eligibility

<u>Name</u>	<u>Indoor/Outdoor</u>		<u>Event</u>	<u>Hometown (HS/Last School)</u>
Justine Baugh	FR	FR	Distance	Bear River, Utah (Box Elder HS)
Caroline Berry	SR	SR	Distance	Sandy, Utah (Skyline HS)
Hailee Bingham	FR	FR	Pole Vault	North Powder, Ore. (Powder Valley HS)
Rebecca Bostwick	JR	JR	Distance	San Diego, Calif. (University City HS)
Courtnie Broadus	FR	FR	Throws	Big Timber, Mont. (Sweet Grass County HS)
Ashlee Cannon	SO	SO	Hurdles	Kaysville, Utah (Davis HS)
Brittany Chadwick	SO	SO	Sprints	North Logan, Utah (Sky View HS)
Elaine Connolly	SO	SO	Sprints	Bountiful, Utah (Viewmont HS)
Kira Datwyler	FR	FR	Distance	Providence, Utah (Mountain Crest HS)
Jennifer Day	SO	SO	Sprints	Layton, Utah (Layton HS)
Amy Egan	SR	SR	Distance	Greensburg, Pa. (Greater Latrobe HS)
Camille Fehlberg	FR	FR	Hurdles	Huntington, Utah (Emery HS)
Kirstin Flesher	SO	SO	Pole Vault	Edmonton, Alberta (Strathcona HS)
Sonia Grabowska	FR	FR	Multi-Events	Warsaw, Poland
Maria Halton	FR	FR	Sprints	West Valley City, Utah (Granger HS)
Vanessa Hawkins	JR	JR	Distance	Orem, Utah (Timpanogos HS)
Alicia Holt	FR	FR	Distance	Fort Collins, Colo. (Fort Collins HS)
Heidi Hopkins	FR	FR	Hurdles	Firth, Idaho (Firth HS)
Katelyn Jensen	FR	FR	Jumps/Sprints	Ogden, Utah, (Ogden HS)
Kimiko Kamo	FR	FR	Sprints	Vale, Ore. (Vale HS)
Krista Larson	JR	JR	Throws	Kaysville, Utah (Davis HS)
Stacie Lifferth-Dorius	SR	SR	Distance	Layton, Utah (Northridge HS)
Brooke McNaughton	SO	SO	Throws	Mesa, Ariz. (Mountain View HS)
Alexis Meyer	FR	FR	Distance	Plain City, Utah (Fremont HS)
Jessica Nielsen	SO	SO	Sprints	South Jordan, Utah (Bingham HS)
Shanna Nielsen	FR	FR	Sprints	Hyrum, Utah (Mountain Crest HS)
Tara Pickett	JR	JR	Jumps	Redmond, Utah (North Sevier HS)
Shannon Prince	SO	SO	Throws	Farmington, Utah (Davis High School)
Kim Quinn	FR	FR	Distance	South Jordan, Utah (Bingham HS)
Aimee Sauvageau	SR	SR	Multi-Events	Pleasant View, Utah (Weber HS/Idaho St.)
Jennifer Schiess	SO	SO	Multi-Events	Kaysville, Utah (Davis HS)
Kandace Shoell	FR	FR	Sprints	Taylorsville, Utah (Taylorsville HS)
Cassandra Stanislav	FR	FR	Sprints	Irvine, Calif. (Woodbridge HS)
Erin Stratton	SO	SO	Distance	Aurora, Colo. (Smoky Hill HS)
Alison Taylor	JR	JR	Distance	Salt Lake City, Utah (Skyline HS)
Katie Thatcher	JR	JR	Hurdles	Paradise, Utah (Mountain Crest HS)
Michelle Theurer	FR	FR	Sprints	Highlands Ranch, Colo. (Thunder Ridge HS)
Reve Tortel	FR	FR	Pole Vault	Idaho Falls, Idaho (Bonneville HS)
Cachet Webb	SR	SR	Sprints	Blackfoot, Idaho (Snake River)
Sarah Young	JR	JR	Javelin	Sandy, Utah (Jordan HS)

Coaching Staff:

Head Coach: Gregg Gensel (14th year as women's coach/19th year as men's coach)

Assistants: Steve Reeder, Corey Murdock, Joel Johnson, Matt Ingebriksen



2008 Utah State Track & Field

2008 UTAH STATE MEN'S ROSTER

Name	Eligibility		Event	Hometown (HS/Last School)
	Indoor/	Outdoor		
Dasheek Akwenye	SR	SR	Sprints	Windhoek, Namibia (Centaurus HS)
James Allred	FR	FR	Distance	Helena, Mont. (Capital HS)
Blake Bolen	FR	FR	Hurdles	Aurora Colo. (Grand View HS)
Nick Bolinder	FR	FR	Distance	Boise, Idaho (Boise HS)
Lamar Brown	SR	SR	Sprints	Hayward, Calif. (Hayward HS/Chabot College)
Josef Canavan	FR	FR	Thrower	Palm Desert, Calif. (Palm Desert HS)
Tyler Ellis	JR	JR	Throws	San Diego, Calif. (Rancho Bernardo HS)
Jared Glenn	SO	SO	Distance	Holladay, Utah (Cottonwood HS)
Nnamdi Gwacham	JR	JR	Jumps	Chino Hills, Calif. (Ayala HS)
Blake Hadfield	JR	JR	Jumps	Millville, Utah (Mountain Crest HS)
Palmer Hawkins	JR	JR	Pole Vault	Evanston, Wyo. (Evanston HS)
Jason Holt	SO	SO	Distance	Fort Collins, Colo. (Fort Collins HS)
Charles Hopkins	FR	FR	Multi-Events	Firth, Idaho (Firth HS)
Jason Jeppsen	SO	SO	Hurdles	Mantua, Utah (Box Elder HS)
Nicholas Karren	JR	JR	Hurdles	Duchesne, Utah (Duchesne HS)
Ben Kessen	SR	SR	Distance	La Crescenta, Calif. (Crescenta Valley HS)
Brett Knighton	SR	SR	Sprints	Pocatello, Idaho (Century HS)
Eric Larson	FR	FR	Distance	Missoula, Mont. (Big Sky HS)
Nate Lloyd	SO	FR	Distance	Salt Lake City, Utah (Skyline HS)
David Loomis	JR	JR	Pole Vault	Vancouver, Wash. (Skyview HS)
Chio Lopez	FR	FR	Distance	Pocatello, Idaho (Century HS)
Taylor Mackay	SO	FR	Distance	Anaheim, Calif. (Canyon HS)
Cameron Madsen	JR	JR	Throws	Providence, Utah (Mountain Crest HS)
Jake Maybe	JR	JR	Pole Vault	Farmington, Utah (Davis HS)
Brian McKenna	FR	FR	Distance	Farmington, Utah (Viewmont HS)
Logan Moore	SR	SR	Multi-Events	Wilton, Calif. (Elk Grove HS/Sacramento CC)
Hunter Nelson	FR	FR	Distance	Lolo, Mont. (Big Sky HS)
Andrew Niccoli	SO	SO	Distance	Littleton, Colo. (Dakota Ridge HS)
Casey Parker	SO	SO	Jumps	McMinnville, Ore. (McMinnville HS)
Silas Pimentel	FR	FR	Sprinter	Orem, Utah (Timpanogos HS)
Taylor Price	JR	JR	Distance	Murray, Utah (Murray HS/Utah)
Casey Snider	SO	SO	Distance	Liberty, Utah (Weber HS)
Josh Stokes	R-SO	R-SO	Sprinter	Smithfield, Utah (Sky View HS)
John Strang	JR	JR	Multi-Events	Hawthorne, N.J. (Hawthorne HS)
Steve Strickland	SO	SO	Distance	Orem, Utah (Mountain View HS)
Chase Taylor	SR	SR	Throws	Woods Cross, Utah (Woods Cross HS)
Matthew Toone	JR	JR	Pole Vault	West Haven, Utah (Fremont HS)
Brandon Waller	JR	JR	Hurdler	Vallejo, Calif. (Sacramento CC)
Jordan Weidle	FR	FR	Sprinter	Salt Lake City, Utah (Judge Memorial)
Emon Williams	SR	SR	Sprints	Elk Grove, Calif. (Sheldon HS/Sacramento CC)
Keith Williams	JR	JR	Hurdler	Boise, Idaho (Borah HS)
Heath Wing	SO	SO	Distance	Ralls, Texas (Ralls HS)
Lukasz Wicha	JR	JR	Multi-Events	Warsaw, Poland
Seth Wold	JR	JR	Distance	Highland, Utah (Lone Peak HS)

Coaching Staff:

Head Coach: Gregg Gensel (14th year as women's coach/19th year as men's coach)

Assistants: Steve Reeder, Corey Murdock, Joel Johnson, Matt Ingebritsen