

## 2006 Utah State Indoor Track Bests – Men (as of Feb. 27)

Event	Time	Meet	Date
<b>60 (6.72 Prov., 6.62 Auto.)</b>			
DJ Smith	6.72 (PR)	ISU	1-14
Dustin Vetica	7.21	USU	1-21
Shane Cronin	7.34 (PR)	USU	1-21
Jeff Catron	7.36 (PR)	USU	1-21
Cedric Young	6.89	BSU	2-25
<b>60 Hurdles (7.91 Prov., 7:70 Auto.)</b>			
Scott Bell	8.09 (PR)	BSU	2-4
Dustin Vetica	8.29	USU	1-21
Nick Carren	8.61 (PR)	BSU	2-10
Jasen Jeppsen	8.63	BSU	2-10
<b>200 (21.23 Prov., 20.83 Auto.)</b>			
Mitch Lancaster	23.89 (PR)	ISU	1-14
Mercer Owen	24.66 (PR)	ISU	1-14
DJ Smith	21.97	BSU	2-10
<b>400 (47.25 Prov., 46.05 Auto.)</b>			
Mitch Lancaster	51.63 (PR)	ISU	1-14
Mercer Owen	52.80 (PR)	BSU	2-10
Brett Knighton	49.43	BSU	2-25
Scott Bell	49.16	BSU	2-25
Nick Karren	49.95	BSU	2-25
Brad Martin	50.96	BSU	2-10
Shane Cronin	50.32	BSU	2-25
Dasheek Akwenye	48.59	BSU	2-10
Yance Fawcett	50.49	BSU	2-10
Emon Williams	50.99	BSU	2-10
David Grey	51.02	BSU	2-10
Graig Bown	51.64	BSU	2-10
Mitch Lancaster	51.67	BSU	2-10
<b>800 (1:49.50 Prov., 1:47.80 Auto.)</b>			
Taylor Price	2:05.43 (PR)	ISU	1-14
Derek Hastings	2:02.36 (PR)	BSU	2-10
Emon Williams	1:58.18	WSU	1-28
Yance Fawcett	1:57.45	BSU	2-10
Mitch Lancaster	1:59.45	BSU	2-10
Craig Bown	1:58.18	BSU	2-10
Mercer Owen	1:59.89	WSU	1-28
Todd Griffith	2:00.00	BSU	2-10
David Grey	1:58.34	BSU	2-10

**Mile (4:04.90 Prov., 3:59.00 Auto.)**

Seth Wold	4:28.31 (PR)	ISU	1-14
Steve Atkinson	4:30.82	BSU	2-10
Derek Hastings	5:05.37 (PR)	ISU	1-14
Ben Kessen	4:17.27	BSU	2-25
Taylor Price	4:35.36	UW	2-10
Jake Jensen	4:49.85	BSU	2-10
Eric Borchel	4:54.62	BSU	2-10
Ben Kessen	4:16.50	UW	2-10
Todd Griffith	4:32.02	BSU	2-25

**3000m (8:05.00 Prov., 7:55.00 Auto.)**

Vance Twitchell	8:29.22 (PR)	WSU	1-28
Seth Wold	8:28.06	WSU	1-28
Steve Atkinson	8:53.10	BSU	2-25

**5000m**

Seth Wold	14:20.15	UW	2-10
Vance Twitchell	14:24.78	UW	2-10
Clark Bryner	15:24.23	UW	2-10
Trever Ball	15:17.78	BSU	2-25

**4X400M (3:10.40 Prov., 3:05.00 Auto.)**

Utah State	3:20.49	BSU	2-25
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**4X800M**

Utah State	8:08.00	USU	1-21
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**Distance Medley**

Utah State	10:33.14	BSU	2-25
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Event	Meters	Feet	Meet	Date
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**High Jump (2.17m. Prov., 2.23m. Auto.)**

Clinton Silcock	2.07m (PR)	6-09.50	USU	1-21
Mike McConkie	2.03m (PR)	6-08	ISU	1-14
Jeff Catron	1.88m (PR)	6-02	ISU	1-14

**Pole Vault (5.20m. Prov., 5.50m. Auto.)**

Palmer Hawkins	4.40m (PR)	14-05.25	BSU	2-25
Max Hansen	4.47m (PR)	14-08.00	BSU	2-4
Ryan Pevey	4.10m (PR)	13-05.25	BSU	2-25
Logan Moore	3.95m (PR)	12-11.50	USU	1-21
Jeff Catron	3.20m (PR)	10-06.00	USU	1-21

**Shot Put (17.15m. Prov., 19.30m. Auto.)**

Kevin Liu	14.36m (PR)	49-04.25	USU	1-21
Bruce Clement	14.35m (PR)	47-01	ISU	1-14

**Weight Throw (19.00m. Prov., 21.20m. Auto.)**

Kevin Liu	18.13m (PR)	59-05.75	USU	1-21
Bruce Clement	12.22m (PR)	43-04.50	WSU	1-28

**Long Jump (7.45m. Prov., 7.85m. Auto)**

Jeff Catron	6.21m	20-04.50	BSU	2-4
Logan Moore	6.69m	21-11.50	BSU	2-25

**Heptathlon (5200 Prov., 5650 Auto.)**

Logan Moore	4917		WSU	1-28
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## 2006 Utah State Indoor Track Bests – Women (as of Feb. 27)

Event	Time	Meet	Date
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**60 (7.44 Prov., 7.27 Auto.)**

Elaine Connolly	8.02 (PR)	USU	1-21
Jennifer Day	8.38 (PR)	USU	1-21
Amber Judd	8.05 (PR)	USU	1-21
Lacey Schroeder	7.98 (PR)	BSU	2-4
Megan Wold	8.40	BSU	2-25

**60Mh (8.43 Prov., 8.15 Auto.)**

Amber Judd	8.84 (PR)	BSU	2-10
Lacy Hulbert	8.83 (PR)	BSU	2-25
Aimee Savageau	9.77	BSU	2-10

**200 (24.10 Prov., 23.30 Auto.)**

Eliane Connolly	26.32 (PR)	ISU	1-14
Jennifer Day	26.96 (PR)	ISU	1-14
Dana Strauss	28.17	ISU	1-14
Megan Wold	28.00	BSU	2-25

**400 (54.70 Prov., 52.40 Auto.)**

Dana Strauss	1:01.51	BSU	2-10
Amber Judd	58.39	BSU	2-10
Elaine Connolly	57.21	BSU	2-25
Jen Day	59.38	BSU	2-25

**800m Run (2:09.40 Prov., 2:05.70 Auto.)**

Jill Steele	2:10.30	UW	2-10
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**Mile (4:47.60 Prov., 4:38.50 Auto.)**

Kristen Guymon	5:01.10	UW	2-10
Jennifer Twitchell	4:54.71	BSU	2-25
Caroline Barry	5:03.45	UW	2-10
Becky Bostwick	5:34.28	USU	1-21
Stacie Lifferth	4:59.07	WSU	1-28
Jill Steele	5:32.12	BSU	2-4
Stacie Lifferth	5:00.50	UW	2-10

**3,000 (9:35.80 Prov., 9:16.00 Auto.)**

Becki Bostwick	10:38.42	WSU	1-28
Michelle Hatch	11:43.70	ISU	1-14
Vanessa Hawkins	10:46.28	WSU	1-28
Erica Martineau	11:77.48 (PR)	BSU	2-10
Caroline Berry	10:20.77	WSU	1-28
Kristen Guymon	10:08.90	BSU	2-25
Stacie Lifferth	10:06.19	BSU	2-25
Jennifer Twitchell	10:16.55	BSU	2-25

**5,000**

Rebecca Bostwick	18:00.64	UW	2-10
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**4X400m (3:41.20 Prov., 3:33.50 Auto.)**

Utah State	3:50.20	BSU	2-25
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**4X800m**

Utah State	9:19.48	USU	1-21
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**Distance Medley**

Utah State	12:01.81	BSU	2-25
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Event	Meters	Feet	Meet	Date
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**High Jump (1.78m. Prov., 1.84m. Auto.)**

Jennifer Scheiss	1.63m (PR)	5-04	ISU	1-14
Jaime Munns	1.58m	5-02.25	USU	1-21
Aimee Savageau	1.65m	5-05.00	BSU	2-4
Tara Pickett	1.65m	5-05.00	BSU	2-4
Lacey Hulbert	1.75m (PR)	5-08.75	BSU	2-25

**Pole Vault (3.95m. Prov., 4.20m. Auto.)**

Kathryn Duhadway	3.97m (PR)	13-00.25	USU	1-21
Kaylene Gastaldi	3.80m (PR)	12-05.50	BSU	2-4

**Shot Put (15.40m. Prov., 16.90m. Auto.)**

Aimes Savageau		37-08	ISU	1-14
Krista Larson	11.40m (PR)	37-05.5	ISU	1-14

**Weight Throw (18.50m. Prov., 21.00m. Auto.)**

Krista Larson	14.23 (PR)	46-08.25	BSU	2-10
Michelle Bowen	13.08m	42-11.00	BSU	2-4

**Long Jump (6.10m. Prov., 6.40m. Auto.)**

Aimee Savageau	4.40m.	14-05.25	BSU	2-4
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**Pentathlon (3700 Prov., 4050 Auto.)**

Lacey Schroeder	3828 (PR/Prov.)		WSU	1-28
Aimee Savageau	3101		WSU	1-28