



2011 Women's Track & Field

INDOOR TOP TEN ALL-TIME LIST

60M DASH

School Record:	7.45	Angelica Earls	2012
<u>No.</u>	<u>Mark</u>	<u>Name</u>	<u>Year</u>
1.	7.45	Angelica Earls	2012
2.	7.52	Kashae Knox	2012
3.	7.66	Shante Winters-Frazier	2003
4.	7.66	Jamila Carter	2004
5.	7.71	Jerita Wilson	2005/6
6.	7.75	Ciara McMillian	2007
7.	7.78	Stacia Edmond	2004
8.	<i>7.88</i>	<i>Baylee Hearns</i>	<i>2011</i>
9.	7.88	Schavi Hill	2009

400M Dash

School Record:	54.78	Renee Manfredi	1990
<u>No.</u>	<u>Mark</u>	<u>Name</u>	<u>Year</u>
1.	54.78	Renee Manfredi	1990
2.	56.41	Chanika Corley	2001
3.	56.59	Sabreena Jones	2004
4.	56.61	Michelle Christiansen	1991
5.	56.66	Shante Winters	2003
6.	56.88	Cristina Hibbert	2010
7.	57.02	Janette Flowers	2004
8.	57.06	Janita Jones	2002
9.	57.43	Brooke Wilson	2001
10.	57.65	Tara McMullen	2001

60M Hurdles

School Record:	8.55	Gina Deckard	2010
<u>No.</u>	<u>Mark</u>	<u>Name</u>	<u>Year</u>
1.	8.55	Gina Deckard	2010
2.	8.58	Chanika Corley	2003
3.	8.59	Allison Sewell	2003
4.	8.60	Deborah Amoah	2012
5.	8.67	Analisa Serrano	2009
6.	8.73	Kereiona Johnson	2008
7.	8.78	Cristina Hibbert	2010
8.	8.78	April Pate	2012
9.	8.88	Maranda Brownson	2004
10.	8.90	Erin Kelly	2003

800 meters

School Record:	2:06.95	Kali Baker	2006
<u>No.</u>	<u>Mark</u>	<u>Name</u>	<u>Year</u>
1.	2:06.95	Kali Baker	2006
2.	2:07.51	Nicole Petty	2003
3.	2:11.24	Julie Hinton	2002
4.	2:11.63	Charlotte Schonbeck	2007
5.	2:12.09	Mariah Gramolini	2012
6.	2:12.11	LaNaya Wattree	2007
7.	2:13.25	Lindsay Roberson	2001
8.	2:13.33	Samantha Diaz	2012
9.	2:13.78	Angie Fortner	1997
10.	2:14.17	Polly Smith	2009

200M Dash

School Record:	24.38	Angelica Earls	2012
<u>No.</u>	<u>Mark</u>	<u>Name</u>	<u>Year</u>
1.	24.38	Angelica Earls	2012
2.	24.45	Shante Winters-Frazier	2003
3.	24.60	Jamila Carter	2003
4.	24.67	Ciara McMillian	2005/7
5.	24.81	Jerita Crudder-Wilson	2006
6.	24.93	Kashae Knox	2012
7.	24.97	Shaina Wright	2007
8.	25.24	Schavi Hill	2009
9.	25.24	Janita Jones	2000
10.	25.32	Analisa Serrano	2007

Mile

School Record:	4:41.71	Kali Baker	2006
<u>No.</u>	<u>Mark</u>	<u>Name</u>	<u>Year</u>
1.	4:41.71	Kali Baker	2006
2.	4:42.46	Samantha Diaz	2012
3.	4:54.13	Rochelle Hair	1995
4.	4:54.79c	Angie Fortner	1997
5.	4:55.95	Joyce Cheruiyot	1988
6.	4:56.80	Samantha Davis	2008
7.	4:58.14c	Jenna Huber	2004
8.	4:59.15c	Virginia Johnson	2004
9.	4:59.31	April Fitzgerald	2004
10.	5:00.12	Christa Avena	2008



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3000M Run

School Record:		9:39.20	Jenna Huber	2004
<u>No</u>	<u>Mark</u>	<u>Name</u>	<u>Year</u>	
1.	9:39.20	Jenna Huber	2004	
2.	9:46.40	Amanda Moreno	2008	
3.	9:50.72	Angie Fortner	1997	
4.	9:56.94	Samantha Diaz	2011	
5.	9:58.41	Christa Avena	2008	
6.	10:00.83	Amanda Gramly	2009	
7.	10:01.72	Natalie Wood	1991	
8.	10:05.59c	Virginia Johnson	2004	
9.	10:05.89	Patty Young	1988	
10.	10:06.35	Jordan Burke	2011	

Distance Medley Relay

School Record:		11:59.39	2003
Julie Hinton, Lindsay Roberson, Kali Baker, Nicole Petty			
<u>No</u>	<u>Mark</u>	<u>Name</u>	<u>Year</u>
1.	11:59.39	Hinton, Roberson, Baker, Petty	2003
2.	12:00.63	Wattree, Smith, Avena, Schonbeck	2007
3.	12:06.63	Fitzgerald, Jones, Prout, Petty	2004
4.	12:16.60	Gramolini, Mueller, Underwood	2012
		McEntire	
5.	12:20.71	Gramolini, Martin, Underwood	2012
		Romanko	

5000M Run

School Record:		17:08.65	Jenna Huber	2004
<u>No.</u>	<u>Mark</u>	<u>Name</u>	<u>Year</u>	
1.	17:08.65	Jenna Huber	2004	
2.	17:15.64	Amanda Moreno	2008	
3.	17:25.02	Denise Danielson	1997	
4.	17:32.80	Jordan Burke	2011	
5.	17:33.53c	Erin Seward	2002	
6.	17:35.69	Janet Martinez	2008	
7.	17:45.06	Natalia Jarwaka	2007	
8.	17:47.90	Virginia Johnson	2004	
9.	17:57.84	Amanda Gramly	2009	
10.	18:01.55c	Kendall Knowles	2002	

Long Jump

School Record:		19'8.25"	Becky Krupa	2001
<u>No</u>	<u>Mark</u>	<u>Name</u>	<u>Year</u>	
1.	19'8.25"	Beck Krupa	2001	
2.	19'8"	Deborah Amoah	2011	
3.	19'6.75"	Brooke Wilson	2001	
4.	19'4"	Ciara McMillian	2007	
5.	18'10"	La Tijera Avery	2010	
6.	18'10"	Kereiona Johnson	2008	
7.	18'9.25"	Corinne Kuklovsky	2007	
8.	18'6"	Frankie-Jo Almos	2001	
9.	18'5.75"	Heidi Udoffia	1993	
10.	18'4.75"	Ashley Land	2008	

4 x 400M Relay

School Record:		3:48.59	2006
Rosana Medina, Shaina Wright, Kali Baker, Polly Smith			
<u>No.</u>	<u>Mark</u>	<u>Name</u>	<u>Year</u>
1.	3:48.59	Medina, Wright, Baker, Smith	2006
2.	3:49.04	Wilson, Corley, Maves, Elliot	2001
3.	3:49.65	Wilson, Jones, Corley, ???	2001
4.	3:49.71	McMillian, Wright, Baker, Wilson	2005

Triple Jump

School Record:		41'0.25"	Deborah Amoah	2012
2007				
<u>No</u>	<u>Mark</u>	<u>Name</u>	<u>Year</u>	
1.	41'0.25"	Deborah Amoah	2012	
2.	40'9.75"	Ashley Mathis	2007	
3.	40'9"	Erin Kelly	2000	
4.	39'4.5"	Sherena Smith	2007	
5.	39'2.25"	Aureila Houston	2010	
6.	38'11"	Brooke Wilson	2001	
7.	37'8.75"	Tia Jenkins	1999	
8.	37'7.5"	Heather Cooke	1998	
9.	37'5.75"	Melissa McElligott	1999	
10.	37'2.5"	Analisa Serrano	2005	



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High Jump

School Record: 6'0"

No	Mark	Name	Year
1.	6'0"	La Tijera Avery	2012
2.	5'11.5"	Alissa Anderson	2000
3.	5'8.75"	Kelly Eaton	1998
4.	5'8.5"	Amanda Boice	2007
5.	5'8.25"	Tanya Lazar-Lea	1993
6.	5'8"	Cortney Beasley	2011
7.	5'8	Deana Avansino	1991
8.	5'7.75"	Kim Fleming	1999
9.	5'7.5"	Erin Kelly	2003
10.	5'7.25"	Maranda Brownson	2004
11.	5'7.25"	Nicole Williams	2012

Pole Vault

School Record: 12'9.5"

No.	Mark	Name	Year
1.	12'9.5	Jenny Ashcroft	2002
2.	12'9.5	Megan Ries	2004
3.	12'8	Dana Huseby	2001
4.	12'5.50"	Alicia Echevarria	2011
5.	12'4.75"	Bree Ann Piva	2007
6.	12'3.50"	Abrienne Wiles	2001
7.	12'1.50"	Casey Gray	2010
8.	12'0.50"	Muriel Roberge	2008
9.	11'11.75"	Celina Roberge	2003
10.	11'8"	Janna Moyer	2006

Pentathlon

School Record: 3,932pts Erin Kelly 2003

No	Mark	Name	Year
1.	3,932pts	Erin Kelly	2003
2.	3,899pts	Maranda Brownson	2004
3.	3,792pts	Brooke Wilson	2001
4.	3,779pts	Ali Mcknight	1995
5.	3,559pts	April Pate	2012
6.	3,502pts	Sara Prout	2006
7.	3,438pts	Tara Maves	2002
8.	3,377pts	Sarah Nichols	2011
9.	3,267pts	Alexa Anderson	2012
10.	3,218pts	Katelyn Choukalos	2011

20 Lbs. Weight Throw

School Record: 60'10" Janine Bodo 2006

No	Mark	Name	Year
1.	60'10"	Janine Bodo	2006
2.	59'8.25"	Caira Hane	2006
3.	59'0.25"	Sarah Woydziak	2004
4.	58'6"	Danice Wilkins	1999
5.	58'2"	Constance McAlman	2009
6.	54'4.75"	Inger Appanaitis	2007
7.	52'0.5"	Kelly Bowman	2003
8.	50'10"	Jamie Martino	2006
9.	50'8.75"	Norma Thomas	2001
10.	50'7.5"	Shario Marshall	2003

Shot Put

School Record: 49'9.75" Stephanie Tietjen 2004

No.	Mark	Name	Year
1.	49'9.75"	Stephanie Tietjen	2004
2.	49'3"	Jamie Martino	2006
3.	47'7"	Inger Appanaitis	2008
4.	46'3"	Kristina Barden	1997
5.	45'9.75"	Sara Woydziak	2005
6.	45'6"	Kerry Gilbert	1998
7.	45'1"	Danice Wilkins	1999
8.	44'11"	Constance McAlman	2009
9.	44'9.50"	Jessica Salmela	2004
10.	44'2"	Beth Sandy	1999