

The Ram Rules

Official Visits

Official visits are a critical part of the recruiting process, as they provide prospects the opportunity to receive an expense-paid visit to see an institution's campus. Below is a brief overview of NCAA requirements associated with these visits.

Opportunities to Visit ...

- In all sports, a prospect may not come on an official visit prior to the first day of classes of his/her senior year in high school.
- Prospects may take a total of 5 official visits to Division I and II institutions.

Before a Prospect Makes a Visit ...

- Coaches must obtain prior approval from the Compliance Office for a prospect to visit UNC by submitting pre-visit paperwork that must be accompanied by the prospect's academic transcript and standardized test score.
- The prospect must be registered with the NCAA Eligibility Center and identified specifically in that system as a UNC recruit.

Length of the Official Visit ...

- An official visit may not exceed 48 hours. The 48-hour time period begins when the prospect arrives on campus and ends once the contact with the prospect ceases. At the completion of the 48-hour visit, the prospect must leave campus immediately; otherwise, UNC cannot pay any expenses for the prospect to return home.

Transportation ...

- An institution may pay for a prospect's actual round-trip transportation costs for his/her visit to campus from any location, provided the prospect returns to the original point of departure at the conclusion of the visit.
- A prospect's friends or relatives may receive transportation expenses to visit the campus only when traveling by automobile with the prospect.
- Only coach class airfare may be provided for a prospect that chooses to fly for his/her visit to campus. If the prospect is accompanied by family members or friends, those individuals must purchase their own airfare.

Lodging ...

- Lodging may be provided to a prospect and the prospect's parents during the visit, provided it is within a 30-mile radius of UNC's campus. Additional persons (e.g., prospect's relative or friend) may stay in the same room as the parents or prospect; however, in such a case, UNC may not pay the cost for the additional room occupants.

Meals ...

- The prospect and his or her parents may be provided with three meals and one small snack per day during the visit. The prospect and his/her family must pay the actual cost of meals for additional persons (e.g., relative or friend).

Entertainment ...

- UNC may provide entertainment only for a prospect and the prospect's parents.
- All entertainment must occur within a 30-mile radius of UNC's campus.
- Current student-athletes are able to act as a student host during the prospect's official visit. Host money, a maximum of \$30 per day, is provided to the current student-athlete to pay for entertainment costs. This money may not be used to purchase any material items (e.g., t-shirt or hat) for the prospect.

Complimentary Admissions ...

- Prospects on official visits may receive three complimentary admissions to home athletics contests. The student host may also receive a ticket to the event if he/she is accompanying the prospect.
- Tickets for additional people accompanying the prospect may be reserved and must be purchased at face value.

TarHeelBlue.com: For more information, please visit the "Compliance" link on the official website for Carolina athletics.

The UNC Department of Athletics appreciates your efforts to comply with NCAA regulations. Please contact the Compliance Office at (919) 962-6000 or compliance@unca.unc.edu if you have any questions regarding the above information.