

2006 Women's Track & Field Outdoor Times

100-Meters (11.81)

10. Brittany Canfield	4/15	13.11 ^{P*}
3. Brittany Canfield	4/29	13.46
10. Troyanah Evans	4/1	13.48 [^]
18. Troyanah Evans	4/22	13.75
8. Stacy Ossinger	4/29	14.62 [^]

200-Meters (24.38)

3. Kendra Leighton	4/8	27.24 [^]
30. Brittany Canfield	4/15	27.63 [^]
18. Troyanah Evans	4/22	27.75 [^]
8. Troyanah Evans	4/1	27.80
32. Jen Rippel	4/15	27.84
5. Brittany Canfield	4/29	27.89
9. Troyanah Evans	4/8	28.02
23. Jen Rippel	4/22	28.45
11. Jen Rippel	4/8	28.55
13. Jen Rippel	4/1	28.59
14. Stacy Ossinger	4/29	29.94 [^]

400-Meters (54.2)

8. Kendra Leighton	4/1	1:00.73 [^]
17. Jen Rippel	5/7	1:00.89 [^]
20. Jen Rippel	5/13	1:01.18
3. Jen Rippel	4/29	1:01.24
13. Jen Rippel	4/15	1:01.58
17. Jen Rippel	4/22	1:02.06
14. Jen Rippel	4/1	1:03.35
8. Jen Rippel	4/8	1:04.13

800-Meters (2:09.42)

8. Ashley Davidson	4/29	2:27.37 [^]
16. Ashley Davidson	4/15	2:27.47
10. Christina DeRosa	4/29	2:29.78 [^]
17. Ashley Davidson	4/22	2:30.56
14. Christina DeRosa	4/8	2:34.48
17. Erin O'Donnell	4/8	2:41.61

1500-Meters (4:22.13)

3. Christina DeRosa	4/29	4:47.10 [^]
6. Christina DeRosa	4/22	4:48.29
8. Christina DeRosa	4/8	4:50.62
25. Amanda Bodette	4/8	5:15.35
22. Amanda Bodette	4/1	5:15.38

5000-Meters (16:28.81)

6. Christina DeRosa	5/13	17:19.51 ^{E*}
3. Christina DeRosa	4/15	17:31.63 ^E
2. Christina DeRosa	4/22	17:33.06
8. Christina DeRosa	5/7	17:38.02
2. Christina DeRosa	4/1	17:40.25
17. Cuisle Kierans	5/7	18:41.08
1. Cuisle Kierans	4/8	18:41.65
8. Cuisle Kierans	4/22	19:01.99
10. Cuisle Kierans	4/1	19:04.51
1. Cuisle Kierans	4/29	19:05.53
11. Amanda Bodette	4/22	19:25.57
9. Erin O'Donnell	4/15	19:46.49 [^]
12. Erin O'Donnell	4/22	19:59.58

10,000-Meters (35:10.97)

2. Christina DeRosa	5/7	37:24.87 ^{E*}
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100-Meter Hurdles (13.76)

10. Marissa Callahan	5/7	15.47 ^{P*}
3. Marissa Callahan	4/29	16.19
8. Marissa Callahan	4/1	16.27
9. Marissa Callahan	4/15	16.29 ^P
6. Marissa Callahan	4/8	16.45
6. Marissa Callahan	4/22	16.83
13. Ashley Creel	4/15	17.52 ^P
15. Ashley Creel	4/8	18.52
— Ashley Creel	4/1	DNF
— Shavonne Santiago	4/1	DNF

400-Meter Hurdles (1:00.56)

1. Elisabeth Budd	5/7	1:02.95 [^]
3. Elisabeth Budd	4/15	1:04.18
3. Elisabeth Budd	4/22	1:05.81
3. Elisabeth Budd	4/1	1:06.63

4x100-Meter Relay (46.82)

8. 'A'	5/7	50.01
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4x400-Meter Relay (3:47.71)

8. 'A'	4/1	4:15.78
3. 'A'	4/29	4:20.62

4x800-Meter Relay (9:01.59)

10. 'A'	5/7	9:42.78
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High Jump (5-8)

8. Ashley Creel	5/7	5-3.00 [^]
3. Ashley Creel	4/22	5-3.00
3. Ashley Creel	4/15	5-3.00
2. Katelyn O'Toole	4/29	5-1.75
15. Katelyn O'Toole	5/7	5-1.00
5. Katelyn O'Toole	4/22	5-1.00
9. Elizabeth Biehl	4/22	5-1.00 [^]
7. Elizabeth Biehl	4/15	5-1.00
7. Candice Murray	4/15	5-1.00 [^]
6. Katelyn O'Toole	4/1	5-1.00
9. Ashley Creel	4/1	5-1.00
5. Ashley Creel	4/8	4-11.75
7. Liz Biehl	4/8	4-11.75
5. Liz Biehl	4/29	4-11.75
5. Candice Murray	4/29	4-11.75
7. Ashley Creel	4/29	4-11.75
9. Katelyn O'Toole	4/15	4-11.00
10. Liz Biehl	4/1	4-11.00
8. Katelyn O'Toole	4/8	4-9.75
10. Candice Murray	4/8	4-9.75
11. Candice Murray	4/22	4-9.00
— Candice Murray	5/7	NH
— Jen Curtin	4/15	NH
— Candice Murray	4/1	NH

2006 Schedule/Results

4/1	So. Connecticut Invit.	6th of 11
4/8	Wildcat Invitational	NTS
4/15	Brown Invitational	5th of 7
4/19-20	Holy Cross Decathlon	NTS
4/22	UConn Invitational	5th of 7
4/29	New Hampshire Invit.	NTS
5/6-7	A-10 Championships	8th of 10
5/12-13	New England Championships	19 of 37
5/26-27	NCAA Regional Qualifier	9:00

(xxx) - times in parenthesis denote UMass record

^P - denotes preliminary race

^E - denotes ECAC Qualification

^R - denotes NCAA Regional Qualification

^S - denotes UMass School Record

[^] - denotes personal-best mark

Pole Vault (12-3.5)

1. Kristen Bakanowski	5/13	12-0.00 ^{ER*}
1. Kristen Bakanowski	4/15	11-11.75 ^E
1. Kristen Bakanowski	4/29	11-11.75
1. Kristen Bakanowski	5/7	11-5.75
3. Kristen Bakanowski	4/22	11-0.25
1. Kristen Bakanowski	4/8	10-11.50
7. Krista Sideri	4/8	8-11.75 [^]
— Krista Sideri	4/22	NH
— Krista Sideri	4/15	NH
— Krista Sideri	4/1	NH
— Krista Sideri	4/29	NH

Long Jump (20-2.25)

11. Troyanah Evans	5/7	15-11.00
9. Troyanah Evans	4/29	15-4.25
11. Maxine Dube	4/29	13-6.00 [^]
— Maxine Dube	4/22	FOUL
— Maxine Dube	4/15	FOUL
— Maxine Dube	4/8	FOUL
— Maxine Dube	4/1	FOUL

Triple Jump (40-5.5)

1. Marissa Callahan	4/29	38-5.00 ^{E*}
3. Marissa Callahan	4/15	37-11.25
4. Marissa Callahan	4/22	36-11.75
7. Marissa Callahan	4/1	36-7.75
6. Marissa Callahan	5/7	36-4.25
3. Marissa Callahan	4/8	36-3.50
9. Liz Biehl	4/1	32-9.00 [^]
8. Liz Biehl	4/8	32-2.00
7. Maxine Dube	4/29	31-7.50 [^]
9. Maxine Dube	4/15	30-6.25
8. Maxine Dube	4/22	30-4.25
— Maxine Dube	4/8	FOUL

Shot Put (44-10.25)

1. Jordan Veney	4/15	44-10.25 ^{SE*}
1. Jordan Veney	4/8	43-10.50 ^S
3. Jordan Veney	5/7	42-8.25
2. Jordan Veney	4/22	42-5.50
3. Jordan Veney	4/1	42-2.25

Discus (153-8)

1.	Jordan Veney	4/22	144-10 ^{E^}
3.	Jordan Veney	4/15	136-01
3.	Jordan Veney	4/1	135-11
1.	Jordan Veney	4/8	132-03
—	Jordan Veney	5/7	FOUL

Hammer Throw

5.	Jordan Veney	5/7	148-04 [^]
4.	Jordan Veney	4/29	138-04
9.	Jordan Veney	4/22	131-07
8.	Jordan Veney	4/8	126-04
11.	Jordan Veney	4/15	123-05

Javelin (139-0)

8.	C. MacMonegle-Eckness	4/1	100-01 [^]
6.	C. MacMonegle-Eckness	4/29	99-10
8.	C. MacMonegle-Eckness	4/22	99-03
15.	C. MacMonegle-Eckness	5/7	97-08
7.	Jennifer Curtin	4/29	88-07 [^]
13.	C. MacMonegle-Eckness	4/8	85-03
19.	Jennifer Curtin	5/7	82-02
17.	C. MacMonegle-Eckness	4/15	81-10
9.	Ashley Creel	4/29	81-02 [^]
10.	Liz Biehl	4/29	60-09 [^]

Heptathlon (4,800)

3.	Ashley Creel	4/22	3,912
6.	Ashley Creel	5/13	3,903
3.	Ashley Creel	5/7	3,707
16.	Liz Biehl	4/22	2,613 [^]

Women's Track & Field

All-Time Top Performances

SHOT PUT

1.	Jordan Veney	44' 10-1/4"	2006
2.	Natalie Hart	43' 9-1/2"	1993
3.	Christie Martin	42' 6-1/4"	1996
4.	Carole LaPlante	42' 2"	1999
5.	Alison Tostevin	41' 10-3/4"	1999

HAMMER

1.	Shana Mitchel	169' 3"	1998
2.	Christina Bizon	165' 6"	2002
3.	Diane Ozzolek	161' 3"	1993
4.	Jen Iasiello	160' 8"	2004
5.	Stephanie Townson	160' 7"	1997

DISCUS

1.	Natalie Hart	153' 8"	1993
2.	Shana Mitchell	147' 11"	1998
3.	Jordan Veney	144' 10"	2006
4.	Maggie Curry	144' 1"	2000
5.	Nadine Jackson	141' 2"	1981

OLD RULES JAVELIN

1.	Heather Brown	161' 3"	1995
2.	Carla DeSantis	158' 8"	1988
3.	Karen Snow	149' 7"	1981
4.	Tara Reece	135' 9"	1987
5.	Cindy Krupa	131' 10"	1983

NEW RULES JAVELIN

1.	Rhianna DaCruz	139' 0"	2001
2.	Sharyn Harrison	133' 6"	2000
3.	Billieann Kelly	131' 00"	2003
4.	Neille Giffune	130' 2"	2002
5.	Billieann Kelly	128' 8"	2004

TRIPLE JUMP

1.	Janey Meeks	40' 5-1/2"	1995
2.	Mercedes Milligan	38' 5-1/2"	1988
3.	Marissa Callahan	38' 5"	2006
4.	Rose Bryan	38' 2-3/4"	1998
5.	Melissa Ward	37' 10-1/2"	1997

LONG JUMP

1.	Shelanda Irish	20' 2-1/4"	1999
2.	Kari Fleischmann	19' 4-3/4"	1988
3.	Chante Soares	19' 3-1/2"	2002
4.	Melanie Bell	18' 9-1/4"	1997
	Rose Bryan	18' 9-1/4"	1996

HIGH JUMP

1.	Andrea Comeau	5' 8"	1997
	Sharon Lassard	5' 8"	1984
3.	Melissa Golembewski	5' 6"	1988
	Kathy Harrington	5' 6"	1979
	Patricia Owen	5' 6"	1979
	Ashley Creel	5' 6"	2003

HEPTATHLON

1.	Andrea Comeau	4,800	1999
2.	Melissa Ward	4,704	2000
3.	Nicole Roberts	4,313	1996
4.	Crystal Therrien	4,287	2003
5.	Micki Callahan	4,123	2002

POLE VAULT

1.	Brandy Green	12' 3-1/2"	2003
2.	Kristen Bakanowski	12' 0"	2005, 2006
3.	Rhianna DaCruz	11' 6-1/4"	2002
4.	Heather Palmer	10' 1-1/2"	1999

100 METERS

1.	Christina Huff	11.81	2004
2.	Keri Fleischmann	12.00	1988
3.	Pam Hughes	12.10	1987
4.	Abby Rubino	12.12	1999
5.	Shelanda Irish	12.15	1998

100 METER HURDLES

1.	Rose Bryan	13.76	1999
2.	Anya Forrest	14.01	1998
3.	Chrystal Murphy	14.38	1998
4.	Andrea Comeau	14.49	1997
5.	Kim Baten	14.63	1987

200 METERS

1.	Pam Hughes	24.38	1986
2.	Nicole Roberts	24.70	1996
3.	Christina Huff	24.71	2003
4.	Lee Ann Ambrose	24.76	1990
5.	Shelanda Irish	24.94	1997

400 METERS

1.	Lee Ann Ambrose	54.2	1990
2.	Kayla Morrison	56.14	1986
3.	Nicole Roberts	56.74	1996
4.	Diane Sealey	56.74	1980
5.	Susan Goldstein	56.85	1984

400 METER HURDLES

1.	Silifa Kenku	1:00.56	1998
2.	Jennifer Freemas	1:01.31	2001
3.	Julie Muccini	1:02.23	1988
4.	Shannon Jackson	1:02.32	2004
5.	Elisabeth Budd	1:02.95	2006

800 METERS

1.	Lee Ann Ambrose	2:09.42	1991
2.	Leah Loftis	2:10.10	1985
3.	Barbara Cullinan	2:11.24	1986
4.	Cyndi Martin	2:11.64	1980
5.	Rebecca Donaghue	2:12.64	1996

1,500 METERS

1.	Rebecca Donaghue	4:22.13	1996
2.	Nicole Way	4:28.25	1999
3.	Jen Waeger	4:30.36	1996
4.	Rebecca Johnson	4:31.95	1993
5.	Kathy Contini	4:32.74	1979

MILE

1.	Kathy Contini	4:58.50	1979
2.	Judy McCrone	4:58.70	1980
3.	Linda Welzel	5:01.40	1979
4.	Julie LaFreniere	5:02.00	1977
5.	Julie Banks	5:02.70	1979

3,000 METERS

1.	Judy McCrone	9:39.1	1980
2.	Trish Moores	9:40.0	1982
3.	Rebecca Donaghue	9:47.44	1998
4.	Kelly Liljebblad	9:49.50	1992
5.	Shana Smith	9:55.80	1990

3,000M STEEPLECHASE

1.	Kate Markopoulos	10:55.90	2004
2.	Alexis Anzelone	11:16.4	2003
3.	Loren Donohue	11:42.86	2002
4.	Katherine Blais	11:43.01	2001
5.	Julie McGee	12:09.92	2002

TWO MILE

1.	Tina Francario	10:54.80	1979
2.	Kathy Contini	10:57.80	1979
3.	Julie Burke	11:05.40	1979
4.	Deborah Farmer	11:07.60	1978
5.	Judy McCrone	11:15.40	1980

5,000 METERS

1.	Trish Moores	16:28.81	1982
2.	Kelly Liljebblad	16:49.90	1992
3.	Judy McCrone	17:07.30	1981
4.	Sally Hirsch	17:18.83	1999
5.	Christina DeRosa	17:19.51	2006

THREE MILE

1.	Julie Burke	17:17.40	1979
2.	Jane Welzel	17:38.00	1976
3.	Sue Swartz	17:49.00	1977

10,000 METERS

1.	Kelly Liljebblad	35:10.97	1995
2.	Julie McGee	37:03.46	2003
3.	Christina DeRosa	37:24.87	2006
4.	Cate Dean	37:25.30	1992
5.	Julie Moreau	37:34.30	1992

4 x 100 METERS

1.	Rose Bryan, Raqueil Shelton, Abby Rubino, Shelanda Irish	46.82	1999
2.	Nicole Roberts, Rose Bryan, Melanie Bell, Shelanda Irish	47.21	1996
3.	Jamie Hedgecock, Anya Forrest, Raqueil Shelton, Shelanda Irish	47.32	1998
4.	Anya Forrest, Emma Gardiner, Rose Bryan, Nicole Roberts	47.41	1995
5.	Emma Gardiner, Melanie Bell, Raqueil Shelton, Shelanda Irish	47.45	1997

4 x 400 METERS

1.	Michelle Cooper, Andrea Comeau, Silifa Kenku, Shelanda Irish	3:47.71	1998
2.	Michelle Cooper, Silifa Kenku, Andrea Comeau, Silifa Irish	3:48.28	1997
3.	Leah Loftis, Kayla Morrison, Susan Goldstein, Barbara Cullinan	3:48.50	1985
4.	Rebecca Donaghue, Andrea Comeau, Silifa Kenku, Shelanda Irish	3:48.56	1998
5.	Susan Goldstein, Kayla Morrison, Barbara Cullinan, Dana Smith	3:49.30	1984

4 x 800 METERS

1.	Kerry Aker, Jen Waeger, Lennice Johnson, Rebecca Johnson	9:01.59	1993
2.	Lee Ann Ambrose, Kelly Liljebblad, Cathy Crocker, Dana Smith	9:06.10	1991
3.	Lee Ann Ambrose, Lennice Johnson, Rebecca Johnson, Kerry Aker	9:07.69	1992
4.	Kerry Aker, Kelly Liljebblad, Lennice Johnson, Rebecca Johnson	9:07.95	1992
5.	Rebecca Johnson, Lee Ann Ambrose, Shana Smith, Cathy Crocker	9:08.17	1990

SPRINT MEDLEY RELAY

1.	Melanie Bell, Yves Amazan, Nicole Roberts, Rebecca Donaghue	4:03.55	1996
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DISTANCE MEDLEY RELAY

1.	Kristin Cisowski, Shelanda Irish, Melissa Henderson, Nicole Way	11:52.29	1999
2.	Maureen O'Reilly, Barbara Cullinan, Leah Loftis, Sarah Kitchell	12:03.80	1985
3.	Maureen O'Reilly, Leah Loftis, S. Anderson, Caroline Gardiner	12:04.00	1982

Bold indicates current UMass athlete



**2006 ECAC Qualifying Standards
Outdoor Track and Field**

Running Events

Event	Standard (FAT)	Standard (H)
100 M	12.14	
200 M	24.84	
400 M	56.74	56.5
800 M	2:11.44	2:11.2
1500 M	4:34.44	4:34.2
Mile	4:54.25	4:54.0
3000 M	9:56.24	9:56.0
3000 M Stpch	10:55.04	10:54.8
5000 M	17:32.14	17:31.9
10,000 M	37:40.00	37:40.00
100 MH	14.44	14.2
400 MH	1:02.64	1:02.64
4 x 100 M	48.34	48.1
4 x 400 M	3:52.84	3:52.6
4 x 800 M	9:16.24	9:16.0

Field Events

Event	Standard (Metric)
High Jump	1.70m
Long Jump	5.80m
Triple Jump	11.70m
Pole Vault	3.65m
Shot Put	13.60m
Discus	42.00m
Javelin	40.50m
Hammer	48.50m
Heptathlon	4530

**NCAA Women's Outdoor Track and Field
2006 Regional Qualifying Standards**

Event	FAT	MT	Altitude Adjustment 3k-5,999/6k+
100 Meters	11.75	--	+.03/+.07
200 Meters	23.96	--	+.07/+.14
400 Meters	54.61	54.3	+.11/+.21
800 Meters#	2:09.80	2:09.5	
1500 Meters#	4:27.80	4:27.5	
Mile#	4:49.60	4:49.3	
3,000-Meter Steeplechase#	10:50.25	10:50.0	
5000 Meters#	16:52.00	16:51.7	
10,000 Meters# - Auto	33:55.00	33:54.7	
10,000 Meters# - Prov	35:00.00	34:59.7	
100-Meter Hurdles	13.92	--	+.04/+.08
400-Meters Hurdles	1:00.82	1:00.5	+.11/+.21
400-Meter Relay	45.70	45.4	+.12/+.28
440-Yard Relay	45.90	45.6	+.12/+.28
1,600-Meter Relay	3:42.00	3:41.7	+.44/+.84
Mile Relay	3:43.20	3:42.9	+.44/+.84
	Metric		
High Jump	1.75		
Pole Vault	3.80		
Long Jump	5.97		
Triple Jump	12.32		
Shot Put	14.30		
Discus	47.30		
Javelin	43.45		
Hammer	54.15		
Heptathlon – Auto	5,500 points		
Heptathlon - Prov	5,000 points		

- Altitude adjustment available