



**MEN'S
CROSS COUNTRY
RECORD BOOK**

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Atlantic 10 Cross Country Yearly Finishes

1980

1.	Rutgers	19
2.	UMass	55
3.	Rhode Island	85
4.	Pittsburgh	97
5.	West Virginia	109
6.	St. Bonaventure	188
7.	Duquesne	205

1981

1.	Rutgers	24
2.	West Virginia	62
3.	UMass	67
4.	Rhode Island	84
5.	Pittsburgh	150
6.	St. Bonaventure	188
7.	Duquesne	191

1982

1.	Penn State	30
2.	Saint Joseph's	57
3.	Rutgers	80
4.	West Virginia	85
5.	UMass	116
6.	Rhode Island	134
7.	Temple	199
8.	St. Bonaventure	254
9.	Duquesne	264

1983

1.	West Virginia	17
2.	Penn State	55
3.	Saint Joseph's	84
4.	UMass	105
	Rutgers	105
6.	Temple	181
7.	Duquesne	204

1984

1.	West Virginia	15
2.	Penn State	42
3.	Saint Joseph's	89
4.	UMass	106
5.	Temple	135
6.	Rutgers	160
7.	Rhode Island	208

1985

1.	West Virginia	30
2.	Penn State	61
3.	UMass	81
4.	Saint Joseph's	91
5.	Rhode Island	130
6.	Rutgers	148
7.	Temple	153
8.	St. Bonaventure	259

1986

1.	Penn State	27
2.	West Virginia	58
3.	UMass	68
4.	Saint Joseph's	103
5.	Rutgers	135
6.	Rhode Island	158
7.	St. Bonaventure	214
8.	Duquesne	236

1987

1.	Penn State	21
2.	UMass	54
3.	Rutgers	86
4.	West Virginia	95
5.	Saint Joseph's	107
6.	St. Bonaventure	200
7.	Rhode Island	220
8.	Duquesne	227

1988

1.	Penn State	25
2.	UMass	36
3.	West Virginia	84
4.	Rutgers	122
5.	Rhode Island	155
6.	St. Bonaventure	198
7.	Duquesne	207

1989

1.	Penn State	19
2.	West Virginia	64
3.	UMass	71
4.	Saint Joseph's	101
5.	Rhode Island	144
	Rutgers	144
7.	St. Bonaventure	225
8.	Duquesne	243

1990

1.	Penn State	19
2.	Saint Joseph's	64
3.	UMass	65
4.	West Virginia	84
5.	Rutgers	148
6.	Rhode Island	207
7.	Duquesne	213
8.	St. Bonaventure	226

1991

1.	West Virginia	34
2.	UMass	62
3.	Rutgers	90
4.	Rhode Island	93
5.	Saint Joseph's	101
6.	Duquesne	131
7.	George Washington	190
8.	St. Bonaventure	248

1992

1.	Saint Joseph's	29
2.	West Virginia	48
3.	UMass	61
4.	Rutgers	119
5.	George Washington	140
6.	Rhode Island	160
7.	St. Bonaventure	217

1993

1.	West Virginia	24
2.	Saint Joseph's	55
3.	UMass	72
4.	George Washington	115
5.	Duquesne	117
6.	Rutgers	132
7.	St. Bonaventure	214
8.	Rhode Island	inc.

1994

1.	West Virginia	35
2.	UMass	73
3.	Saint Joseph's	75
4.	Duquesne	115
5.	George Washington	123
6.	Rutgers	140
7.	Rhode Island	175
8.	St. Bonaventure	255

1995

1.	UMass	42
2.	Virginia Tech	60
3.	Saint Joseph's	61
4.	La Salle	107
5.	Dayton	145
6.	George Washington	189
7.	Duquesne	201
8.	Fordham	202
9.	Xavier	217
10.	Rhode Island	295
11.	St. Bonaventure	343

1996

1.	Virginia Tech	28
2.	Saint Joseph's	58
3.	UMass	62
4.	La Salle	110
5.	Dayton	153
6.	Rhode Island	180
7.	George Washington	203
8.	Fordham	213
	Duquesne	213
10.	Xavier	223
11.	St. Bonaventure	362

1997

1.	Virginia Tech	19
2.	La Salle	67
3.	Saint Joseph's	84
4.	Rhode Island	139
5.	UMass	144
6.	Dayton	163
7.	Duquesne	174
8.	George Washington	183
9.	Fordham	220
10.	Xavier	279
11.	St. Bonaventure	326

1998

1.	Saint Joseph's	29
2.	Virginia Tech	69
3.	La Salle	92
4.	Rhode Island	103
5.	UMass	157
6.	Dayton	172
7.	Duquesne	180
8.	Fordham	181
9.	George Washington	224
10.	Xavier	283
11.	St. Bonaventure	338

1999

1.	La Salle	35
2.	Virginia Tech	70
3.	Saint Joseph's	94
4.	UMass	137
5.	Rhode Island	156
6.	Duquesne	158
7.	Fordham	196
8.	Dayton	197
9.	Xavier	217
10.	George Washington	224
11.	St. Bonaventure	360

2000

1.	Saint Joseph's	27
2.	La Salle	44
3.	Duquesne	75
4.	UMass	89
5.	Rhode Island	155
6.	Fordham	165
7.	Dayton	174
8.	George Washington	188
9.	Xavier	261
10.	St. Bonaventure	261

2001

1.	La Salle	16
2.	Saint Joseph's	52
3.	UMass	80
4.	Duquesne	99
5.	George Washington	174
6.	Fordham	175
7.	Dayton	191
8.	Richmond	224
9.	Rhode Island	244
10.	Xavier	257
11.	St. Bonaventure	365

2002

1.	LaSalle	19
2.	Saint Joseph's	69
3.	Duquesne	80
4.	Dayton	135
5.	George Washington	157
6.	UMass	158
7.	Xavier	179
8.	Richmond	180
9.	Fordham	240
10.	Rhode Island	299
11.	St. Bonaventure	341

2003

1.	La Salle	29
2.	Saint Joseph's	68
3.	Duquesne	109
4.	Richmond	112
5.	Dayton	117
6.	George Washington	184
7.	UMass	191
8.	Xavier	198
9.	Rhode Island	218
10.	Fordham	235
11.	St. Bonaventure	362

2004

1.	La Salle	49
2.	Duquesne	57
3.	Xavier	106
4.	Richmond	143
5.	UMass	146
6.	Fordham	159

7.	Dayton	176
8.	Saint Joseph's	193
9.	Rhode Island	219
10.	George Washington	259
11.	St. Bonaventure	354

2005

1.	Duquesne	44
2.	La Salle	55
3.	Charlotte	47
4.	Saint Joseph's	111
5.	Richmond	155
6.	UMass	167
7.	Xavier	184
8.	Dayton	185
9.	Fordham	198
10.	George Washington	292
11.	Saint Louis	310
12.	Rhode Island	334
13.	Temple	434
14.	St. Bonaventure	453

2006

1.	La Salle	52
2.	Duquesne	83
3.	UMass	99
4.	Richmond	101
5.	Charlotte	104
6.	Saint Joseph's	120
7.	Fordham	166
8.	Dayton	213
9.	Xavier	235
10.	George Washington	246
11.	Rhode Island	326
12.	Saint Louis	330
13.	Temple	345
14.	St. Bonaventure	469

2007

1	La Salle	37
2.	Richmond	54
3.	Duquesne	91
	UMass	91
5.	Saint Joseph's	164
6.	Dayton	199
7.	George Washington	210
8.	Xavier	221
9.	Charlotte	222
10.	Fordham	270
11.	Temple	298
12.	Saint Louis	310
13.	Rhode Island	349
14.	St. Bonaventure	465

2008

1.	UMass	75
2.	Duquesne	76
3.	Richmond	111
4.	Charlotte	115
5.	La Salle	122
6.	Dayton	130
7.	Saint Joseph's	132
8.	Xavier	184
9.	Temple	275
10.	Fordham	283
11.	George Washington	313
12.	Saint Louis	333
13.	Rhode Island	378
14.	St. Bonaventure	455

2009

1.	Saint Joseph's	56
2.	UMass	67
3.	Dayton	70
4.	La Salle	119
5.	Temple	120
6.	Duquesne	167
7.	Charlotte	171
8.	Richmond	203
9.	Xavier	239
10.	George Washington	279
11.	Saint Louis	313
12.	Fordham	333
13.	Rhode Island	381
14.	St. Bonaventure	469

2010

1.	Richmond	51
2.	Duquesne	64
3.	UMass	112
4.	Dayton	116
5.	La Salle	133
6.	Xavier	147
7.	Saint Joseph's	174
8.	Temple	192
9.	Fordham	223
10.	Charlotte	237
11.	George Washington	325
12.	Saint Louis	352
13.	Rhode Island	383
14.	St. Bonaventure	455

Atlantic 10 Cross Country Champions

Year	Team Champion	Score	Individual Champion	Time
2010	Richmond	51	Andrew Benford (UR)	24:12
2009	Saint Joseph's	56	Chris Lemon (UD)	26:13.3
2008	Massachusetts	75	Adu Dentamo (CHA)	24:01.9
2007	La Salle	37	Tom Slosky (DUQ)	25:39.0
2006	La Salle	52	Sean Quigley (LAS)	24:39.90
2005	Duquesne	44	Sean Quigley (LAS)	24:28.9
2004	La Salle	24	John Ciccarella (UR)	25:30
2003	La Salle	29	Andre Laboy (SJU)	24:46.7
2002	La Salle	19	Todd Witzleben (LAS)	25:22
2001	La Salle	16	Todd Witzleben (LAS)	25:00.3
2000	Saint Joseph's	27	Karl Savage (SJU)	24:52
1999	La Salle	35	Chris Seaton (VT)	25:01.0
1998	Saint Joseph's	29	John Williams (SJU)	25:13
1997	Virginia Tech	19	Matt Zacharias (VT)	25:34.7
1996	Virginia Tech	28	Matt Byrne (SJU)	25:24.7
1995	Massachusetts	42	Matt Byrne (SJU)	25:23.54
1994	West Virginia	35	Mike Dudley (WVU)	25:15
1993	West Virginia	24	Bob Donker (WVU)	26:08.91
1992	Saint Joseph's	29	Bob Donker (WVU)	25:05.82
1991	West Virginia	34	Bob Donker (WVU)	25:37.32
1990	Penn State	19	Mark Wimmer (PSU)	25:18.4
1989	Penn State	19	Jeff Novak (PSU) Doug Walter (PSU)	25:18
1988	Penn State	25	Brian Laird (PSU)	24:48.6
1987	Penn State	21	Eric Carter (PSU)	24:46
1986	Penn State	27	Eric Carter (PSU)	23:51
1985	West Virginia	30	Jean-Pierre Ndayisenga (WVU)	23:42.7
1984	West Virginia	15	Jean-Pierre Ndayisenga (WVU)	25:13.5
1983	West Virginia	17	Steve Taylor (WVU)	25:51
1982	Penn State	30	Jeff Adkins (PSU)	26:04.7
1981	Rutgers	24	Jim Casey (RU)	31:32
1980	Rutgers	19	Tony Uzwiak (RU)	24:38
1979	Villanova	23	Kip Korir (VU)	25:49.2
1978	Penn State	28	Sydnee Maree (VU)	25:19.0

Cross Country All-Time Award Winners

Cross Country All-Americans

1977	Stetson Arnold
	Michael Quinn
1976	Michael Quinn
1975	John McGrail
1974	William Gillin
	Randy Thomas

Atlantic 10 Cross Country Coach of the Year

2008	Ken O'Brien
1995	Ken O'Brien

Most Outstanding Rookie Cross Country Performer

2002	Andre Laboy
1998	Kevin Curtin

Atlantic 10 Cross Country All-Conference

2010	Kevin Johnson (12th)
	David Johnson (13th)
2009	Kevin Johnson (7th)
	Andrew McCann (10th)
	Zachary Gordon (14th)
2008	Jonathan Pierce (9th)
	Nils Fischer (11th)
2007	Andrew McCann (7th)
	Jesse Regnier (13th)
2006	Nils Fischer (9th)
2001	Michael Pieck (9th)
1997	Ryan Carrera (10th)
1996	Jonathan Way (5th)
	Matthew Behl (10th)
1995	Michael Maceiko (3rd)
	Matthew Behl (4th)

	Jonathan Way (8th)
1994	Matthew Behl (7th)
	Michael Maceiko (9th)
1992	Matt Simon (5th)
1991	Matt Simon (6th)
	Patrick Reed (9th)
1990	Jon Corso (7th)
	Tom Degnan (8th)
1989	Arthur Smith (4th)
	Jon Corso (8th)
1988	Keirnan Boyle (3rd)
	Joe Milette (4th)
	Tom Degnan (6th)
	Herb Heffner (9th)
1987	Keirnan Boyle (5th)
	Joe Milette (10th)
1986	Bill Stewart (5th)
1985	John Panaccione (6th)
1983	Rodney LaFlamme (8th)
1982	Rick Dolron (3rd)
1981	Paul Beaulieu (5th)
	Chris Omeltchenko (10th)
1980	Chris Omeltchenko (6th)
	Mike Dioron (8th)
1978	Michael Quinn (8th)

Atlantic 10 Cross Country Student-Athlete of the Year

2007	Jesse Regnier
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Atlantic 10 Cross Country Academic All-Conference

2009	Kevin Jonnson
2008	Kevin Johnson
2007	Andrew McCann
2007	Jesse Regnier
2006	Ryan Durkin

2005	Matt Clark
2004	Matt Clark
2004	Andrew McCarron
1996	Jonathan Way
1995	Jonathan Way
1992	Patrick Reed
1990	Jonathan Corso

Atlantic 10 Weekly Award Winners Performer of the Week

2009	Jonathan Pierce (10/12)
2008	Andrew Mulvaney (10/13)
2006	Jesse Reigner (10/9)
2005	Nils Fischer (10/10)
2004	Ryan Corbett (10/11)
	Nils Fischer (10/25)
2001	Michael Pieck (9/10)
1994	Theodore Towse (9/11)
1993	Ethan Nadeau (9/26)
1992	Matt Simon (9/27)
1991	Kevin Greenhalgh (10/20)

Rookie of the Week

2007	Kris Carle (10/8)
2006	Nicolai Naranjo (9/25), (10/9)
2004	Nils Fischer (10/11), (10/25)
1988	Kevin Curtin (10/19)
1993	Matthew Behl (9/26)
1992	Tim Boilard (10/18)
1991	Rick Copley (10/20)