

DAILY SCHEDULE

Upon arrival at the Western Massachusetts Hockey School, each player will be assigned to either Group I or Group II for the entire week. These two groups are assembled based on the age and skill level of each player.

Sample Day Camp Schedule

Schedule A

9:00-10:30am	On ice instruction
10:45-11:30am	Off ice athletics
11:30-12:15pm	Lunch
12:30-2:00pm	On ice instruction
2:30-3:45pm	Classroom/Lecture
3:45pm	Dismissal

Schedule B

9:00-10:30am	Off ice athletics
10:45-12:15pm	On ice instruction
12:15-1:00pm	Lunch
1:00-2:00pm	Classroom/Lecture
2:15-3:45pm	On ice instruction
3:45pm	Dismissal

	<u>Group I</u>	<u>Group II</u>
Monday:	Schedule A	Schedule B
Tuesday:	Schedule B	Schedule A
Wednesday:	Schedule A	Schedule B
Thursday:	Schedule B	Schedule A
Friday:	Schedule A Game 12:30pm	Schedule B Game 2:15pm

WESTERN

MASS

HOCKEY

SCHOOL

WESTERN MASSACHUSETTS HOCKEY SCHOOL



Directed by:

Don Cahoon
Head Hockey Coach
University of Massachusetts

August 11-15, 2008

at

William D. Mullins Center

**On the campus of the
University of Massachusetts
Amherst, MA**

Ages 7-15

2008
WESTERN MASSACHUSETTS HOCKEY
SCHOOL
—Application Form—

Last Name _____ First Name _____

Address _____

City/State/Zip _____

Home Telephone _____

Day Telephone _____

Email Address _____

Birthdate _____ Next Level of Hockey _____

Height _____ Weight _____

Position:

- Forward Years of Skating _____
 Defense
 Goaltender Years of Travel Hockey _____

Team: _____

Signature of Parent/Guardian who agrees with terms/conditions outlined in brochure.

First Name Last Name

(Print Parent Name)

Payment Method (please check one):

- Visa
 Mastercard
 Check Enclosed

Card Number: _____

Exp. Date: _____

Amount to be charged: \$ _____

Cardholder's Signature _____

Total Amount Enclosed: _____

Mail completed application and payment to:

Western Mass Hockey School
200 Commonwealth Avenue / 307 Mullins Center
Amherst, MA 01003

Additional information will be sent upon receipt of application.

CAMP PROGRAM (AUGUST 11 – 15, 2008)

The Western Mass. Hockey School welcomes hockey players of all abilities, ages 7 to 15. The primary focus of this day camp will be on speed and skill development. The CHA has adopted three main goals. *The first is that hockey has to be fun. If this is achieved, all other aims will fall into place. The second goal is to maximize the individual potential of each player through well founded scientific, physiological, and psychological precepts. The third goal is to encourage respect for others-without which there can be no success.* All on ice and off ice curriculums are professionally prepared and designed to elevate the play of each participant.

DAILY PROGRAM FEATURES

- **Three hours of on ice instruction**
- **Classroom and lecture sessions**
- **Off ice athletic activities**
- **1:8 Coach to Camper ratio**

FACILITIES

The Western Mass. Hockey School is a day camp held at the Mullins Center in Amherst, MA. The Mullins Center is one of the finest facilities in Western MA, if not the entire Northeast. Located on the University of Massachusetts campus, the Mullins Center serves as home to the UMass Minuteman Hockey Program. All activities will begin at the Mullins Center or one of the many grass surfaces located near the Mullins Center.

MEDICAL INFORMATION

A certified athletic trainer will be on site at all camp sessions. Medical facilities are available on campus in case of emergency.

All campers MUST have their OWN health insurance.

INFORMATION

For further information call the UMass Hockey Office at (413) 545-4353. This camp brochure can also be found on our website at www.umassathletics.com. Go to the Men's Hockey site and the Western Massachusetts Hockey School icon is located on the right side.

TUITION \$350.00 per camper

We request that completed applications be accompanied by **payment in full** or a **\$100.00 deposit** with half of the remaining balance **due by May 15** and the remainder of the camp tuition **due by July 15**.

Checks made payable to: **Western Mass Hockey School**

Campers are asked to bring their own lunches.

CANCELLATION/RETURNED CHECK POLICY

All requests for cancellations must be made in writing to Western Mass Hockey School. All monies paid, with the exception of a \$50 administrative fee, will be refunded if the written request is made at least three weeks prior to the start of camp. *No refunds will be given less than two weeks prior to the camp, and there will be a \$25 surcharge on all returned checks.*

CAMP STAFF

Don Cahoon

Head Coach, University of Massachusetts

- 2003 Hockey East Coach of the Year
- 1997-98 **ECAC Champions**
- 1994-95 & 1997-98 NCAA Coach of the Year Finalist
- 1994-95 ECAC Coach of the Year Finalist
- Coached Princeton to the 1995 ECAC Championship Game in Lake Placid
- Assistant Coach of the 1995 U.S. Junior National Team
- Served as Head Coach at Lehigh University, Norwich University, Austria Ice Club in Vienna, and the 1990 U.S. Select 16 Team.
- Served as an Assistant Coach at Boston University, University of Lowell, and the U.S. Junior National Team.
- Played on two **NCAA Championship Teams (1971 & 1972)** at Boston University and served as Assistant Coach at BU with the 1978 **NCAA Championship Team**.
- Member of the 1972 silver medallist U.S. National Team.

Len Quesnelle

Assistant Coach, University of Massachusetts

- Fourth season as Assistant Coach with the Minutemen
- Served as Head Coach at Princeton University from 2000 to 2004
- The only Head Coach in Princeton Hockey history to have consecutive winning seasons in the ECAC
- Spent 12 years as Assistant Coach at Princeton University
- Served as an Assistant Coach for 9 years on Coach Cahoon's Princeton staff
- 1988 All-Ivy League Defenseman for Princeton University
- Recipient of the Class of 1941 Championship Award

Dennis "Red" Gendron

Assistant Coach, University of Massachusetts

- Third season as Assistant Coach with the Minutemen
- Spent past 17 years coaching at the collegiate, junior, and pro levels
- Served as scout and Assistant Coach for the New Jersey Devils
- Won a Stanley Cup with the Devils in 1995
- Served as an assistant coach at the University of Maine when they won the 1993 NCAA Championship
- Served as assistant coach for Team USA during the 1993, 2001, and 2002 World Junior Championships
- 2006 recipient of the Walter Yaciuk Award given out by USA Hockey

Brian Phinney - Graduate Assistant, University of Massachusetts

- Graduate Assistant for the 2007-08 Minutemen Hockey team
- Played professional hockey in Sweden 2005 - 2007
- Played college hockey and lacrosse at Middlebury College
- Won an NCAA Div. III Championship in lacrosse (2002) and two NCAA Div. III Championships in hockey (2004 and 2005)
- Named First Team Div. III All-American in hockey (2005)