

Upper Iowa University Athletic Training Education Program 4-year Course Sequence

Freshmen Year			Junior Year		
Fall Term I			Fall Term I		
ID 119	Wellness Strategies	2	HPER 408	Therapeutic Modalities	3
BIO 100	General Biological Science	3	HPER 490	Clinical Work Practicum IV	0
BIO 101	General Biological Sciences Lab	1		General Education	3
		6			6
Fall Term II			Fall Term II		
HPER 102	First Aid/CPR/AED Programs	2	HPER 455	Therapeutic Reconditioning	3
	General Education	3	HPER 490	Clinical Work Practicum IV	3
	General Education	3		General Education	3
		8			9
	Fall Total	14		Fall Total	15
Spring Term I			Spring Term I		
HPER 144	Introduction to Athletic Training	3	HPER 305	Kinesiology	3
HPER 115	Clinical Work Practicum I	0	HPER 491	Clinical Work Practicum V	0
	General Education	3		General Education	3
		6			6
Spring Term II			Spring Term II		
PSY 190	General Psychology	3	HPER 302	Exercise Physiology	3
HPER 115	Clinical Work Practicum I	3	HPER 491	Clinical Work Practicum V	3
	General Education	3	HPER 318	Psychology or Exercise & Sport	3
		9			9
	Spring Total	15		Spring Total	15
	Freshmen Total	29		Junior Total	30
Sophomore Year			Senior Year		
Fall Term I			Fall Term I		
BIO 270	Human Anatomy & Physiology I	4	HPER 375	Organization and Administration in Athletic Training	3
HPER 215	Clinical Work Practicum II	0	HPER 492	Clinical Work Practicum VI	0
HPER 223	Child, Family Health and Nutrition	3		Elective	3
		7			6
Fall Term II			Fall Term II		
BIO 275	Human Anatomy & Physiology II	4	HPER 309	Sport & Exercise Pharmacology	3
HPER 215	Clinical Work Practicum II	3	HPER 492	Clinical Work Practicum VI	3
HPER 223	General Education	3		Elective	3
		10			9
	Fall Total	17		Fall Total	15
Spring Term I			Spring Term I		
HPER 332	Athletic Injury Assessment – LE	3	HPER 493	Clinical Work Practicum VII - Optional	0
HPER 415	Clinical Work Practicum III	0		Elective	3
	General Education	3		Elective	3
		6			6
Spring Term II			Spring Term II		
HPER 333	Athletic Injury Assessment – UE	3	HPER 493	Clinical Work Practicum VII – Optional	3
HPER 415	Clinical Work Practicum III	3		Elective	3
	General Education	3		Elective	2
		9			9
	Spring Total	15		Spring Total	15
	Sophomore Total	32		Senior Total	29