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ATHLETICS DEPARTMENT MISSION STATEMENT

The primary mission of UCSB is teaching, research, and public service. An essential component of this mission is the development of the full potential of UCSB students in both academic and non-academic settings. The Intercollegiate Athletics Program (ICA) plays a major role in achieving this goal since its student-athletes integrate intercollegiate competition with UCSB’s internationally recognized academic programs. UCSB places the highest priority on the academic progress of student-athletes.

Intercollegiate Athletics is intended to foster a sense of community among faculty, staff, and students on campus and to help provide a focus for friends, alumni, and supporters.

UCSB expects its Intercollegiate Athletics teams to strive for an excellence commensurate with the excellence achieved by its strongest academic departments. Specifically, UCSB teams should be contenders for conference and national championships.

UCSB expects its Intercollegiate Athletics Program to provide equivalent competitive opportunities for men and women in a variety of sports.

The Intercollegiate Athletics Program at UCSB is bound by policies and procedures of the NCAA and rules of the conferences and associations of which it is a member.

GENDER EQUITY

Title IX is the federal law that prohibits sex discrimination by universities that receive federal funds. The prohibition covers all aspects of the campus’ programs, including admissions, treatment of students, employment, and athletics. In athletics, Title IX requires equal access to the program for both men and women, as well as overall equal treatment of male and female participants.
The Office for Civil Rights (known as the “OCR”) within the U.S. Department of Education enforces Title IX. It has described three tests pursuant to which an athletic program can establish that it is in compliance. A program that meets any one of the three tests is considered to be in compliance with Title IX’s requirement of equal access.

To establish compliance under one of the three tests, an athletic program must show: 1) that male and female students are provided with intercollegiate participation opportunities at rates substantially proportionate to their respective rates of enrollment, or 2) that it has a history and continuing practice of program expansion for the underrepresented sex, or 3) that it has fully and effectively accommodated the interests and abilities of the underrepresented sex.

Title IX does not require an athletic program to provide the same overall funding to men’s and women’s programs, the same funding to men’s and women’s teams in the same sport, the same specific benefits, specific numbers of teams, or the same sports for men and women. It does require equal opportunity for male and female students to participate in the program and equivalent treatment of participants in the overall women’s program as compared to the overall men’s program.

UCSB has a proud tradition in both men’s and women’s sports. If you have a question or concern about the campus’ compliance, please feel free to raise it with your coach or Executive Associate Athletics Director, Diane O’Brien, or Title IX Officer, Ariana Alvarez.

INTRODUCTION

This handbook is provided to every student who participates in intercollegiate athletics at UC Santa Barbara. It describes the policies and regulations that govern UCSB’s intercollegiate athletics program and assists you in answering questions about your intercollegiate athletics participation.
As a student participating in our athletics program you represent the University of California, Santa Barbara at all times and we expect you to observe its rules, spirit and customs. Head coaches may set additional rules that govern their particular sport in regards to training and competition. Athletes engaging in disruptive or illegal behavior could be subject to disciplinary action by the UCSB Athletics Department.

**SPORTSMANSHIP**

**The Gaucho Way**

As a championship-caliber program, UCSB Athletics recognizes the responsibility that goes with it. This simply means all student-athletes, staff, and fans will behave with a champion's approach, creating a safe environment at games and events. All of those who attend, compete, or work at Gaucho events are caretakers of the passionate, exciting, and great experience UCSB is known for. This is "The Gaucho Way."

The UCSB Department of Athletics reminds students, student-athletes, coaches, staff, and fans (home and visitors) that displaying good sportsmanship is mandatory at athletics events. One of the components of achieving national success on the fields and courts - year in, year out - is to have a loud and passionate, yet respectful and courteous atmosphere at games. We at UCSB take this responsibility seriously. Our student-athletes will compete and win in The Gaucho Way, with class and pride. They understand and appreciate that the support of our students and fans is a major part of their success. When they are putting The Gaucho Way into practice on the field or the court, our fans, and those of our opponents, will practice The Gaucho way in the stands as well.

In general, The Gaucho Way means treating others fairly and with respect, and expecting the same in return. We win with class and dignity and we will treat the opponents with class and dignity. The Gaucho Way is about setting the standard and being a leader, not a follower.
Big West Conference Sportsmanship Statement

The Big West Conference recognizes that student-athletes who participate in intercollegiate athletics carry a heavy responsibility for displaying characteristics that promote integrity and civility within our society. Whether you wish to accept it or not, as a student-athlete you are a role model for young boys and girls who look to your accomplishments with admiration.

Therefore, as a student-athlete at a Big West Conference member institution, you are expected to conduct yourself in the arena of athletics competition with fairness, honesty, and responsibility and to treat your opponents with civility and respect. In this regard, such currently popular tendencies as "trash talking", finger pointing, or unprovoked acts of physical violence will not be tolerated.

While the NCAA, through several recent sports rules changes, has addressed the issue of sporting behavior, it needs to be noted that the Big West Conference has in the past and will in the future not hesitate to act beyond the current NCAA minimum provisions to assure good sporting behavior from its student-athletes. With the reading of this statement, all participants in a Big West Conference championship sport are hereby notified that should they not conduct themselves in athletic competition by the high standards of sporting behavior required by the conference, they will face possible penalties above and beyond what is mandated by NCAA rules. Such penalties may be suspension from one or more contest(s) as deemed by the conference commissioner.

STUDENT-ATHLETE CONDUCT

The University of California, Santa Barbara Intercollegiate Athletics Department requires coaches and staff to conduct themselves in a manner which creates a positive image of the people, values and traditions associated with the University and the NCAA. As a student-athlete, you are expected to uphold the
same standard of conduct that has been adopted by the Department and the University.

**Student-Athlete Personal Conduct**

By joining the University of California, Santa Barbara’s Intercollegiate Athletics program, you have become a representative not only of your team, but of the University. Upon entering UCSB you will have the freedom to manage your lifestyle to a far greater degree than you have experienced in the past. Therefore, it is essential that this freedom be handled in a responsible manner so as not to jeopardize your opportunity to obtain maximum results from your college experience. Demonstrating sound moral and ethical judgment in your personal conduct is important. You are expected to conduct yourself both on and off campus in a manner which brings credit to the University and your team. Be aware of the image you are creating - is the impression you are making on fellow students and professors a positive one?

In addition, because of the special time and energy required for successful athletics participation, it is imperative that you, as a student-athlete, budget your time wisely and establish sound objectives and priorities. Experienced student-athletes have found that the only way to attend classes, practices, meetings, study table, prepare out-of-class assignments and still have some time for themselves is to be organized and create an effective schedule. It is much easier to begin strong and keep up with assignments than spend your time and efforts playing “catch up” on course work.

Finally, student-athletes must realize that personal appearance is a direct reflection of oneself. Take an interest in how you appear, especially when traveling with your team. The dress code for each team varies. Your head coach will let you know if a specific dress code is required. Use good judgment concerning the appropriateness of your attire, taking into consideration the location and function you are attending. Understand that you are a highly visible representative of the University and as such you are responsible for exercising good judgment in your overall appearance.
General Student Misconduct

Once registered at the University of California, Santa Barbara you are expected to conform to all federal, state and local laws, as well as University of California regulations as described in the University of California, Santa Barbara Campus Regulations applying to Campus Activities, Organizations, and Students. The URL is: http://www.sa.ucsb.edu/regulations/. As a student-athlete you are in no way exempted from penalty if you violate these laws and regulations. All students penalized for violating public laws may incur further penalty by University authorities if their actions also violate University rules. In addition, student-athlete actions are subject to NCAA, Big West Conference and Mountain Pacific Sports Federation regulations.

Student misconduct includes, but is not necessarily limited to, the following actions:

- Physical abuse or the threat of physical abuse toward any person.
- Theft and accessory to theft.
- Unauthorized entry and accessory to unauthorized entry.
- Use, possession, sale, manufacture or attempted manufacture of narcotics, illegal drugs, controlled substances, dangerous weapons, explosives and/or firearms.
- Gambling or bribery.
- All forms of academic dishonesty such as cheating, plagiarism, forgery of University documents or altering the grade of a corrected examination.
- Violation of University policies, campus regulations or rules governing residence in University housing facilities.
- Defacement of property.
- Intentional disruption or obstruction of teaching.
- Participation in a disturbance of public peace or unlawful assembly.
- Rape, sexual assault or sexual harassment.
- Disorderly and/or lewd conduct, including disorder associated with drunkenness.
- Failure to comply with lawful directions of University officials.
- Alcohol abuse.
• Stalking behavior in which an individual willfully, maliciously, and repeatedly engages in a knowing course of conduct directed at a specified person which reasonably and seriously alarms, torments or terrorizes the person, and which serves no legitimate purpose.

• Unauthorized entry to, possession of, receipt of, duplication of, or use of the University’s name, insignia, seal, properties, equipment, resources, or services.

**Student-Athlete Misconduct**

While participating in intercollegiate athletics competitions, practices, functions or road trips, student-athletes are expected to demonstrate good conduct. Your coach will instruct you in positive techniques for communicating with officials and opponents. You will be educated on how to react to the aggressive and unsportsmanlike actions of others.

The UC Santa Barbara Athletics Department enforces its guidelines related to acceptable conduct and imposes sanctions if unacceptable conduct is observed. You must avoid actions which constitute unacceptable behavior. Some of those behaviors are as follows:

• Physical or verbal abuse of an official, coach, athlete or spectator.
• Throwing objects at individuals, spectators, or across an event venue.
• Seizing equipment or cameras from officials or the news media.
• Inciting players or spectators to violent action or any behavior which insults or defiles an opponent’s traditions.
• Directing obscene or inappropriate language or gestures to officials, opponents, team members, spectators or members of the media.
• Any action which violates generally recognized intercollegiate athletics standards, team rules, or the values and standards associated with UC Santa Barbara, as specified by your coach and approved by the Athletics Director.
Hazing/Team Initiation

The UCSB Athletics Department supports only those activities which are constructive, educational, inspirational, and contribute to the intellectual and personal development of student-athletes. We encourage teams to establish positive team building and leadership activities as a means to build camaraderie and trust.

The practice of hazing as a team initiation rite is strictly prohibited. It is not acceptable and there will be a “zero tolerance” for any such activity.

Hazing includes any method of initiation or pre-initiation into a student organization or any pastime or amusement engaged in with respect to such an organization which causes, or is likely to cause, bodily danger, physical harm, or personal degradation or disgrace resulting in physical or mental harm to any student or other person.

Each head coach is responsible for informing his/her squad, prior to the beginning of each season, of this policy and that violators are subject to suspension from the squad. If the Athletics Department determines that you are in violation of the hazing policy, you will be subject to discipline which may include suspension from the team, expulsion from the team and revocation of scholarship.

Disciplinary Protocol

The intercollegiate programs at UC Santa Barbara set a high standard for commitment, achievement and character. The UCSB students who participate in intercollegiate athletics choose to make sacrifices and accept the responsibility of representing UCSB.

A UCSB student-athlete represents the University of California, Santa Barbara at all times, on and off the playing surface, in and out of season. Appropriate conduct is expected at all times.

Unfortunately, incidents may occur that are contrary to these expectations and tarnish the tradition of excellence that the
athletic department seeks to uphold. Usually these incidents are minor transgressions that can be attributed to isolated, one-time lapses in judgment. On occasion incidents can be more significant, malicious, or repetitive.

Each head coach has the responsibility for establishing behavioral expectations for his/her team. The head coach has the responsibility for addressing violations. The Athletics Department protocol is intended to affirm the authority of the head coach while at the same time establish a base of understanding about appropriate conduct and the minimum outcomes for all student-athletes who violate those standards.

Sanctions can be applied in instances where a report to the Athletics Department identifies an athlete as committing an offense. This process is not designed to be used in situations involving violations of team rules or team alcohol policies by themselves, which clearly fall under the purview of the head coach.

**Student-Athlete Personal Website Posting Policy**

The intercollegiate athletics programs at UCSB set a high standard for commitment, achievement and character. The evolution of technology has allowed external communications and relationships with people throughout the world. Unfortunately, along with this ability has come the downside of having these communications turned against the people who made them, with at times, embarrassing results to the athlete, his/her team and institution.

While the Athletics Department is reluctant to censor anyone, we implore you to be mindful of the material you post to a personal profile and pages on Web sites such as myspace.com or facebook.com. This information is public and therefore offers no expectation of privacy. Given this reality, some executives, as part of the hiring process, and graduate school admissions officers, as part of the admissions process, are reviewing personal Web pages on these sites and making decisions influenced by what they see and read.
Similarly, with the explosion of on-line forums and chat rooms, especially those specific to any number of sports, it is important for you to be very guarded about information that should remain private among team members. Often information is overheard or acquired third-person and then posted to any number of Web sites, and these postings often manifest themselves into widespread media stories. Information such as team injuries, position changes, strategies, road trip information, etc. have found their way into the public domain because of these Web sites.

Use sound judgment and be mindful that the material posted to a Web site, no matter how private it may seem, may become public and be detrimental to your future and damaging to the reputation of your team and the University.

**Alcohol, Tobacco, and Other Drugs**

**UCSB Substance Abuse Policy**

To promote an environment of academic excellence and to comply with the requirements of the Drug-Free Schools and Communities Act and the Drug Free Workplace Act, academic and staff employees and students, including you, as a student-athlete:

- Shall not use illegal substances and shall not abuse legal substances in a manner that impairs scholarly activities, job performance, or student life.
- Shall not use illegal or legal substances in a manner that violates applicable criminal or civil laws in the workplace, on university premises, at university activities, or while conducting university business.
- Are prohibited from the unlawful manufacture, distribution, dispensation, possession or use of alcohol and/or a controlled substance in the workplace, on university premises, at university activities, or while conducting university business.

The complete text of the UC and UCSB Substance Abuse Policies, including information regarding the dangers,
identification, and treatment of substance abuse, can be found at: http://www.sa.ucsb.edu/Policies/SubstanceAbuse.asp.

**Sexual Harassment**

The University of California is committed to creating and maintaining a community in which all persons who participate in University programs and activities can work together in an atmosphere free of all forms of harassment, exploitation, or intimidation, including sexual. Specifically, you and every member of the University community should be aware that the University is strongly opposed to sexual harassment and that such behavior is prohibited both by law and by University policy.

**Non-Discrimination Statement**

The University is committed to a policy against legally impermissible, arbitrary, or unreasonable discriminatory practices, including discrimination on the basis of race, color, national origin, religion, sex, gender identity, pregnancy, disability, age, medical condition (cancer-related), ancestry, marital status, citizenship, sexual orientation, or status as a Vietnam-era veteran or special disabled veteran. This nondiscrimination policy covers admission, access, and treatment in University programs and activities, and application for treatment in University employment. All groups operating under the authority of The Regents, including administration, faculty, student governments, University-owned residence halls and apartments, and programs sponsored by the University or any campus, are governed by the policy. The intent of the University’s policy on nondiscrimination is to reflect fully the spirit of the law. In carrying out this Policy, the University also shall be sensitive to the existence of past and continuing societal discrimination.

**Athletics Department Statement on Intolerance**

The UCSB Athletics Department is committed to creating an educational environment, which is free from intolerance directed toward individuals or groups, and strives to create and maintain an environment that fosters respect for others. The Athletics
Department will provide educational programming and activities for your participation that are aimed at creating an environment in which diversity and understanding of other cultures are valued.

ACADEMIC AND STUDENT SUPPORT SERVICES

Academic Life

The academic experience of student-athletes is of primary importance. While recognizing your dedication to athletic achievement, the University encourages all student-athletes to engage themselves in the pursuit of academic excellence as well. Given the many demands on your time, it is important that you seek out the academic support services of the institution whenever you experience academic problems.

ICA Academic Success Center

The ICA Academic Success Center is located in the ICA Building within the Student Services and Compliance area. Our goal is to create the best environment for academic success for our student-athletes.

ICA Computer Lab

- The Computer Lab is an academic learning environment located within the ICA Academic Success Center. The computers should be used for academic purposes.
- Social networking sites such as Facebook, MySpace, Friendster, Bebo, and Xanga, are prohibited in the Computer Lab.
- Please respect your fellow students by keeping conversations to a minimum.
- Inappropriate behavior or offensive language will not be tolerated.
- Obey all software licensing agreements and/or copyright laws.
- Any machine left unattended for more than 10 minutes may be given to another student-athlete.
Academic Advising

UCSB places the highest priority on your academic progress and provides support systems to assist you in reaching your academic goals. The College of Letters and Science assigns two professional academic advisors and several peer advisors to address the special needs of student-athletes. Questions that require analysis of progress or planning for the future are best addressed through an appointment. Shorter questions can often be answered on a walk-in basis.

Please stop by to see Jack Rivas or Joe O’Brien in Room 1117 Cheadle Hall or call them at (805) 893-3201. Staff and Peer academic advisement is also available in the ICA Academic Success Center at various afternoon and evening hours on a drop-in basis.

Priority Registration

After your initial enrollment at UCSB, you will receive priority registration privileges. Priority registration is granted to you as a student-athlete so that you will have the best opportunity to select courses that best fit your academic and athletic responsibilities. It is extremely important for you to take advantage of priority registration because it is the University’s main attempt to accommodate the time and day limitations of student-athletes because of practice and competition schedules.

Student-Athlete Academic Requirements for Maintaining Eligibility

• Enroll in a minimum of 12 units per quarter at UCSB
• Maintain a minimum 2.00 cumulative grade point average
• Complete a minimum of 36 units in your first academic year and a minimum of 27 in your following years
• Complete minimum percentages of degree requirements each academic year
• Complete at least 6 hours/units each quarter
Declaring Your Major

The NCAA requires that you declare your major by the beginning of your third year of enrollment or your 7th quarter. Academic advisors in the College of Letters and Science can help you with this process. They are also helpful along the way if you need to change your major.

Summer School

Many student-athletes return home for summer and attend their local community colleges. Prior to enrolling in summer school classes at an institution other than UCSB, you must get those classes approved by Jack Rivas or Joe O’Brien in the College of Letters and Science. This will ensure that NCAA academic requirements will be met for your continued athletic eligibility.

Campus Learning Assistance Services for Student-Athletes (CLAS)

Campus Learning Assistance Services (CLAS) assists students in their mastery of University course material through course-specific tutoring and academic skills development. CLAS services complement University instruction and lead to increased understanding and improved performance. CLAS is committed to working collaboratively with faculty, teaching assistants, administrators, staff, and students to sustain a rich academic support environment.

CLAS can help you develop your study skills and master course content in one-to-one or group sessions. In addition to instructional groups in Economics, Science, Math and Statistics, drop-in labs in Economics, Foreign Language, Math, Science and Writing, CLAS also offers services specifically for student-athletes.

• CLAS will assign a tutor to you for up to 10 hours per quarter per course.
• Student-athletes enrolled in the same course can request to be tutored as a group.
• Tutors hold office hours in the Academic Performance Center in the ICA Building.

CLAS services may vary by quarter due to student enrollment, staff availability and faculty request.

What Do Tutors Do?
Tutors answer questions, review key course concepts, help with problem sets, assist at any stage of the writing process and provide exam preparation strategies. Tutors do not assist students with take home exams. Because CLAS services supplement university instruction, you should attend as many of their lectures, labs and discussions as possible and utilize professor and teaching assistant office hours.

Individual Tutor Requests
To get a one-to-one tutor, visit CLAS for information and referral. Program Coordinators can meet with you to match your needs with available tutors. If you would like to meet with a tutor in a group with other athletes, let the coordinator know when you request a tutor assignment.

Tutors can meet with you in the Tutor Rooms in the Academic Success Center in the ICA Building, at CLAS or in public space. You and your tutors can arrange to meet at a time that is convenient to both of your schedules.

For individual tutor requests, visit the relevant coordinator:
• Academic Skills, Humanities, Social Sciences, Writing and Foreign Language: Jay Stemmle.
• Economics, Accounting and Social Science Statistics: Calvin Kao.
• Math, Science and Engineering: Danson Kiplagat.

If you need to cancel an individual tutoring session, please e-mail or call the tutor with at least 24 hours notice.

**Tutorial Groups**

Tutorial groups for particular courses (see below) are offered weekly to supplement course instruction. Enrollment is required. Your may enroll at the beginning of each quarter until groups fill up. Visit the CLAS office in person or enroll on-line at my.ucsb.edu. Tutors attend lecture and synchronize course content to student needs. Attendance in lecture is required when you are in town. Use of professor office hours is recommended.

Tutorial Groups in Economics courses meet once a week. They are offered for microeconomics (Economics 1), macroeconomics (Economics 2) and financial accounting (Economics 3 A B).

Tutorial Groups in Mathematics and Science courses meet twice a week. They are offered for Astronomy 1, Chemistry 1 ABC, 109 ABC, EEMB 3, Math 3 ABC, 34 AB, 5 ABC, MCDB 1 AB, 101 AB, and Physics 1, 2, 3, 4, 6 ABC.

Tutorial Groups in Statistics and Applied Probability meet twice a week. They are offered for PSTAT 5 A, 5 E and Psychology 5.

**Drop-In Resources**

• **Economics:** Drop-in assistance is available for Economics 1, 2, 3 A, 3 B and 134 A.
• **Foreign Language:** CLAS offers drop-in tutorials in Arabic, French, Hebrew, Italian, Russian and Spanish. CLAS language tutors aim to help you become a more fluent speaker and writer in the languages you study. Instead of proofreading or correcting student work, tutors point out patterns of language error and answer
questions about phrasing, verbs, and idioms. Tutors work hard to model strategies for effective, efficient language acquisition.

- **Math and Science**: Drop-in assistance is available for Astronomy, Biology, Chemistry, Mathematics and Physics.
- **Writing**: CLAS writing tutors offer writing assistance by appointment or drop-in. You can get help on your papers at any stage of the writing process—from initial brainstorming to the final draft. Tutors do not proofread papers, but instead work interactively with you on issues such as argument, evidence, organization, and patterns of sentence level errors. Writing tutors aim to help make not just better papers, but better writers.

**Academic Skills Workshops**
Facilitated by experienced UCSB students, these fifty-minute workshops cover skills that will help you in all of your classes. Workshop topics include…

- **Organize Your Time**: Students explore a variety of different time-management strategies with an emphasis on planning and scheduling techniques specific to academic success at a quarter-system university.
- **Memory Techniques**: Participants discuss six strategies for retaining course information. Students who have objective exams are strongly encouraged to attend.
- **Objective Exam Strategies**: Students learn techniques for predicting exam content and reviewing course materials. Trained workshop facilitators also explore with participants tactics for analyzing exam questions.
- **Reading Efficiency and Recall**: Students explore techniques to apply before, during, and after reading assignments for class. They learn how to think strategically about each assignment, focus concentration, take effective notes, and create useful study sheets for cumulative review.
• **Reading Comprehension:** Students learn how to approach difficult readings with confidence, how to actually get something out of them, and how to generate ideas to use in papers and section.

• **Fighting Procrastination:** Students discuss how to prioritize and remember tasks. Trained facilitators will help participants analyze why they procrastinate and will show them how to take control when procrastination has already gotten them into trouble.

• **Taking Good Lecture Notes:** Introduces students to a variety of note-taking styles. Students explore strategies to get the most information into their notes even in confusing or convoluted lectures.

• **Essay Exam Strategies:** Focuses on techniques for predicting exam content, reviewing course materials, and preparing essay question responses. Trained facilitators explore with participants tactics for analyzing essay questions, outlining responses, and writing clearly and convincingly in a hurry.

**Study Skills Program**
In addition to regularly scheduled workshops at CLAS, team members or coaches can request special workshops for their team. Contact Jay Stemmle, the study skills coordinator, to arrange a study skills workshop just for your team.

CLAS offers individual study skills consultations. Study skills tutors can work with you individually in any of the areas for which we offer workshops. You can also make individual appointments for a study skills evaluation. In a study skills evaluation, tutors work with you to analyze your study habits and target areas for improvement. To make an individual appointment with a study skills tutor, contact Jay Stemmle at 893-4754 or at jay.stemmle@sa.ucsb.edu.
UCSB Athletics Department Missed-Class Policy

It is important that you inform your professors and TAs at the beginning of each quarter about lectures, discussion sections and labs that you will be missing due to travel and competition days. Below is the form typically used by student-athletes. It should be completed and delivered in person to your instructors by the end of the first week of the quarter.

UCSB’s Intercollegiate Athletics Mission Statement states, in part: “The primary mission of UCSB is teaching, research and public service. An essential component of this mission is the development of the full potential of UCSB students in both academic and non-academic settings. Intercollegiate Athletics (ICA) plays a major role in achieving this goal since its student-athletes integrate intercollegiate competition with UCSB’s internationally recognized academic programs. UCSB places the highest priority on the academic progress of student athletes.”

UCSB students who represent the university as members of its Intercollegiate Athletics sports teams will have legitimate occasions to miss classes when their teams play in “away” games. UCSB’s ICA policy requires student-athletes to notify their instructors in writing at the beginning of each quarter regarding all of the lecture/discussion/lab sessions they expect to miss due to team travel. (Please see next page.) If additional absences are required, instructors will receive a letter of explanation from the Faculty Athletics Representative.

Student athletes are expected to complete all coursework for every class in which they are enrolled. However, when travel to sanctioned ICA events conflicts with required attendance, due dates for assignments, or scheduled examinations, student-athletes may request alternative arrangements such as extended deadlines or altered test schedules. Coaches ensure that students are given time on the road to study, complete assignments, and even take exams (proctored by university staff). It is recognized that instructors are under no obligation to adjust their course schedules or requirements for student athletes; but when such accommodations are deemed fair and appropriate, they are very much appreciated by the student-athletes and the athletics department.

The UCSB Academic Senate Committee on Undergraduate Student Affairs has reviewed this policy and deemed it appropriate and acceptable.
Sample form, completed for a women’s tennis student-athlete enrolled in a MWF course during Winter Quarter, 2007.

To: Professor Costello

From: Women’s Tennis Coach, Pete Kirkwood
Faculty Athletics Representative, Professor Janis Ingham

Re: Potential absences due to Intercollegiate Athletics travel and competition

Mary Smith, a member of UCSB’s women’s tennis team, is enrolled in your SHS 120 course. Shown below is the team’s travel schedule for this quarter, with the dates that overlap with your class meetings highlighted. It is the student’s responsibility to review the syllabus and contact you in advance to request alternative arrangements for any assignment due dates or examinations that conflict with the team’s travel schedule. We appreciate any cooperation you can give our student-athletes.

If you have questions or concerns regarding this student-athlete, please contact either of us. Thank you for your cooperation and support.

Sincerely,

(coach’s signature, phone number & email address)

(FAR’s signature, phone number & e-mail address)

Travel Schedule for Winter Quarter, 2007:
Saturday, 2/24/07 at San Francisco
Saturday, 3/10/07 at UC Riverside
Saturday, 3/31/07 at UC Davis
Sunday, 4/1/07 at Pacific
Thursday, 4/5/07 at Northridge
**Wednesday, 4/11/07 travel to Pullman, Washington**
Thursday, 4/12/07 at Pullman, Washington
**Friday, 4/13/07 at Pullman, Washington**
Saturday, 4/14/07 at Pullman, Washington
**Wednesday, 4/18/07 at Long Beach**
Student-Athlete Travel Checklist

Before you leave for a trip, check to see that you have the following items:
• All textbooks, notebooks/notes for each class, and laptop computer (if needed)
• Syllabus for each class
• Phone numbers of professors/TAs and their office hours
• Pencils, pens, calculator, bluebook, and scantron (if needed)
• Hotel fax number for notes/assignments to be faxed to you

Did you remember to….
• Communicate with professors/TAs about missing class, assignments, rescheduling exams and/or getting an exam proctored on the road?
• Notify your tutors before you leave to reschedule any missed tutoring sessions?
• Arrange for notes/missing assignments while you are gone?

Travel Laptop Loan Program

The UCSB Athletics Department provides the use of laptops for travel purposes during away competitions. Laptops are reserved for student-athletes in their respective championship sports seasons.

To reserve a laptop, fill out a reservation form prior to travel. Pick up the laptop in the Student Services Office, 1209C ICA Building. Laptops must be returned by 12 pm the day following your return from your away contest. You must sign the computer back in and return the computer and its supporting equipment in the same condition it was received. Please report any maintenance issues and/or hardware and software difficulties upon return of the laptop. If a laptop is stolen, you and your coach must provide the Athletics Department with a police report verifying that the laptop was stolen.

Laptops are to be used for class assignments and not for personal use. All files created should be saved to a memory stick/thumb drive/CD since laptops will be wiped clean of any files when you shut down or restart a machine. Any charges incurred while using the laptop, including connection fees related
to internet access, are your responsibility unless you have prior approval.

**International Student-Athletes**

The Office of International Students and Scholars (OISS) is a campus resource for international student-athletes that provides administrative assistance, counseling, advising, and programming to the campus community. The staff will meet with you about immigration, employment, housing, health care, financial concerns, academic problems, travel and personal issues.

**Disabled Students Program**

The Disabled Students Program (DSP) offers academic support services to eligible students with disabilities. DSP serves approximately 600 students each academic year. These students include those with Learning Disabilities, Attention Deficit Disorder, and Psychological Disabilities. If you think you may qualify for support services and would like information on eligibility, please visit the Web site at: [www.sa.ucsb.edu/dsp](http://www.sa.ucsb.edu/dsp) or call 893-2668.

**Awards and Recognitions**

**Athletics Director’s Honor Roll**

When you earn a 3.25 or higher quarter GPA (in 12 graded units or more) you will be recognized as a part of the Athletics Director’s Honor Roll. Student-athletes names will be posted at the end of each quarter in the ICA Building. Special recognition is given to those student-athletes who earn a 4.00 GPA in a given quarter.

**Graduation Sash Ceremony**

At the end of each academic year, the Athletics Department sponsors the Student-Athlete Graduation Sash Ceremony to recognize and thank the graduating seniors for the many accomplishments culminating in graduation. All graduating student-athletes and their families are invited to attend, in
addition to campus staff and administrators who play a role in student-athletes' lives at UCSB. Graduating seniors wear their cap and gown and receive a sash they can wear at commencement.

**Golden Eagle Award**
Each spring, a student-athlete from each sport is chosen as the team's Golden Eagle Award winner. Upperclass student-athletes with the highest cumulative GPAs on their teams and who portray athletics success, citizenship and integrity, are chosen for the award. If you become your team's Golden Eagle Award winner, you and your parents will be invited to a banquet where you will be introduced by your coach and your achievements will be celebrated. You will also be able to invite a faculty member who has played an integral role in your academic success.

**Robert J. Offerman Scholarship**
The Offerman Scholarship is given annually to a male or female student-athlete who has shown academic success and strong character. Student-athletes who are from the Santa Barbara county area receive preference for consideration.

**Jean Hodgkins/Vera Skubic Award**
The Jean Hodgkins/Vera Skubic Award is given to a deserving female student-athlete for outstanding athletic participation, academic achievement, team leadership and commitment to community service.

**NCAA Postgraduate Scholarship Programs**
Applications are due in January (fall sports), March (winter sports, and May (spring sports). The NCAA awards up to 174 postgraduate scholarships annually. The scholarships are awarded to student-athletes who excel academically and athletically, who are in their final year of intercollegiate athletics competition, and who plan to continue their academic work beyond the baccalaureate degree as a part-time or full-time student. The one-time grants of $7,500 each are awarded for fall, winter and spring sports. Eligibility is restricted to student-athletes at NCAA member institutions who, in their
final year of eligibility, have performed with distinction as members of varsity teams in the sport for which they were nominated. Nominees must have a minimum grade point average of 3.200, be nominated by the Faculty Athletics Representative or designee.

**NCAA Ethnic Minority and Women’s Enhancement Postgraduate Scholarship Programs (Applications due in November)**

Sixteen scholarships for ethnic minorities and 17 scholarships for women are available annually to college graduates who will be entering into the first year of their initial postgraduate studies. The applicant must be seeking admission or have been accepted into a sports administration or related program that will assist the applicant in obtaining a career in intercollegiate athletics (athletics director, coach, athletic trainer or other career that provides a direct service to intercollegiate athletics). Each award is valued at $6,000.

**Walter Byers Postgraduate Scholarship Program (Applications due in January)**

The NCAA Walter Byers Postgraduate Scholarship Program recognizes excellence in academic performance by student-athletes. Nationally, one male and one female student-athlete are annually awarded a postgraduate scholarship in recognition of outstanding academic achievement and potential for success in postgraduate study. It is intended that an individual named a Byers Scholar will be recognized as one who has combined the best elements of mind and body to achieve national distinction for his or her achievements, and promises to be a future leader in his or her chosen field of career service. The stipend for each Byers Scholarship is $21,500 for an academic year.
**STUDENT-ATHLETE DEVELOPMENT**

**Be Great**

Be Great is UCSB’s total student-athlete development program. The Be Great program strives to enhance the student-athlete experience within the University setting by coordinating educational programs that address academics, leadership, personal growth, diversity, student-athlete health and safety, career planning and community service. Be Great is dedicated to maximizing leadership ability, strong on-campus interaction, and general well-being for all 450 student-athletes.

**Leadership Development**

The Gaucho Leadership Program works in partnership with the UCSB Leadership Development Center in providing programming for student-athletes. You have the opportunity to build a leadership portfolio through a leadership certification program and to attend workshops and training sessions specifically for student-athletes.

**Community Service – Gauchos Give**

Gauchos Give is the community outreach program of the UCSB Athletics Department. Gaacho student-athletes give back to their community through many different service projects throughout the year, giving them the opportunity to give back and serve as ambassadors for the UCSB Athletics Department.

**Personal Development**

The UCSB Athletics Department strives to enhance the student-athlete experience by coordinating programming that enhances personal growth and supports the development of a well-balanced lifestyle. Programming is available in the areas of student-athlete health and well-being, diversity, personal finance, sportsmanship and more.
Student-Athlete Advisory Board (SAAB)

The UC Santa Barbara Student Athlete Advisory Board (SAAB) is a committee made up of student-athletes assembled to provide insight on the student-athlete experience. The purpose of SAAB is to provide a forum for student-athletes to discuss issues that affect their educational and athletic experience at UCSB and provide a communications link with the athletics administration.

Each team is represented by two student-athletes, one voting member and one alternate. Officers are elected from the representative members. There are two co-chairs (one male and one female), a secretary and a treasurer.

The SAAB meets once a month during the school year with other meetings called as needed. The group reviews issues affecting student-athlete life such as current and proposed NCAA and Big West legislation, gender and minority issues, the image of the student-athlete in the university, concerns regarding athletic and academic time requirements, sportsmanship, opportunities for social interaction and opportunities for community service.

Athletics Communications

The UCSB Athletics Communications office is the publicity and communications office for the University’s 20 intercollegiate athletics teams.

The Athletics Communications Office helps prepare student-athletes for the various media opportunities they will encounter. Student-athletes have a responsibility to their coaches and teammates to cooperate with the news media. UCSB student-athletes represent themselves, their teammates, coaches and the entire Athletics Department when interacting with members of the news media. You should never to give out your home or cell phone number to any media member. All media requests should be arranged through the Athletics Communications Office.
COMPLIANCE & ELIGIBILITY

Philosophy

The Athletics Department sets a high standard for integrity, commitment, achievement and character. For many of our student-athletes, these standards begin with the recruiting process.

It is absolutely expected that coaches and student-athletes will adhere to NCAA regulations at all times. It is an essential component of upholding the integrity of the UCSB Athletics Department. As such, appropriate conduct in the recruiting process is expected from UCSB employees, representatives of athletics interests (athletics boosters) and student-athlete hosts.

Amateurism

How You Can Lose Your Amateur Status

Only an amateur student-athlete is eligible for intercollegiate athletic participation. You can lose your amateur status if you:

• Accept pay for your athletic skill
• Accept a promise of pay
• Sign a contract to play profession athletics
• Accept money from a professional sports organization
• Compete on any professional athletics team
• Enter into a professional draft
• Enter into an agreement with an agent

Five Year Clock

Each student athlete is allowed four (4) seasons of eligibility within five (5) calendar years from the beginning of the semester or quarter in which the student-athlete first registered for a minimum full-time program of studies in a collegiate institution (NCAA Bylaw 14.2.1).

When you participate in any competition in your sport (including scrimmage with outside competition), whether it is for one minute or an entire contest, you have used a season of competition and one of your four years of eligibility.
Medical Hardship Waiver

Student-athletes may qualify to receive a medical hardship as a result of limited competition during that sport's championship segment due to an incapacitating injury or illness. It is the responsibility of the student-athlete and head coach in conjunction with the Athletic Trainer to document an injury/illness and all subsequent treatment/rehabilitation, as contemporaneous documentation must be on file to warrant a medical hardship. The Compliance Office will initiate all medical hardship requests via the Big West Conference Medical Hardship form and route for required signatures and medical backup. All medical hardship requests must be received by the Big West Conference no later than six (6) months subsequent to the last date of competition and require the signature of: student-athlete, head coach, athletics director, faculty athletics representative and treating physician.

Medical Hardship Requirements

The incapacitating injury or illness:
• Occurs in one of the four seasons of intercollegiate competition. A redshirt year occurs when a student-athlete does not compete.
• Occurs prior to the completion of the first half of the playing season that concludes with the NCAA Championship in that sport (measured by the number of scheduled contests or dates of competition.)
• Results in incapacity to compete for the remainder of the playing season
• Occurs when the student-athlete has not participated in more than three contests of dates of competition or 30% of the scheduled contests or dates of competition as established by the official schedule prior to the beginning of the playing season.

Progress-Toward Degree Requirements

To be eligible to represent UCSB in intercollegiate athletics competition, you must maintain progress toward a baccalaureate or equivalent degree as determined by the regulations of that institution. You must be enrolled full-time each quarter to be eligible to practice, or compete with your team. In order to
facilitate progress towards an undergraduate degree, you must complete at least 40% (72 units) of your degree requirements by the beginning of your third year, 60% (108 units) by the beginning of your fourth year, and 80% (144 units) by the beginning of your fifth year (NCAA Bylaw 14.4.3.2). Failure to do so will render you ineligible.

Certification for Practice

In order to be cleared to practice each season you must complete the following:
- Attend the Student-Athlete Compliance Meeting and complete all NCAA and UCSB eligibility forms;
- Complete and pass the athletic physical examination;
- Meet all NCAA, UCSB, and conference academic eligibility requirements including GPA, credit requirements and degree progress;
- Be admitted to school and registered in a minimum of 12 units;
- Be cleared by the NCAA Clearinghouse and Amateurism Clearinghouse;
- Have presented UCSB with documentation of an Associates Degree or be cleared by the NCAA Clearinghouse, and be making appropriate degree progress (junior college transfers).

NCAA Drug Testing

Each academic year you will sign a form prescribed by the NCAA in which you consent to be tested for the use of drugs prohibited by NCAA legislation. Failure to complete and sign the consent form prior to practice or competition shall result in your being ineligible for participation in all intercollegiate athletics (see Constitution 3.2.4.7).

Drug testing happens quickly. You will be contacted by phone by Leroy Heu, the Head Athletic Trainer, and given instructions. Typically you will report for drug testing 24-36 hours later. Failure to report for drug testing is considered the same as testing positive.
Year-Round Drug Testing
The NCAA has approved year-round drug testing in every sport. This includes summer. Before you leave campus in spring, make sure your coach has your contact information. You may be selected for drug testing even if you are in another state (or another country) during the summer. The NCAA has made arrangements for testing sites around the world and will require you to report to a site in a city near you.

Disciplinary Action for Testing Positive
Bylaw 18.4.1.5 provides that a student-athlete who as a result of a drug test administered by the NCAA is found to have utilized a substance on the list of banned drug classes, shall be declared ineligible for further participation in postseason and regular-season competition during the time period ending one calendar year after the student-athlete’s positive drug test. The student-athlete shall be charged with the loss of a minimum of one season of competition in all sports if the season of competition has not yet begun, or a minimum of the equivalent of one full season of competition in all sports if the student-athlete tests positive during his or her season of competition (i.e., the remainder of contests in the current season and contests in the subsequent season up to the period of time in which the student-athlete was declared ineligible during the previous year). The student-athlete shall remain ineligible until the student-athlete tests negative.

Extra Benefits
One of the most serious violations of the NCAA rules is when a student-athlete accepts impermissible aid and/or benefits. An extra benefit is any special arrangement by a UCSB employee or a representative of the institution’s athletics interest (booster) to provide you or your relative or friend a benefit not authorized by NCAA legislation. You are only allowed to receive benefits that are offered to the general student population. You run the risk of losing your eligibility, scholarship and/or the right to compete. A list of non-permissible benefits includes, but is not limited to:
• Special discounts, products or services;
• Gifts or loans of clothing, stereo equipment, food, beverages, CDs, airline tickets;
• Transportation, including borrowing cars or getting rides from agents or boosters;
• Free meal from local merchants who do not provide free meals to the general student body, or any restaurant when a booster pays the bill;
• Use of athletics department copiers, staff computer, telephones, fax machine or credit card for personal use;
• Reduced or free lodging not available to the general student body;
• Money from selling athletic-issued equipment or championship memorabilia.

Gambling and Sports Wagering

The NCAA has a zero tolerance policy for gambling and opposes all forms of sports gambling. Sports gambling undermines the integrity of sports contests. You may not place or accept a bet on any college or professional sporting event nor give information to anyone who does place bets on college or professional sports. A violation of the gambling rule will result in your being declared ineligible for competition.

Examples of gambling and sports wagering include, but are not limited to:
• Providing information to individuals involved in organized gambling activities concerning intercollegiate athletics competitions;
• Soliciting a bet on any intercollegiate team;
• Accepting a bet on any team representing the institution;
• Soliciting or accepting a bet on any intercollegiate competition for any item (e.g., cash, shirt, dinner) that has tangible value;
• Participating in any gambling activity that involves intercollegiate athletics or professional athletics, through a bookmaker, parlay card or any other method employed by organized gambling (NCAA Bylaw 10.3);
• Soliciting or accepting a bet on a Bowl Game or a Final Four Game;
• Participate in a football or basketball pool, regardless of the size of Entrance fee or prize, including Fantasy Leagues via the Internet;
• Soliciting or accepting a bet on a NFL, NBA, or MLB game;
• Soliciting or accepting a bet on any aspect of an intercollegiate competition, even on statistical categories (number of homeruns, number of penalties, etc.).

Employment

NCAA Rule
All student-athletes are permitted to work during the academic year and vacation periods. There is no limit to the amount you may earn.

Compensation to Student-Athletes
You may receive compensation for your work performance. Compensation may be paid to a student-athlete:
• Only for work actually performed; and
• At a rate commensurate with the going rate in that locality for similar services. (NCAA Bylaw 12.4.1).

Agents
You will be ineligible for participation in an intercollegiate sport if you have ever agreed (orally or in writing) to be represented by an agent for the purpose of marketing your athletics ability or reputation in your sport. Further, an agency contract not specifically limited in writing to a sport or particular sports shall be deemed applicable to all sports, and you would be ineligible to participate in any sport. (NCAA Bylaw 12.3.1)

A student-athlete will be deemed ineligible if:
• You enter into a verbal or written agreement with an agent for future representation (Bylaw 12.3.1.1);
• You (or any relatives or friends) accept any gifts from an agent or representative (including, but not limited to, money, goods and/or services) (Bylaw 12.3.1.2);
• You receive and accept benefits or preferential treatment because of your reputation, skill or potential as a professional athlete.

Athletically Related Activities Regulations

Playing Season
During the playing season your participation in countable athletically related activities shall be limited to a maximum of four hours per day and 20 hours per week (NCAA Bylaw 17.1.5.1).

Athletically related activities, include, but are not limited to, the following:
• Competition
• Practice
• Required weight training or conditioning
• Watching film

Outside the Playing Season
Outside the playing season, your participation in athletically related activities will be limited to a maximum of eight (8) hours per week, of which no more than two (2) hours per week may be spent on individual skill workouts.

Outside Competition

The NCAA designates times in which you may or may not compete outside of your sport’s declared playing and practice season. The general rule is you may not participate during the academic year as a member of an outside team in any non-collegiate, amateur competition without becoming ineligible for competition.

Modeling and Commercial Endorsements

It is not permissible under NCAA rules for you to endorse a commercial product or service once you are enrolled at a college. However, if you worked as a model prior to coming to UCSB, you may continue, if it does not relate in any way to your
status as an athlete. All modeling must be approved by the Compliance Director in advance.

**Tobacco Products**

The use of tobacco products by student-athletes, coaches, officials and game personnel during practice and competition is prohibited.

**Student Hosts**

The student host must be a current student-athlete in good standing. When acting as a student host in recruiting, you are expected to conduct yourself, both on and off campus, in a manner that brings credit to UCSB and your team. You must avoid any behavior that might embarrass yourself, your team, and UCSB.

Student-athletes who serve as hosts agree to the following:

- I agree in my role as a student host, that it is an important service to UCSB and the Athletics Department. Appropriate conduct is required by me, my teammates and the recruit in conforming to UCSB and NCAA standards.
- I understand I am subject to UCSB, Big West and/or NCAA penalties for violations of recruiting policies.
- A maximum of $30 per day may be provided to me to cover the entertainment expenses of both me and the prospect.
- I understand that cash may not be given to the visiting prospect or anyone else connected with that prospect.
- I understand that I may not use entertainment funds to purchase, or otherwise provide the prospect with, gifts of value during the official visit.
- I may not transport the prospect or anyone accompanying the prospect more than 30 miles from campus.
- I should not allow recruiting conversations to occur, on or off campus, between the prospect and a booster of the athletics program. If an unplanned meeting occurs, only an exchange of greetings is permissible under NCAA rules.
- I will not allow the prospect to participate in any athletics activity involving or related to the sport for which the prospect is
being recruited, unless no coaches are present and the activity is not arranged by a coach or staff member.
• I may receive a complimentary admission, but no hard tickets, when accompanying a prospect to a campus athletics event.

Athletics Boosters

In accordance with NCAA rules and regulations, UCSB is responsible for the control and conduct of its intercollegiate athletics program. This responsibility includes accountability for the acts of "athletic representatives":

The NCAA defines representatives of our athletics interest as anyone who:
• Participates in or is a member of an agency or organization promoting UCSB’s intercollegiate athletics programs;
• Contributes money to the Athletics Department or to an athletics booster organization of UCSB;
• Assists or who has been asked to assist (by the athletics department staff) in the recruiting of prospects;
• Provides or has assisted in providing benefits to enrolled student-athletes or their families;
• Has been involved otherwise in promoting UCSB’s athletics program.

Once an individual has been identified as an “athletic representative” he or she retains that identity forever and is governed by the same NCAA and UCSB rules and regulations as athletic staff members. Any violation or these rules could result in loss of eligibility.

Athletics representatives are not permitted to provide you or your family/friends with any of the following:
• A special discount, payment arrangement, or credit on purchases or services;
• A loan of money in any amount or a guarantee of bond;
• The purchase of a meal or service at commercial establishments;
• Regular (as opposed to occasional) meals at the representative’s home;
• Transportation to or from a summer job;
• A benefit connection with off-campus housing;
• Signing or co-signing a note with an outside agency to arrange a loan;
• The use of personal property.

**Student-Athlete Exit Interview**

UCSB’s director of athletics, senior woman administrator or designated representatives (excluding coaching staff members) will conduct exit interviews and surveys in each sport with a sample of student-athletes (as determined by the institution) whose eligibility has expired. Interviews and surveys will include questions regarding the value of the students’ experiences, the extent of the athletics time demands encountered by the student-athletes, proposed changes in intercollegiate athletics and concerns related to the administration of the student-athletes’ specific sports (NCAA Bylaw 6.3.2).

At any time, please feel free to make an appointment with an athletics administrator to discuss your experience in the program. Remember that by department policy, if an issue with a coach is the subject of a requested meeting, and previous discussions between you and the coach have not led to resolution of the issues so that you wish to bring the issue to the attention of the athletics administration, the coach will be given the opportunity to attend the meeting.

**Complimentary Admissions**

All UCSB students receive free admission to all home UCSB Athletics events by showing their UCSB student ID at the student entrance at each game. Tickets are sold at men’s and women’s basketball, baseball, softball, men’s and women’s soccer and men’s and women’s volleyball. Each player on these teams will receive four complimentary admissions for guests at their home contests. The tickets will be distributed via a pass list at the gate. NCAA rules require that you write the complete first and last name for each guest, and each guest will need to show photo ID and sign for their complimentary tickets. For road
games, only basketball and volleyball will receive complimentary admissions. The amount will vary depending on the opponent. Pass lists are due to the Ticket Manager 1 1/2 hours prior to the start of each event, so be prepared to have your guests names in advance and turn your pass list in by the deadline.

Transfer Rules

If a Student-Athlete Wishes to Transfer from UCSB

Generally, if you’re now going full time to UCSB and you want to transfer to another NCAA school to play, UCSB’s athletics director must give written permission to the new institution before that school can talk with you or your parents. That’s called having permission-to-contact. If you are interested in transferring, you must inform your coach. After talking with your coach, you will be directed to speak with your sport supervisor.

If UCSB does not give you permission, you can still transfer. However, you will be ineligible to compete or receive athletic aid in your first academic year of residence at the new school.

Also, if UCSB does not give you permission to transfer, the UCSB Compliance Office will tell you in writing that you have a right to appeal your case. In that instance, a panel of people from UCSB who are not involved in athletics will meet to decide the issue.

Financial Aid

All students are eligible to apply for UCSB institutional financial aid. You can complete a free FAFSA application online to determine whether you may be eligible for institutional financial aid.

Athletics Scholarships

Athletics scholarships are awarded and renewable on a year-by-year basis. Renewal and non-renewal notices will be provided to each student-athlete at the end of the academic year. If you receive a reduction or non-renewal of scholarship, you will be
notified in writing and have the option to apply for a university hearing to review the case through the Financial Aid Office.

**ATHLETIC TRAINING**

The UCSB Athletics Department provides medical coverage and services for all intercollegiate athletes and its 20 intercollegiate athletic teams. The function of the athletic training room is for the prevention, care, and rehabilitation of injuries to student-athletes. These services may include injury evaluation, first aid treatment, taping, applying protective equipment, rehabilitation exercises, flexibility training, etc.

The mission of the UCSB Athletic Training Staff is first and foremost the care of the student-athlete. The program is committed to the total well being of the student-athlete and the staff strive to provide the highest quality of care within the limits of UCSB’s resources, maximizing the playing time and quality of performance in any given venue. The staff serve as liaisons between athletes, coaches, doctors, parents and administrators. The Athletic Training Staff operates within the policies outlined in the UCSB Athletic Training Policy and Procedure Manual, the NCAA Sports Medicine Handbook and the NCAA Manual.

**Athletic Training Facility and Staff**

Located: Department of Intercollegiate Athletics, ICA Building, Santa Barbara, CA 93106-5200  
Hours: 9am-6pm Monday-Friday  
Weekend and Holiday hours vary according to competition/practice schedules  
Summer and Quarter break hours will be posted  
Phone: 893-3424 or 893-2240  
Student Health Services (SHS): 893-5361, 3371

The athletic training room staff is comprised of certified athletic trainers (A.T.C.) who have passed a national board of certification and who are assisted by a group of athletic training students.
Physical Examination

All athletes are required to undergo a comprehensive physical evaluation and examination on an annual basis. The physical examination must be administered by UCSB’s Student Health Services (SHS) staff only. Therefore, physical examinations performed by physicians outside the SHS staff will not be accepted except for walk-on tryout athletes. These exams are administered to determine the athlete's state of health, as well as compile and review the athlete’s medical history. The physical examination is held prior to the beginning of an athletic team's season or the beginning of the fall quarter. You will be issued a SHS medical clearance card upon completion of your physical exam which must be turned in to the athletic training room prior to participation during the traditional and non-traditional season practices, games or events. Your clearance card will also allow you to check out team equipment and uniforms.

If you fail to attend a scheduled physical with your team, then you will be required to schedule a make-up physical examination at SHS and pay for the cost of the exam. Try-out and walk-on student-athletes may be required to schedule and pay for the physical examination at SHS. All head coaches are responsible for ensuring that the student-athlete’s name is placed on the active physical list or try-out/walk-on roster.

A try-out waiver may be utilized to allow a potential student-athlete to become a squad member. The try-out waiver is valid for one week only. The potential student-athlete must be in good health, provide proof of insurance, and accept all medical expenses that might be incurred. If the potential student-athlete makes the squad or participates in competition beyond the five-day limit, he/she must schedule a SHS athletics clearance exam and be responsible for the cost.

Forms for physicals are available on the Intercollegiate Athletics website (www.ucsbgauchos.com) under Athletic Training by clicking on the student-athlete pre-participation forms. These forms should be completed and returned to the Athletic Training Facility.
Student Health Services

The athletic training room staff works closely with the UCSB Student Health Services (SHS) throughout the year. SHS provides access to physicians, pharmacy, laboratory services, X-ray, physical therapy, and a variety of specialty clinics such as eye, dental, orthopedic, emergency/walk-in and allergy. A specialty women's clinic is also available. Counselors are available to deal with stress management, nutrition, and eating-related health issues. The SHS provides the services of team physicians and orthopedic consultants. It is recommended that you make an appointment for your visits and arrive early. Student Health Services is located on campus at the corner of El Colegio Road and Ocean Road, directly across from the Events Center (The Thunderdome) and Pauley Track. The operating hours during the academic school year are 8:00 AM to 4:30 PM Monday through Friday. During quarter breaks and summer sessions, the SHS is open with limited services and schedule. SHS operates on a fee-for-service basis. Always check with the Athletic Training staff before going to SHS for coverage questions. SHS general information is 893-5361 and the appointment desk is 893-3371. For more information, the website is http://studenthealth.sa.ucsb.edu.

Insurance Coverage and Procedures

The UCSB Athletics Department provides insurance coverage for all intercollegiate athletic teams. The athletic medical insurance provided by the UCSB Athletics Department is a secondary policy and only covers injuries sustained as a direct result of official UCSB athletics practices and competition. This means that injuries not related to athletics (car accidents, intramurals or recreational play, illnesses, etc.) are not covered. To take advantage of this secondary policy, all claims must be initially billed through the student-athlete's private primary insurance (even if the primary happens to be an out-of-area HMO). It is your responsibility and/or your parents' responsibility to ensure that your primary insurance is billed in a timely manner. Failure to do so may result in late fees or excessive charges that will not be covered by the Athletics Department.
All new students, freshmen and transfer students, must have a primary care provider within 25 miles of campus. If you do not, you must enroll in the UC Insurance plan called SHIP (Student Health Insurance Plan). The cost is $327.45 per quarter, paid three times a year. **If you choose to waive out of the SHIP, because your primary care provider is located within the 25-mile radius, you must do so each quarter by the following dates: Fall, September 1, 2009; Winter, December 11, 2009; Spring, March 8, 2010.** This process can be completed by filling out the proper forms on the SHS website. For more information, contact Student Health Services.

The primary insurance policy is considered your personal or parent’s policy (for dependents). The athletic training facility staff will use your primary insurance first. All primary policies must be billed first (including SHIP). The Athletics Department’s insurance will cover medical costs associated with injury incurred during participation of athletic events and practices only. Any remaining balances, deductibles or co-payments not paid by your primary insurance must be submitted with a copy of your insurance explanation of benefits (EOB) and/or payment worksheet to the Head Athletic Trainer. **The Athletics Department does not automatically receive copies of the bills.** A completed insurance claim form must be attached for secondary coverage.

**Insurance Policy Limitations**

The UCSB secondary insurance policy (SHIP) contains certain limitations and enforces strict requirements. You must fill out or update and submit an athlete and parent insurance information form annually. Parents must sign the form, unless you are 25 years old or married. A photocopy of both sides of the insurance card must be included. Failure to comply with this request may result in your being solely responsible for acquired medical bills.

Policy provision limits medical treatment coverage for 12 months after the date of the initial injury. The policy excludes pre-existing injuries and the Athletics Department cannot accept responsibility.
Medical Care and Treatment

You must report all injuries and/or illness that could impede your performance during practice or competition to the athletic training facility staff as soon as possible. If an injury occurs away from campus and is athletics related, you must report the incidence to the athletic training room within two days after returning home. At that time, an evaluation is performed to determine the severity of the injury and availability to practice or compete that day, and necessary referrals are made. No matter how minor, all injuries should be evaluated.

It is recommended to stop by or call (893-3424, 2240) the athletic training facility for a specific appointment time. This will enable the athletic training staff to perform evaluations and progress rehabilitation with fewer interruptions. If your schedule does not allow you to make an appointment, you will still be able to be seen; however, individualized care may be more difficult to achieve with a large volume of athletes in the facility.

All medical referrals, to SHS or an off campus appointment, must be coordinated and approved in writing by a staff certified athletic trainer or team physician. Second opinions must also be coordinated by a team physician or staff athletic trainer. **Unauthorized doctor appointments or treatments arranged by the student-athlete will not be covered under the Athletics Department insurance policy.** No coach may refer an athlete to an outside specialist and expect the athletics department to be responsible for the bills.

If the athletic training room is closed and emergency treatment is required, you should contact or visit Student Health Services during normal working hours. An alternative is to go to Goleta Valley Hospital, located on the corner of Hollister and Patterson Avenue, approximately 5-10 minutes from campus or Isla Vista. It is important to note that you will be responsible for any injury or illness not directly athletics related. Personal insurance information must be provided at Goleta Valley Hospital. The Athletics Department does not provide dental or optical care unless such injuries are the result of an intercollegiate athletics injury.
Extreme or Life-Threatening Emergencies

In the event of an extreme or life-threatening emergency, you should activate the Emergency Medical System (EMS) by calling 911 from a campus phone or by calling Campus Dispatch at 893-3446. A response team should arrive within minutes, including an ambulance, fire rescue, and/or police. Once the situation is under control, be sure to contact an athletic training staff member.

Counseling and Psychological Services

Counseling services are available at Student Health Services. Many psychological issues are common in students and can pose unique challenges for the student-athlete, including, but not limited to, disordered eating, substance abuse, depression, anxiety, and a need for stress management skills.

The athletic training staff, in conjunction with SHS, have formed a mental health referral network of local clinicians for our student-athletes. These resources are in addition to the services available at SHS. Please contact a certified athletic trainer for all inquiries regarding a referral to a mental health professional.

These situations, as all medical issues, are handled maintaining student privacy and confidentiality.

Services at SHS can be obtained by calling 893-3371.

Athletic Training Facility Rules

1. Report all injuries immediately.
2. You must be on time for all appointments, taping sessions, treatment, meetings, and practice. Visiting the athletic training facility is not an excuse for being late to practice.
3. All treatments must be administered by the athletic training facility staff. Do not order or initiate your own treatment.
4. Abusive behavior or language is not tolerated. No profanity. Good conduct is appreciated.
5. Wear appropriate clothing. This is a coed athletic training facility.
6. No shoes with cleats of any kind are to be worn in the athletic training facility.
7. No athletic training facility supplies or rehabilitation equipment is to be removed from the athletic training facility.
8. All student and staff athletic trainers must be treated with respect.
9. Keep the entire athletic training facility a clean and neat medical environment. Pick up your trash, garbage, or tape.
10. Athletes must shower before treatment, especially during post-practice or workout treatments.
11. Use of tobacco and its similar products is prohibited.
12. Cell phone use is prohibited.
13. Violations of rules could result in loss of athletic training facility privileges.

**Pregnancy and Parenting Statement**

**What to do if you become pregnant:**
We recognize that a student-athlete’s pregnancy is often a stressful event. As soon as you learn that you are pregnant, we encourage you to tell someone with whom you feel safe or who can best support you during this time. While you are in the best position to determine who is safe to discuss your pregnancy, we will respect your confidentiality within our institution as long as it is medically safe to do so. At UCSB, we want to help you achieve your academic goals while protecting your physical and psychological health and the health of your pregnancy. You should know that many student-athletes have traversed through these same life transitions successfully, and there is usually no reason to make overly-rushed decisions.

**What happens to your team membership:**
Federal law provides many legal protections for your continued involvement with our athletics department. As long as you are in
good academic standing with UCSB and you do not voluntarily withdraw from your team, federal law protects your membership on the team. This would include access to services provided to other student-athletes with injuries or temporary disabilities, such as academic tutoring and medical services. Federal law also requires us to grant you as much leave as is medically necessary and to reinstate you to active team membership. You may have to earn back the specific playing position that you achieved before your pregnancy, but others have successfully made the transition back to their former playing shape.

**What happens to your scholarship:**
As long as you are in good academic standing with UCSB and you do not voluntarily withdraw from your team, it is against federal law for us to withdraw or reduce your financial aid in the event of your pregnancy. Federal law also requires us to grant you as much leave as is medically necessary. Finally, you should also know that NCAA bylaws allow a female student-athlete to apply for an additional year of eligibility if her athletic career is interrupted by pregnancy.

**Campus and Community Emergency Planning**

Emergencies can come without warning at any time. Being prepared to handle unexpected accidents or disasters is an individual as well as an organizational responsibility.

All student-athletes and their parents/guardians are strongly encouraged to register for Emergency Text Messaging at [http://alert.ucsb.edu](http://alert.ucsb.edu). UCSB Alert is an alert system that allows university officials to contact you during an emergency by sending text messages to your email account, cell phone or pager, or other handheld device.

In addition, the UCSB Athletics Department will have their own emergency system whereby a designated coach within your sport program will contact you and your parents/guardians by text and/or email to help assure communication in the case of emergency.
ATHLETIC PERFORMANCE

The objective of Gaucho Strength and Conditioning is to improve athletic performance while reducing the risk of injury. Working closely with the athletics training and medical staff, the strength and conditioning department designs and implements sport-specific training programs supported by evidence-based sports science. This program is a comprehensive, integrated approach that meets the needs of our student-athletes and their coaching staff by including strength, speed, endurance, flexibility, coordination and agility.

The Athletics Performance Center is available to all eligible intercollegiate athletes. Located in the ICA building, hours of operation are approximately 6:30AM-6PM Monday through Friday. Weekends and holiday hours are determined based on competition and seasonal (in-season, off-season) schedules. Operational hours during finals week, quarter breaks and summer sessions are shortened and posted prior to those periods. All hours are subject to change. Any inquiries can be directed to the Center by calling 805-893-7859.

Athletics Performance Center Rules and Etiquette

- The Athletics Performance Center is restricted to UCSB student-athletes on a team roster with a weight room staff-approved formalized training program or alumni athletes who have approval from their former coach. Any non-UCSB athlete or employee must be cleared through the athletic administration, and weight room usage is restricted to open hours.
- All student-athletes using the intercollegiate weight room must wear their team apparel.
- For safety purposes, shoes must be worn at all times and hats are prohibited.
- Spotters and bar-collars are necessary at all times.
- No cell phone use.
• No personal music devices while weight training.
• All injuries, limitations and sicknesses are to be immediately reported to the Athletic Training Staff prior to weight training or conditioning when possible.
• Record all training sessions unless otherwise instructed.
• Abusive language or any activity detracting from the appropriate training environment is prohibited and will not be tolerated.
• Cardiovascular equipment training priority is given to athletes recovering from injury or athletes whose training program includes cardiovascular equipment.
• With the exception of fluid replacement drinks in a plastic container, food or drink in the weight room is not allowed.
• To ensure safety, it is the responsibility of all weight room participants to report any damaged or inoperable equipment.
• Lack of compliance with any of the aforementioned rules will result in temporary or permanent loss of weight room privileges.

Athletics Department Directory

Main Athletics Department Hotline .........................893-UCSB (8272)

Administration
Mark Massari, Director of Athletics........................................893-3400
Hazel Ando, Asst. to the Athletics Director..............................893-8320
Diane O’Brien, Exec. Assoc. Athletics Director/SWA...............893-2247
Tom Hastings, Exec. Associate Athletics Director .................893-6019

Athletics Communications
Bill Mahoney, Assistant AD, Athletics Communications........893-3428
Scott Flanders, Associate Director .........................................893-8603
Lisa Skvarla, Assistant Director...........................................893-8603
Matt Hurst, Assistant Director.............................................893-8603

Business Office
Sally Rapozo, Assistant AD, Business & Finance.................893-3722
Renee McLean, Assistant Business Manager........................893-2517
Karen Dietz, Account Manager ............................................893-8021
Jaan Karsh, Account Manager.............................................893-3359
Carrie Bustillos, Account Manager .................................893-4792
Compliance
Julie Sandoval, Assistant AD, Compliance .......................... 893-8219
Lucia Serrano, Compliance Coordinator .............................. 893-7236

Development
Steve O’Brien, Assoc. Athletics Dir., Development ............... 893-4960
Christina Baglas, Marketing/Event Coordinator .................... 893-5372

Equipment Room .......................................................... 893-2535
Chuck Moreno, Women’s Equipment Room ......................... 893-2535
Perry Berman, Men’s Equipment Room .............................. 893-2536

Facilities
Bobby Castagna, Associate Athletics Director ..................... 893-4438

Faculty Athletics Representative
Janis Ingham, Dept. of Speech and Hearing Sciences .......... 893-2249

Marketing
Rich Loza, Marketing Business Services Coord. ................... 893-8380

Athletics Performance Center
Jeremy Bettle, Director of Sports Performance ..................... 893-7859
Matthew Herring, Strength and Conditioning Coach ............. 893-7859

Student Services
Larry James, Assistant AD, Student Services ....................... 893-2100

Team Services
Carlos Garcia, Team Services Coordinator .......................... 893-4011

Ticket Office
Alison Keck, Ticket Manager ........................................... 893-3292
Bethany Nickless .......................................................... 893-3292
Bryan Zmijewski ......................................................... 893-3292

Athletic Training Facility
Leroy Heu, Head Athletics Trainer ................................. 893-7092
Bob Annable, Assistant Athletic Trainer ............................ 893-3424
Justin Ericson, Assistant Athletic Trainer ............................ 893-3424
Leah Frommer, Assistant Athletic Trainer .......................... 893-3424
Michael Martinez, Assistant Athletic Trainer ....................... 893-3424
Kelly Walsh, Assistant Athletic Trainer ............................. 893-3424
Greg Waltner, Assistant Athletic Trainer ............................ 893-3424
Athletics Teams

Baseball
Bob Brontsema, Head Coach .......................................................... 893-3690
Tom Myers, Associate Head Coach .................................................. 893-2021
John Kirkgard, Assistant Head Coach .............................................. 893-2021

Basketball, Men's
Bob Williams, Head Coach ............................................................ 893-2141
David Campbell, Dir. of Academic/Internal Ops .............................. 893-7889
Matt Stock, Assistant Coach .......................................................... 893-3435
Brad Holland, Assistant Coach ....................................................... 893-3403
Jono Metzger-Jones, Assistant Coach ............................................. 893-2141
Janice Villarreal, Operations Coordinator ....................................... 893-3415

Basketball, Women's
Lindsay Gottlieb, Head Coach ......................................................... 893-7211
Kelly Barsky, Assistant Coach ......................................................... 893-5360
Selena Ho, Assistant Coach ........................................................... 893-3370
Jaida Williams, Assistant Coach ..................................................... 893-7856
Araceli Gil, Director of Operations .................................................. 893-2265
Rachel Hanson, Operations Coordinator ....................................... 893-5724

Cross Country/Track & Field, Men's and Women's
Pete Dolan, Head Coach ................................................................. 893-8276
Keith Baker, Assistant Coach ......................................................... 893-4421
Avery Blackwell, Assistant Coach ................................................... 893-4421
Josh Priester, Assistant Coach ......................................................... 893-3746

Golf
Steve Lass, Head Coach ................................................................. 893-4587

Soccer, Men's
Tim Vom Steeg, Head Coach ......................................................... 893-3473
Greg Wilson, Assistant Coach ......................................................... 893-6044
Leo Chappel, Assistant Coach ....................................................... 893-6044
Neil Jones, Director of Operations ................................................. 893-3473

Soccer, Women's
Paul Stumpf, Head Coach ............................................................... 893-2715
Chris Fernandez, Assistant Coach .................................................. 893-5702
Stuart Dobson, Assistant Coach ..................................................... 893-3473

Softball
Brie Galicinao, Head Coach ............................................................ 893-3335
Caitlin Benyi, Assistant Coach ......................................................... 893-7760
Swimming, Men’s and Women’s
Gregg Wilson, Head Coach ............................................. 893-2989
Eric Fehr, Assistant Coach .................................................. 893-2505
Naya Higashijima, Assistant Coach ............................... 893-2505

Tennis, Men’s
Marty Davis, Head Coach ...................................................... 893-3954
Nick Brotman, Assistant Coach ............................................... 893-3954

Tennis, Women’s
Pete Kirkwood, Head Coach .................................................. 893-3747
Charlotte Scatliffe, Assistant Coach ............................... 893-3747

Volleyball, Men’s
Rick McLaughlin, Head Coach ............................................. 893-2200
Lee Nelson, Assistant Coach ................................................. 893-2310

Volleyball, Women’s
Kathy Gregory, Head Coach ............................................... 893-4881
Greg Gibbons, Assistant Coach ........................................... 893-2241

Water Polo, Men’s and Women’s
Wolf Wigo, Head Coach ...................................................... 893-3704
Cathy Neushul, Assistant Coach ......................................... 893-5188
Tim Settem, Assistant Coach .............................................. 893-3704