

## **1999 Releases**

**November 22, 1999**

### **UC IRVINE'S BAIRD PLACES 148<sup>TH</sup>, DOROSKI 201<sup>ST</sup> AT NCAA CHAMPIONSHIPS**

BLOOMINGTON, Ind. --- UC Irvine freshman Courtney Baird (San Diego/Helix HS) placed 148<sup>th</sup> with a time of 18:18.80 over 5,000 meters at the NCAA Cross Country Championships in Bloomington, Ind., Monday.

Baird qualified for the national meet after finishing 17<sup>th</sup> in the NCAA West Regional Nov. 13. She was second in the Big West Conference Championships Oct. 30, leading UC Irvine to the team title.

Wisconsin's Erica Palmer was the individual champion with a time of 16:39.50. BYU won the women's team title with 72 points.

Sophomore Jon Doroski (El Cajon/Valhalla HS) placed 202<sup>nd</sup> in Monday's NCAA meet with a time of 33:28.40 over 10,000 meters. Doroski finished 25<sup>th</sup> in the NCAA West Regional and seventh in the Big West Championships.

Doroski was the first UC Irvine male to compete at the NCAA since the Anteater team qualified in 1987.

South Alabama's David Kimani was the individual champion with a time of 30:06.60 over 10,000 meters. Arkansas captured the men's team title.

**November 15, 1999**

### **BAIRD, DOROSKI TO COMPETE AT NCAA CHAMPIONSHIPS**

**UC IRVINE WITH 2 RUNNERS TO NCAA MEET:** Freshman Courtney Baird (San Diego/Helix HS) and sophomore Jon Doroski (El Cajon/Valhalla HS) have earned spots in the NCAA Cross Country Championships at Bloomington, Ind., next Monday (Nov. 22). The men's 10,000-meter race will begin at 11:00 a.m. and the women's 5,000 meters at 12:15 p.m.

The two Anteater student-athletes qualified as a result of their performances at last Saturday's NCAA West Regional in Troutdale, Ore. Baird finished 17<sup>th</sup> in the women's regional with a time of 17:37 over 5,000 meters. She was second in the Big West Conference Championship Oct. 30.

Doroski was 25<sup>th</sup> in the men's race with a time of 31:38 over 10,000 meters. He was seventh at the Big West Conference Championship.

The two qualified for the NCAA meet by being one of the top four individual finishers who were not members of qualifying teams.

Doroski's competition in Bloomington Monday will mark the first NCAA Championship for a UC Irvine male

runner since the team qualified in 1987.

**WOMEN FINISH 7TH:** The UC Irvine women's cross country team placed seventh at the NCAA West Regional with 246 points. Stanford (29) and Washington (63) finished 1-2. Here are the results for UCI's seven runners:

- 17. Courtney Baird (Fr., San Diego/Helix HS) 17:37
- 38. Kareen Nilsson (Jr., Chino Hills/Ayala HS) 18:15
- 54. Allyson Kulak (Jr., Fullerton/Sunny Hills HS) 18:26
- 58. Jamie Blair (Sr., Golden, CO/Mullen HS) 18:32
- 87. Kerri Moran (So., Moorpark HS) 19:00
- 100. Melinda Fuller (Fr., Auburn/Placer HS) 19:14
- 117. Tessa Cendejas (Fr., Chino Hills/Ayala HS) 19:30

**ANTEATER MEN'S TEAM PLACES 9TH:** UCI's men's team finished ninth at the West Regional with 234 points. Stanford (40) and Arizona (74) were 1-2.

UCI's results for all seven runners:

- 25. Jon Doroski (So., El Cajon/Valhalla HS) 31:38
- 29. Mike Murray (Jr., Santa Margarita HS) 31:46
- 45. Chris Evans (Jr., Crescenta Valley HS) 32:13
- 67. Doug Frichtel (Sr., Hemet HS) 33:10
- 83. Travis Morisoli (Fr., Highland/Redlands HS) 33:37
- 121. Terry Nelson (Sr., Hunt. Beach/Golden West) 35:16
- 126. Robert Frichtel (Sr., Hemet HS) 35:31

**October 30, 1999**

**UC IRVINE WOMEN'S TEAM WINS BIG WEST CONFERENCE TITLE; ANTEATER MEN'S SQUAD PLACES 2ND**

ROCKLIN, Calif. --- The UC Irvine women's cross country team won the title at the Big West Conference Championships on the campus of Sierra College in Rocklin, Calif., Saturday. The title was the first since 1995 for Anteater women's cross country and the 11<sup>th</sup> overall for the program.

UCI won the championship with 71 points, four ahead of runner-up Idaho. Cal Poly SLO was third with 88,

Boise State fourth with 100 and Utah State was fifth with 101.

Boise State's Abby Peters won the 5,000-meter race with a time of 17:54. UC Irvine freshman Courtney Baird was second in 18:06 and senior Jamie Blair finished third in 18:14. Junior Kareen Nilsson was seventh in 18:29, junior Allyson Kulak was 22<sup>nd</sup> in 18:54, sophomore Kerri Moran placed 37<sup>th</sup> in 19:30, freshman Melinda Fuller was 45<sup>th</sup> in 19:45 and freshman Tessa Cendejas finished 48<sup>th</sup> in 19:51.

Head coach Vince O'Boyle was named the Big West Coach of the Year. This is the 11<sup>th</sup> time he has received the honor in women's cross country and 19<sup>th</sup> overall (seven in men's cross country and one in women's track).

The Big West title was the 42<sup>nd</sup> overall for UC Irvine Athletics since joining the conference in 1977.

In the men's race, Cal Poly SLO placed first with 21 points, UCI was second with 71, UC Santa Barbara third at 108, Utah State fourth with 116 and Boise State was fifth with 135.

Cal Poly's Adam Boothe won the 8,000 meter race in 24:49. UCI sophomore Jon Doroski was seventh in 25:25, junior Chris Evans was ninth in 25:28, junior Mike Murray was 10<sup>th</sup> in 25:29, senior Doug Frichtel was 20<sup>th</sup> in 26:15, freshman Travis Morisoli placed 25<sup>th</sup> in 26:21, senior Robert Frichtel was 49<sup>th</sup> in 27:16 and senior Terry Nelson finished 52<sup>nd</sup> in 27:24.

The second-place finish was the highest for the Anteater men's cross country program since 1991, when UCI won the conference meet.

Both Anteater teams will compete in the NCAA West Regional at Portland, Ore., Nov. 13.

## **October 22, 1999**

### **UC IRVINE MEN'S TEAM WINS CAL STATE FULLERTON INVITATIONAL**

FULLERTON, Calif. --- The UC Irvine men's cross country team won the title at the Cal State Fullerton Invitational Friday with 20 points. Pepperdine was second with 41 and Cal State Northridge third with 79.

Anteater senior Shahram DeZahd finished third with a time of 26:19.80 over the 8,000-meter course on the Fullerton campus. Brian Harrison was fifth in 26:58.70, Mike Arp placed sixth in 26:59.20, Andy Hassen was seventh in 27:14.40 and Chris Jensen finished 11<sup>th</sup> in 27:48.00.

The UCI women's team finished second with 50 points and UCLA was first with 42.

UCI's Amanda Armstrong finished eighth in 18:43.70 over 5,000 meters. Cathy Picha was ninth in 18:47.60, Lisa Massoth placed 10<sup>th</sup> in 18:47.90, Erin Kupka was 15<sup>th</sup> in 18:51.20 and Tessa Cendejas finished 18<sup>th</sup> in 19:02.40.

Both Anteater teams compete in the Big West Conference Championships at Rocklin, Calif., Saturday.

**October 9, 1999**

### **UC IRVINE TEAMS SWEEP UCSD IN DUAL MEETS**

**ANTEATERS SWEEP UCSD IN DUALS:** Both Anteater cross country teams swept UC San Diego in dual meets at La Jolla last Saturday. The UC Irvine women's team captured the top five places and nine of the first 10 in recording a perfect score of 15 to UCSD's 48. Anteater junior Allyson Kulak (Sunny Hills HS) won the 5,000-meter race in 19:18.52. UCI's top seven runners:

1. Allyson Kulak (Jr., Sunny Hills HS) 19:18.52
2. Amanda Armstrong (Fr., Thousand Oaks HS) 19:49.25
3. Tessa Cendejas (Fr., Chino Hills/Ayala HS) 20:11.07
4. Erin Kupka (Fr., Los Gatos/Leigh HS) 20:21.96
5. Sharon Nguyen (So., Riverside/North HS) 20:24.38
7. Sabrina Gunion (Jr., San Jose/Santa Teresa HS) 20:32.44
8. Lisa Massoth (Fr., Esperanza HS) 20:46.42

The Anteater men's team notched the second through fifth places to defeat the Tritons 22 to 36. Senior Shahram DeZahd (Newport Harbor HS) finished second in 28:40.51 over 8,000 meters.

UC Irvine's top seven runners:

2. Shahram DeZahd (Sr., Newport Harbor HS) 28:40.51
3. Brian Harrison (Fr., Agoura HS) 29:00.37
4. Humberto Hernandez (Fr., Whittier/St. Paul HS) 29:13.94
5. Andy Hassen (Fr., Mission Viejo HS) 29:26.93
8. Rob Evans (Fr., Crescenta Valley HS) 29:50.16

10. Viken Jermakian (So., Marina HS) 30:40.14

11. Chris Jensen (So., Thousand Oaks HS) 30:42.70

### **October 2, 1999**

#### **UC IRVINE WOMEN 8<sup>TH</sup>, MEN'S TEAM PLACES 9<sup>TH</sup> AT STANFORD**

STANFORD, Calif. --- The UC Irvine women's cross country team finished eighth of 22 teams with 277 points at the Stanford University Invitational Saturday.

Stanford won the title with 36 points, Arkansas was second with 51 and BYU third with 82.

Amy Yoder of Arkansas won the 5,000-meter race in 16:41. UC Irvine's Kareen Nilsson was 33<sup>rd</sup> in 17:54, Jamie Blair finished 38<sup>th</sup> in 18:03, Courtney Baird was 45<sup>th</sup> in 18:12, Allyson Kulak placed 82<sup>nd</sup> in 18:55 and Tessa Cendejas was 91<sup>st</sup> in 19:03.

Stanford also won the men's title with 37 points, Arizona was second with 46 and Washington third with 105. UC Irvine finished ninth of 18 teams with 270.

Micheil Jones of Arizona won the 8,000-meter race in 24:19. UC Irvine's Jon Doroski was 19<sup>th</sup> in 25:17, Chris Evans placed 37<sup>th</sup> in 25:49, Travis Morisoli was 74<sup>th</sup> in 26:36, Mike Murray finished 78<sup>th</sup> in 26:39 and Doug Frichtel was 81<sup>st</sup> in 26:47.

Both Anteater teams compete in a dual meet at UC San Diego Saturday.

### **September 27, 1999**

#### **ANTEATER CROSS COUNTRY TEAMS AT STANFORD SATURDAY**

Coach Vince O'Boyle's UC Irvine men's and women's cross country teams compete in the Stanford Invitational at the Stanford University Golf Course Saturday. This is traditionally one of the top regular-season meets on the West Coast.

**ANTEATER WOMEN WIN UCSB 5-WAY MEET:** Freshman Courtney Baird's (San Diego/Helix HS) first-place finish lifted the UC Irvine women's team past host UC Santa Barbara by one point in a five-way meet at the Campus Lagoon Course on the UCSB campus Saturday. Baird ran the 5,000-meter course in 18:12.9 to win by 17 seconds over her nearest pursuer. The Anteaters finished with 37 points to the Gauchos' 38. UCI's top seven runners:

1. Courtney Baird (Fr., San Diego/Helix HS) 18:12.9

6. Allyson Kulak (Jr., Sunny Hills HS) 18:47.4

- 8. Tessa Cendejas (Fr., Chino Hills/Ayala HS) 19:01.9
- 9. Erin Kupka (Fr., Los Gatos/Leigh HS) 19:19.0
- 13. Lisa Massoth (Fr., Esperanza HS) 19:37.0
- 16. Sabrina Gunion (Jr., San Jose/Santa Teresa HS) 19:45.5
- 23. Amanda Armstrong (Fr., Thousand Oaks HS) 20:00.8

The Anteater men's team finished fifth in their competition at the UCSB meet.

Senior Shahram DeZahd (Newport Harbor HS) was the top Anteater runner with a time of 21:14.5 over four miles. UC Irvine's top seven runners:

- 23. Shahram DeZahd (Sr., Newport Harbor HS) 21:14.5
- 25. Mike Arp (So., Oakland/St. Mary's HS) 21:27.7
- 31. Andy Hassen (Fr., Mission Viejo HS) 21:48.4
- 34. Rob Evans (Fr., Crescenta Valley HS) 21:55.5
- 37. Viken Jermakian (Fr., Hunt. Beach/Marina HS) 22:04.2
- 41. Chris Jensen (So., Thousand Oaks HS) 22:18.4
- 43. Humberto Hernandez (Fr., Whittier/St. Paul HS) 22:38.4

### September 20, 1999

#### ANTEATER CROSS COUNTRY TEAMS AT UCSB 4-WAY MEET SATURDAY

**UC IRVINE FACES BIG WEST FOES:** The UC Irvine cross country teams travel to Santa Barbara Saturday to meet host UCSB, Cal State Fullerton and Cal Poly. Starting times for the meet at UCSB's Lagoon Course are 11:00 a.m. for the women's 5,000 meters and 11:45 a.m. for the men's 8,000 meters.

**ANTEATERS FINISH 3<sup>RD</sup> AT AZTEC INVITATIONAL:** Both UC Irvine teams placed third in the 56<sup>th</sup> annual Aztec Invitational at San Diego's Balboa Park this past Saturday.

The UCI women's team finished with 99 points as Arizona was first with 37 and UCLA second with 40. Junior Kareen Nilsson (Chino Hills/Ayala HS) was UCI's top runner for the second straight week with a fourth-place finish of 18:02 over 5,000 meters. The Anteaters' top seven individuals:

- 4. Kareen Nilsson (Jr., Chino Hills/Ayala HS) 18:02
- 13. Jamie Blair (Sr., Golden, CO/Mullen HS) 18:29

- 27. Melinda Fuller (Fr., Auburn/Placer HS) 19:03
- 31. Courtney Baird (Fr., San Diego/Helix HS) 19:25
- 35. Kerri Moran (So., Moorpark HS) 19:32
- 47. Tessa Cendejas (Fr., Chino Hills/Ayala HS) 19:46
- 48. Erin Kupka (Los Gatos/Leigh HS) 19:47

The Anteater men's team also finished third with 76 points behind Arizona (19) and Southern Utah (50).

Junior Chris Evans (Crescenta Valley HS) was the Anteaters' top runner with a 10<sup>th</sup>-place finish of 25:57 over 8,000 meters. UC Irvine's top seven runners:

- 10. Chris Evans (Jr., Crescenta Valley HS) 25:57
- 12. Jon Doroski (So., El Cajon/Valhalla HS) 26:12
- 21. Mike Murray (Jr., Santa Margarita HS) 26:53
- 22. Robert Frichtel (Sr., Hemet HS) 26:58
- 24. Travis Morisoli (Fr., Redlands HS) 27:11
- 28. Doug Frichtel (Sr., Hemet HS) 27:27
- 34. Terry Nelson (Sr., Golden West CC) 27:49

**September 18, 1999**

**UC IRVINE WOMEN, MEN FINISH 3<sup>RD</sup> AT AZTEC INVITATIONAL**

SAN DIEGO, Calif. --- Both UC Irvine cross country teams placed third in the 56<sup>th</sup> annual Aztec Invitational at Balboa Park in San Diego Saturday.

The Anteater women's team finished with 99 points as Arizona was first with 37 and UCLA second with 40.

Arizona's Tara Chaplin was the individual winner with a time of 17:21 over 5,000 meters. UC Irvine junior Kareen Nilsson finished fourth in 18:02 and senior Jamie Blair was 13th in 18:29. Freshman Melinda Fuller placed 27<sup>th</sup> in 19:03.

Arizona also captured the men's title with 19 points, followed by Southern Utah at 50 and UC Irvine with 76.

Micheil Jones of Arizona won the 8,000-meter race in 25:04, followed by Southern Utah's Jody Benson in

25:11. Anteater junior Chris Evans finished 10<sup>th</sup> in 25:57 and sophomore Jon Doroski was 12<sup>th</sup> in 26:12.

Both UC Irvine teams travel to Santa Barbara next Saturday to meet the host Gauchos, Cal State Fullerton and Cal Poly SLO.

**September 13, 1999**

### **ANTEATER CROSS COUNTRY TEAMS AT AZTEC INVITATIONAL SATURDAY**

**UC IRVINE TRAVELS TO SAN DIEGO:** The UC Irvine cross country teams journey to San Diego Saturday for the 56<sup>th</sup> annual Aztec Invitational at Balboa Park. The women's 5,000-meter race begins at 8:30 a.m. and the men's 8,000 meters at 9:45 a.m.

**LAST WEEK'S SEASON OPENER:** The Anteaters opened the 1999 season hosting the UC Irvine/Asics Invitational at Central Park in Huntington Beach last Saturday. Arizona State won the women's title with 22 points and UC Irvine finished fourth with 124 points in the 16-team field. In the men's competition, Arizona was the champion with 36 points and UC Irvine placed seventh with 207 points in the 13-team field.

**INDIVIDUALLY SPEAKING:** Junior Kareen Nilsson (Chino Hills/Ayala HS) finished eighth for the Anteaters with a time of 18:14.00 over 5,000 meters last Saturday. The top seven runners for UC Irvine in last week's meet:

8. Kareen Nilsson (Jr., Chino Hills/Ayala HS) 18:14.00

15. Jamie Blair (Sr., Golden, CO/Mullen HS) 18:33.80

21. Courtney Baird (Fr., San Diego/Helix HS) 18:41.60

45. Melinda Fuller (Fr., Auburn/Placer HS) 19:20.10

50. Tessa Cendejas (Fr., Chino Hills/Ayala HS) 19:29.00

62. Kerri Moran (So., Moorpark HS) 19:43.40

72. Lisa Massoth (Fr., Esperanza HS) 20:08.10

Sophomore Jon Doroski (El Cajon/Valhalla HS) was the top runner for the Anteater men with a 24<sup>th</sup>-place finish of 25:33.50 over 8,000 meters. UC Irvine's top seven runners:

24. Jon Doroski (So., El Cajon/Valhalla HS) 25:33.50

33. Chris Evans (Jr., Crescenta Valley HS) 25:57.00

47. Mike Murray (Jr., Santa Margarita HS) 26:30.60

54. Robert Frichtel (Sr., Hemet HS) 26:44.10

67. Chris Burton (So., Chino/Air Force Academy) 27:25.30

70. Travis Morisoli (Fr., Redlands HS) 27:33.90

71. Brian Harrison (Fr., Agoura HS) 27:33.90

**COACH O'BOYLE:** Vince O'Boyle is in his 18<sup>th</sup> season as head coach of the men's and women's cross country programs at UC Irvine. O'Boyle has been named Big West Conference Coach of the Year 18 times: 17 in cross country (10 with the women, seven with the men), and once in women's track and field. He is assisted by Ben Cesar and Jerome Anello.