

## **2006 Releases**

**4 NAMED ACADEMIC ALL-MPSF:** Four members of the UC Irvine women's indoor track and field team have been named to the Academic All-Mountain Pacific Sports Federation team. The Anteater honorees are Kym Kroh, Corica Rodgers, Kristen Silverman and Danielle St. John.

To be eligible, the student-athlete must have a minimum 3.0 cumulative grade-point average, be at least a sophomore academically, must have completed one full academic year at the member institution prior to the season for which the award is presented, and must have competed in 50 percent of the team's competitions in that sport.

**February 25, 2006**

### **UC IRVINE PLACES 10TH AT MPSF INDOOR CHAMPIONSHIPS**

**SEATTLE, Wash. ---** The UC Irvine women's track and field team finished 10th in the Mountain Pacific Sports Federation Indoor Championships that concluded Saturday at Dempsey Indoor Stadium in Seattle, Wash.

Freshman Lauren Collins finished fifth in the high jump with a mark of 5-5 1/4 and teammate Danielle St. John tied for eighth place, also with a mark of 5-5 1/4. The distance medley relay of Amber Steen, Corica Rodgers, Samantha Costantini and Marie Nguyen placed seventh with a time of 11:52.60.

Kat Dawkins finished 12th in the long jump (17-8 3/4) and Erricka Williams was 15th in the triple jump with a mark of 36-5 1/2.

In the pentathlon, UCI's Orlisha Henlon placed 14th with 3,466 points and Collins was 15th with a total of 3,456 points.

**February 21, 2006**

### **ANTEATER WOMEN'S TEAM COMPETES AT MPSF INDOOR CHAMPIONSHIPS**

**CONFERENCE MEET IN SEATTLE:** The UC Irvine women's indoor track and field team competes in the Mountain Pacific Sports Federation Championships at Dempsey Indoor Stadium in Seattle, Wash., Friday and Saturday (Feb. 24-25).

**IN THE MPSF TOP MARKS:** Freshman Lauren Collins has the fifth-best mark in the high jump entering this weekend's competition. She recorded a mark of 5-7 in winning the event at the Air Force Invitational earlier this month. UCI's Danielle St. John (5-5 3/4) ranks 13th and Orlisha Henlon is 15th (5-5) in the MPSF top marks' list. Collins ranks 14th in the 60-meter hurdles with a time of 9.10, Erricka Williams is 16th in the triple jump (37-5) and Henlon is 17th in the long jump (17-11 1/4).

Collins and Henlon will compete in the pentathlon at the MSPF Championships this weekend. Collins has the 11th-best total (3,483) and Henlon is 12th (3,465) in the MPSF this season.

Amber Steen, who won the Big West Conference individual cross country title in helping the Anteaters to the team championship this past fall, leads several UCI distance runners who will compete in Seattle this weekend.

**OUTDOOR SQUADS TRAVEL TO CLAREMONT:** The UCI men's and women's outdoor track and field teams will compete in the 10th annual Rossi Relays at Claremont Saturday (Feb. 25).

**February 11, 2006**

#### **UC IRVINE'S COMRIE, EISON WIN EVENTS AT NAU DOUBLE-DUAL**

**FLAGSTAFF, Ariz.** --- UC Irvine's Dayne Comrie and Julian Eison won events at the Northern Arizona Double-Dual indoor track and field meet in Flagstaff, Ariz., Saturday.

Comrie won the 400 meters in 48.65 while Eison captured the high jump with a mark of 6-8 3/4.

The Anteaters' Alex Lohman finished second in the pole vault (15-7) and Mike Beerer placed second in the weight throw with a mark of 57-10 1/2.

For the UCI women's team, Lauren Collins was second in the 60-meter hurdles (9.06) and she tied with teammate Danielle St. John for runner-up in the high jump at 5-5 3/4. Orlisha Henlon placed second in the long jump with a mark of 17-11 1/2.

The Anteater women's squad competes in the Mountain Pacific Sports Federation Indoor Championships in Seattle, Wash., Feb. 24-25.

**February 7, 2006**

#### **INDOOR ACTION AT NORTHERN ARIZONA SATURDAY**

**OFF TO FLAGSTAFF:** The UC Irvine women's indoor track and field team travels to Flagstaff, Ariz., for the Northern Arizona double-dual meet this Saturday (Feb. 11). A collection of UCI men will also compete. Joining host NAU and UCI are Long Beach State and Southern Utah in the meet that begins at 8:30 a.m. at the Walkup Skydome.

**February 4, 2006**

#### **LAUREN COLLINS WINS HIGH JUMP AT AIR FORCE INVITATIONAL**

**USAF ACADEMY, Colo.** --- UC Irvine freshman Lauren Collins won the high jump with a mark of 5-7 in the Air Force Indoor Track & Field Invitational that concluded Saturday at the United States Air Force Academy in Colorado. Collins placed eighth in the 60-meter hurdles with a time of 9.21.

Junior Kat Dawkins finished sixth in the long jump at 17-6 and junior Erricka Williams finished eighth in the triple jump at 37-5. UCI junior Orlisha Henlon was ninth in the high jump at 5-5,

sophomore Danielle St. John was 10th at 5-3 and freshman Christina Sando finished 12th, also at 5-3. Junior Ashlee Marshall was 12th in the long jump at 16-10 1/2.

In the 60-meter dash, UCI's Nicole Dickerson finished 13th (8.15) and Kristen Silverman was 14th (8.21).

UCI returns to action in the Northern Arizona double-dual at Flagstaff Saturday (Feb. 11).

**January 31, 2006**

### **ANTEATERS COMPETE AT AIR FORCE INVITATIONAL THIS WEEKEND**

**UCI IN COLORADO THIS WEEKEND:** The UC Irvine women's indoor track and field team competes in the 16th annual Air Force Invitational at Cadet Field House at Air Force Academy, Colo., Friday and Saturday (Feb. 3-4). Friday's events begin at 12:00 p.m. (MST) with Saturday's first event scheduled for 9:00 a.m. Seventeen teams are expected to compete.

**COLLINS, HENLON PLACE 8-9 AT SEATTLE:** UC Irvine freshman Lauren Collins and junior Orlisha Henlon placed eighth and ninth, respectively, in the pentathlon at the UW Indoor Track & Field Invitational that concluded this past Saturday at Dempsey Indoor Stadium in Seattle, Wash.

Collins finished with 3,483 points and Henlon scored 3,465. UCI junior Erricka Williams finished eighth in the triple jump (36-8 1/4), sophomore Danielle St. John was eighth in the high jump (5-3 1/4), and junior Kat Dawkins placed ninth in the long jump at 17-8.

**January 28, 2006**

### **COLLINS, HENLON PLACE 8-9 IN PENTATHLON AT UW INVITATIONAL**

**SEATTLE, Wash. ---** UC Irvine freshman Lauren Collins and junior Orlisha Henlon placed eighth and ninth, respectively, in the pentathlon at the UW Indoor Track & Field Invitational that concluded Saturday at Dempsey Indoor Stadium in Seattle, Wash.

Collins finished with 3,483 points and Henlon scored 3,465.

UCI junior Erricka Williams finished eighth in the triple jump (36-8 1/4), sophomore Danielle St. John was eighth in the high jump (5-3 1/4), and junior Kat Dawkins placed ninth in the long jump at 17-8.

**January 24, 2006**

### **WOMEN'S INDOOR TEAM OPENS 2006 SCHEDULE AT UW INVITATIONAL**

**UCI WOMEN'S INDOOR TEAM OPENS IN SEATTLE:** The UC Irvine women's indoor track and field squad opens the 2006 schedule at the UW Invitational in Seattle Friday and Saturday (Jan.

27-28). Multi-events, the distance medley relay and the 5,000 meters will be contested Friday night. Field events begin Saturday at 9:00 a.m. with the first running event slated for 10:20 a.m.

**THE COACH:** Associate head track and field coach Ben Cesar oversees the UCI indoor program and indicated he is bringing eight student-athletes to Washington.

"We are using this meet to give the athletes a chance to get one more meet in for qualifying purposes," Cesar said. "In the past four years, we only competed in two meets plus the MPSF Championships and we hope that the athletes we are taking will take advantage of this opportunity to compete at another meet against high-level competition.

"Lauren Collins and Orlisha Henlon will compete in their first multi-event and this will allow them to gauge what the pentathlon is all about. The rest of the team includes five jumpers and one sprinter (Sharitie Williams), who we are looking to be team leaders in their events during the indoor season and especially the outdoor season," Cesar added.

**THE SCHEDULE:** Following this weekend's meet, UCI is scheduled to compete in the Air Force Invitational at Colorado Springs Feb. 3-4 and the Northern Arizona Double Dual in Flagstaff Feb. 11 before traveling back to Seattle for the Mountain Pacific Sports Federation Championships Feb. 24-25. Any qualifiers for the national meet will advance to the NCAA Indoor Championships in Fayetteville, Ark., Mar. 10-11.