



UCF Twilight

University of Central Florida - Orlando, FL

Thursday, May 3, 2012

All Teams and must have approval from Head Coach Caryl Smith Gilbert before registering. This meet is restricted to Division 1 Teams only. Only invited unattached athletes will be allowed to compete.

Rules/Eligibility - Events will be conducted under NCAA rules. All athletes representing intercollegiate programs must be eligible according to respective NCAA rules.

Meet Conduct - All running events will be conducted as finals. Field events will be conducted as preliminaries with the top nine competitors advancing to the finals for three more attempts.

Track - 400m – 8 lane - BSS 2000 Encapsulated Benyon Surface.

Entry Information/Fee

All entries must be submitted on line at www.directathletics.com. **NO REFUNDS WILL BE GIVEN THIS INCLUDES INCLEMENT**

WEATHER AND CANCELTION

- \$250.00 per team. We will not be charging by individual athlete
- No unattached athletes permitted without permission from Head Coach Caryl Smith-Gilbert. Cost \$25.00

*Entry fees must be paid on line at www.directathletics.com **NO REFUNDS WILL BE PROVIDED.**

Entry Deadline – Monday, May 3, 2012 @ 5:00pm. Eastern Time

Admission – Complimentary.

Packet Pickup – Packets will be available in the press box. Packets will be Available 90 minutes before first event.

Warm Up area- ALL warm-ups will be done in the IOA Plaza to the West of the football stadium. **NO WARM UPS WILL BE ALLOWED ON THE INFIELD.**

Team Areas - Team areas will be hosted in the IOA Plaza to the West of the football stadium. This location is central to parking, warm-up area and the track complex.

Lightening Policy - The athletic facilities are equipped with a lightening detection system. One long siren indicates the facility must be completely evacuated IMMEDIATELY. The facility can be re-entered when three sirens are heard.

Athlete Check-in

- Running event participants must check-in with the meet clerk of the course located near the scoreboard on the track, no later than 30 minutes prior to the start of the scheduled event.
- Field event participants must report to the event site no later than 45 minutes prior to the start of the scheduled event.

Parking

Teams - Bus/van parking will be in Lot E8 or Garage F – located on the north side of Brighthouse Stadium.

Spectators- E8 – the fee is \$5. Overflow parking will be located in lots E6 and E7.

Officials will be provided a parking pass by UCF meet manager.

Implement Weigh-ins - All implements should be delivered to the facilities bldg. located north of the throwing sector during this time period for weigh-ins. Uncertified implements will be impounded and released following the event. Weigh Ins Open 2 hours before first event.

Time Schedule

A tentative time schedule is attached. Adjustments may be made to the time schedule based on number of entries. Please check www.ucfathletics.com on Wednesday evening for adjustments to the time schedule.

Facilities - Restrooms will be located in the baseball concourse. Temporary facilities will be located around the track and on the warm –up field. No shower facilities are available. Administrative offices are off limits to visiting athletes and coaches.

Athletic Trainers - Athletic Trainers will be located in the center trailer on the track. Please Contact our Trainer with questions.

Becky Park- rpark@athletics.ucf.edu 407-823-2103

Hospitality – Food and refreshments will be provided for all officials and credentialed volunteers.

Results – will be posted behind the press box and can be found on www.ucfathletics.com
For More Information- Jeff Chakouian- jchakouian@athletics.ucf.edu or (407) 823-2411

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UCF Twilight Information

****Do to the increased numbers of entries we will be limiting our field sizes and creating minimum marks in the field events ****

Field Sizes

Event Number accepted

Field Events- 24

Open Track Events- 48

4x1 Relay- 16

4x400 Relay- 16

Opening Heights/ Minimum Marks

<u>Event</u>	Women	Men
Pole Vault	3.20	4.50
High Jump	1.58	1.93
Long Jump	5.73	6.50
Triple Jump	11.28	14.00
Shot Put	12.20	13.70
Discus	40.00	45.00
Hammer	43.00	48.00
Javelin	35.00	50.00

**All Entries must be verifiable by TFRRS, Direct Athletics, IAAF or USATF.
If your entry is not verifiable you will not be entered in the meet.**

UCF Twilight - Tentative SCHEDULE

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Field Events:

10:00 Javelin – Men Followed by women

Hammer (Follows Javelin) – Men Followed by women

Discus (Follows Hammer) – Men Followed by women

Shot (Follows Discus) – Men Followed by women

11:00 Pole Vault- Women Followed by men

High Jump (Follows Pole Vault) - Women Followed by men

2:30 Long Jump – Men Followed by women

Triple Jump (Follows Long Jump) Men Followed by women

Running Events will be on a rolling schedule

4:00 4x100M Relay (W)

4x100M Relay (M)

1500M (W)

1500M (M)

100M Hurdles (W)

110M Hurdles (M)

400M (W)

400M (M)

100M (W)

100M (M)

800M (W)

800M (M)

400M Hurdles (W)

400M Hurdles (M)

200M (W)

200M (M)

3000M Steeplechase (W)

3000M Steeplechase (M)

4x400M Relay (W)

4x400M Relay (M)

