



UCF Invitational
University of Central Florida - Orlando, FL
Friday & Saturday, March 23-24, 2012

All Teams must have approval from Head Coach Caryl Smith Gilbert before registering. This meet is restricted to Division 1 teams only. Only invited unattached athletes will be allowed to compete.

Rules/Eligibility - Events will be conducted under NCAA rules. All athletes representing intercollegiate programs must be eligible according to respective NCAA rules.

Meet Conduct - All running events will be conducted as finals. Field events will be conducted as preliminaries with the top nine competitors advancing to the finals for three more attempts.

Track - 400m – 8 lane - BSS 2000 Encapsulated Benyon Surface.

Entry Information/Fee

All entries must be submitted on line at www.directathletics.com. **NO REFUNDS WILL BE GIVEN THIS INCLUDES INCLEMENT WEATHER AND CANCELATION**

- \$300.00 per team. We will not be charging by individual athlete.
- No unattached athletes permitted without permission from Head Coach Caryl Smith-Gilbert. Cost \$25.00

*Entry fees will be paid at packet pick up or online @ www.directathletics.com **NO REFUNDS WILL BE PROVIDED.**

Entry Deadline – Monday, March 19th, 2012 @ 5:00pm. Eastern Time

Admission – Complimentary.

Packet Pickup – Packets will be available in the press box. Packets will be Available 90 minutes before first event.

Warm Up area- ALL warm-ups will be done in the IOA Plaza to the West of the football stadium. **NO WARM UPS WILL BE ALLOWED ON THE INFIELD.**

Team Areas - Team areas will be hosted in the IOA Plaza to the West of the football stadium. This location is central to parking, warm-up area and the track complex.

Lightening Policy - The athletic facilities are equipped with a lightening detection system. One long siren indicates the facility must be completely evacuated IMMEDIATELY. The facility can be re-entered when three sirens are heard.

Athlete Check-in

- Running event participants must check-in with the meet clerk of the course located near the scoreboard on the track, no later than 30 minutes prior to the start of the scheduled event.
- Field event participants must report to the event site no later than 45 minutes prior to the start of the scheduled event.

Parking

Teams - Bus/van parking will be in Lot E8 or Garage F – located on the north side of Brighthouse Stadium.

Spectators- E8 – the fee is \$5. Overflow parking will be located in lots E6 and E7.

Officials will be provided a parking pass by UCF meet manager.

Implement Weigh-ins - All implements should be delivered to the facilities bldg. located north of the throwing sector during this time period for weigh-ins. Uncertified implements will be impounded and released following the event. Weigh Ins Open 2 hours before first event.

Time Schedule

A tentative time schedule is attached. Adjustments may be made to the time schedule based on number of entries. Please check www.ucfathletics.com on Thursday evening for adjustments to the time schedule.

Facilities - Restrooms will be located below the press box. Temporary facilities will be located around the track and on the warm – up field. No shower facilities are available. Administrative offices are off limits to visiting athletes and coaches.



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Athletic Trainers - Athletic Trainers will be located in the center trailer on the track. Please Contact our Trainer with questions.

Becky Park- rpark@athletics.ucf.edu 407-823-2103

Hospitality - Food and refreshments will be provided for all officials and credentialed volunteers.

Results - will be posted behind the press box and can be found on www.ucfathletics.com

For More Information- Jeff Chakouian- jchakouian@athletics.ucf.edu or (407) 823-2411

UCF Invitational Entry Information

The 200 heats will be drawn after the 100 Meters. All Athletes who are expected to compete in the 200 MUST CHECK IN to the Clerk by 2:45pm. If any athlete fails to check in by 2:45pm they will be scratched.

**Do to the increased numbers of entries we will be limiting our field sizes and creating minimum marks in the field events **

Field Sizes

Event Number accepted

Field Events- 24

Open Track Events- 48

4x1 Relay- 12

4x400 Relay- 12

Opening Heights

| <u>Event</u> | Women | Men |
|--------------|-------------|-------------|
| Pole Vault | 3.20 (10-6) | 4.50 (14-9) |
| High Jump | 1.55 (5-1) | 1.95 (6-4) |

Minimum Marks (We will not mark any attempt under the minimum mark)

| <u>Event</u> | Women | Men |
|--------------|---------------|---------------|
| Long Jump | 5.63 (18-5) | 6.40 (21-0) |
| Triple Jump | 11.40 (37-5) | 13.90 (45-7) |
| Javelin | 33.53 (110-0) | 50.30 (165-0) |
| Shot Put | 12.19 (40-0) | 13.72 (45-0) |
| Discus | 39.62 (130-0) | 42.67(140-0) |
| Hammer | 42.67 (140-0) | 45.72 (150-0) |

All Entries must be verifiable by TFRRS, Direct Athletics, IAAF or USATF.
If your entry is not verifiable you will not be entered in the meet.

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Final SCHEDULE

FRIDAY, March 23, 2012

| | |
|---------|-----------------------------------|
| 12:00pm | Javelin-Women |
| 2:00pm | Javelin- Men |
| 2:00pm | Pole Vault- women followed by Men |
| 3:30pm | Hammer- Women |
| 3:30pm | Long Jump- Women followed by Men |
| 5:30pm | Hammer- Men |
| 7:00 pm | 3000m Steeple Women |
| 7:15 pm | 3000m Steeple Men |
| 7:35 pm | 10,000m Women |
| 8:20 pm | 10,000m Men |

SATURDAY, March 24, 2012

| | |
|----------|------------------------------------|
| 9:00 am | Discus- Women |
| 11:00 am | Discus -Men |
| 10:00 am | High Jump- Women followed by Men |
| 1:00 pm | Shot Put-Women followed by Men |
| | Triple Jump- Women followed by Men |
| 12:30 pm | 4x100M Relay Women Final |
| 12:40 pm | 4x100M Relay Men Final |
| 12:45 pm | 1500m Women - Heats by time |
| 1:00 pm | 1500m Men - Heats by time |
| 1:15 pm | 100m Hurdles Women Heats by time |
| 1:35pm | 110m Hurdles Men Heats by time |
| 1:50 pm | 400m Women Heats by time |
| 2:10 pm | 400m Men Heats by time |
| 2:25 pm | 100m Women Heats by time |
| 2:35 pm | 100m Men Heats by time |
| 2:45 pm | 800m Women Heats by time |
| 3:00 pm | 800m Men Heats by time |
| 3:20 pm | 400m Hurdles Women Heats by time |
| 3:35 pm | 400m Hurdles Men Heats by time |
| 3:45 pm | 200m Women - Heats by time |
| 4:10 pm | 200m Men - Heats by time |
| 4:30 pm | 5000m Women |
| 4:55 pm | 5000m Men |
| 5:15 pm | 4x400 Relay Women Heats by time |
| 5:30 pm | 4x400 Relay Men Heats by time |



UCF Invitational 2012
Visiting Team Practice Schedule

***Due to our facility layout; long throws must be done during the long throw time slot. The curve adjacent to the throwing sector will be closed during these times.**

Tuesday March 20th

Noon-6pm ***(Long Throws from Noon to 2pm)**

Wednesday March 21st

8am-noon; 4:30pm- 7:00pm ***(Long Throws from 10am-noon)**

Thursday March 22nd

Noon- 6:00pm ***(Long Throws from Noon to 2pm)**

Friday March 23rd

8:00am- noon ***(Long Throws from 10am-noon) 3:30-6:00pm**