

# Joi Williams Basketball Camps 2012

## @ UCF



### FUNDAMENTAL DAY CAMP

- This camp offers a solid foundation in skill development and motivation
- The teaching progression takes into account age and skill differences
- Develop listening skills
- Lengthen attention span
- Motivation & Goal Setting
- Team Concept—Team Attitude
- Develop confidence, love of the game, athleticism and improve your individual skills
- Footwork
- Defensive Technique
- Stance & Close Outs
- Setting & Using Screens
- Passing & Receiving
- Ballside & Helpside Defense
- Shooting Instruction
- Live Ball Moves & Lay-ups
- Game competition to enhance skills
- Conditioning and Strength
- Notebook concept for review
- Build your personal skill development program

### Middle School, JV & Varsity Team Camp

*Coaches please contact us for a special brochure on team camp.*

- **Pick your days and times**
- **Pay per game**
- **Please call for information on discounted hotel information**

**For more information email:**  
gbrown@athletics.ucf.edu

Come be a part of a teaching & fundamental camp led by Coach Joi Williams and her staff.  
The UCF players will serve as counselors at all camps.

### **Position Play Camp**

7th Thru 12th Grade.....9:00 - 5:00pm.....June 9

**Middle School, Jr. Varsity & Varsity Team Camp**  
MS, JV & Varsity.....June 13 - 16

### **Fundamental Day Camp**

2nd Thru 12th Grade...9:00 - 4:00pm.....June 18 - 22

### **Scoring & Offensive Play Camp**

3rd Thru 12th Grade.....1:00 - 4:00 pm.....June 25 - 27

**Questions? Call 407-823-6266**

**Register on-line at:**

<http://www.joiwilliamsbasketballcamps.com/>

Per NCAA rules, sports camps and clinics are open to any and all entrants. Enrollment is limited only by age, grade level, gender and capacity as specified by each camp.

### **EVERY CAMPER IN THE INSTRUCTIONAL CAMPS WILL RECEIVE**

- A Basketball (Fundamental & Scoring Camps)
  - A Camp Shirt
  - Motivational Materials
- A confirmation letter with detailed information concerning check-in times, things to bring, directions
- Waiver form will be sent when your application and deposit are received.
- Applications will be processed on a first-come, first-serve basis.

### **RETURN TO:**

Joi Williams Basketball Camps  
4250 Alafaya Trail Ste 212-325  
Orlando, FL 32765

**Make Checks Payable To:**  
Joi Williams Basketball Camps

### POSITION PLAY CAMP

- Strength & Conditioning
- Ballhandling
- Shooting Development
- Individual Development Workouts
- Daily Competition
- Learn who you are and what your game is
- Camper will choose one of two groups:

### POSTS:

- Low Post Positioning
- Receiving & Moves
- Mental Approach to Post Play
- Post Defense
- Rebounding
- Setting & Using Screens
- Post Booklet

### PERIMETER:

- Attacking Pressure
- Passing & Receiving
- Feeding Post
- Live Ball Moves
- Setting & Using Screens
- Individual Defense
- Fast Break Decisions
- Ways To Get 3's
- Guard Booklet

### SCORING AND OFFENSIVE PLAY CAMP

- Individual Breakdown of shot
- Footwork/ Shot Preparation
- Getting Open To Score
- Free-Throws
- Live & Dead Ball Moves
- Learn your shot and learn to teach yourself
- Shooting Booklet

