

2018 DFW/UTA Track & Field Clinic

JANUARY 19-20, 2018

SPONSORED BY UTA TRACK & FIELD



Register now for the outstanding DFW/UTA Track & Field Clinic!

This year's clinic will feature lectures and demonstrations from some of the area's most successful and respected high school and college coaches. Learn from those who have won high school state championship teams, coached college conference championship teams, and tutored all-state and All-American athletes.

Friday night's session will be held at the luxurious Hilton Garden Inn Dallas/Arlington South, while Saturday's sessions will provide coaches on-site training at Maverick Stadium, the home of the UTA track and field and cross country programs, which have won 31 conference team championships under Coach John Sauerhage since 1995.

DATES

Friday, Jan. 19, 2018

Evening Session

Hilton Garden Inn Dallas/Arlington South
521 East Interstate 20
Arlington, Texas 76018

Saturday, Jan. 20, 2018

Morning/Afternoon Session

Maverick Stadium
1309 West Mitchell Street
Arlington, Texas 76019

LODGING

Hilton Garden Inn Dallas/Arlington South

521 East Interstate 20
Arlington, Texas 76018
www.dallasarlingtonssouth.hgi.com
For Special Rate: Call (817) 557-8233 by Jan. 8.

SCHEDULE OF EVENTS

Friday, Jan. 19, 2018

Hilton Garden Inn Dallas/Arlington South

4-7 p.m. Registration at Hilton Garden Inn Dallas/Arlington South
7-8 p.m. Justin Leonard (Southlake Carroll Head Coach) – Distance Training
8-9 p.m. Kendrick Crumedy (Manvel Head Coach) – Sprints Training
9-11 p.m. Coaches Social
Sponsors: RunFAR Racing Services, SportsScapes Construction, Balfour

Saturday, Jan. 20, 2018

UTA Maverick Stadium

9-10 a.m. John Ridgway (UTA Assistant Coach) – Throws Training
10-11 a.m. Brandon Berger (UTA Associate Head Coach) – Jumps Training
11-12 p.m. Don Hood (LeTourneau Head Coach) – Hurdles Training
12-1:30 p.m. Lunch Break – Food Provided at Stadium
1:30-4 p.m. Learn-By-Doing Station Rotations
Rotation times every 30 minutes (Wear Activity Clothes)
1. Starts; 2. Relays; 3. Jumps Training; 4. Throws; 5. Hurdle Drills



UTA Head Coach
John Sauerhage



UTA Associate
Head Coach
Brandon Berger



UTA Women's
Associate Head Coach
Jordan Durham



UTA Assistant Coach
Tyrone Edgar



UTA Assistant Coach
John Ridgway



LeTourneau
Head Coach
Don Hood



Southlake Carroll H.S.
Head Coach
Justin Leonard



Manvel H.S.
Head Coach
Kendrick Crumedy

DFW/UTA TRACK & FIELD CLINIC REGISTRATION

Registration Fee: \$75 (By Jan. 8, 2018) Late Registration/Walk-Up Fee: \$100

Make Checks Payable To: DFW/UTA Track Clinic

Contact: (817) 272-5825

Website: www.UTAMavs.com/sports/c-track

Email: jldurham@uta.edu

Name: _____ Home Phone: (____) _____ Email: _____

Home Address: _____ City: _____ State: _____ Zip: _____

School: _____ School Phone: (____) _____ Email: _____

School Address: _____ City: _____ State: _____ Zip: _____